

# NIHARIKA



Vol. 31 | 2021-22

# Our Vision



## Vision

- Education for all
- Education for the youth
- Education for the future of our country

## Mission

The mission of our institution is to serve the society at large, and students belonging to linguistic minority in particular, with commitment, dedication and devotion. The institution aims at providing overall education from K.G to P.G to Ph.D.

## Goals

- To impart quality and valuable service in the field of education
- To attain community and social development
- To ensure and inculcate perfect discipline among students
- To aim at overall personality development of the students
- To inculcate moral values among students
- To enable students to face the challenges of the competitive world
- To help the students in discovering their latent talents
- To instill awareness about social and ecological issues and help them in being socially conscious citizens



# Nagindas Khandwala College

## Quality Policy

We at Nagindas Khandwala College of Commerce, Arts & Management Studies, Shantaben Nagindas Khandwala College of Science (Autonomous) and The Bombay Suburban Grain Dealers' Junior College of Commerce, Arts and Science are committed to impart Quality Education to youths enabling them to develop right attitude & professional competence & inculcating right ethical values.

This shall be achieved by:

Providing excellent infrastructure and conducive learning environment.

Building a harmonious work culture & motivating everybody to contribute their best.

Proactively responding to changing needs of industry, parents & society by embracing latest technological trends in the field of education.

Complying with requirement of **ISO 9001:2015** Standard & striving for continually improving the operations of the Institution.

MALAD KANDIVALI EDUCATION SOCIETY'S

**NAGINDAS KHANDWALA COLLEGE OF  
COMMERCE, ARTS AND MANAGEMENT STUDIES AND  
SHANTABEN NAGINDAS KHANDWALA COLLEGE OF SCIENCE  
(Autonomous)**



# NIHARIKA

*"Reaching out to the Galaxy"*

**Vol. 31 2021-22**

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# एम के ई एस् विद्यालय गीत

दे मुझे स्वर भारती दे, गीत देश जगा सकूँ ।  
दे विधाता ज्ञान वह, भारत भविष्य बना सकूँ ।

दे मुझे स्वर भारती...

सत्य की ही राह पर, चलने की शक्ति दे मुझे,  
झूठ, भ्रष्टाचार से, लड़ने की शक्ति दे मुझे,  
मात-पितु, गुरु बड़ों का, मैं नाम जग में बढ़ा सकूँ ।  
दे विधाता ज्ञान वह, भारत भविष्य बना सकूँ ॥

दे मुझे स्वर भारती...

भावना राष्ट्रीय हो, रहें भाई-चारे से सभी,  
दूसरे के दर्द-दुख से, मुँह नहीं मोड़ें कभी,  
मदद की दे भावना, दूजे के दुख को मिटा सकूँ ।  
दे विधाता ज्ञान वह, भारत भविष्य बना सकूँ ॥

दे मुझे स्वर भारती...

एम.के.ई.एस. विद्यालयों से प्राप्त शिक्षा महान हो,  
जो भी शिक्षित हो यहाँ, वह नेक इक इंसान हो,  
भेद-भाव न उपजे मनमें, सब को मैं अपना सकूँ ।  
मैं बनूँ इंसान अच्छा, जग में कीर्ति कमा सकूँ ।  
भारत भविष्य बना सकूँ, भारत भविष्य बना सकूँ ॥





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### Editor

Mr. Nelson Daniel

### Sub Editors

Mrs. Madhavi Mishra (Hindi Section)

Mr. Rajesh Shinde (Marathi Section)

Mrs. Deepa Mehta (Gujarati Section)



*“The best way of celebrating life is by elevating lives.”*

**-Nelson Daniel**

## EDITOR'S GREET

At Nagindas Khandwala College, we strive constantly to bring about a difference in the lives of students and the lives of the people around us through education. Education can stimulate and foster positive social change, by encouraging things like social participation, social equality, and environmental sustainability. Education provides knowledge, training and skills as well as inculcates new thoughts and attitudes among the young. The aim and vision of Nagindas Khandwala College has always been to inculcate new thoughts and innovation in the young minds which has always motivated the youngsters to achieve great things.

The Bhavishya Bharat campus has been nurturing students as leaders of tomorrow who can attain community and social development. There are a lot of things that make up a good leader. Confidence in their decisions is one of them. Commitment to follow through is another. Beyond that, they must be able to help others follow the path and inspire confidence in others as well. This was seen in our students in the midst of the pandemic where they decided to reconstruct the lives of the poor and the underprivileged in the adivasi village at Karambeliwadi, Pen Taluka, Raigad District and this vision was manifested in the form of a School Reconstruction Project at Karambeliwadi.

There are many moving parts to a successful team. A good team is comprised of patient people, aligned goals, and people who can effectively communicate with one another. The individual skills and strengths of the team can be taught and developed, but a respectful and positive attitude is the key! The College believes in building a harmonious work culture and motivating everybody to contribute their best. The various activities and departmental events made the year an eventful one and helped in building the overall personality of students. The organizing committee members of various events with their aligned goals and relentless efforts made the academic year a very memorable one.

I express my heartfelt thanks to everyone who contributed to the XXXI volume of Niharika. Niharika speaks volume about the efforts everyone put to make yet another eventful year. I thank the College management for always giving us immense opportunities to grow in the right direction. I express my fervent thanks to Director – Dr. (Mrs.) Ancy Jose, I/c Principal Prof. Dr. Moushumi Datta, Vice Principals – Asso. Prof. V.G Suchak and Dr. Mona Mehta for constantly motivating and supporting us to be the best version of ourselves.



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The views expressed in Niharika magazine are personal opinions of the contributors and the Editors and the Publisher accept no responsibility for them.





Ancy Jose

## Director's Message

“

*With the paradigms of education ever-changing,  
let's take the arc of history in our hands  
and build a better and safer tomorrow  
in imaginative and innovative ways.*

”

We at Nagindas Khandwala College believe that there is never a point in the life of a person when he can sit back and say "There is no more to learn, I can relax with the comforting thought that the universe around me is an open book. I know it all"

Education is not just about the subjects that are learnt and taught in the Educational institutions. Becoming educated is not just restricted to being in school and then in college, gathering certificates and feeling proud of one self. It is a lifelong exercise that can be unbelievably exciting if only we wish to jump onto the train of experience and take a trip to every conceivable place on the earth.

The Education system should work as a catalyst in making each child a balanced human being having his core strengths embedded in the learning experiences emanating from our rich socio-cultural roots. Aristotle once said that, "Educating the mind without educating the heart is no education at all." As we impart education to match the advancement in globalization, we march our children ahead with the ethos of moral values and principles. We endeavour constantly to instill these qualities in our children. We pride ourselves to help them grow and develop them into sensitive and responsible citizens of the next generation.

Our philosophy of education has always been meeting the needs of the individual student. Students acquire skills and knowledge easily if we can make the surrounding stimulating and purposeful. In the 21st century, the Digital Revolution affects us all. Quite simply, it is changing everything: a brilliant barrage of information, entertainment, companionship and education is speedily available. We at Nagindas Khandwala College try to understand and work with each child, and we firmly believe that it is our responsibility to enable the child in our care to develop as a whole.

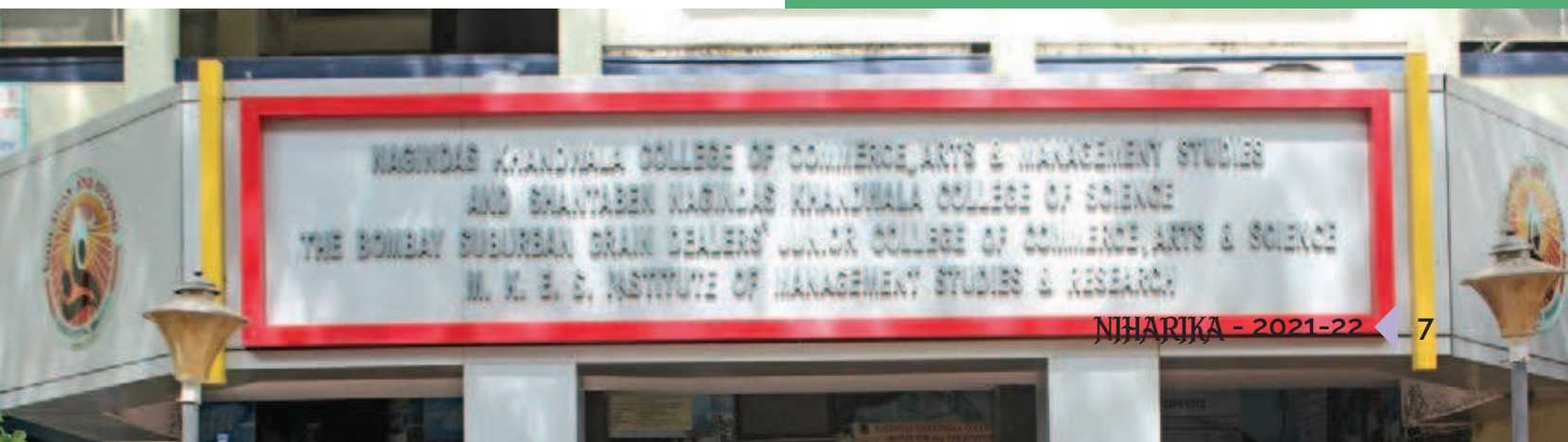
becoming truly educated, colleges and teachers must ensure that students have a society of enriching experiences. Surprisingly, these experiences develop a child's creativity and imagination and lead to something that is often thought to be more important than knowledge. Creativity and imagination enable children to grow up to be productive adults who then arrive as citizens of the world ready to make their own great contribution to mankind.

The world has become highly competitive. And to prepare our students to face the stiff competition, we have adopted a pedagogy that caters to ever-changing challenges both in society and place of work. We concentrate on the overall development of our children that helps them to overcome all the adversities of life. We plan to arm the students with appropriate skills and wide range of opportunities that would create in them the power to introspect and become great achievers in life. In short, we produce good human beings with compassion in their heart. We educate them about the importance of clean and green surroundings, provide them with national and international platforms, teach them to help the poor and destitute, skill them to take vital decisions at the blink of an eye and infuse in them the obligation of preserving life on this beautiful planet by proliferating the message of peace.

We at Khandwala, aim at moulding our students in such a way that they become the true global citizens of India. "With the paradigms of education ever-changing, let's take the arc of history in our hands and build a better and safer tomorrow in imaginative and innovative ways."

**Dr. (Mrs.) Ancy Jose**

**Director**



# Interview

with Dr. (Mrs.) Ancy Jose

(Served as the Principal for the longest term in the University of Mumbai)

**From a college with just 2 classrooms, we have grown tremendously, what do you feel about this growth under your leadership?**

Firstly it is the blessing of the Almighty and after I got the position of Principalship, I had to rise up to the occasion and put in a lot of effort and I am very proud that my entire team of students and faculties co-operated and it was their passion and hardwork which made all of this possible.

**What is the most important thing you learned as a leader having lead the college for so many years?**

My leadership is my HR skills, human relations and how to manage people, that comes with taking everyone as a team, no one can achieve much individually... individually someone can achieve things at personal level by doing research, publishing papers, etc. but taking everyone together and working with vision and passion is what is required to acquire success.

**What are the three words that describe you the best?**

Discipline, Dedication and Determination

**What kept you motivated to be associated with this institution for more than 3 decades?**

I love this institution and this institution has given me everything. Whatever name and fame I got is because of this institution. It's the students who contributed a lot for my success and whatever I am today is because of Nagindas Khandwala College.

**Can you tell us any life changing experience that you have gone through?**

Life changing experience itself was the way I took up the post of Principalship. I only wanted to be a Lecturer, just take the lectures and leave. I never thought of taking up an administrative position. During my initial 1 year, I was an In-Charge Principal. I did not think like an In-Charge Principal, I always kept taking decisions and kept moving ahead. So this Principalship itself was a life changing experience. Opportunities do not come again and again but when opportunity knocks at your door, one should take it.

**What was the most challenging part of your professional journey and how did you overcome it?**

The most challenging part was to grow the institution. In 1983 when we started this college, there were so many colleges already around. People used to go from here to other colleges... so I decided that a time should come when students should ask for my college and then come. The first milestone was to get good students to the institution and after that was to maintain the quality.

**What was your vision when you joined the college and do you feel you have accomplished it by now?**

My short term vision was to bring in quality. In order to maintain quality and compete with the other institutions, I started working hard. The government had come up with NAAC accreditation then. Our college was only 18 years old then. We still decided to go for the NAAC accreditation. We were the 7th college in Mumbai to go for the NAAC accreditation. The first was Kelkar College which was also very old and had an enterprising principal too. We prepared the SSR in just one month for which I must compliment my colleague Kalkoti. The NAAC team came and all the staff members did a wonderful job. We then went in 2008 for NAAC accreditation where we got an 'A' grade. We again went in 2013 and got an 'A' grade. I used to give a lot of importance to sports and extra-curricular activities. So you will see a lot of activities here.



### **What has been the driving force of your life?**

One has only one life and I wanted to do something good in life. I always kept one thing in mind, do good, never harm anyone and never take revenge. This kept me driving constantly to do more and more.

### **Does satisfaction become a barrier to success?**

A certain level of satisfaction is required to move ahead but over-satisfaction becomes a barrier to success. If you study economics, when you start a business you work hard, you earn profits and then you feel that you have achieved everything you wanted to. That moment, that thought onwards, the graph of your growth goes downwards. A certain level of satisfaction motivates a person.

### **What would you suggest a student to learn maximum from his college life?**

Participate in all the activities and grab all the opportunities. You must be disciplined and humble. Arrogance will not take you anywhere. The students must try to achieve certain values while in college and when any opportunity comes, participate in that, be it very small. If you participate in all the activities in these 3 years, the amount of experience you take home will definitely make you a successful person. There should be a balance of studies and extra-curricular activities. Respect elders and take their advices as they will always give you appropriate advices.

### **What have you learned from your failures?**

Convert it into success. Failure is a stepping stone towards success. You need to be failing at times. If you don't receive failures then you may become overconfident.

### **What is the one message you have for students?**

Be happy, humble, passionate and hardworking. Don't crib, introspect your failure and without God's blessings nothing bad will happen to you.

### **What is your definition of happiness?**

Self-conscious effort to be content, faith in yourself, gracefully accepting your failures and working on your failures is my definition of happiness.

### **Under your Principalship, the College has done many social activities, especially the School Reconstruction Project, why is social work important in a student's life?**

Social work adds happiness quotient. When you do it with a pure heart, you realise how much more blessed you are and also understand how comfortably you are living. You enjoy by helping others. It makes you content. You learn a lifesaving lesson.

### **What is your future vision as the Director?**

I want our institution to be a Degree Awarding Institution. My vision is to make this institution a University and also establish a private University.



**Dr. (Mrs.) ANCY JOSE**

*Ancy Jose*



# PRINCIPAL'S MESSAGE

A columnist recently penned that things may never go back to normal. You may need to create a new normal. This institution concurs with this statement and we already took off to face the external environment post pandemic, in fulfilling our vision, to educate all, to educate the youth, education for the future of our country and thus creating a new normal.

As rightly said by Albert Einstein, "In the middle of difficulties, lies opportunity". Pandemic had crippled the education system all over the world. It has been one of the biggest casualty of the ongoing Covid-19 pandemic. However, it gave opportunity for a changed educational environment. Technology is reshaping our collective ambition of universal quality education and improving the learning outcome. This year we got the opportunity to welcome the students, to witness the classrooms with students, the bell ringing and the campus so lively. We were ecstatic and so were the students, coming back to college. This is the beginning of the new normal where we are no more restricted to classroom teaching, but going beyond.



**Prof. Dr. Moushumi Datta**  
I/c Principal



We at Khandwala have redesigned our curriculum and assessment to reflect this new reality, a changed educational environment. The move to remote learning has not only provided way to teach and assess differently, but also encourages self learning. The blended learning format redefines traditional educational paradigm. The transition period will have to be managed through combination of digital and physical approaches to teaching learning. As this is going to be the way of the future, we are ready to embrace it, as it allows a flexible teaching learning in the new world we are entering in.

In the globally competitive environment of higher education, our objective is to turn the challenges of the changing world into wisdom of opportunity for the future. In the wake of the present competitive society, it is our obligation to cater to students, to have on even footing, to compete with others in the national and global level. Therefore, we have introduced many aged technology programs along with the fundamental knowledge of the core subject.

Today, we live in a world that is so different from the one we grew up in, the one we were educated in. The world today is changing at such an accelerated rate and we as educators, you as a receiver of knowledge, need to pause and reflect on the entire system of education. There are many challenges post pandemic. However, it is a continuous process of reflection. We work at implementing the well balanced curriculum to ensure that the students who walk into the portal of our college, will not just love the college years, but truly be prepared to face the life challenges.

Margaret Mead once said, "Children must be taught how to think, not what to think." The way of thinking is a complex phenomenon advanced by learning process. We impart education to match advancement in technology and globalization with moral values and principles which are important in today's society. We pride ourselves to help

*"Success is not final.  
Failure is not fatal.  
It is a courage to  
continue that counts."  
- Winston Churchill*

them grow and develop as a sensitive and responsible citizen of the future. A committed and supportive management and dedicated teachers provide them an ambiance for free flow of thoughts, activities, strategies and group dynamism so that the classroom become alive.

Dear students, with such opportunities available, grow, unfold your imagination and give life to your thoughts and aspirations. Unleash the wide spectrum of creative skills in various fest during your college years, ranging from writing to performing. Thus, in the end, I would like to quote Dr. APJ Abdul Kalam "All of us do not have equal talent, but all of us have equal opportunity to develop our talent" and this college provides you with that. So take the best that you can and shine bright. Use your knowledge and wisdom for self improvement. Education doesn't stop you from making mistakes, but it inspires you to take lessons from your mistakes. Have a sparkling future ahead.



2021-22

# ANNUAL REPORT

*John Dewey said, "Education is not preparation for life, education is life itself."*



With the establishment of our college in the year 1983 with just 300 students, today we are one of the best institutions that provide quality education to more than 5000 students. Our college is conferred with Autonomous status by the UGC from the year 2016-17. Our college has 25 UG, 13 PG and 4 Ph.D. programs. 40% of our faculty members are Ph.D. of which 25% are Research Guides. Academics is the core focus of our institution. We believe that excellence in academics is the hallmark of our college as a good institution.

Name of the Programme	Number of students appeared	Number of students passed	Pass Percentage
Bachelor of Arts - BA	128	122	95.31%
Bachelor of Commerce (Accounting & Finance)- BAF	141	137	97.16%
Bachelor of Arts (Multimedia & Mass Communication)- BAMMC	68	67	98.53%
Bachelor of Commerce (Banking & Insurance)- BBI	43	41	95.35%
Bachelor of Commerce - B.Com	577	536	92.89%
Bachelor of Commerce (Financial Markets)- BFM	65	61	93.85%
Bachelor of Management Studies - BMS	181	178	98.34%
Bachelor of Science (Computer Science) B.Sc-CS	106	104	98.11%
Bachelor of Science (Information Technology) B.Sc- IT	128	122	95.31%
Bachelor of Management Studies - Sports Management – BMS- Sports Mgt	81	81	100.00%
Master in Arts - Geography	8	8	100.00%
Master in Arts - Economics	25	25	100.00%
Master in Arts - Psychology	6	6	100.00%
Master in Commerce - Accountancy	19	18	94.74%
Master in Commerce - Management Studies	13	12	92.31%
Master in Science - Information Technology	21	19	90.48%
Masters in Sports Management	71	70	98.59%
	<b>1681</b>	<b>1607</b>	<b>95.60%</b>

For the holistic development of the learners/students, we at the college arrange curricular, co-curricular and extra-curricular activities. The student councils, various associations, and forums organized various programmes and webinars throughout the year in the college. Intra College Festival Aagman was organised. Springz, the Aided Section's Inter-Collegiate Youth Festival, was successfully conducted online for the second time. This was possible because of the active involvement of the faculty and their timely guidance under the leadership of the chairperson Asso. Prof. CA. Dr. Reena Desai.

Section-wise Students Council activities also created a tremendous impact. NKBMS' trademark KIRAN 2021, a one-day Inter-Collegiate seminar was organized virtually. Mirage 2022 was a three day Inter-Collegiate festival which was inaugurated offline. Pravaah saw another year with the theme 'Musique Mystique'. The 18<sup>th</sup> edition of the annual fest 'Quest' was also organized. The Departmental fest of BAMMC 'Montage' was back this year with the intention to 'Make a Better World - Can't Back Down, Won't Back Down'. 'May I Help You' offered a ray of light for students looking to return to campus after the Corona Virus pandemic. B.Sc. IT departments Zestech saw participation coming from different states of India. 'Aahvan' was organised for the Junior college students of the suburbs. Heartiest congratulations to Dr. Swapna Joshi, Ms. Poonam Shah, Ms. Meha Mandawewala, Ms. Preethi Rao, Dr. PM Sindhu and their respective teams.

Revive, Aspire, Youth with Vision and Symphony witnessed tremendous participation from students. They were organised by Team Rays. Heartiest congratulations to all the students for making the college vibrant with its eventful days, weeks and months along with maintaining the quality of education. Congratulations to Nelson Daniel to make them happen.

Our college has been very active in social work. NKare has been helping Mumbai's traffic police in managing the crowd since 10 years during the 1<sup>st</sup>, 5<sup>th</sup> and 10<sup>th</sup> Visarjan days of Ganesh Chaturthi festival. A Youth Week was organized by the N.S.S Unit (B-28) from 12<sup>th</sup> to 18<sup>th</sup> August 2021. Blood donation drives and vaccination drives were also conducted throughout the year. A total of 34 webinars on various topics and by various speakers were conducted throughout the year. Our NSS volunteers have proved that 'Volunteers do not necessarily have the time, they just have the heart.' Congratulations to Dr. Vivek Chaubey and the members of NSS.

NCC and NSS students of our college along with the Malad Police Station organised 'Women Empowerment Awareness' rally from NL school to Malad police station on 7<sup>th</sup> March 2022. The NCC cadets on, Martyr's Day gave tribute to the policemen, armed force personnel and civilians who lost their lives during the terrorist attack on Mumbai in 2008. The Gandhian Studies Centre organised a National Webinar on the theme, 'Say No to Hiroshima, No to Nagasaki' on 30<sup>th</sup> July 2021 and various other

programmes. Congratulations to Dr. Marina Pereira. Insight organised an Inter-Collegiate fest called Inpysched on 11<sup>th</sup> and 12<sup>th</sup> February 2022. Congratulations to Dr. Vidya Shetty and Ms. Amruta Sahasrabuddhe.

The Commerce Association organised several webinars on topics like 'Technologies for Finance', 'Business and Human Rights' and 'Branding in Advertising'. Congratulations to Dr. Preeti Tripathi. The English Literary Association, Gujrathi Sahitya Mandal and Marathi Vangmay Mandal organised several programmes to uplift the cultural essence among the students throughout the year. Congratulations to Ms. Nita Dhote, Mr. Edwin Mathias, Mr. Nandkishore Sonar, CA Dr. Reena Desai and Dr. Madhukar Dalvi.

The sole aim of Youth with Vision (YWV) is to uplift the underprivileged. We continued with our existing projects – Project Patang, Project Poshan, Project Pehel, Project Pragati and Project Parivartan as well as Joy of Giving Festival. The students are working for the upliftment of the adopted village at Karambeliwadi, Pen Taluka, Raigad district under the leadership of Asst. Prof. Nelson Daniel.

School Reconstruction is the biggest milestone we have achieved this year. We reconstructed a school with a view to give a better learning experience to the kids in the village. The reconstruction started in the month of September and culminated in the last week of October. The school was inaugurated on 31<sup>st</sup> October 2021.

The Rotaract Club of Khandwala and Incubation Cell, are all doing their best to help the students have a professional approach towards life. Khandwala Accounting Study Circle continued with its efforts to enhance and enrich the learning experience of students outside the curriculum. The Women Study Centre and Women Development Cell organised a National webinar on 'Re-inventing sustainable women empowerment strategies in post-covid-19 scenario' on 29<sup>th</sup> January 2022. Congratulations to the Convenor Dr. Kavita Kalkoti and her team.



Career Development Cell seeks to provide avenues to upskill and reskill, to prepare learners to be future ready and industry equipped. Our Career Development Cell is trying their best through workshops and training sessions to train the students and make them industry-capable. The college corporate festival Udaan was a two-day digital platform event in association with SQuAD Infotech Pvt. Ltd. Our students were placed in Asian Paints, Share India Securities, Sutherland, Anand Rathi Job and Byjus. Hearty congratulations to Asst. Prof. Preethi Rao as Placement In-charge.

My compliments to all the Head of the Departments, Senior most faculty and Coordinators for their relentless efforts and leadership. All that we have achieved for the larger benefit of the student community was possible only because of the hard work and commitment of all the faculty members in the departments viz. Accountancy, Commerce, Psychology, Geography, Economics, B.M.S, BMS E-Commerce B- Section, BAMMC, IT/CS, English, Business Law, Mathematics & Statistics, Foundation Course, Sports Management, B.Sc. (Hons.) in Integrative Nutrition and Dietetics, Department of Tourism and Travel Management, Interior design and B.A. Hons.in Apparel Design and Construction.

When it comes to the heart of the institution – Library and Information Centre, we believe in the words of Walter Cronkite, "Whatever the cost of our libraries, the price is cheap compared to that of an ignorant nation". Library and Information Centre organised National Level Online Quiz on the occasion of National Librarian's Day. An internal book exhibition was organised. The Library and Information Centre organised a short-term course on Online Information Sources, Tools and Techniques (COIST) for PG students and several webinars for faculty members and students. We provide a virtual library and 'Ask a librarian' service to users. Generally it is said that Google can get you 1000 answers for a question but a librarian can get you the right answer and this is so true for our librarian Ms. Sonali Vhatkar.

Research is to see what everybody else has seen, and to think what nobody else has thought. The research cell conducted a National Level Web Conference on 'Beyond Pandemics: Reimagining the New Normal' on 18<sup>th</sup> February 2022. To set the quality benchmark in publications and research projects of our faculty and students, Turn-It-In plagiarism software is purchased and is being used effectively. At present we have 5 research guides and 22 research students who have registered for a Ph.D. under them. Since we Khandwalites are research oriented and have begun to lay greater emphasis on research in this academic year, ten research projects were granted under the scheme of Seed Money by Management to our faculty.

IQAC is an integral part of any institution and has an important role to play in its growth and development. Internal Quality Assurance Cell plays a vital role in maintaining and enhancing the quality of any institution. Several programmes and training initiatives were taken by IQAC in this academic year. IQAC organized a training programme to sharpen the skills of teachers. Infact, sixteen man days of training was provided by the IQAC. At Khandwala we truly believe that quality is everyone's responsibility.

We enlisted for ISO 9001:2015 certification to keep a vigilant eye on the quality of our academic standards and processes. The ISO Certification Audit was conducted by TUV Nord, Germany from 10th to 12th January 2022. The college received the ISO 9001:2015 certification without any non-conformity. Further Internal Audits are held on a six monthly basis. We have also undertaken Academic Audit to help us identify areas of improvement so that we can continue on our path of quality expansion.

We have gone for the internationalization of Higher Education. Our College and University of Frazer Valley, Vancouver, Canada have entered into a Memorandum of Understanding to promote international and intercultural understanding and academic cooperation and collaboration for IT/CS students. It is a unique program where the students can study for two years in Nagindas Khandwala College and two years at Frazer Valley University. The college has also entered into MoU with Royal Roads University. An MoU is signed with University of Canberra, Australia for 2+1+1 ½ years program i.e. two years in Nagindas Khandwala College, one year in University of Canberra to complete the under graduation program followed by 1 ½ year of MBA program.

My congratulations to all the students who brought laurels to the college through their participation in the various Inter-Collegiate competitions. Heartiest congratulations to Nidhi Harsora, Shruti Naidu and Anagha Karandikar for getting selected in the West zone Inter-University tournaments in Volleyball, Hockey and Badminton respectively. Heartiest congratulations to Hardik Aherkar as well for being selected in the All India Inter University Archery Championship.

My heartfelt thanks to CA. Dr. Varsha Ainapure for effectively nurturing our autonomy. Under autonomy, we have modified the curriculum to reduce the gap between industry and academia. The short term courses which students have to obtain during their studies in the college helps them to be employable. Controller of Examination of our college, Mr. Thomson Thomas and Deputy Controller Ms. Elizabeth along with the dedicated members deserve a special word of appreciation.

Khandwala Publishing House (KPH) is the official publication unit of our College. KPH has published 4 books with ISBNs in the academic year 2021-22. KPH has also published a multidisciplinary research journal. We had applied for Registrar of Newspapers for India and have received confirmation from New Delhi. In the next academic year we hope that we will get the ISSN for our journal. Congratulations to Ms. Sonali Vhatkar and her editorial team.

The non-teaching staff, under the guidance of Registrar Mr. Santosh Akhade, Office Superintendents Mr. Girish Rathod and Ms. Lopa Barot, is a great source of support and inspiration for every endeavour of the college. This academic year, many members from non-teaching staff have participated in several workshops related to NAAC, Quality Management System and Administrative Planning.

We also recognize that if the college has to stay abreast of the times, we have to strike out in new directions. We have already begun foray into new territory by introducing programmes under the framework of NEP from the Academic Session 2022-23. Such cutting edge courses will give the college a vibrant contemporary feel and this will certainly attract a new kind of student profile which I am sure will add a new demographic and talent base that can only further vitalize the college and add to its multi-disciplinary character.

*Congratulations to*  
the students who have been selected as  
the best student in their respective sections.

Sr. No.	Student Name	Section / Category
1	Ms. Hetvi Savla	Overall Best Student
2	Ms. Khushi Doshi	BA Section
3	Ms. Bhumika Agarwal	BA Section
4	Mr. Vaishal Shah	Autonomous Courses
5	Mr. Arsh Adeel	BMS Section
6	Mr. Aryan Patel	BAF Section
7	Mr. Vedant Jain	BFM Section
8	Ms. Sanya Solanki	BAMMC Section
9	Ms. Mitali Vishekar	B.Sc CS Section
10	Ms. Vidhi Khandelwal	Social Initiative

Dear Students, despite enduring multiple hardships in his pursuit of truth, Mahatma Gandhi knew that in the end, the truth always prevails. Therefore, no matter how difficult it may initially seem, when you learn to be truthful with yourself and with others you can always emerge to be successful. My thanks to the Management of our institution for their wholehearted encouragement and continuous support and my heartfelt thanks to Director Dr. (Mrs.) Ancy Jose for being a good mentor and for guiding me on the right path. She has helped me to discover myself. My special thanks to the Vice Principals, Asso. Prof. V.G. Suchak and Dr. Mona Mehta, for being wonderful colleagues in handling the day-to-day functioning of the college. Let me also thank all the members of the Governing Council, Academic Board and Board of Studies for helping us to raise our academic standards.

**Prof. Dr. Moushumi Datta**

**I/c Principal**

# Obituary



**Mann Bhatt**  
DOB - 16<sup>th</sup> Feb 2003  
DOD - 08<sup>th</sup> Jan 2022



**MAHEK SHAH**  
DOB - 7<sup>th</sup> Dec 2001  
DOD - 22<sup>nd</sup> Jan 2022



**Bhargavi Muley**  
DOB - 9<sup>th</sup> March 2002  
DOD - 16<sup>th</sup> March 2022



**Harsh Mohite**  
DOB - 16<sup>th</sup> May 2002  
DOD - 04<sup>th</sup> April 2022





# Obituary



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Hon. Trustee

**SHRI. SHANTILAL CHOONILAL**

DOB - 22nd May 1930

DOD - 24th Oct 2021

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Malad Kandivali Education Society pays tribute to Shri Shantilal Choonilal for his great leadership and commitment towards the growth of this institution.



# Webinars Conferences Workshops



*“Technology is best  
when it brings people together.”*

*- Matt Mullenweg*



Endeavour is a College Social Responsibility initiative started under the guidance of Director Dr. (Mrs.) Ancy Jose in June 2014. This year, Endeavour was held on 11<sup>th</sup> December, 2021 in online mode. The speaker for Endeavour 2021 was Ms. Debasmita Sinha, Counselling

Psychologist. She spoke on the topic, 'Understanding and Preventing Burnout'. The session was organized to give insights to teachers on understanding burnout and ways to prevent it.

Ms. Sinha suggested a few preventive measures for managing stress such as talking with colleagues/ family members/ friends about it, spending time with self and indulging in self-care, creating small moments of joy when working, studying for exams, etc. , going for a walk with a friend or watching an enjoyable program or television, maintaining a work-life balance and getting involved in the work that you are doing and understanding the reason why it has to be done.

These were some of the strategies shared by Ms. Sinha. It was an interactive session which was attended by 84 participants. It enlightened the participants about burnout and ways to prevent the same.

Asso. Prof. Dr. Mona Mehta

## INTERNAL QUALITY ASSURANCE CELL (IQAC)



“Quality is everyone’s responsibility” – Edward Deming

The Internal Quality Assurance Cell (IQAC) believes that quality must be enhanced in every activity that the College undertakes. The foundation of good education is to ensure that all stakeholders contribute to the enhancement of quality. The IQAC functions as a change agent, strengthening all the dimensions of education in the College. With this vision in mind, the IQAC Cell organized various activities this Academic Year.

On 19 June 2021, the IQAC organized a training programme on 'Google Meet, Google Classroom and Google Form.' Hybrid and Blended Learning are the new buzz words in education. To sharpen the skills of teachers, this workshop was organized. The resource persons for the programme were Ms. Sweety Garg and Mr. Ashish Modi from the IT/CS department of the College. The teachers found the session very useful and learned new ways of using these tools to their advantage.



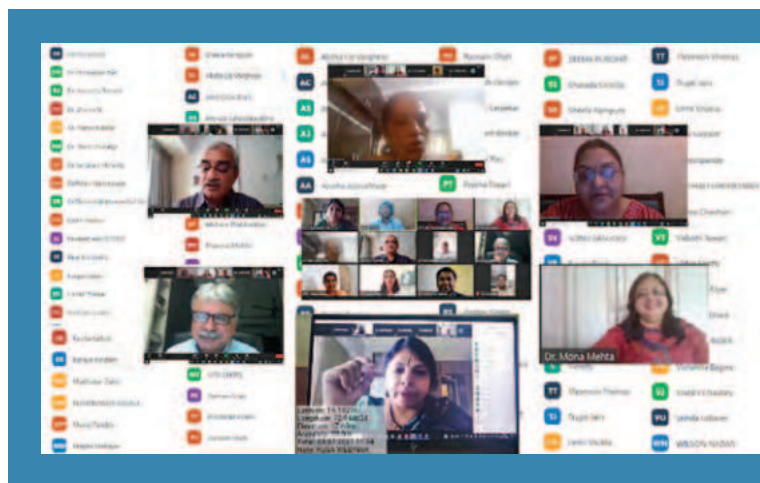


Day/Date	Topic	Speaker
5th July 2021	Nagindas Khandwala College : Marching towards Excellence	Dr. Ancy Jose (Principal - Khandwala College & Director - MKES)
6th July, 2021	Mindfulness	Mr. Satyanarayan Iyer (Mindfulness Coach/Sales Enablement Expert/NLP & TA Practitioner)
7th July, 2021	Qualities of an Effective Teacher	Prof. V.G. Suchak - Vice Principal
	Getting your Idea Across	Mr. Satish Bendre - Corporate Trainer
8th July, 2021	Writing a Research Paper	Prof. Dr. Moushumi Datta - Vice Principal
9th July, 2021	Teaching Learning Pedagogy	Dr. Mona Mehta - Vice Principal
	Online Teaching Tools	Dr. P.M Sindhu - Coordinator – IT/CS
10th July, 2021	Contemporary Pedagogy in Higher Education	Dr. Satish Ailawadi - Group Mentor-MKES
	My department : Epitome of Learning	HODs/Coordinators
	Valedictory Function	

An Induction Programme for newly appointed teachers was conducted from 5<sup>th</sup> to 10<sup>th</sup> July 2021. The purpose of the programme was to familiarise the newly appointed teachers with the College and its way of functioning. It also gave the newcomers an exposure to new and innovative ways of teaching and learning. The schedule of the same was:

A one-day National Webinar on 'Nurturing Entrepreneurial Ecosystem in Under Graduate Colleges' was organized jointly by RUSA and the IQAC Cell of the College on 9 July 2021. The session was addressed by Dr. Tulsi Jayakumar, Professor of Economics and the Chairperson of the Family Managed Business at the S.P. Jain Institute of Management & Research, SPJIMR's FMB programme. The session suggested various strategies that can be followed to create entrepreneurial ecosystem in the College.

A Five-Day Faculty Development Programme (FDP) "Train the Trainer" was organized for newly appointed faculty members from 4<sup>th</sup> to 13<sup>th</sup> August 2021. Intensive training on how to use on MS Excel was provided. The training was provided by faculty members from the IT/CS department. The programme provided excellent insights on the use of MS Excel. The FDP was immensely appreciated by the teachers. Training Programme on 'Creation of Google Scholar Profile' was jointly organised by IQAC and Library and Information Centre for the faculty members on 5<sup>th</sup> August 2021.



Endeavour 2021 - Empowering Educators was organized on 11<sup>th</sup> December 2021. The topic for Endeavour was 'Understanding and Preventing Burnouts.' The speaker for Endeavour was Ms. Debasmita Sinha (Counselling Psychologist). Ms. Sinha explained the meaning of burnout and suggested simple and realistic strategies to manage burnout.

A session on 'Overview of Budget and insights into Personal Finance' was organized on 21st February 2022 for the Teaching Faculty. The same session was organized for the Non-Teaching staff on 28th April 2022. The speaker of the session was Mr. Hardik Thakkar, Assistant Professor at Khandwala College. The session gave insights on the budget, personal finance, cryptocurrency and investment. Mr. Thakkar explained various strategies for managing finance. One of the strategies mentioned by him was the 50/30/20 rule. It states that 50% of the salary must be spent on necessities of life, 30% on comfort and luxury and 20% of the salary must be saved for retirement. The session enhanced the knowledge of the participants on personal finance.

A session on 'Patent Drafting' was held on 10<sup>th</sup> March 2022. The speakers of the session were Lt. Dr. Kantilal Nagare, Ms Pooja Menon, Dr. Dinesh Wanule.

The session threw light on the various steps that must be followed to get a patent registered. The session provided insights and encouraged the faculty members to apply for patents.

A One Day National Conference on 'NEP 2020 - Its Implementation in Higher Education' was organized on 26th April 2022. It provided insights on the changes that are going to take place in education and how NEP can be implemented by Higher Educational Institutions.

A Workshop on 'Yoga and Holistic Health' was jointly organised by IQAC and N.S.S Unit (B-28) in collaboration with W.R.C of I.C.S.S.R on 29th April 2022. It was thoroughly appreciated by the participants. Sixteen man-days of training was provided by the IQAC for this Academic Year. The IQAC will continue its quest for improving quality and its search for excellence.

**Asso. Prof. Dr. Mona Mehta**

## ISO 9001:2015



ISO aims at creation of quality assurance systems and performance-related mechanisms in continuing education and training. The College adhered to all ISO standards to maintain quality in this academic year as well. The 7th internal audit was conducted on 23rd and 24th November, 2021 and subsequently, the Management Review Meeting was held on 8th December 2021. The ISO Certification Audit 9001:2015 was conducted by TUV Nord, Germany from 10th to 12th January 2022. The college received the ISO 9001:2015 certification without any non-conformity. The 8th internal audit was conducted on 7th and 8th April, 2022.

Under ISO, two quality objectives were taken up viz.

- (i) To provide six man-days of training programme for faculty members and
- (ii) To introduce Credit Based Short Term Course for PG Students on 'Online Information Sources, Tools and Techniques'.

Both the above quality objectives were successfully achieved as planned and the achievement of these objectives was monitored for maintaining continuous improvement. Five training programmes were organised for faculty members in the academic year 2021-22 totalling 14 man-days based on the competency skill matrix filled by the faculty and the feedback received for the programmes was analysed.

**Prof. Dr. Moushumi Datta**

**I/c Principal & Sr. Designated Representative, ISO**



**NAGINDAS KHANDWALA COLLEGE**  
(Autonomous)

**REVIVE**  
Renewing minds, Transforming lives

**Lt. Gen Satish Dua**  
Retired as the Chief of Integrated Defence Staff, Counter-terrorism specialist

**Prabhu Gupta**  
Author, Featured speaker, Broadcaster

**Gladson Peter**  
First and only One Man Band in India

**TOPIC**  
**RISE ABOVE YOUR SPIRIT**

Date: 28<sup>th</sup> August 2021  
Time: 3:30 pm onwards

Via 

Revive, an Inter-collegiate seminar was conducted on 28th August 2021. Revive 2021 comprised three vibrant speakers namely Lt. General Satish Dua, Retired as the chief of Integrated Defence staff, Counter-Terrorism Specialist, Mr. Prabhu Gupta, author, featured speaker and a Broadcast and Mr. Gladson Peter, first and only one man band in India.

Lt. Gen. Satish Dua who retired as the Chief of Integration Defence staff is a specialist in counter- terrorism and has planned and executed strikes in response to the terror attack at Uri. He spoke about how he got into defence and what all situations provoked him to get into this profession. He enlightened us about his experience in the terror attack of Uri. There was a unique wave of patriotism among the audience.

Mr. Prabhu Gupta spoke about how you can bring a change in your personality by improving communication skills because to some extent your communication skills plays an important role in enhancing your personality. Later, he spoke about Relational competence, Professional competence and Organizational competence as it makes a person more

productive while performing a certain task. If you want to be successful, don't seek success – seek competence. The next aspect was about maintaining good relations may it be professional or personal because that is the reflection of your personality. His enlightening words instilled a remarkable level of confidence amongst the audience.

The third persuasive speaker was Mr. Gladson Peter who is a One Man Band and a versatile musician. He began with introducing himself and then revealing about his dreams that he had when he was of a very young age. Later, he said about how he got into this profession as a musician which was dream turned into reality. The next topic he mentioned was about his experiences in the concert starting from the first. He also gave an important message to all the participants, "Never give up on your dreams." All the speakers were phenomenal in conveying their astounding messages to our magnificent and super cooperative audience which made 'Revive 2021- Renewing minds, Transforming lives' a grand success.

**Asst. Prof. Nelson Daniel**



# National Education Policy



## ONE DAY NATIONAL CONFERENCE ON NEP 2020 – ITS IMPLEMENTATION IN HIGHER EDUCATION

Organized by IQAC. Sponsored by WRC, ICSSR

With the encouragement of our ever-supportive management – the Malad Kandivali Education Society, a day-long National Conference on 'NEP 2020 – Its Implementation in Higher Education' was organised by IQAC of the College and was sponsored by WRC and ICSSR which took place in the Jagmohandas Gokaldas Memorial Hall on 26<sup>th</sup> April 2022.



The conference commenced with the Welcome address by Dr. (Mrs.) Ancy Jose, Director, MKES. She said that the college staff is ready to accept the challenge and it will be possible to implement the NEP. She complimented the I/c Principal for the initiative and thanked ICSSR for funding the conference. She welcomed the guests, Dr. Manoj Kumar, Prof. Smita Shukla and the participants of the conference.

I/c Principal, Prof. Dr. Moushumi Datta spoke about the college: the number of programmes offered, its many awards and the highlights of its journey. Talking about WRC and ICSSR, increasing capabilities of learners, she added that the participants will get knowledge about the implementation of NEP and its profound impact on education. Vice Principal, Asso. Prof. V. G. Suchak introduced both the Keynote Speakers, Dr. Manoj Kumar as well as Prof. Smita Shukla, Hon. Director, WRC, ICSSR, who gave the Presidential Address.

In his Keynote Address, Dr. Manoj Kumar, Joint Secretary, UGC, shared the context of the NEP – the



current problems and why moving towards multi-disciplinary courses and curriculum is now the foremost requirement in the NEP. He talked about how things will be radically different for the new learner (CUET for admissions, emphasis on promoting regional languages, international collaboration and dual degrees). The teacher will have to transact

with students on a multi-disciplinary level and the 'Tight but light regulation' will be the new norm. "A Parliamentary approval is required to bring in new bodies in place of the current institutions", he added.

Prof. Smita Shukla told the gathering that the vision of an educational institution must take into consideration all stakeholders. Specific guidelines will be coming but it is necessary to understand that NEP has already been implemented. She hoped that autonomous institutions will take advantage of the changing scenario and introduce new degree programmes or distance mode programmes. She talked about the concern of UGC that quality is mapped properly so that it does not suffer in the process of going in for new programmes. Public institutions must stay vibrant if quality is to be maintained.



**There were three technical sessions:**

1. Dr Ashish Puranik, Vice Principal of BMCC, Deccan, Pune discussed two UGC documents NHEQF (National Higher Education Qualification Framework) and LOCF (Learning Outcome based Curriculum Framework) in detail. He showed how to translate the NEP into reality through a complete hand-holding session. He elucidated the difference between Core



and Skill courses, the multiple entry, exit and re-entry points and the Curriculum -> course LO -> programme LO -> graduate profile. He explained different levels and increasing complexities of different elements (skills), according to the framework from level 5 to level 10.

2. In the next session, Dr. Puranik, said the LOCF document made by the UGC states that a bachelor's degree can be awarded when a student demonstrates outcomes of Knowledge, Understanding, Skills, Attitude and Values. He explained how course learning outcome should be in alignment with the programme outcome. Student will learn according to outcomes. Evaluation must be done according to the Bloom's taxonomy. He demonstrated how programme outcome can be correlated to all the course outcomes in that particular programme through Excel sheet.



3. The next speaker of the third technical session, Mr. Virendra Shukla, a senior management faculty of MSFDA which has signed MOUs with different educational institutions in Maharashtra, showed how to introduce transformation into the education system. The session called 'NEP 2020- Higher Education Institutions in Maharashtra – Ethics and Values Implementation. MSFDA and IOFC: An Experience Sharing' explained how to make India a knowledge economy and society through a holistic and multi-disciplinary framework. He talked about the six pillars of ethics and value implementation. He described the program run by the MSFDA for inculcating ethics in the curriculum. He added that they are friends with the Moral re-arming – Initiatives of Change, IOFC Asia Pacific, Panchgani.



The day ended with the Valedictory function by Dr. Sanjay Deshmukh, Professor of Life Sciences, University of Mumbai who was the Chief Guest. Vice Principal, Dr. Mona Mehta – the Convenor of the Conference and the IQAC Coordinator, presented the conference highlights. In his address, Dr. Deshmukh traced the history of the establishment of different universities across India from British times. He praised this NEP which has been drafted after 34 years to enhance the young generation of learners. He complimented the College for selecting apt speakers for the conference. He lauded the teacher-leaders, the Principals as the leaders-in-making and complimented the women in the academic workforce.







He exhorted the academicians to be accessible, research-focused, promote skill-based education, train the teachers, provide technology-based learning to the learners, to move from 'force in' to 'draw out', from 'what has been' to 'what can be', from 'examine' to 'evaluate', and to transcend from being 'an autonomous institution' to 'a degree-awarding institution'. He also stressed the need to proactively work toward getting philanthropists to contribute to your institution. Certificates were thereafter distributed to the participant delegates. Dr. Reena Desai proposed the Vote of Thanks. The programme culminated with the singing of the national anthem. The conference was attended by 97 participants – 41 visitor delegates and 56 inhouse faculty.

**Asso. Prof. Dr. Mona Mehta**



# Autonomy Report



We at Khandwala College believe that an institution grows when we allow our students to grow; that is achieved by offering our students more choices of the new age programs or giving them the best of the curriculum in the existing traditional programs, or by allowing them to learn new skills by conducting short term courses. Khandwala College did exceedingly well on all these fronts in this academic year.

## A- Launch of 6 New Programs

In the academic year 2021-22, we launched 4 new undergraduate and 2 Post Graduate programs. The college has mapped the demand from the industry professionals today and in the future – in specific areas and tried to introduce programs to match those specific skill requirements.

It is envisaged that these Programs will be one of the best opportunities for students to become professionally qualified graduates with a sound knowledge of their core disciplines. It will also help them develop an expertise not only for a specific industry but also enhance their managerial and entrepreneurial skills.

1. Bachelors of Sports Management (Honours) in Global Sports Management
2. Master of Sports Management (Global Sports Management)
3. BBA (Honours) in Professional Accountancy and Financial Management
4. BBA(Honours) in Education Management
5. BBA (Honours) in Entrepreneurship
6. Master of Arts in Luxury and Fashion Brand Management

## B- Skill Development with the help of Short Term Courses

We make students learn various skills under autonomy and grant them additional 8 credits on successfully learning those skills. Since the lockdown from March 2019, college was not able to conduct Short Term Courses. During the academic year 2021-22 we offered various alternative schemes, to help students to complete 8 autonomy credits.

## Scheme 1: Free Online NPTEL Courses for Credits

Khandwala College is associated with NPTEL as a Local Chapter. Our students can register for courses offered by NPTEL for free, which they could learn online.

## Scheme 2: TEL with WIRC of ICAI

Khandwala College collaborated with Western India Regional Council of Institute of Chartered Accountants of India for creating a training program for students; TEL (Train, Earn & Learn). Commerce students of our college were trained online for Tally, Excel, and Non commerce students were trained to learn Personality development, Communication skills and MS office. 4 credits were offered to the students who successfully completed the course.

## Scheme 3: STC on Mental Health

The psychology department of Khandwala College developed a course, 'Mental Health' for students. This was offered online in February and April 2022 and more than 400 students enrolled to complete their autonomy credits.

## C – New Program Structure

From the Academic Year 21-22, the total credits for all programs run at Khandwala College were increased as per the UGC circular.

§ 132 Credits for UG Program

§ 148 Credits for Honours Program

§ 104 Credits for PG Program

## D- Changes in Syllabus for ongoing Programs

Professors at Khandwala College work continuously to modify the syllabus as per the latest developments and trends. There is a constant wish to teach only the latest and what is the most modern. During pandemic, when it was difficult to meet the departmental colleagues, meetings were conducted online and Boards of all departments met online and discussed the changes in the syllabus. Thank you all for being quality conscious, thank you for your 'students first' approach! We need to thank our Academic Board and Board of Management for supporting us during this difficult phase. Department of Accountancy, Economics, Psychology, FC, Business Law, BMS, BBI, BFM, BAMMC, IT, CS changed the syllabus to bring in new developments.

### Following new courses were introduced during the year:

1. Know Thy Self: An Introductory Course In Everyday Psychology (Dept. of Psychology)
2. Understanding Mental Health (Dept. of Psychology)
3. Entrepreneurship Development in TY BAMMC (Advertising)
4. Economics VII Option B - Mathematics for Economic Analysis in TYBA Semester V
5. Economics VII Option B - Basic Econometrics in TYBA Semester VI
6. Soft Skills for Professionals in M. Com, M.Sc.IT, MA(Psychology) Part-I, Semester-I
7. Basics of Financial Markets in M. Com-I Semester-II
8. Elective - Econometrics I – MA (Economics) Semester III
9. Elective - Econometrics II – MA (Economics) Semester IV
10. Foundations of Mathematics in M.Sc.IT-I Semester-II
11. Research Methodology in Masters of Sports Management - Semester I
12. Sanskrit / Soft Skills & Personality Development (Any 1) in Masters of Sports Management - Semester I
13. Sanskrit / Selling Skills (Any 1) in Masters of Sports Management - Semester II

Khandwala College can be in control at most trying situation only because excellent teamwork of professors and the great support of the Management, Director Madam, Dr. (Mrs.) Ancy Jose, In charge Principal Prof. Dr. Moushumi Datta, and the Vice Principals!

**CA Dr. Varsha Ainapure**  
**Coordinator, Autonomy**  
**(Adjunct Professor, Dept. of Accountancy)**

“Autonomy is different from independence.  
It means acting with choice.”

- DANIEL PINK





# Associations, Clubs & Cells

**"Many ideas grow better  
when transplanted into another mind  
than the one where they sprang up."**

**- Oliver Wendell Holmes**

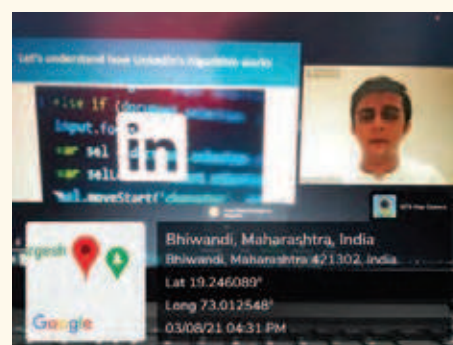


# Career Development Cell

Technologies are an integral part of the modern world. Career Development Cell seeks to provide avenues to upskill and reskill, to prepare learners to be future ready and industry equipped. The Career Development Cell organized its first webinar which was a Master Class on LinkedIn Essentials in association with IIDE- the Digital School on 3rd August 2021 with 139 participants. Mr. Chintan Mehta, Strategic Alliance Associate, IIDE addressed the students on 'Why it is essential to be connected on LinkedIn'. The Do's and Don'ts on LinkedIn were highlighted.

The College Corporate Festival Udaan was a two-day digital platform event held on 20th and 22nd December 2021 in association with SQuAD Infotech Pvt. Ltd. Day 1 started with Group Discussion and Aptitude Session. Our first resource person, Mr. Rohit Sharma, Founder-Director at SQuAD Infotech, trained the participants on Group Discussion which is an important aspect of the hiring process. Our second Resource person, Mr. M.D. Bhatt an Indian Educationist, prepared the participants on, 'Types of Aptitude Questions and how to solve them'. We had a total of 128 participants on Day 1. Day 2 started with the topic, 'Resume Writing and Personal Interview' with 97 participants. Mr. M.D. Bhatt sharing his knowledge on 'How an effective Resume is prepared'. Mr. Maneesh Jha, Director at SQuAD Infotech, guided participants on, 'Personal Interview and how to tackle the different questions put during any interview process'.

The Cell records its appreciation towards Student Chairpersons, Sanya Solanki and Raj Shah. The efforts of Asst. Prof. Ashish Modi, Asst. Prof. Sonali Singh and Asst. Prof. Vishakha Bagwe have been immense in helping Career Development Cell continue its endeavour to train learners and get them future ready. Career Development Cell is also grateful to Asst. Prof. Urvi Samant and Asst. Prof. Wilson Nadar for extending their help towards the cell.



## INTERNSHIP 2021-22

Sr No	Company Name	Name of the student	Class	Duration	Stipend
1	INTERMESH SHOPPING NETWORK PRIVATE LIMITED Address: A-006, Boomerang, Chandivali Farm Road, Andheri East, Mumbai - 400072, MH, IN	Shivam Vishwakarma Contact No.: 8097534926 Email: shivamvish388@gmail.com	TYIT	3 months	Rs. 7000/- per month
2	MasterSoft ERP Solutions Pvt Ltd. +91-7770012749 sales@iitms.co.in	Gulam Ahmad Mahek Modi Aarya Vira Rishabh Shah	TYIT TYCS	6 months	Rs. 10,000/- per month

## Placement Record

Sr No	Company Name	Name of the student	Department	No of Student appeared	No of Student Placed	Annual Package	Designation
1	Epicenter Technologies Pvt. Ltd.	Saurabh Vishwakarma	TYCS	1	1	2,35,008 LPA	Customer Service Executive - Operations
2	Capgemini	Gulam Ahmad Sachi Shah Nidhee Panchal Dikshita Shetty	TYIT	9	4	2,75,000 LPA	Analyst
3	Lumina Datamatics Ltd. Unit No. 117-120, SDF IV, SEEPZ-SEZ, Andheri (East), Mumbai - 400 096, Maharashtra, India.	Satyam Thaker Yuvam Patel Libin Mathew	TYIT TYBMS	4	3	2,20,200 LPA	Trainee
4	TCS	Sachi Shah	TYIT	4	1	1,90,926 LPA	Graduate Trainee
5	Wipro	Aaqib Rishabh Nagraj	TYIT	5	2	First Year - 15,488/- Second year - 17,553/- Third year - 19,618/- Fourth year - 23,000/-	Scholar Trainee
6	SilverLink Technologies Pvt. Ltd. 506-507, Eco Space I.T. Park, Old Nagardas Road, Andheri (E)-Mumbai - 400069.	Ankush Gupta Dhruv Modi Aditi Patekar Jalak Parmar	TYIT TYCS	14	4	2,20,000 LPA	IT Recruiter - Trainee
7	Includ 2904, Valentine Tower, Runwal Anthurium, LBS Marg, Mulund (w), Mumbai-400080. hinal@includ.in	Nidhee Panchal	TYIT	3	1	1,80,000 LPA	Web Developer
8	Motilal Oswal 602, 6th Floor, Interface 11, Mind Space, New Link Road, Malad (W), Mumbai 400064. Mobile: 8779569456	Nidhi Harsora Jash Negandhi Amit Yadav	TYBFM	6	3	2,50,000 LPA	Executive
9	3i - Infotech	Harshil Shah	TYIT	3	1	3,00,000 LPA	Junior Associate
10	Sutherland	Pavitra Gounder Negandhi Jash Mukti Shah Hunaid Netterwala	TYBA (P) TYBMS TYBFM	5	4	2,50,000 LPA	Associate
11	Share India Securities	Vandit Vakharia Jay Gosalia Moksha Shah	TYBFM TYBAF	6	3	2,16,000 LPA	Team Lead - Training Operations

Asst. Prof. Preethi Rao

# Commerce Association



The Commerce Association organised a webinar on 'Technologies for Finance' on 17th December 2021 addressed by Mr. Suresh Mhatre, Former Vice President, TCS Limited. A webinar on 'Business and Human Rights' was organised on 13th January 2022 addressed by Prof. Dr. Shashikala Gurple, Fulbright scholar, Jean Monnet Chair Professor, Director and Dean. An online guest lecture

on 'Branding in Advertising' was organized on 28th March 2022 for the SYBCOM and SYBA students by Mr. Keshavan Satashiv.



Asst. Prof. Dr. Preeti Tripathi

# DRAMA CLUB

A webinar was organised on 24<sup>th</sup> June 2021, on the topic 'On Stage Live Acting'. The guest speaker for the webinar was Mr. Piyush Adhiya who is a Writer, Director and Actor well known for Gujarati theatre. He has a dynamic persona and seamlessly guided the participants about the world of Drama, Theatre and Acting. He motivated the participants to pursue the field of acting.

ASPIRE 2021 was organised by Drama Club and Music academy on 6<sup>th</sup> December 2021. This time with the culmination of Drama and Music, the events were set out as Best Dramatic Artist and Best Musician. Participants had to perform their acts live on Google meet. Esteemed judge for ASPIRE 2021 Best Dramatic Artist was Mr. Roheb Akhtar. He is an Actor, Singer and Writer. He has worked on famous advertisements and web shows like Bandish Bandits on Amazon Prime Video. He is an alumnus of Nagindas Khandwala College.

The event was uplifted by the presence of talented judges, the synergy of participants and the committed efforts of Team RAYS. All the forces combined made ASPIRE 2021 a successful event.

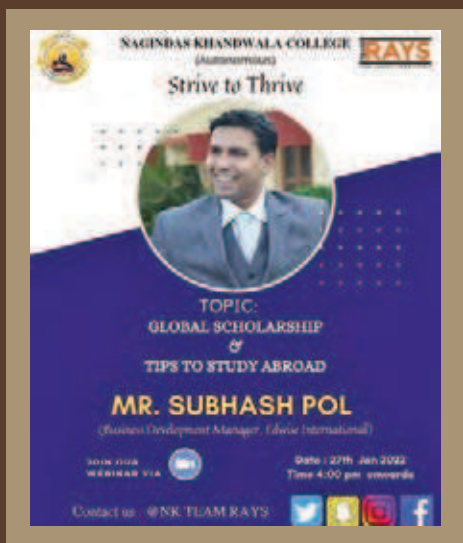
Asst. Prof. Nelson Daniel







A webinar was conducted on 'Mesmerizing World of MBA' by Mr. Vishesh Nadiyana, an engineer (chemical) and IIM Calcutta alumnus, on 29<sup>th</sup> June 2021 and 2<sup>nd</sup> October 2021. He has more than 12 years of experience in teaching and training students. A webinar was conducted by Mrs. Avani Pithadia, a graphologist and Iconic Women Awardee 2020, on 5<sup>th</sup> July 2021 on 'Science of handwriting and signature'. A webinar on 'Overseas Education Guidance' on 19<sup>th</sup> July 2021 was conducted by Ms. Akshata Rao, Regional Head at Elite Overseas Education. A webinar was conducted on 'Foreign Language and Future Prospects' on 28<sup>th</sup> July 2021 by Ms. Aparna Mendjoge, M.A. in German from Mumbai University and has cleared 5 levels of German language from Max Muller Bhavan, Goethe Institute, and Ms. Aditi Mendjoge, cleared C1 Level in Spanish Language From Instituto Hispania, - Mumbai



A webinar on 18<sup>th</sup> December 2021 on 'Success Signature' by Ms. Sonal Oswal, Founder of Elevate Minds, Reiki Master, Graphologist and Masters in Clinical Psychology, was organized. A webinar on 'Personality Development' was conducted by Mrs. Anahita Irani, Founder of Persona Everlasting Impressions and Professional Trainer certified from IATA, Singapore, on 29<sup>th</sup> December 2021. A webinar on 'Signature Analysis' was organized on 22<sup>nd</sup> January 2022 by Ms. Neha Rakshas, Founder of Inside Ink Graphology and M.tech Graduate from IIT Bombay. A webinar on 'Global Scholarship and Tips to Study Abroad' on 27<sup>th</sup> January 2022 was conducted by Mr. Subhash Pol, Business Development Manager at Edwise International.

A webinar was held by Mr. Gaurav Munj, Manager and IT head at Aptech Aviation Academy-Andheri, on 3<sup>rd</sup> February 2022 on 'How to kickstart Professional Career in IT Industry'. A webinar on 19<sup>th</sup> February 2022 on 'Learn Basics of Korean and Japanese Language' was held by Ms. Simran and Ms. Manika, Head and Mentors at The Language Network Classes. A webinar was conducted on 6<sup>th</sup> March 2022 on 'Confidence Building' by Ms. Mirika Shah, Media Planning Manager. A webinar was conducted on 'English and Personality Development' on 11<sup>th</sup> March 2022 by Ms. Anushka Singh Srivastava, MBA in Finance and guest lecturer on Personality Development at IIT Bombay.

Asst. Prof. Nelson Daniel

# Gujarati Sahitya Mandal

With increasing social media representation, the keenness and inner love for Gujarati should only enhance. Keeping that in mind, GSM arranged various programs online. GSM, the brainchild of Shri Vijay Suchak, Vice Principal Degree College, remained vibrant throughout the year and under his guidance the whole GSM team worked to make all the programs a success.

GSM faculty member Dr. Preeti Tripathi played an influential role to motivate students to participate in large numbers and the student members Dipali Vaghoshi, Bhakti Sumbad and Minal Gohil did an excellent job to mobilize students and spread the messages on social media. The student participants in all the events remained interactive throughout the year.

On 24<sup>th</sup> August 2021, the GSM celebrated Vishwa Gujarati Bhasha Diwas under the title – 'Ame Hasta Farta Gujarati'. The speaker was a well-known Gujarati Writer, Director, Performer, Storyteller, and Entrepreneur Dr. Ulka Mayur.

To mark International Mother Language Day, GSM arranged a talk on 21st February 2022. The speaker was Ms. Pratima Pandya. The talk resulted in gratefulness and enthusiasm about the Gujarati language. The participants reverted with insightful and triumphant feedback. TAHUKO, the annual event, took place from 8<sup>th</sup> to 11th February 2022.



## Poetry Recitation Competition – 8<sup>th</sup> February 2022

There were 14 participants and the winners are as follows:

- 1) Kashish Gohil – S.Y.B.Com - First
- 2) Payal Karamta T.Y.B.Com - Second
- 3) Minal Gohil – T.Y.B.Com – Third
- 4) Dhruvi Timani - S.Y.B.Com - Third
- 5) Dipali Vaghoshi - T.Y.B.Com First Consolation
- 6) Pooja Sondagar – T.Y.B.Com – Second Consolation

## One Minute Extempore Speech Competition – 9<sup>th</sup> February 2022

This was the most fun competition of all. The participants were given a random place of Gujarat using a fortune wheel. Later, they were given one word and were supposed to speak on the same for a minute, using only Gujarati vocabulary. This tested their vocabulary and ingeniousness together. There were many spot-entries too.



**There were 19 participants and the winners are as follows:**

- 1) Jas Thakkar – S.Y.B.M.S. - First
- 2) Vandit Mehta S.Y.B.A. - Second
- 3) Shubh Gala –T.Y.B.Com - Third
- 4) Parva Shah F.Y.B.M.S. – First Consolation
- 5) Dipali Vaghoshi T.Y.B.Com – Second Consolation
- 6) Sonu Makwana – T.Y.B.Com – Second Consolation
- 7) Veer Vora – F.Y.B.Com - Third Consolidation
- 8) Khushi Joshi – S.Y.B.A. – Third Consolation

#### **Elocution Competition – 10th February 2022**

The participants were judged on their abilities to communicate well, their pronunciation and enunciation and the subject matter.

**There were 14 participants and the winners are as follows:**

- 1) Jas Thakkar S.Y.B.M.S. - First
- 2) Urvi Shah- S.Y.B.Com - Second
- 3) Vedant Shah –S.Y.B.Com - Third
- 4) Dipali Vaghoshi– T.Y.B.Com -Third
- 5) Minal Gohil – T.Y.B.Com – First Consolation
- 6) Sakshi Mehta – S.Y.B.Com – Second Consolation
- 7) Payal Tank – S.Y.B.Com – Third Consolation

#### **Singing Competition – 11th February 2022**

This was a pre-recorded event. The participants recorded their entries in melodious voices and the judges gave their opinions, based on the participant's voice, song choice, intonation, vocal techniques and tone quality.

**There were 14 participants and the winners are as follows:**

- 1) Palak Shroff – F.Y.B.A. - First
- 2) Sheetal Ladva – T.Y.B.Com - Second
- 3) Jainee Dedhia – T.Y.B.Com - Third
- 4) Jalpa Kacha – F.Y.B.Com - First Consolation
- 5) Manali Gohil – T.Y.B.Com - Second Consolation
- 6) Dev Mehta S.Y.B.Com – Third Consolation

#### **Essay Writing Competition -12th February 2022**

The participants were given four topics to choose from, and they were judged on the basis of their vocabulary, justice to the theme, writing style, and uniqueness of their essay.

**There were 6 participants and the winners are as follows:**

1. Manali Gohil – T.Y.B.Com – First
2. Nisha Vaddoriya – T.Y.B.Com – Second
3. Bhakti Sumbad S.Y.B.A. – Third

**Asso. Prof. CA Dr. Reena Desai**





# Incubation Cell

Incubation Cell desires to encourage entrepreneurs to discover their true potential and have the knowledge to manage their business successfully. Incubation Cell, in association with Department of IT/CS, organized an event by the name of 'Mind Spark' on 17<sup>th</sup> January 2022. To encourage the young entrepreneurs to showcase their ideas by identifying an existing problem and finding a solution to it. A talk on 'From Job Seeker to Job Giver' by Mr. Satish Bendre, an Academician and Corporate trainer, was organized on 24<sup>th</sup> January 2022 to motivate the entrepreneurial spirit in the students. On 24<sup>th</sup> February 2022, N.K.B.M.S and Incubation cell jointly organized a session on 'Coach the Entrepreneur in You'. The session was conducted by Mr. Sushant Sharma, Sr. Advisor & Corporate Trainer.

**Asso. Prof. Dr. Mona Mehta**  
**Asst. Prof. Sweety Garg**



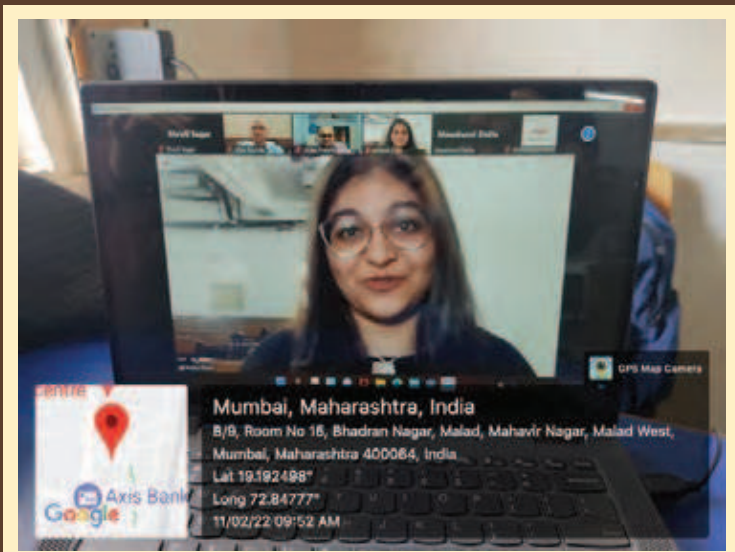
# Insight

Insight focuses on inviting experts from various fields and orienting students to contemporary developments in the application of Psychology. The first session of the academic year was conducted by Mr. Shantanu Tamore on the topic, 'Understanding Queer Perspective' on 12<sup>th</sup> August 2021. He spoke about bursting myths regarding gender minorities. A session on the topic, 'Responsible use of Tests in counseling' was conducted by a practicing clinical and school psychologist, Mrs. Shruti Shintre on 25<sup>th</sup> September 2021. Students learnt 'Do's and Don'ts of Psychological Assessment' in the field of counselling.

The second term started with an interesting session by Dr. Kapila Kumari on 'Biopsychology-Current Perspectives'. The ex-students also conducted guidance sessions for the T.Y.B.A. students. Ms. Juveriya Mistry guided students regarding preparation for Masters Program in Psychology by St. Xavier's College on 27<sup>th</sup> January 2022. Ms. Anjali Shukla spoke about preparation for entrance exam at the TISS.

The month of February was marked by the Inter-Collegiate festival, INPSYCHED on 11<sup>th</sup> & 12<sup>th</sup> February 2022. The first session was conducted on 11<sup>th</sup> February 2022 by Dr. Vinay Prabhu who shared his expertise about the real meaning of Fatal Attraction and the cost of escalation of commitment. This session tickled the participants' thoughts and kept them hooked to the screens till the last minute.





After the first session, 'Poster making: Portray with Paint' competition was conducted. Objective of the competition was to ignite fire of imagination and creativity in the students. Theme for the competition was 'Promotion of mental health'. Young learners participated with great enthusiasm and showed their artistic skills. 10 students participated from various colleges. The competition was judged by Ms. Dishita Ratadia and Ms. Perna Tiwari. 1<sup>st</sup> place was secured by Ms. Ankita Dubey, followed by Ms. Tanvi Shah and Ms. Zalak Jogi respectively. The second session of the first day was addressed by Mr. Adwait Kapileshwari where he shared his knowledge about the scope, use and work in the field of Sports Psychology.

Knowledge opens the door to opportunity, achievement, success and wealth. Keeping in mind the resonance of the above mentioned words, INPSYCHED 2022 organised an Inter-Collegiate Quiz Competition 'INQUIZITIVE' on 12<sup>th</sup> February 2022. The competition consisted of 4 rounds - Catch me if you can, Smart Alec, Pehchaan kon-who am I? and Fight or flight- rapid fire. There were a total of 7 teams. The Participants showed their brilliance by rapidly answering the questions. The competition was tough but in the end the most exciting and thrilling battle was won by Vedant Ranadive, Pooja Shah and Zalak Jogi. The second position was achieved by Esha Shah, Ria Soni and Suman Jaiswal. It was indeed a very informative and knowledge enriching competition for the participants along with the audience.

The last session was scheduled on 12<sup>th</sup> February 2022, with an exclusive topic of 'Application of Psychology in Armed Forces' by Col. Vijay Rana in which he shared his experience and knowledge. The scope, use and application of psychology in various aspects of life and profession of armed personnel.

Asst. Prof. Amruta Sahasrabuddhe





# KHANDWALA ACCOUNTING STUDY CIRCLE

Khandwala Accounting Study Circle continued with its efforts to enhance and enrich the learning experience of students outside the curriculum. Though the Covid pandemic continued to restrict the activities that could be conducted for students, Khandwala Accounting Study Circle tried to ensure that students do not miss out on informative and educational sessions which expanded their sphere of knowledge outside of academics.

Khandwala Accounting Study Circle celebrated Chartered Accountants Day on 1st July 2021, by inviting our very own alumni CA Chirag Chauhan to address our students. Mr. Chirag Chauhan is a Practicing C.A. and has also mentored a few startups. He is the founder of Faceless Compliance Pvt. Ltd., an online portal for Tax & Legal Compliance matters. What makes his story extraordinary is that he achieved all this despite being rendered paraplegic in the Mumbai Train blasts of 2006. In fact, he even completed his Chartered Accountancy studies post the tragedy. He gave an inspiring talk to the students and inspired them with his story of struggling against odds and emerging victorious through sheer hard work, perseverance and determination.

On 25th January 2022, a webinar was organized on the topic 'FIIs Vs. Mutual Funds- Which one backs Indian markets?' Dr. Aditya Srinivas, Head-International Business Division and Chief Economist- BSE Brokers' Forum was the resource person for the event. With his vast experience in the field of financial services and extensive knowledge of capital markets and financial products, he enthralled the participants with his talk on the impact of Foreign Institutional Investors and Mutual Funds on the Indian stock market. The session received tremendous feedback from students. The question answer round at the end of the session also saw students asking detailed questions about the stock market.

Malad Khandwala Education Society's  
Nagindas Khandwala College (Autonomous)

**Khandwala Accounting Study Circle (KASC)**  
Presents  
A talk on

**FIIs Vs Mutual Funds - Which One Backs Indian Markets?**

25 January 2022 | 12 Noon

Google Meet

Speaker: **Dr. Aditya Srinivas**  
Head - International Business Division  
CIO and Chief Economist, BSE Brokers' Forum

[click to join Here!](#)

Asst. Prof. CA Sindhu Menon

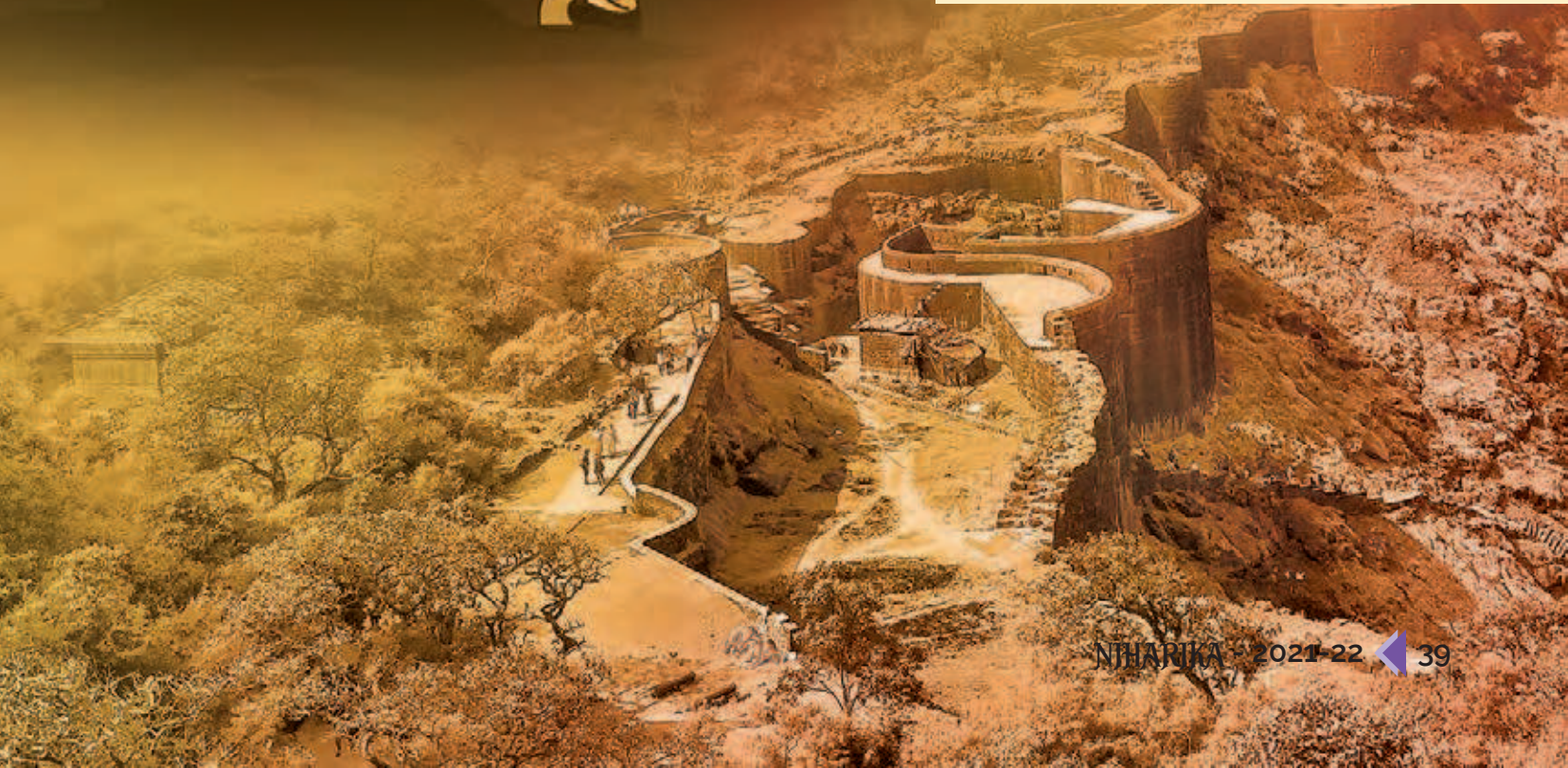




## मराठी भाषा दिन

कवीश्रेष्ठ कुसुमाग्रज ह्यांच्या स्मरणार्थ दि. २७ फेब्रुवारी हा दिवस 'मराठी भाषा दिन' म्हणून साजरा केला जातो. सालाबादप्रमाणे महाविद्यालयाच्या मराठी सांस्कृतिक मंडळाकडून ह्याही वर्षी मराठी भाषा दिनाचा सोहळा साजरा करण्यात आला. मराठी सांस्कृतिक मंडळाचे संयोजक डॉ. मधुकर दळवी ह्यांनी सर्व उपस्थित श्रोत्यांचे स्वागत केले. ह्या कार्यक्रमाच्या माध्यमातून भारतरत्न लता मंगेशकर ह्यांना आदरांजली वाहण्यात आली. लतादीदींची अनेक गाजलेली मराठी व हिंदी गीते सादर करण्यात आली. महाविद्यालयातील अनेक विद्यार्थी-विद्यार्थिनी तसेच शिक्षकांनी ह्यात सक्रिय सहभाग घेतला. कार्यक्रमाचे सूत्रसंचालन प्राध्यापिका अमृता सहस्रबुद्धे व प्राध्यापक सोनू राणे ह्यांनी केले. ऑनलाइन पार पडलेल्या ह्या सोहळ्यामध्ये ५५ श्रोते सहभागी झाले होते. प्राध्यापक नंदकिशोर सोनार ह्यांनी प्राचार्या, उप-प्राचार्य, सर्व कलाकार व सहभागी श्रोते ह्यांचे आभार मानले व कार्यक्रमाची यशस्वी सांगता केली.

डॉ. मधुकर दळवी  
संयोजक  
मराठी सांस्कृतिक मंडळ



# Music Academy

Music Academy conducted a workshop on the topic "Master Classical Music" on 24<sup>th</sup> December 2021, by Mr. Harshad Kamble. He is an expertise in Hindustani & Classical Music & trained more than 5000 students. We were obliged to have such a significant person as our speaker. Music Academy always believe in cherishing the musical experience of each and every student.

Asst. Prof. Nelson Daniel



## Research Cell

A Webinar on "How to Write a Research Paper" was conducted for Post Graduate students on 31st January 2022 by Prof. Dr. Moushumi Datta, I/c Principal. The webinar was attended by 125 participants. Interviews were conducted for Ph.D. aspirants on 11th February 2022, for getting admitted into Ph. D. program at Khandwala College. The research cell conducted a National Level Web Conference on 'Beyond Pandemics: Reimagining The New Normal' on 18th February 2022.

Papers were invited for presentation from PG students. Dr. Debjani Roy, Chief Guest at the web conference, addressed the participants on 'Importance and Scope for Research in Academics'. After this session the paper were presented. 6 research papers were approved for presentation after checking for plagiarism. The technical session of paper presentations was chaired by CA Dr. Reena Desai. The Best Paper Award was given to 'The Impact of OTT on young adults'.

Dr. Varsha Ainapure





# Khandwala Publishing House

Khandwala Publishing House (KPH) is the official publication unit of the College. KPH aims to publish scholarly books and journal on pertinent issues on varied subjects. KPH is possible due to the genuine support extended by the management team and our faculty. KPH encourages the faculty of Nagindas Khandwala College to write books. KPH has published 4 books with ISBNs in the academic year 2021-22. KPH has also published a multidisciplinary research journal.

## Books Published in the academic year 2021-22

Sr. No.	Title	Author	Year	PB/HB	Place	Pages	Language	ISBN
1	T.Y.B.Com Semester -V Marketing	Suchak, Vijay G.	2021	Paperback	Mumbai	114	English	978-81-924836-7-2
2	T.Y.B.Com Semester -VI Human Resource Management	Suchak, Vijay G.	2021	Paperback	Mumbai	111	English	978-81-924836-8-9
3	Basic concepts in human geography	Prakash Dongre	2021	Paperback	Mumbai	132	English	978-81-954144-0-6
4	Re-Inventing Sustainable Women Empowerment Strategies in Post-Covid-19 Scenario	Jose, Ancy	2022	Paperback	Mumbai	159	English	978-81-954144-1-3

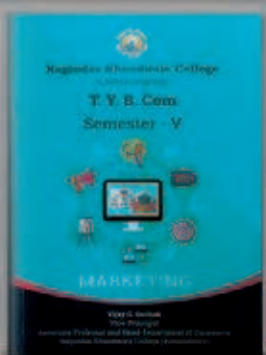
Report by  
Prof. (Dr.) Moushumi Datta  
I/c Principal

Sonali Vhatkar  
Librarian





# Khandwala Publications







# Cultural Activities

"Culture is the widening of the mind and of the spirit."

- Jawaharlal Nehru



# Students Council

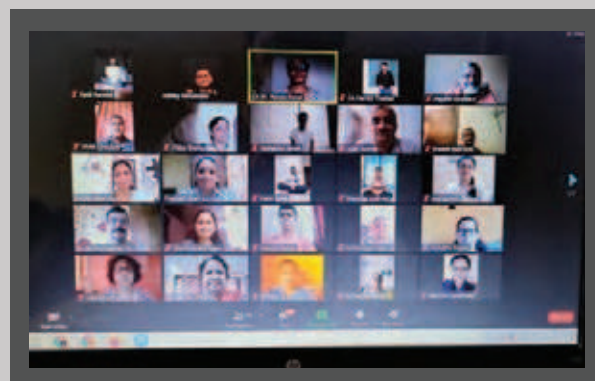
Students' Council as usual made sure that students and faculty were engaged in activities, webinars, Inter-Collegiate competitions, celebrations and fun sessions to keep the students active and motivated throughout the academic year.

The calendar of activities began with International Yoga Day on 21<sup>st</sup> June 2021. That was followed, a few weeks later, by an informative webinar on 'Reading in the Digital Era'. A Warli Painting Competition on Paper Bags was organised on the occasion of World Paper Bag Day to give a creative outlet to artistically inclined students. The Council celebrated our College's 39<sup>th</sup> Founder's Day on 21<sup>st</sup> July 2021. This was followed by Friendship Day and Vishwa Gujarati Bhasha Diwas in the month of August. On the occasion of World Ozone Day, a Poster Making Competition was held in September. The Freshers' Day was organised in the month of October.

In the month of November, to lit the spirit of Diwali, a Rangoli Competition was organised. A few weeks later, some of the students celebrated Diwali by decorating the campus. The month was also a month for social causes - A cleanliness drive at Chhota Kashmir Garden was conducted, which was followed by a webinar on 'Indoor Air Pollution' by Mr. Subhajt Mukherjee the next day.

In December, the Council organized an Open Mic night for the students so that they could showcase their talents online. As a part of the Intra College Festival Aagman, the Nagindas Khandwala Elocution Competition in English was organized online on 22<sup>nd</sup> December 2021. The Department of BBI walked away with the first prize, BAMMC the second and BA/B.Com. the third. To usher in the spirit of Christmas, a Red and White Day was celebrated. The Students' Council also organized a Clothes Donation Drive for the sake of the needy and the destitute. The month of January was also the month of Springz, the Aided Section's Inter-Collegiate Youth Festival, which was successfully conducted online for the consecutive time.

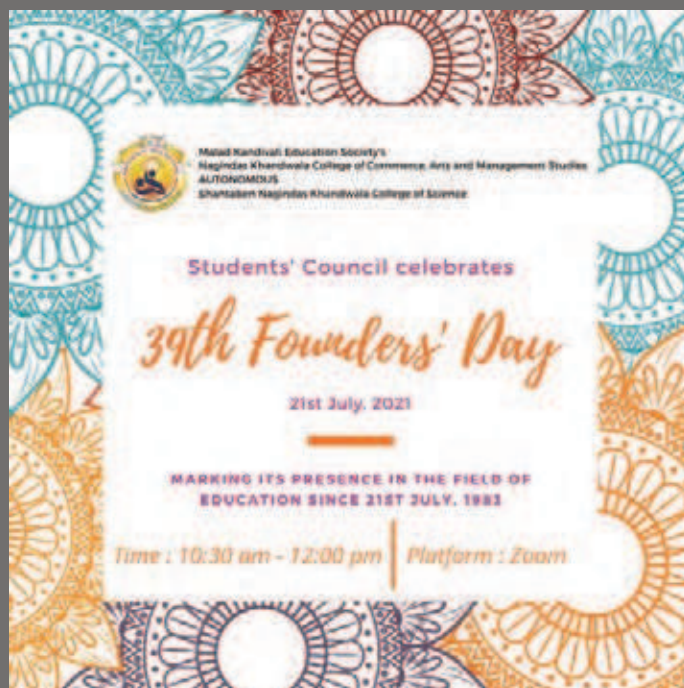
Traditional day was celebrated in the college campus on 28<sup>th</sup> February 2022. Students gathered around the college quadrangle in colourful traditional clothing and enthusiastically celebrated the day by playing 'Garba'. The Students' Council organised Formal's Day on 25th February 2022.





An essay writing competition was held on the occasion of 'International Safer Internet Day' on 8<sup>th</sup> February 2022. There were topics such as 'Cyber Bullying and effect on Mental Health'. A Photography Competition- 'Click, Click, Boom' was organised on the occasion of 'World Wetlands Day' on 2<sup>nd</sup> February 2022. On the occasion of Swami Vivekananda Jayanti also known as the 'Youth Day', the Students Council organised an elocution competition on 12<sup>th</sup> January 2022. The farewell function for B.Com. and B.A. students was organised on 28<sup>th</sup> April 2022.

Asso. Prof. CA Dr. Reena Desai



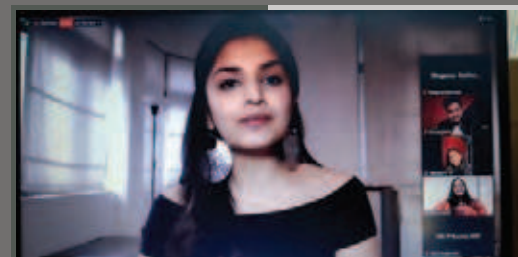
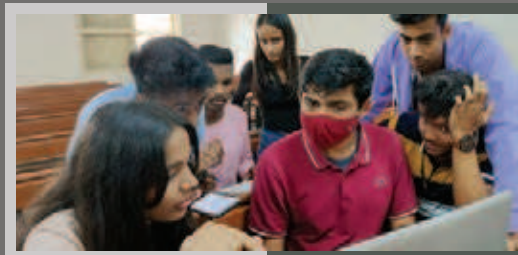
# Symphony

'Celebrating Life, Elevating Lives'



The academic year 2021-22 was the Decade Year of Symphony with a new tagline 'Symphony- Celebrating Life, Elevating Lives', which was conducted virtually. It is an Intra college cultural festival where in students explore their talents to win several Titles of 'NK's Best' with the slogan, 'Marching ahead as a Team, with the same Dream, from every Stream.' The Decade year of Symphony had to do something different, so the team conducted 40+ events which included exciting events like NK's Best Stock Trader, NK's Best Social Media Star, NK's Best Synopsis Writer and many more. An astonishing inauguration ceremony was conducted on 22<sup>nd</sup> February 2022.

The pre-events were conducted on 21<sup>st</sup> and 22<sup>nd</sup> followed by the elimination rounds which were performed on 23<sup>rd</sup>, 24<sup>th</sup> and 25<sup>th</sup> February 2022 which embraced Performing Art events like NK Idol, NK Prince & NK Princess, etc. along with Literary Arts and Informals which were live. The 6<sup>th</sup> and the last day of Symphony was the Grand Finale on 26<sup>th</sup> February 2022, wherein each and every semifinalist performed live on Zoom and a basketful of talent was showcased. The amount of confidence which echoed while the participants were performing was just stunning. The most well known celebrity judges like Ms. Nisman Parpia, Mr. Jay Thakkar, Ms. Anrene Rodrigues and many more were flabbergasted after seeing the magnificent performances of the finalist.



Asst. Prof. Nelson Daniel

# Trinity Fashion Crew



Trinity Fashion Crew is a place for all the fashion enthusiasts to explore their passion for fashion. Our first fest was Kshitij on 18th December 2021. We did not win a podium but learnt a lot. The hardwork paid off later with various achievements.

We got the first podium at L.S. Raheja College for the event, 'Udaan' on 23rd December 2021. We were always divided by costumes but united by coordination and this helped us win Kabira fest held by Hinduja College on 5th January 2022. We participated in the Kiran fest of KC College in January 2022. We also secured the first podium in NK's Best Fashion Crew in Symphony 2021-22. We secured the first podium in Frc Rodrigues College in the month of February.





# Felicitations



"Success is where preparation and opportunity meet."

- Bobby Unser



**Dr. (Mrs.) Ancy Jose** was felicitated with Life Time Achievement Award at Thakur Awards for Excellence.



I/c Principal Prof. **Dr. Moushumi Datta** was felicitated with Excellent IQAC Coordinator Award at Thakur Awards for Excellence



**Dr. Mona Mehta** was felicitated with Excellent Vice Principal Award at Thakur Awards for Excellence





**Asst. Prof. Preethi Rao**

Asst. Prof. Preethi Rao, Coordinator of the Department of Multi Media and Mass Communication received the National Level, AKS Educational Award, "Outstanding Coordinator Of The Year," for achieving excellence and success in educational leadership in the core area of activity and team management for the academic year 2021-22. This is a Mid-level academic leadership & administrative awards



**Asst. Prof. Dr. Sindhu P.M**

Heartiest congratulations to Dr.Sindhu P.M on being awarded Ph.D for her thesis, " Information Encoding and Network Security Applications of Yantra images from Manuscripts", University of Mumbai,June 2020



**Asst. Prof. Dr. Monikantan S Nair**

Heartiest congratulations to Dr. Monikantan S Nair on being awarded Ph.D for his Thesis, " An economic study on fatal and non-fatal Road traffic accidents in Kanyakumari District", from M S University, Thirunelveli, March 2020





Hetvi Vira  
F.Y.B.COM SEM I



Anjali Mishra  
F.Y.B.COM SEM II



Devang Shah  
S.Y.B.COM SEM III



Tejas Vadher  
S.Y.B.COM SEM IV



Jatin Dabhi  
T.Y.B.COM SEM V



Pinky Parmar  
T.Y.B.COM SEM VI



Tushita Gharegrat  
M.COM. (Accountancy)  
SEM I



Shlok Dewarkar  
M.COM. (Accountancy)  
SEM II



Parthavi Shah  
M.COM. (Accountancy)  
SEM III



Sanket Upadhayay  
M.COM. (Accountancy)  
SEM IV



Mit Mehta  
M.COM. (MGMT)  
SEM I



Anjali Solanki  
M.COM. (MGM) SEM III



Bhoomi Upadhayay  
M.COM. (MGMT)  
SEM IV



Bhakti Sumbad  
F.Y.B.A. SEM I & II



Vrunda Goswami  
S.Y.B.A. SEM III



Khushi Doshi  
S.Y.B.A. SEM IV





**Chiragi Shah**  
T.Y.B.A. SEM V & VI



**Aeqra Ansari**  
M.A. (Economics)  
SEM I



**Ayushi Goda**  
M.A. (Economics)  
SEM II



**Shivani Muktekar**  
M.A. (Economics)  
SEM III



**Riya Mitalia**  
M.A. (Economics)  
SEM IV



**Riti Kushwaha**  
M.A. (Geography)  
SEM I & II



**Fiona D'Souza**  
M.A.(Geography)  
SEM III



**Teena Asadi**  
M.A.(Geography)  
SEM IV



**Rutuja Raut**  
M.A. (Psychology)  
SEM I & II



**Pratiksha Sonawane**  
M.A. (Psychology)  
SEM III & IV



**Smruti Puntambekar**  
M.A. (Geoinformatics)  
SEM I



**Pratik Sawant**  
M.A. (Geoinformatics)  
SEM II



**Anne Veronica**  
B.SC.IT SEM I



**Devangi Parmar**  
B.SC.IT SEM II



**Sachi Shah**  
B.SC.IT SEM III



**Gunveen Kaur Bindra**  
B.SC.IT SEM IV







ACADEMIC TOPPERS 2022



**Keval Nagariya**  
M.Sc.I.T. SEM I



**Shivani Babu**  
B.SC.IT SEM V



**Rudresh Vyas**  
M.Sc.I.T. SEM II



**Shuaib Khan**  
B.SC.IT SEM VI



**Aadil Khan**  
B.S.Cs SEM II



**Saveena Nadar**  
M.Sc.I.T. SEM III & IV



**Devansh Solani**  
B.S.Cs SEM III & IV



**Jovial Almeida**  
B.S.Cs SEM I



**San Sequeira**  
B.SC.CS SEM VI



**Poonkuzhali Draavidar**  
B.Sc.Cs SEM V



**Vidhi Nayyar**  
FYBMS SEM I



**Keane Pereira**  
B.Sc.Cs sem VI



**Preksha Karia**  
TY BMS SEM V



**Riddhi Shah**  
FYBMS SEM II



**Isha Jain**  
TY BMS SEM 6



**Mili Shah**  
SYBMS SEM III & IV



**Ashish Nair**  
FY BAF SEM II



**Muskan Agarawal**  
TY BMS Overall



**Kruti Kapadia**  
SY BAF SEM III



**Swayam Bhosle**  
FY BAF SEM II







**Parth Parekh**  
SY BAF SEM IV



**Yash Monani**  
TY BAF SEM V



**Aditya Bharakhda**  
TY BAF SEM VI



**Divya Shah**  
FY BBI SEM I



**Khushi Vakharia**  
FY BBI SEM II



**Kinjal Shah**  
SY BBI SEM III



**Meet Savaliya**  
TY BBI SEM V & VI



**Kalindi Singh**  
SY BBI SEM IV



**Ayush Shethia**  
FY BFM SEM I



**Dinika Shah**  
FY BFM SEM II



**Khushi Jain**  
SY BFM SEM III & IV



**Stephy Philip**  
TY BFM SEM V



**Krutika Gala**  
TY BFM SEM VI



**Ritika Khakhra**  
FY BMM SEM I



**Parth Mehta**  
FY BMM SEM II



**Sanya Solanki**  
SY BMM SEM III & IV



**Rajvi Shukla**  
TY BMM SEM V



**Eliza Maredia**  
TY BMM SEM VI



**Devanshi Shah**  
Acturial Science  
SEM I & II



**Kalyani Gavhale**  
Acturial Science  
SEM III







ACADEMIC TOPPERS 2022



**Nachijet Dandekar**  
B.B.A In Tourism & travel  
management SEM I & II



**Pranali Vaishampayan**  
Actuarial Science  
SEM IV



**Sonali Prajapati**  
FY.B.A. Hons I & II  
Fashion Design



**Harshali Bhuyar**  
B.Sc in Interior Design  
SEM I & II



**Devanshi Davda**  
S.Y.B.A. Hons III & IV  
Fashion Design



**Smit Shah**  
S.Y.I.B.COM SEM III



**Anshita Khanna**  
FY I.B.COM SEM I



**Jayshree Jaypal**  
FY. I.B.COM SEM II



**Jay Doshi**  
S.Y. I.B.COM SEM IV



**Mayur Kadam**  
Master of Sports  
Management SEM I



**Farhad Patel**  
Dip. in Sports Management  
SEM I & II



**Abhijeet Shekhawat**  
PG Dip. in Sports Management  
SEM I & II



**Mahima Vyas**  
Master of Sports  
Management SEM II



**Taniya Tamore**  
B.Sc. in Integrative Nutrition  
& Dietetics SEM I & II



**Roshan Lobo**  
Master of Sports  
Management SEM III



**Saurabh Pundir**  
Master of Sports  
Management SEM IV



**Jahnvi Thaker**  
PG Dip. in Integrative Nutrition &  
Dietetics SEM I



**Aditya Dahivelkar**  
BMS - Sports  
Management SEM VI



**Jainish Savla**  
BMS - Sport Management  
SEM I, II & III



**Bharat Khushalani**  
BMS - Sports Management  
SEM IV & V





**Varsha Singh**  
S.Y.B.COM  
Best NCC Candidate



**Pooja Shah**  
Best NSS Leader  
S.Y.B.A.



**Hetvi Savla**  
Special Contribution to  
NSS T.Y. B.A.



**Neha Parekh**  
Best NSS Volunteer  
S.Y.B.A.



**Smriti Shah**  
Best NSS Volunteer  
S.Y.B.A.



**Akshay Mahovia**  
Enthusiastic NSS Volunteer  
S.Y.B.Sc



**Hema Rajput**  
Enthusiastic NSS Volunteer  
T.Y.B.COM



**Dheeraj Chaubey**  
Enthusiastic NSS Volunteer  
F.Y.B.COM



**Shriya Rumde**  
Enthusiastic NSS Volunteer  
S.Y.B.M.S. (SM)



**Rakhi Ratnakumar**  
PG Dip. in Integrative Nutrition &  
Dietetics SEM II



**Aman pal**  
S.Y.B.COM  
Best NCC Candidate



**Bhumika Agarwal**  
Special Contribution to  
NSS T.Y. B.A.



**Zalak Jogi**  
Best NSS Leader  
S.Y.B.A.



# Outstanding Performers



**Ekta Chauhan**  
Best Class Representative  
TY.B.COM



**Shubh Gala**  
Best Class Representative  
TY.B.COM



**Nancy Shah**  
Best Class Representative  
B.A HONS



**Noor Mohammed Mehsania**  
Best Class Representative  
B.A HONS



**Heta Shah**  
Best Class Representative  
B.A.F.



**Prince Kumar Rawal**  
Best Class Representative  
B.A.F.



**Rahul Bheda**  
Best Class Representative  
TY BMMCM



**Sakshi Jha**  
Best Class Representative  
TY BMMCM



**Sumit Jethwa**  
Best Class Representative  
TY BMS



**Saakshi Zaveri**  
Best Class Representative  
TY BMS



**Harsha Chugh**  
Best Class Representative  
BMS - ECOMMERCE



**Vaishnavi Vadia**  
Best Volunteer  
Gandhian Studies Centre  
TY BA (ECO)



**Purvi Master**  
Outstanding Performer  
Gandhian Studies Centre  
TY.B.A (ECO)



**Janhavi Jani**  
NIEM  
TY BAF



**Prince Mehta**  
NIEM  
TY BMS



**Raj Shah**  
NIEM, Best Student  
of CDC  
TY B.Sc.I.T



**Dhrumil Soni**  
NIEM  
TYBAMMC



**Shrishti Dhing**  
NIEM  
TYBAF



**Smeet Boricha**  
Best Student  
Event Organizer  
TYBMS

# Outstanding Performers



# Best Students 2021-22

# Best Students 2021-22



**Hetvi Savla**  
Overall Best  
Student Award  
TYBA (PSY)



**Khushi Doshi**  
Best Student Award  
TYBA (PSY)



**Bhumika Agarwal**  
Best Student Award  
TYBA (PSY)



**Vaishal Shah**  
Best Student Award  
TYBCOM



**Arsh Adeel**  
Best Student Award  
TY BMS



**Mitali Vishwekar**  
Best Student Award  
TY BSC CS



**Sanya Solanki**  
Best Student Award,  
Best Student of CDC  
TY BAMMC



**Aryan Patel**  
Best Student Award  
TY BAF



**Vedant. Jain**  
Best Student Award  
TY BFM



**Vidhi Khandelwal**  
Best Student Award  
TYBAF



**Hiral Joshi**  
Best Event Organiser  
Team Rays  
TY BFM



**Ruchi Gandhi**  
Best Event Organiser  
Team Rays  
TY BFM



**Monel Shah**  
Best Graphic Designer  
SY BMS



**Saurav Kangane**  
Best Photographer  
TY BAMMC



**Harshang Modi**  
Best Social Cell Volunteer  
TY BMS



**Disha Kadam**  
Best Social Media Handler  
TY BBI



**Surbhi Jain**  
Best Student Editor of Niharika  
TY B.COM



**Jeel Sampat**  
Highest Attendance  
TY BMS



**Divya Shah**  
Most Aspiring Student  
T.Y.BMS



**Dev Lalan**  
Best in IT  
S.Y.B.COM



**Drashti Mody**  
Best Event Organizer  
S.Y.B.COM



**Pooja Shah**  
Best Graphic Designer  
S.Y.BA





**Teaching  
Staff**



**Administrative  
Staff**



**Support  
Staff**



**Library  
Staff**

# NK Family





# Departments

**"If everyone is moving forward together,  
then success takes care of itself."**

- Henry Ford



## DEPARTMENT OF ACCOUNTANCY

The Department of Accountancy, in association with BSE and CIEL, organized a workshop on 'Investor Awareness Program' on 28<sup>th</sup> June 2021. The resource person for the workshop was Ms. Milli Paul, a faculty member of BSE Institute Ltd. The students were introduced to various concepts relating to investments and the steps to be taken for developing healthy savings and investment habits.

The college collaborated with Western India Regional Council (WIRC) of the Institute of Chartered Accountants of India for the academic year 2021-22 for conducting short term skill development programme uniquely schemed and designed to add on various specialised skills and increase employability and entrepreneurship among the students pursuing our professional but conventional course. This programme was delivered in two categories to students with finance and non-finance background. First was Technical Ability Enhancement Certifications for Finance Students which are aligned with Courses to eliminate the curriculum gap e.g. Advanced Excel Course, Tally, GST, etc and second was Skill Development Certifications for Non-Finance Students which are aligned with Students training needs to eliminate the employability gap e.g. Soft Skill Development Course, Mock Trainings on Group Discussion, Interview program, Communication skills upgrade etc. Total 13 batches were conducted from 5<sup>th</sup> July to 26<sup>th</sup> November 2021. 1786 students had registered for the course out of which 1657 students were certified. The pass percentage for this programme is 92.7%.

CA Asso. Prof. Haresh Godhia



Malad Khandwala Education Society's  
Nagindas Khandwala College (Autonomous)  
Recognized by NAAC with 'A' Grade (1<sup>st</sup> Cycle) | ISO 9001:2015 Certified

Department of Accountancy  
Organises  
Workshop on Investor Awareness Program  
IN ASSOCIATION WITH BSE & CIEL

**Benefits of IAP for Students**

1. Ability to understand investments
2. Becoming investment ready
3. Developing healthy savings & investment habits

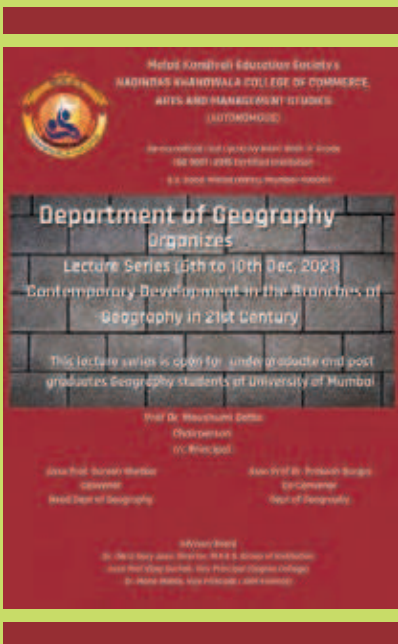
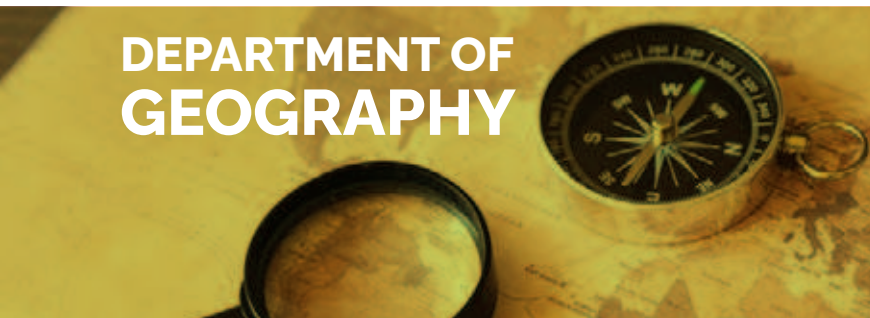
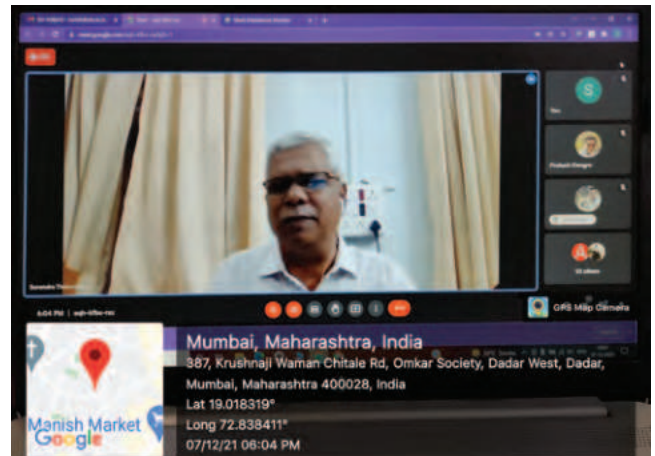
Workshop Details:  
Trainer: Milli Paul  
Date: | Time: 28<sup>th</sup> June 21, 4 pm

[Click on the Link to Register](#)



The students of T.Y.B.A. Geography made a group power point presentation in the subject of Geography on 'Disaster Management' in semester V and individual PPT presentation in the subject of Geography on 'Tourism and Recreation' in semester VI. The students of T.Y.B.A. Geography made a group power point presentation in the subject of Social Geography in semester VI in which they learnt about various tribes and its classification and the issue that they face in the modern time. The presentation helped the student to get a better view of different culture, tradition, cuisine and festivals that are practiced and celebrated in India and in the world.

A detailed district level geographical report was prepared by the individual students. After writing physical and demographic factors of the district they highlighted tourism potential of the district. They made analysis of the present infrastructure which supports the tourism in the district. Students submitted their report in hardcopy and delivered PPT presentation in the class. The students of T.Y.B.A. did a research project and presentation in the subject of Research Methodology in Geography which enhanced their skills and techniques on research and the students got an exposure to the field of research.



Lecture series: Department of Geography organised an Inter-Collegiate lecture series from 6<sup>th</sup> to 10<sup>th</sup> December 2021. All together 161 students from 9 colleges affiliated to University of Mumbai participated in this lecture series on the title 'Contemporary Development in the branches of Geography in 21<sup>st</sup> Century'. The objective was to have an interactive lecture series for the undergraduate and post graduate students with subject experts in Geography and Geoinformatics. This helped the students to understand contemporary developments and scope for research in sub-branches of geography in 21<sup>st</sup> Century.

The first session was conducted on 6<sup>th</sup> December 2021 on the topic 'Contemporary development in Climatology' by Dr. R.V. Sharma, Former Dy. Director General of Meteorology, IMD, Government of India. The second session was conducted on 7<sup>th</sup> December 2021 on the topic 'Contemporary development in Geomorphology' by Prof. (Dr.) Surendra Thakurdesai, Head, Department of Geography, Gogate Jogalekar College, Ratnagiri. The third session was conducted on 8<sup>th</sup> December 2021 on the topic 'Contemporary development in strategies for Disaster Management' by Mr. Rajendra Lokhande, Shift Incharge, Disaster Management Training Institute, MCGM.

The fourth session was conducted on 9<sup>th</sup> December 2021 on the topic 'Contemporary development application of remote sensing and GIS' by Dr. Rajekhan S. Shikalgar, Associate Professor in Geography, Rajaram College, Kolhapur. The fifth session was conducted on 10<sup>th</sup> December 2021 on the topic 'Contemporary development in Human Geography' by Dr. Dipesh Karmarkar, Associate Professor, Department of Geography, Smt. CHM College, Ulhasnagar. Prof. Suresh K. Shetkar and Dr. Prakash Dongre worked as Convener for this lecture series. Asst. Prof. Ashely Fernandes also helped for conducting this lecture series.

Asso. Prof. Suresh K. Shetkar

# DEPARTMENT OF ECONOMICS

A Guest Lecture was organised on the topic, 'Impact of Covid-19 on World Economies with Special Reference to Mauritius' on 20th December 2021. The Resource Person was Ms. Afroz Baig, Faculty- Department of Economics, Mahatma Gandhi Institute, Vacoas, Mauritius.

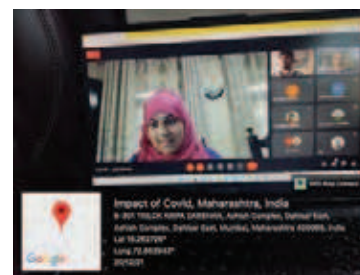
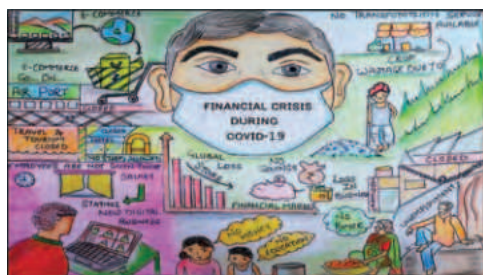
An Essay Writing Competition was organised by the Planning Forum on 31st December 2021. The topics were Emergence of Crypto currency, Impact of COVID pandemic on Indian Economy and Challenges and Prospects of Digitalisation in India. A Poster Making Competition was organised by the Planning Forum on 15th January 2022. The topics were 'Growth of Digital Payments in India', 'Green Economy Initiatives in India' & 'Effects of COVID on Indian Economy'.

Students of M.A. Part I and II with the objective of experimental learning attended the sessions on the Union Budget organized by the Forum of Free Enterprise and various Webinars and Workshops on Gender, Finance, Food Security and other themes. Students from T.Y.B.A., M.A. Part I and II participated in a one



week Inter-Collegiate lecture series organized by Pragati College, Dombivli. Safa Shaikh from M.A. Part II won the First Prize in the National Level Essay Writing Competition organized by S.B. College Shahpur on 16th December 2021.

Asso. Prof. Dr. Marina Pereira



## M.Sc. GEOINFORMATICS

The students participated in the Power Point Presentation Competition on World Population Day, on 11th July 2021, organized by the Department of Business Economics and Humanities in collaboration with the Centre for Universal Human Values (CUHV), KES's BK Shroff College of Arts and MH Shroff College of Commerce. Ms. Smruti Putembekar

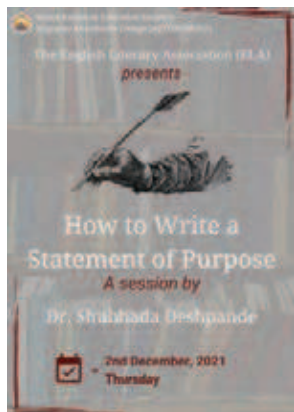
bagged the first prize in the competition. All students attended the National Level Web Conference on 'Covid-19: Challenges and Opportunities' for Post Graduate Students organized on 18th February 2022. It was an enriching experience for them.

A Workshop on Dissertation was organized by College in association with Nya. Tatyasaheb Athalye Arts and Vid. Dadasaheb Pitre Science College [Autonomous] between 11th to 16th February 2022. Experts from various research backgrounds delivered talks on aspects of research. All students participated with zeal and vigor. Overall, the year has been full of exposure to research oriented activities so that the students can prepare themselves for the upcoming dissertations.

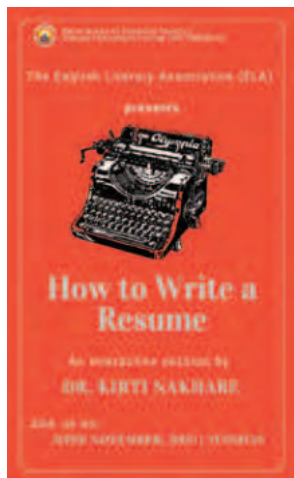
Prof. Dr. Moushumi Datta  
(I/c Principal & Coordinator)







The Department of English conducted special English Language Sessions for the second year in a row, for first and second year students of the Aided Section coming from a vernacular educational background. In collaboration with the NSS unit of our College, the department conducted an eleven-day Soft Skills Development Programme at the University Level from 1st to 11th February 2022. As a part of this programme, Ms. Nita Dhote conducted an interactive session on English Grammar. Mr. Nandkishor Sonar conducted a session on Conversational Skills and Mr. Edwin Mathias gave a talk on Listening Skills in the same programme. This session was attended by hundreds of students across colleges affiliated to the University of Mumbai.



The English Literary Association (ELA), under the aegis of the Department of English, organised activities aimed at keeping the students literarily engaged as well as honing their communication skills. A Short Story Competition was organised, and the students were invited to submit entries till 23rd September 2021. An online Poetry Recitation competition was conducted on 9th October 2021.

Dr. Kirti Nakhare of SIWS College was invited to conduct an interactive session on 'How to Write a Resume'. This session was conducted on 17th November 2021, in association with the Department of Lifelong Learning and Extension (DLLE), and again on 30th November 2021. On 2nd December 2021, Dr. Shubhada Deshpande was invited to give a talk on 'How to Write a Statement of Purpose'.

Asso. Prof. Nita Dhote  
Asst. Prof. Edwin Mathias

## LIBRARY AND INFORMATION CENTRE

The Library and Information Centre organised a short-term course on Online Information Sources, Tools and Techniques (COIST) for PG students. Students were introduced to online search strategies, copyrights, creative commons license, citation styles, and various research and ICT tools. Library and Information Centre conducted webinars on 'Reading in Digital Era' for students and 'Creation of User Profile on Google Scholar' for faculty members. The Library and Information Centre organised a lecture on 'Writing a Book Review' in collaboration with the Department of Foundation Course. Library organised a National Level Online Quiz on the occasion of National Librarian's Day. An internal book exhibition was organised on the occasion of World Students'



Day and Marathi Language Day. Library organised a Bookmark Competition for teaching and non-teaching staff of the College on the occasion of World Book and Copyright Day. The winners were awarded cash prizes and participation certificates were given to the participants.

Our library provides a virtual library and ask a librarian service to users. The library had subscribed to the Economics and Political Weekly Research Foundation India Time Series (EPWRF ITS) database, Turnitin-Plagiarism Checker, Capitaline, NLIST and Knimbus Digital Library. It also purchased Kindle for library users.

Librarian Sonali Vhatkar

Blended learning and flip classrooms were the new innovative pedagogy being practiced for this academic year beginning for the second and third year students from 22<sup>nd</sup> June 2021. The first year students joined College on 6<sup>th</sup> September 2021. The orientation programme for the Self Finance Courses (BMS, BAF, BBI, BFM, BMM, B. Sc.-IT/CS) was held from 16<sup>th</sup> to 21<sup>st</sup> September 2021. The purpose of the orientation programme was to make the students familiar with the college, the faculty members, senior students and the alumni. Further the Orientation Programme aimed at imparting them soft skills. The eminent speakers were CA Parinita Adukia, Image Consultant, who delivered a lecture on '7 habits of highly effective professionals', Ms. Shilpa Vora, Behavioral & Soft Skills Trainer, who delivered a lecture on 'Unshakable Confidence - An attitude towards success', Mr. Satish Bendre, Corporate Trainer, who delivered a lecture on 'Discover your uniqueness' and Ms. Geetha Krishnan, International Trainer and Coach, who delivered a lecture on 'Power of Gratitude'. Examination system was explained by the Examination Committee. Representative of various clubs explained the activities of their clubs. The TY & SY students of the various programmes explained the activities of the department like the courses offered, examination pattern, co-curricular activities, etc. Alumni also shared their experiences and learnings with the first-year students.

Open Minds is an initiative that was started in the year 2014 to provide a platform for students from various programmes to share their experiences, learnings and ideas for organizing events. The Interactive session of Open Minds was held on 23<sup>rd</sup> July 2021. Chairpersons, Vice Chairperson and Heads of various departments from BMS, BAF, BBI, BFM, BMM and B.Sc. IT/CS along with the Course Coordinators, Vice Principals and Principal had a healthy discussion on how to conduct the festivals of various departments smoothly. Further the challenges and difficulties faced in organizing events were also discussed. Total of 67 students representing their departments joined the programme.

The Class Representatives (CRs) Meeting was held on 19<sup>th</sup> July 2021. The purpose of the CR meet was to clarify the role of the CRs and help them coordinate the day-to-day college activities in a better manner. A total of 38 CRs were present for the meeting.

Asso. Prof. Dr. Mona Mehta  
Vice Principal



## SELF-FINANCE SECTION

“Leadership is the capacity to  
translate vision into reality.”

- WARREN BENNIS



# BACHELOR OF MANAGEMENT STUDIES (B.M.S)

A session was conducted on 'MBA Preparations and Cut-offs' by Prof. Prasan Kamat, MBA from GIM and an experienced mentor and trainer for students in various entrance exams like MBA, LAW and IPM, on 28<sup>th</sup> June 2021. B.M.S department facilitated the participation of students to the YLF (Young Leaders Forum) Conclave organized by Indian Merchant Chambers (IMC). It was a two day webinar on 23<sup>rd</sup> and 24<sup>th</sup> July 2021 on the theme, 'India's new blueprint: Come walk the path with future leaders'.

Charmi Dalal from SYB.M.S E-Com was one of the shortlisted students who participated in the national level elocution competition. A guest lecture and an awareness program was held by Mr. Hemant Jambhalikar and Dr. Riya Nathani on 'Relevance of CDSL depository services and various investments, particularly with respect to Mutual Funds' on 17<sup>th</sup> August 2021. A guest lecture was organised on 27<sup>th</sup> September 2021 by Dr. Vanita Joshi and Mr. Ratandeep Prajapati from IBS on 'Group Discussion and Interview'.

A guest lecture on 'MBA as a Career Option' by Career Launcher was arranged for second year and third year students. The session was addressed by Prof. Prasan Kamat. NKB.M.S' trademark KIRAN 2021, a one-day Inter-Collegiate seminar was organized virtually on 2nd September 2021. The speakers were Mr. Ashok Ramachandran, CEO and President of Schindler India and Mr. Kuntal Joisher, World's first Vegan Mountaineer. An Orientation Programme was organised for the freshers from 16<sup>th</sup> to 22<sup>nd</sup> September 2021 with several renowned speakers. The College Principal, Vice Principals, department coordinators and faculty members were also present.

Fresher's party was organized to welcome the first year students on 30th September 2021, with the theme 'Old School'. The College Principal, Vice Principals, Department coordinators and faculty members were also a part of this event. Online dance, fashion show and singing added a different spark to the event. This event proved as a binding event between new batch and the SYs and TYs in the department. B.M.S department also organised

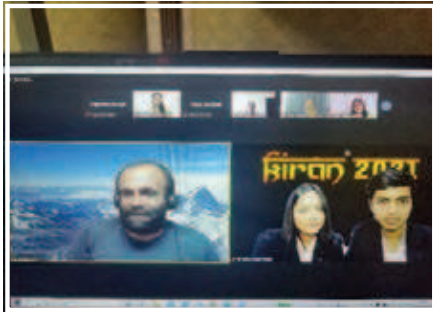
Alumni@campus on 18th December 2021, with Mr. Jugal Popat, a B.M.S student who recently graduated in the 2017 batch and is now working as a Manager at Swiggy.

In order to enhance the leadership skills and to have an interdisciplinary approach within different departments of Self Finance section, a new initiative was started by B.M.S section named as 'Masterclass'. This time B.M.S Masterclass was jointly organized with MKES Institute of Management Studies and Research on 21<sup>st</sup> January 2022. This virtual Masterclass on the topic 'Personal Leadership for Excellence' by Mr. Virendra Shukla, senior management faculty, was organised.

B.M.S department in association with Atlas Skill University organized a skill based webinar on 28<sup>th</sup> January 2022. The session was addressed by Prof. Aditya Kashyap (Faculty – Economics) on 'Business Analytics'. The session highlighted on data utility for recruiting and performance evaluation, model supply and demand for various business scenarios, solving business problems with data-driven decision making and tools used to predict customer behaviour. The B.M.S department and Incubation Cell of Nagindas Khandwala College organized a talk on 'Coach the Entrepreneur in You' on 24<sup>th</sup> February 2022 by Mr. Sushant Sharma, Senior Advisor, Coach and Corporate Trainer.

Mirage 2022 was a three day Inter-Collegiate Festival organised from 15<sup>th</sup> to 17<sup>th</sup> February 2022. CL meet for Mirage 2022 was held on 17th January 2022 on zoom platform from across 40 colleges and 136 participant students. Mirage 2022 was inaugurated in the offline mode on 15<sup>th</sup> February 2022. Winner for Mirage 2022 was Jai Hind College.

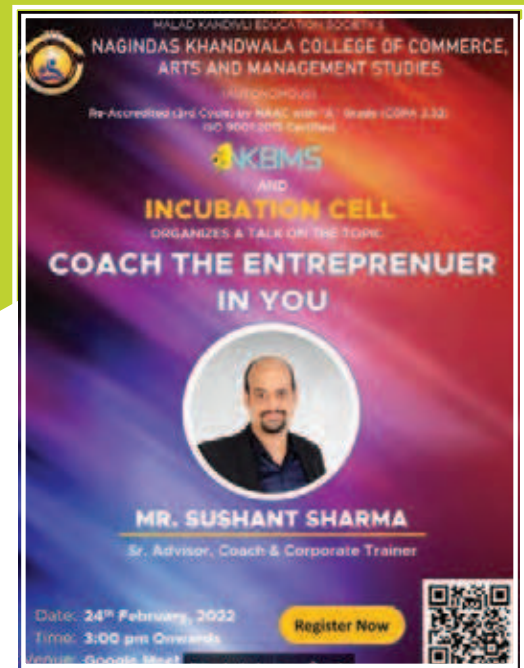
Our department in association with Vantage Knowledge Academy Ltd organized a webinar on 'Career on Technical Analysis and CMT Association' on 2<sup>nd</sup> March 2022. The speaker was Mr. Kaizad Marolia- Head of Partnerships and Growth across the Asia-Pacific region at CMT Association. The department of Bachelors in Management Studies organized a farewell on 4<sup>th</sup> April 2022 in the college auditorium.



### NKB.M.S Students Achievements in academic year 2021-2022

Sr. No.	Participant's Name	Position	Event's Name	Festival & Colleges' Name
1	NKBMS	1st Runner Up	Arithmos	Arithmos - NM College
2	NKBMS	1st Runner Up	Rags to Riches	Arithmos - NM College
3	NK College	1st Position	Techvanza	Techvanza - UPG College
4	Nancy Vaghni	2nd Position	Poster Making	Mumbai University
5	Reet Rupareliya	1st Runner Up	Ms. Academia	NAEMD JOSH
6	Sharmin Khetani	1st Runner Up	Mr. Academia	NAEMD JOSH
7	Jas Thakkar	1st Position	Minute Extempore	
8	Jas Thakkar	1st Position	Elocution Competition	
9	Jas Thakkar	1st Position	Who's the Culprit	Symphony - NK College
10	Jas Thakkar	2nd Runner Up	NK's Prince	Symphony - NK College
11	Jas Thakkar	2nd Runner Up	NK's Best Stand-up Comedian	Symphony - NK College
12	Jas Thakkar	1st Runner Up	NK's Best Dancer	Symphony - NK College
13	Jas Thakkar	2nd Runner Up	NK's Best social media star	Symphony - NK College
14	Jas Thakkar	1st Position	Acting and Standup	BBC - NMIMS
15	Jas Thakkar	3rd Position	Standup	Vaayu - NMIMS
16	Jas Thakkar	2nd Position	Paper planes making	NMIMS
17	Jas Thakkar	2nd Position	Standup Comedy	Mithiwood - Mithibai College
18	Sharmin Khetani	1st Runner Up	NK's Prince	Symphony - NK College
19	Parva Shah	1st Runner Up	One Minute Extempore	
20	Manan Goradia	Title Winner	NK's Best Dancer Male	Symphony - NK College
21	Divya Shah	Title Winner	Best CL	Mystique - HR College
22	Prince Mehta	Title Winner	Best CL	Tremor - Hinduja College





Sr. No.	Participant's Name	Position	Event's Name	Festival & Colleges' Name
23	Smeet Boricha	1st Position	Logicology	Konflux - IBS Business School
24	smeet Boricha	2nd Runner Up	Strategos	Konflux - IBS Business School
25	Smeet Boricha	1st Runner Up	Trinity: Time is money	Mystique - HR College
26	NKBMS	Title Winner		Finstreet - Thakur College
27	NKBMS	1st Position	Mock Stock	Finstreet - Thakur College
28	NKBMS	1st Position	Cryptochase	Finstreet - Thakur College
29	NKBMS	1st Position	Brain Teaser	Finstreet - Thakur College
30	NKBMS	2nd Position	Mock Stock	Finstreet - Thakur College
31	NKBMS	3rd Position	Spelldind- The Stag horn	Tremor - Hinduja College
32	NKBMS	2nd Position	Trinity: Time is money	Mystique - HR College
33	NKBMS	2nd Position		Sharpshooter - SIES
34	NKBMS	1st Position	Razzle Dazzle	Sharpshooter - SIES
35	NKBMS	1st Position	Go Brainer	Sharpshooter - SIES
36	NKBMS	3rd Position	Business Around the World	Sharpshooter - SIES
37	NKBMS	1st Position	Debate	Techvanza - UPG College
38	NKBMS	2nd Position	Debate	Techvanza - UPG College
39	NKBMS	3rd Position	Debate	Techvanza - UPG College
40	NKBMS	1st Position	BGMI Squad Game	Techvanza - UPG College
41	NKBMS	3rd Position	BGMI Squad Game	Techvanza - UPG College
42	NKBMS	3rd Position	BGMI Duo	Techvanza - UPG College
43	NKBMS	1st Position	Web Wonders	Techvanza - UPG College

Asst. Prof. Dr. Swapna Joshi



## B-SECTION

**B.COM. (ACCOUNTING AND FINANCE)**  
**B.COM. (BANKING AND INSURANCE)**  
**B.COM. (FINANCIAL MARKETS)**

A webinar was organised by Career Launcher on the topic 'MBA as a Career Option' on 5<sup>th</sup> July 2021. The speaker was Prof. Prasan Kamat. A webinar was organised in association with FPA on "Risk Management in Accounting and Finance" by Mr Pranit Jain from 7<sup>th</sup> to 9<sup>th</sup> July 2021. We organised a webinar on 17<sup>th</sup> July 2021 on 'Building your Resume beyond Academic Qualification'. Our alumnus of B.A.F. 2011, C.A. Darshak Satra, Branch officer at Canadian Imperial Bank of Commerce, was the speaker.

A National webinar for faculties and students on "Mutual fund-A tool for retirement planning" was organised on 3<sup>rd</sup> September 2021. The webinar commenced under the presence of Mr Surya Kant Sharma, an eminent speaker

from Association of Mutual Funds of India (AMFI). The 'Orientation Programme' for the newly admitted undergraduate students of the B-section commenced from 16<sup>th</sup> to 22<sup>nd</sup> September 2021. Director Dr. (Mrs.) Ancy Jose and other faculty members were also present.

Day-1 was orientation address by Director Dr. (Mrs.) Ancy Jose. Day-2 was the journey of B-section conducted by Second and Third year students. Day-3 was Alumni speak. Day-4 was addressed by C.A. Prarinita Adukia, an Image consultant, on the topic '7 habits of Highly Effective People'. Ms. Shilpa Vora, a behavioural and soft skills trainer, enlightened our students on the topic 'Unshakable confidence- an attitude towards success' on Day 5. We also had Mr. Satish Bendre, a corporate trainer, addressing the students on the topic 'Discover your uniqueness'. The students were oriented about the examination system on Day-6 and various head of the departments spoke to make the students aware about various activities conducted in the college through clubs like Social Cell, Rotract Club, WDC etc.

'Forte Fiesta', a pre quest inter and intra collegiate event, was successfully conducted by the B-Section team on 15<sup>th</sup>, 18<sup>th</sup> and 21<sup>st</sup> September 2021 comprising of various competitions such as meme making, advertisement and Clash Royale. The B-section orchestrated an extramural event 'Quest 2021' on 25<sup>th</sup> September 2021. It was the 18<sup>th</sup> edition. The 18<sup>th</sup> edition of Quest aimed to make Fin-tech a bit more comprehensible to enrich virtuosity in people's evolution. The event commenced under the presence of Mr. Vikram Pandya and Mr. Kunal Sanghvi.

The seniors of B-section organized a "Fresher's Party" from 28<sup>th</sup> September to 1<sup>st</sup> October 2021. The Bombay Stock Exchange (BSE) conducted a webinar on 'Capital Market Awareness' for the students of FYBAF and FYBBI/FYBFM respectively on 11<sup>th</sup> and 13<sup>th</sup> October 2021. Career Launcher organised a webinar on 'Magic of MBA' on 25<sup>th</sup> October 2021. The speaker was Prof. Prasan Kamat. The department floated its first ever Master Class on 16<sup>th</sup> December 2021 under the presence of Dr. Payal Chandel who addressed on the topic 'Positivity: your Armour to deal with Different People.'





*"Talent wins games, but teamwork and intelligence win Championships."*

- MICHAEL JORDAN

B-section amalgamated with the Kajal Mehta Institute for a webinar titled 'Study abroad, Settle abroad' on 31<sup>st</sup> January 2021. 'Pravaah- the flow towards humanity', was organized with the theme 'Musique Mystique' from 5<sup>th</sup> to 7<sup>th</sup> February 2022. The events conducted on day 1 were Fence over football (Flagship Event), Crypto Commercio, Biz quest, Luring Listings, Mathemagician, Enchanting Chores, Chase out, Mr. and Ms. Pravaah, E-sports, Comic Coast etc. Day 3 of the Pravaah was all about the 'Cultural Events.' The events on the 3rd day of Pravaah were: War of CL's & ACL's, Featurette Films, Mr. and Ms. Pravaah, Melodrama, Recital of Rhythms, Solo fashion show, Glorious Grooves and Rhythmic Rangers. The day and the fest ended with a Prize Distribution Ceremony. The winner of Pravaah was Thakur College, the first runner-up was L.S. Raheja College and the second runner-up was Viva College. Best CL was Jay Bane from Lala Lajpat Rai College. BAF/BBI/BFM section along with the BMS section organized a webinar on Investment Awareness among students in association with Financial Planning Academy on 23<sup>rd</sup> February 2022.

## B-FOUNDATION

The B-foundation organized a webinar on the topic "Awareness about Eye Hygiene" by Dr. Ashish Jain (MBBS, Masters in ophthalmology and double fellowship in retina) on 31<sup>st</sup> July 2021. It was an eye-opening session which cleared the myths and highlighted the facts about eye-care and screen time usage. We organized a visit to an 'Old Age Home' to celebrate Diwali with the golden-agers on 1st November 2021. They adorned the place with festive décor and lit firecrackers. We also donated rice and edible oil.

We, in association with Rotract Club of Khandwala, arranged a 'Beach Clean-Up Drive' on 21st November 2021. The diligent students cleaned a major part of the Aksa and Dana Pani beach located in Malad, Mumbai. We organized a webinar on - 'Yoga for Well Being' in association with ISHA Foundation and Rotract Club of Khandwala College on 4th December 2021. Ms. Rajeshwari Kesavan from the Isha Foundation conducted the session. It emphasized Yoga's impact on a person's overall well-being and prompted everyone to practice yoga. A webinar was organized on 27<sup>th</sup> January 2022 with Ms. Sukina Lokhandwala, clinical psychologist, and Mr. Aman Goharia, a social worker as the speakers. The webinar emphasized more on the concept of mental health and threw light on the theory of psychological terms and methodology. The splendid amalgamation of BAF, BFM, & BBI, renowned as the B-section hosted a Farewell Party based on the theme 'Unite & Unwind' on 5<sup>th</sup> April 2022 for the students of batch 2019-2022.



Sr. No.	Position	Event Name	College
1.	Best College	Be a banker	Thakur college of Commerce and science
2.	Best College	Investor's Fiesta'22	Thakur College, BIM Department
3.	Best College	Banking Nationalisation Day	Thakur College, BIM Department
4.	Best College, 2nd Runner up	Prodigy	Lala Lajpat Rai College
5.	Best College, 1st Runner up	Ignite	Lala Lajpat Rai College
6.	Best CL	Banking Nationalisation Day	Thakur College, BIM Department
7.	Best CL	Malang	R.D.National college
8.	Best CL	Investor's Fiesta'22	Thakur College, BIM Department
9.	Best CL	Saksham	VIVA College
10.	Best PR	Vigoure	Vidyalankar School of Information Technology

Asst. Prof. Poonam Popat  
Asst. Prof. Poonam Shah  
Asst. Prof. Meha Mandawewala





# BAMMC

## BACHELORS OF ARTS IN MULTIMEDIA & MASS COMMUNICATION (BAMMC)

The students' team was led by Chairpersons- Sanya Solanki, Dhrumil Soni and Jaylaxmi Gudigudi, ably supported by Student Director of Events- Ruhi Patil and Deputy Student Director-Palak Pandit. In keeping up with the UGC requirements and NEP 2020, to respect diversity, seek inclusivity and be sensitive to gender issues and human rights, the Department of Multimedia & Mass Communication curated events both curricular and cocurricular to reflect these ideals. 'Walk With Pride - #ChasingTheRainbow', on 21<sup>st</sup> June 2021, was organised to raise awareness about the LGBTQIA+ community and understand the issues faced. Vivek Raj Anand, CEO and Board member of the Humsafar Trust, and Mr. Arnab Nandy, a TEDx Speaker, graced the event. A total of 56 participants attended the online event. The Third and Second-year BAMMC students hosted a fun-filled Fresher's Party on 22<sup>nd</sup> November 2021, with the theme 'Meme – Eve'.

### Interface with Industry - The Circuit of Culture Stuart Hall

We hosted an Industry Interface for SYBAMMC through real time projects in order to provide learners with real-world learning opportunities on the 12<sup>th</sup> and 13<sup>th</sup> of August 2021. Learners presented their ideas on 'The Circuit of Culture' conceived by Stuart Hall for Cultural Studies. Mr. Padmanabh Sharma, a Marketing & Business Analytics student at the University of Wollongong in Australia, our alumnus, evaluated the submissions.

### Instagram/Facebook Campaign - Welcome Aboard It's the journey that counts!

SYBAMMC students showcased their digital PR skills by welcoming the FY students through a 5 day online campaign from 5<sup>th</sup> to 9<sup>th</sup> September 2021. The campaign consisted of interesting posts on the history and alumni of the college and department with 63 participants. The Instagram campaign reached a total of

17,752 accounts, with 1,575 likes and 322 comments on the posts. The reels on our page, on the other hand, have been watched 14,415 times. Our Facebook engagement was around 3,100 accounts, with our post reaching 3,800 accounts with a total of 46 likes.

### TYBAMMC Advertising - Interface with Industry - Social Marketing Campaign

TYBAMMC Advertising students presented their social marketing ideas acquired in Advertising in Contemporary Studies to Mr. Harsh Pandya, Head of Operations, Music Boutique and Mr. Ajay Panchal, a freelance Creative Art Designer and UI Designer on 8<sup>th</sup> September 2021. The purpose was to inculcate in participants a social responsibility.

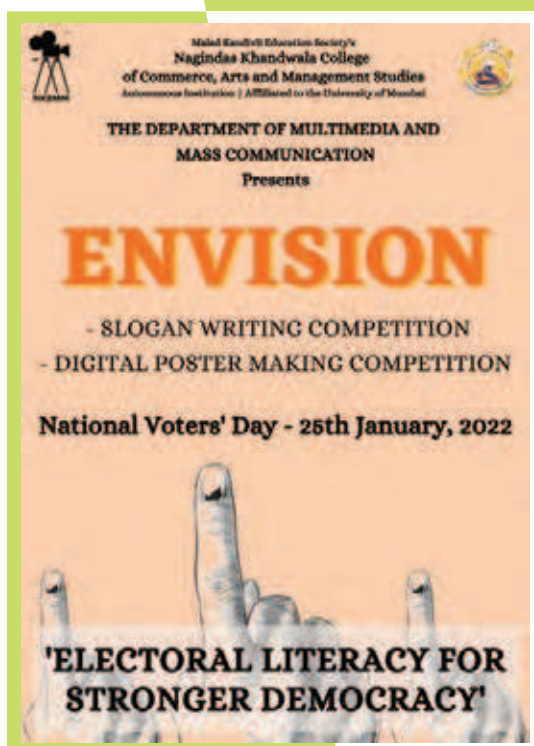
TYBAMMC Journalism batch students, in the course Reporting, were prepared for 'The News Anchor - A Test in Application' to master news anchoring skills. Alumnus Mr. Pratik Tondwalkar, a former Triace Entertainment Equity Partner and Creative Director, evaluated the student's efforts on 17<sup>th</sup> September 2021.

### May I Help You – FY Admission Process

25 student volunteers helped make the admissions process hassle-free and convenient for both students and parents on 4<sup>th</sup> October 2021. The objective of such initiatives is to hone the skills of communication and develop an attitude of community service. Covid-19 protocols were followed throughout the initiative.

### Webinar on 'National Education Policy 2020 – Its implementation in Higher Education'

The BAMMC Department hosted the Webinar on the topic, 'National Education Policy 2020 - Its Implementation in Higher Education' in association with the Internal Quality Assurance Cell (IQAC), on 9<sup>th</sup> October 2021. This webinar had a total of 219 participants from across the country. Resource person Dr. N. Gopukumar, Joint Secretary, University Grants Commission, offered a comprehensive outline of the New Education Policy 2020 and how it will revolutionize India's education system by 2040.



## Guest Lecture – Media and Entertainment Industry

There is a need to integrate education with knowledge of economy. We had MAAC interact with learners on Design, Animation, VFX, and Gaming on 27<sup>th</sup> November 2021. The main objective of this webinar was to assist the 103 students who attended the lecture to understand the Animation Industry and explore career avenues. Ms. Seetha Nair, motivational speaker and career consultant, Ms. Sanaa Sayyed, Asst. Cluster Head, MAAC and Mr. Shoeab Shaikh, Academic Cluster Head were the resource persons for the webinar.

## World Aids Day

Learners and staff members of the Department wore red and distributed red ribbons on 1st December 2021 to spread awareness on World Awareness Day, lest the world in the Covid 19 mode forget that AIDS continues to plague large pockets of the world.

## May I Help You - FY Admission Process

The second edition of MIHY for the AY 2021-22 was rolled out on 6th December 2021 in line with providing sustained experiential learning avenues. The department assisted the Second and Third year students of the self-finance section in submitting their documents with the help of a dedicated MIHY team of 36 volunteers.

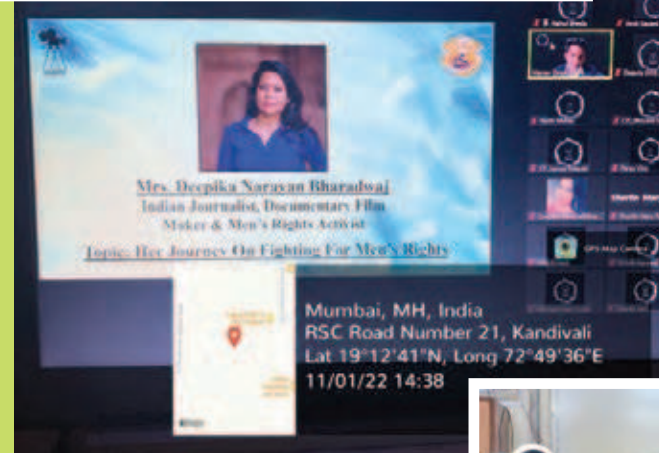
## Guest Lecture -

### How to become an Entrepreneur and Quit the Rat Race

BAMMC, in collaboration with Edubeads, conducted an informative webinar on 8<sup>th</sup> December 2021. Mrs. Aanchal Jhunjhunwala, a Chartered Accountant, spoke on 'How to Become an Entrepreneur and Quit the Rat Race' 92 participants understood the need to destress and the value of being a job creator.

## Community sensitization programme - 'Mukhhauta' #SamjauthaNahiMukhauta

The Department of Multimedia and Mass Communication, with the support of Mumbai police and in collaboration with NatraWild, reached out to the Mumbai community on safe wearing and responsible disposal of masks. 'Mukhhauta'-#SamjuathaNahiMukhauta was rolled out on the 14<sup>th</sup> and 15<sup>th</sup> of December 2021. Street plays were performed at LT Marg, Crawford Market, Colaba Bhaji Market, Mindspace, Mumbadevi, Zaveri Bazaar, and the MKES campus, by Second and Third Year students. '#SamjauthaNahiMukhauta', the tagline, was created by second-year students, Dhruv Hathalia and Khushi Patel. We went live on MKES campus, educating staff and school and college students on the 15<sup>th</sup> December 2021.



## MONTAGE'22 - Make a Better World - Can't Back Down, Won't Back Down

The Departmental fest 'Montage' was back this year with the intention to 'Make a Better World - Can't Back Down, Won't Back Down'. Over 50 colleges participated from across India. C.L. Valia College was declared the winner and Best College of Montage'22. Vidyalankar School of Information and Technology came in a close second.

The department hosted Guest Speakers and organized cultural segments which was also streamed live on YouTube on the 11<sup>th</sup> and 12<sup>th</sup> of January 2022. On 11<sup>th</sup> January 2022, we hosted Ms. Deepika Narayan Bhardwaj, Indian Journalist, Documentary Filmmaker and Men's Rights Activist, as our first Guest Speaker. Ms. Bhardwaj shared her experience and journey in the fight for men's rights. Ms. Simran Pawar, a social worker who currently works in an alcohol and drug de-addiction center, was our second guest speaker for Day 1. She shared her knowledge about suicide prevention and depression mainly with teenagers and how to deal with both. We hosted Ms. Jyoti Nale- Tajane, who shared her concern and heart wrenching stories of human trafficking with the audience on 12<sup>th</sup> January 2022.







### Master Class on 'Fact Verification and Fighting Fake News Together'

Fake news needs to be identified and neutralized. Alumna Ms. Shraddha Kejriwal, copy and content writer at Socialkonnekt delivered a hands on experience on how to employ various tools of fact verification on 3<sup>rd</sup> February 2022. The students of Contemporary Issues employed their learning and skills of the past 6 semesters and inculcated community

consciousness by creating short commercials based on socio-cultural and environmental issues on 11<sup>th</sup> February 2022.

Mr. Jomin Varghese who has directed more than 200 films for over 60 brands and is the creative director for Lakme Fashion Week spoke on the topic 'Camera as a storyteller'. This helped expand the understanding of the second year participants in their Film Appreciation course. The second year students curated a mini Film Festival which showcased their skills of film making on 21<sup>st</sup> February 2021. The Subject Board met twice on online platforms. The 10<sup>th</sup> Meeting since we became autonomous was held on 27<sup>th</sup> November 2021. The 11<sup>th</sup> Meeting with the new members whose term will be for the next three years was held on 15<sup>th</sup> February 2022. Select third year courses were revised at these meetings.

Dhruvil Soni of TYBAMMC Journalism is the Department nominee for the annual NIEM Award in recognition of his event management skills. The Farewell Programme was scheduled for 5<sup>th</sup> March 2022 in a hybrid mode keeping all government mandated protocols in place. The Department places on record the dedication and support of colleagues, Asst. Prof. Nelson Daniel and Asst. Prof. Ms. Sherlin Mary Rajan through the entire year. The BAMMC department conducted a guidance session on 20<sup>th</sup> April 2022 for S.Y.B.A.M.M.C. students for guiding them to choose the right specialisation in the Third Year between journalism and advertising. The session was conducted by Asst. Prof. Nelson Daniel who gave an insightful talk.

Asst. Prof. Preethi Rao

### Instagram Campaign – Republic Day Celebrations-#CelebratingTheLegacy



To commemorate the 73<sup>rd</sup> Republic Day and inculcate a sense of responsible citizenry, a team of FYBAMMC students led an Instagram campaign #CelebratingTheLegacy. The campaign began on 23<sup>rd</sup> January 2022, with the birth anniversary celebrations of Subhas Chandra

Bose and ended on 27<sup>th</sup> January 2022, with a live Surya Namaskar programme, 'Move to Meditate'. We were delighted to have a certified Yoga Instructor, Ms. Vibhooti Purohit leading us in our live session.

### ENVISION – Slogan Writing and Digital Poster Making Competition

National Voters Awareness Day is celebrated on 25<sup>th</sup> January 2022 and is observed to raise public awareness on exercising franchise. This year the theme, 'Electoral Literacy for Stronger Democracy,' was underlined by an Intra College slogan writing and digital poster-making competition - 'Envision' where 120 students participated. The winners of the Slogan writing competition were Kirtan Kotian of SYBAMMC, Arya Narkar of F.Y.B.B.I., and Rutvik Agrawal of TYBAMMC. The winners for Envision's Digital Poster Making competition were Mansi Shukla of FYBAMMC, Gotika Das of SYBAMMC, and Yash Chavan of FYBAMMC. The jury members included Asst. Prof. Nelson Daniel and Asst. Prof. Sherlin Rajan.

# B.SC. INFORMATION TECHNOLOGY & COMPUTER SCIENCE

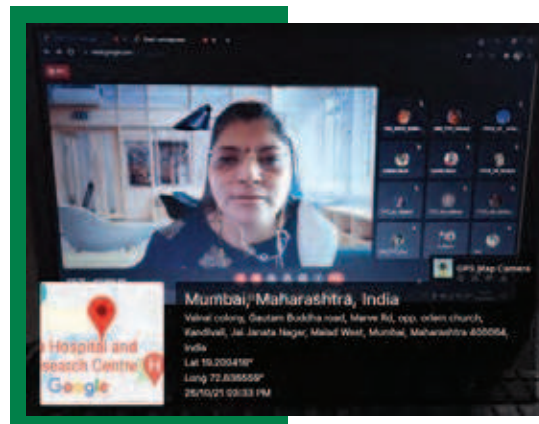
The academic year 2021-22 started with loads of enthusiasm by welcoming the First Year students with an orientation program conducted from 16th to 22nd September 2021. The session was addressed by eminent speakers from Industry, Academics, and Alumni students to provide acumens on different concepts from boosting confidence to the importance of paying gratitude. The Freshers' Party was organized on 26th October 2021. Ms. Roshni Pillai and Mr. Hussain Nathani were announced as Ms. and Mr. Freshers 2021.

Department had organized an Inter-Collegiate event 'AAHVAN', on 3rd and 4th December 2021, for the Junior college students of the suburb. Various events such as BGMI, 8 Ball Pool and Web Designing were organized with approximate 200+ participants across the suburb. Department in association with Squad Infotech organized a session on 13th December 2021, for Third Year students on the topic 'Project Guidance'. The goal was to provide them insights on how to focus and analyze the scope of the project.

ZESTECH, an Inter-Collegiate festival was held from 17th to 19th January 2022. 'Technovation – Think Different' was the theme for the event. The events were categorized under three categories – Gaming Zone, Productive Event and Technical Events. 200+ students from 40 colleges from different states viz., Gujarat, Madhya Pradesh, etc had participated in various events of Zestech. Universal MSG-SGKM College of Arts, Science & Commerce, Ghatkopar East was awarded as the Best Participating College.

Students were groomed to make themselves ready for the industry by Mr. Vikram Shetty on 20th January 2022, with the key points on the topic 'How to prepare yourself for a job?'. A multidisciplinary master class on 'A Roadmap to Building a Security Mindset' was organized on 4th February 2022, with the objective to make everyone aware how and why security can be focused on when it comes to everyone's need in using technology. The keynote speaker of the session was Ms. Aditi Shah who is working as Data and Applied Scientist with Microsoft USA.

Asst. Prof. Dr. P.M. Sindhu





# SPORTS MANAGEMENT

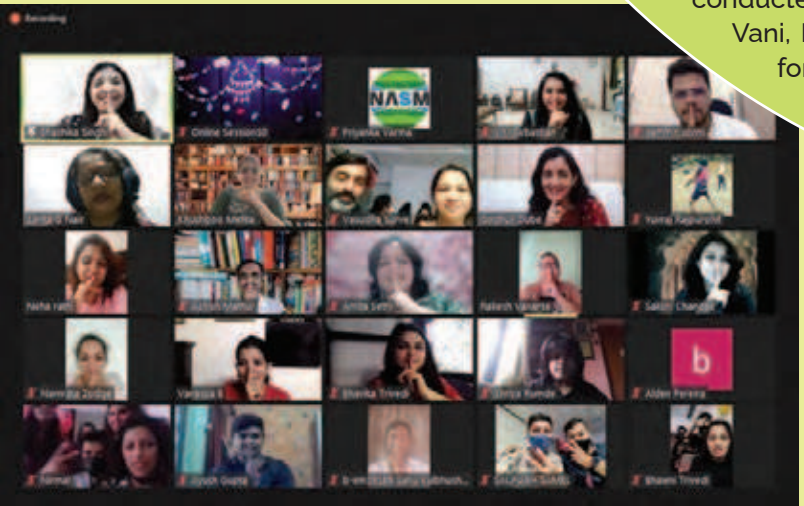
Sports management is an interdisciplinary field. Sport management includes managing athletes, working for corporates or leading sports organizations or managing professional programs and other professional or non-professional sport leagues in terms of marketing, health, promotions and many more areas. We offer high quality and well researched undergraduate and postgraduate educational services in Sports Management. Our objective is to produce an elite class of Sports Personnel who will be academically, professionally, and ethically sound with a practical approach. Practical experience enables students to have a deeper understanding of the theoretical concepts that they learn in the classroom.

We offer diverse opportunities to our students in the areas of Marketing, Advertising and Public Relations, Finance, Law, etc. related to Sports Industry. The actual work experience allows students to develop technical skills, confidence and a chance to network with professionals in the industry. Our students got an opportunity to enhance their skills like writing articles, leading social causes, conducting different activities, etc. Recently our students Amitabh Sharma, Pratik Panchal, Yogesh Dhanwade and Yash Tadwalkar got an excellent opportunity to submit an article for Viva Football Magazine to showcase their skills.

During the year, we invited guest speakers from the industry, and they shared their knowledge and experience in this vibrant field of Sports Management. The speakers from the industry included Ms. Priyal Keni, Founder at Play and Shine foundation, Ms. Pooja Surve, Director at The Phoenix Gymnastics Academy, Mr. Samkit Shah, JSW Sports, Susmita R. Jyotsi, Director at Sports Authority of India, Mangesh Mopkar, Blue badge Umpire and International Table Tennis Referee, Suresh Kharia, General Manager at Rhiti Sports Management Pvt. Ltd. and Aashay Sumbre, Course Operations, Procam International.

It was an amazing interactive Masterclass with Ms. Pooja Surve, Director of The Phoenix Gymnastics Academy. Ms Pooja Surve is a FIG International Judge and Coach and also a Former International Gymnast. She has been awarded Maharashtra's most prestigious award- Shree Shiv Chhatrapati Award. She enlightened our students by sharing her views on 'Entrepreneurship in sports – a new direction by an Olympian'.

Masterclass Webinar on 'Sports in Social Impact Space' was conducted by Ms. Priyal Keni along with Co-Founder Mr. Sarthak Vani, National Gold Medallist and a Social Entrepreneur. Sports for Social impact is a concept where they use the power that





sport has to create a positive impact on society through social inclusion, international development, helping achieve the SDGs, climate change and many others. She also guided the students about career opportunities available in the Sports for Social Impact Space that include Strategy Planning and Business Development, Fundraising, Project Management and Implementation, Marketing and Communications, Legal and Policy , Research and Advocacy and Organization Management.

Students celebrated 'Virtual Teacher's Day' on 4th September 2021. To celebrate Teacher's Day, the students hosted a special virtual event and welcomed all the faculty members. The students organized various events for them as a token of appreciation, respect and gratitude. Students showcased some entertaining acts for teachers. Spectacular performances that included dance, music, instrument playing, beat boxing, poem recitation, challenging riddles and more entertained the audience.

The National Sports Day in India is celebrated on 29th August to commemorate the birth anniversary of hockey legend Major Dhyan Chand Singh. On this occasion our students along with NASM team took an initiative and organised a donation drive to Sneha Sagar Ashram where in students collected sports equipment and donated to kids between 3 to 15 years of age. One of our student Mr. Divesh Devadiga from FYBMS (HONS) Sports Management lead Maharashtra Team as Captain at Jr. National Rugby Championship. Training and Placement Cell strives to get Internship programmes for students by the top corporates. Students attended International Health and Sports and Fitness Festival from 2<sup>nd</sup> to 5<sup>th</sup> December 2021 at Nesco, Goregaon.

**Ms. Jaie Rajeshirke**  
Adjunct Professor

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**SPORTS MANAGEMENT**  
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**MASTERCLASS WEBINAR**  
*Entrepreneurship in Sports*  
*A new direction by an Olympian*

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Tuesday  
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# BACHELOR OF MANAGEMENT STUDIES IN E-COMMERCE OPERATIONS

"The first responsibility of a leader is to define reality. The last is to say thank you. In between, the leader is a servant" - Max DePree. Keeping the above quote in mind, the department commenced its Academic Year by announcing Mr. Jinay Gala, Mr. Shubh Rawal and Ms. Tisha Shah as Student Chairpersons for Academic Year 2021-22. The chairpersons presented the annual plan of action of events in 'Open Minds' organized by the Self Finance section of the College on 23<sup>rd</sup> July 2021. The department organized its first guest lecture on 'How to Start Investment at Young Age?' Our Resource Person Ms. Casylnn Qusay Naha, Financial Influencer, explained the participants about the different strategies to invest in stock market on 30<sup>th</sup> July 2021. Total 64 members were benefited from the same.

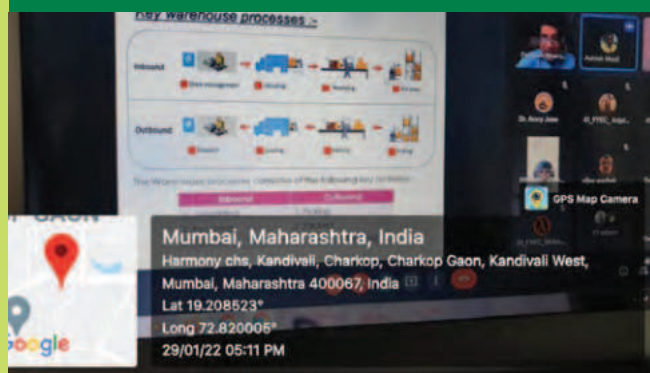
"The best way to find yourself is to lose yourself in the service of others." — Mahatma Gandhi.

To create awareness about the importance of giving back to the community, the Department organized a webinar, in collaboration with NKare Social Cell, on 'Social Work – Need of an Hour' on 28<sup>th</sup> August 2021 where Mr. Vyanktaesh Kut and Ms. Anjali Jha sensitized the participants about the work that their NGO – Vedica Education Trust does.

To provide a platform to all the future entrepreneurs, the department organized a National Level event, funded by RUSA named Startup Hub, on 31<sup>st</sup> August 2021, where in 10+ participants from all over India participated and pitched the idea of their Startup to the judges, Mr. Satish Bendre, Corporate Trainer and Ms. Mitali Raul, an Entrepreneur who runs a dance academy. Ms. Harshali Ghone from M.L. Dhahnukar College bagged the first prize, Mr. Asad Khan from Viva College bagged the second prize and Mr. Raj Shah from Nagindas Khandwala College bagged the third prize.

To welcome the First Year Students and to provide a platform for knowing each other, senior batch of department organized a fresher's party on 5<sup>th</sup> October 2021. It was a fun based evening where students utilized the platform to showcase their talent and interact with one another. Mr. Dev Bhatt and Ms. Harsha Chugh bagged the title of Mr. Fresher and Ms. Fresher respectively. Department organized a National Level gaming event named BLITZ-Battleground Mobile India (Squad Format) where 250+ participants participated from states like Jammu and Kashmir, Kerala, Gujarat and many more. The Qualifier round was conducted on 16<sup>th</sup> December 2021 and the Final round was conducted on 18<sup>th</sup> December 2021. Team 'Dark Begasis' from Kirti College won the first prize and Team 'ETZ' from Kohinoor Business School bagged the second prize. Mr. Lorenza from Kirti College won the title for the 'Most Kills'.

**Asso. Prof. Dr. Mona Mehta**  
**Vice Principal and Programme Coordinator**



# BACHELOR OF INTERIOR DESIGN

Interior design is emerging as a booming career option for people with a creative bent of mind due to its vast scope and lucrative employment rate. The work of designers or planners is a professional field subject to a whole variety of influences and approaches. People with whom the designer interacts and communicates change and develop from the creative design stage to supervising work on the building site and from setting up a team to carefully formulate and build contracts. This range of work makes interior design profession more exciting and a very varied one.

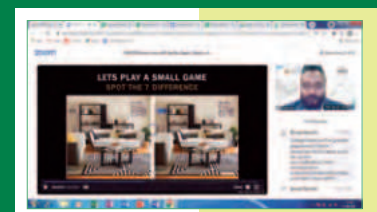
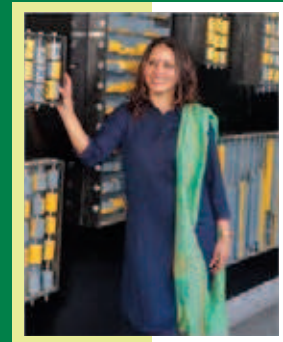
We managed to take this practical course through virtual sessions resulting which the students have come up with lot of activities in the form of design portfolio, model making, presentation, short video clips, etc. The entire schedule of online learning also included extra-curricular engagement like Masterclasses, Webinars & Workshops, Assignments and Projects, thus making learning holistic. Our mentors are practicing professionals with a strong industry connect who assisted the students in every phase of their educational journey right from curriculum to internship and placement. The course work is outlined emphasising on hands-on-workshops that is designed to hone students' skillset and instill confidence in them as emerging professionals.

Ar. Nikhil Mahasur, Expertise in Architecture & Construction Project Management, was our first speaker. Nikhil Mahasur & Associate's architectural practice spreads across varied spheres of architecture and construction project management which is helmed by Nikhil Mahasur. NMA is accustomed to delivering exemplary projects across Architecture, Renovation, Interiors and PMC. Our second speaker, Ar. Trupti Biswas is an Architect and Urban Designer by qualification. She is an Urban Researcher with keen interest in Urban Developmental Research. She is currently dealing in Architecture, Interior Design, Project Management, Urban Design and Planning Projects.

Mr. Romiel Moses, the founder of Garnet Interiors Private Limited, was our third speaker who is a civil engineer by qualification. He is a strong advocate of 'Make in India' and 'Think Global, Make Local'. Garnet Foundation, the social service arm of Garnet, is committed towards the Skill India Movement. All the speakers spoke on the opportunities and career scope in the interior design industry. They also discussed the adaption to the new norm of conducting online meetings with clients, vendors and team members. Supported by various able digital platform, our experienced faculty kept up with the challenge of conducting classes especially studio classes virtually without compromising on the traditional quality of education of conducting in-person studios.

Continual assessments, studio and home assignments were conducted by each faculty. One of the key aspects of our pedagogy is the co-ordination and linking of all the courses – theory, technical and design based. Weekly mentor meetings were conducted to discuss the progress of students and the challenges faced by the faculty while conducting the courses online. Some offline classes were conducted ensuring all safety measures where the difficulties faced by students were addressed. This collaborative effort of the faculty has shown positive academic results.

**Ms. Jaie Rajeshirke**  
Adjunct Professor





# BACHELOR IN TOURISM & TRAVEL MANAGEMENT



The Travel and Tourism Industry is growing tremendously and will continue so in the coming years. In India, the travel industry hopes to create 46 million job opportunities by 2025 and our government is also taking various initiatives to improve the structure and promote tourism efficiently. 'India's Travel and Tourism sector ranks 7th in the world in terms of its total contribution to the country's GDP,' shows a new report by the World Travel & Tourism Council (WTTC).

According to a report published by the World Travel and Tourism Council (WTTC), India could possibly add another Rs. 8,50,000 crores just through tourism. More importantly, the tourism sector will support 37.315 million jobs, which is about 8.7% of the total employment in India.

The Tourism and Travel Programme for the academic year 2021-22 had professionals from industry, teaching our students subjects like Principles and Practices of Tourism, Tourism Geography, Business Communication etc. with effective training tools like presentations, quizzes, role plays, group activities and many more. The Orientation Session of the Tourism & Travel Programme for the academic year 2021-22 was graced by Mr. Shailesh Thakur, an astute professional with 16+ years of experience, who has lived and worked in India covering 40 countries across the globe as a part of his profession.

Industry Experts, Ms. Rahila Shaikh and Mr. Rajesh Somaiah- Director & Managing Director, BOI EXP conducted Masterclass on 'Role of MICE in Travel & Tourism Industry'. Masterclass on 'New Normal in Travel & Tourism' was conducted by Mr. Vikram Virulkar, Founder - Beyond Earth and Author of '14000 and Above' book. He discussed about the tourism and hospitality industry and guided the students in understanding the new trends of Tourism Industry. He spoke about astronomy and its relationship with the Tourism Industry which is a part of his expertise as well.

Masterclass was conducted on 'Destination Management Company (DMC) - Major Service Contributor in Travel and Tourism Industry' by Mr. Anup Nair and Mr. Prashant Yadav, Managing Director and CEO - Liberty International Tourism Group. They spoke about 'What is a Destination Management Company'. Scope of DMC as a career profile in Tourism Industry and how operations are carried out by DMC's was discussed for the students.

Masterclass was conducted on 'Travel Agency and Tour Operations' by Mr. Gaurav Seth, experienced professional delivering various roles at Thomas Cook (India) Ltd. for more than 15+yrs and currently Head of Trade Sales - Merlin Entertainments since 2019. Here the students learned about Travel Agencies and the new trends and functioning of an agency. There were extensive conversations about the different roles and opportunities that students can look forward to for their career. He was also able to shed some light on the skill set, students need to start working on to have a successful career in the tourism industry. During the Semester, various projects were initiated on the topics like 'Heritage Tourism', 'Tourism Board of India', 'UNESCO World Heritage', 'Tourism in Kerala' and 'Tour Packages for India'.

**Ms. Sneha Asar**  
**Adjunct Professor**

# B.SC. HONS. IN INTEGRATIVE NUTRITION AND DIETETICS

At Lifeness Science Institute, we had an Intra College Virtual Nutrition Fest conducted for the students by the students. The main In-charge members for this Nutrition Fest were our faculty members and the students themselves. The students from the batches – Bachelor's Degree (B.Sc. Hons.) in Integrative Nutrition & Dietetics – Sem I and Sem IV, Master's Degree (M.Sc.) in Integrative Nutrition & Dietetics – Sem I, Post Graduate Diploma (P.G.D) in Integrative Nutrition & Dietetics – Sem I had participated in the Fest. The various activities conducted by the students as a part of the Fest were podcast, skit, singing, dance, digital poster making, presentations, etc. The Fest was conducted on 27th & 28th December 2021. We had a best class winner as this event was carried out batch wise. We also had 3 best events being awarded as a part of this Fest.

World Mental Health Day is celebrated on 10th October 2021 which was celebrated at Lifeness Science Institute as well. A talk by our guest speaker, Ms. Payal Maheshwari was organized to create awareness amongst the students. She is M. Phil. from the department of Human Development and Family studies, M.S. University, Vadodara and is presently doing her Ph.D in the field of Individuals with Special Needs. She has been invited as a keynote speaker in several International and National Conference on Mental Health and disability. The students from the batches – Bachelor's Degree (B.Sc. Hons.) in Integrative Nutrition & Dietetics – Sem I and Sem IV, Master's Degree (M.Sc.) in Integrative Nutrition & Dietetics – Sem I and Post Graduate Diploma (P.G.D) in Integrative Nutrition & Dietetics – Sem I were a part of this event.

16th October 2021 is celebrated as World Food Day and we had celebrated it at Lifeness Science Institute by organising 'I can eat a rainbow', an E-poster competition. In this competition, students had to create a final recipe using all the colours of a rainbow and make an E-poster with the final product of the recipe attached in the poster. We had 3 winners of this competition. Vaibhavi Vaidya, Ria Shah and Reni Karkar won the first, second and third prize respectively.

20th November 2021 is celebrated as American Diabetes Month with the American Diabetes Association and other organizations and to celebrate this day we had organized a webinar for the Police Officials on 'Stress, Diabetes and Lifestyle Management' which was conducted by Mr. Luke Coutinho. He is a Holistic Lifestyle Coach who practices in the field of Integrative Lifestyle Medicine and Life Coaching. Luke's global practice involves clients from across the U.S, London, Europe, India and Middle East and the Far East. He has also authored a range of books on wellness and has 3 best sellers to his credit - 'The Great Indian Diet with Shilpa Shetty', 'The Dry Fasting Miracle' and 'The Magic Weight Loss Pill: Lifestyle with Anushka Shetty'. His most recent release is a digital book with Shilpa Shetty 'The Magic Immunity Pill: Lifestyle - a free gift to India and the world'. He has been honoured and titled with awards like: The Elle award for the Best Health Expert of the Year 2018, Best in the Industry (Nutritionist) by Vogue in 2018, co-author of the bestseller, 'The Great Indian Diet with Shilpa Shetty,' etc.

**Ms. Jaie Rajeshirke**  
Adjunct Professor





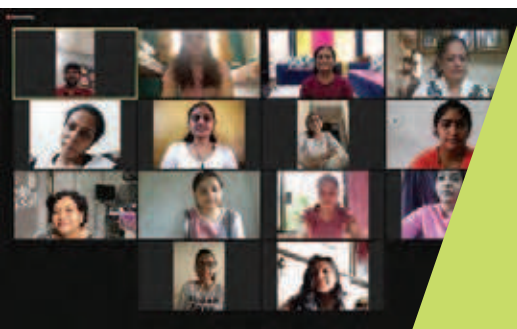


## B.A. HONS. IN APPAREL DESIGN & CONSTRUCTION

The students of B.A. Hons. in Apparel Design and Construction Department in association with Kashida Institute of Education organized an Online Yoga Workshop on 21st June 2021. Students practiced various asanas of Yoga. They learnt about the importance and application of the eight fold path and the right breathing technique. In the month of July, 3rd year students organized 'Stitch your own outfit' event where they used various sustainable fabrics to design and stitch outfits under the guidance of Mrs. Trupti Davda and Ms. Dhvani Dedhia. Students made colourful jumpsuits for themselves.

Orientation program was organized for the F.Y's where they were briefed about the career opportunities in the Fashion Industry. Inspired by the seniors, students of S.Y.B.A. Hons. in the month of August came up with 'Stitch your own outfit 2.0'. They stitched bishop sleeves outfit for themselves. Both the events highlighted the pride of designing and stitching ones own outfit. The sustainable fabrics used during both the events developed a sense of responsibility in each budding designer about the importance of sustainability in designs.

**Mrs. Trupti Davda**



# LIFENESS SCIENCE INSTITUTE

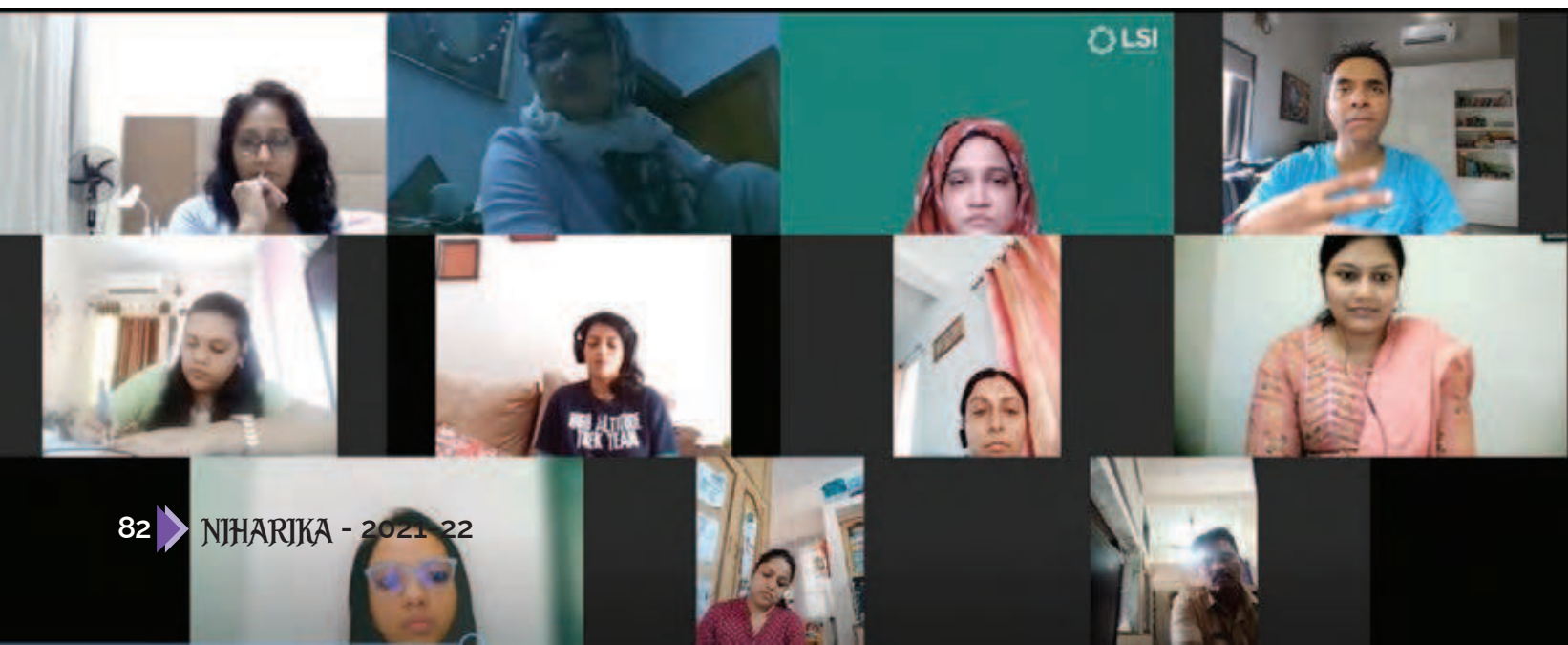


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The talk was conducted on 10<sup>th</sup> October 2021. The students from the batches – Bachelor's Degree (B.Sc Hons.) in Integrative Nutrition & Dietetics, Master's Degree (M.Sc) in Integrative Nutrition & Dietetics and Post Graduate Diploma (PGD) in Integrative Nutrition & Dietetics were a part of this event. 16<sup>th</sup> October 2021 is celebrated as World Food Day and we had celebrated it at Lifeness Science Institute by organising a I CAN EAT A RAINBOW- E-Poster competition. In this competition, students had to create a final recipe using all the colours of a rainbow and make an E-poster with the final product of the recipe attached in the Poster. We had 3 winners of this competition - Vaibhavi Vaidya, Ria shah, Reni Karkar who bagged the first second and third prizes respectively.

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Luke Coutinho has also authored a range of books on wellness and has 3 best sellers to his credit - 'The Great Indian Diet with Shilpa Shetty,' 'The Dry Fasting Miracle,' and 'The Magic Weight Loss Pill: Lifestyle with Anushka Shetty.' His most recent release is a digital book with Shilpa Shetty, 'The Magic Immunity Pill : Lifestyle - a free gift to India and the world.' Luke Coutinho has been honoured and titled with awards like: The Elle award for the Best Health Expert of the Year 2018, Best in the Industry (Nutritionist) by Vogue in 2018, co-author of the bestseller, 'The Great Indian Diet' with Shilpa Shetty, etc

**Ms. Jaie Rajeshirke**  
**Adjunct Professor**

## M.A. GEOGRAPHY

The academic year started with online teaching and learning methodology as the impact of the pandemic was felt again. However efforts were made to give the students every possible exposure so that there is least hindrance in their development, for which the students have attended several workshops, seminars, talks and lectures.

Students attended 'Anveshan', an Annual Inter-Collegiate Student Research Paper Competition - Since 2012 (in Online Mode) organized by Smt. Kantaben Shah Research Centre for Multidisciplinary Studies (KSRC), Maniben Nanavati Women's College in collaboration with Friedrich Ebert Stiftung (India) for UG & PG students of Social Sciences, Humanities, Commerce and Management Studies on the theme, 'The Shadow Pandemic: Gender Based Violence During Covid-19' held on 25<sup>th</sup> June 2021. All the students participated in the Smt. Shantidevi Banerjee Memorial Competition organized by Department of Geography and University of Mumbai in association with The Bombay Geographical Association on the topics related to Geography and environment. The competition was conducted on 5<sup>th</sup> March 2022 in virtual mode and Ms. Riti Kushwaha from M.A. Geography Part II won the first prize.



The students attended a National Workshop on 'Research Methodologies in Geography' from 4th October to 11<sup>th</sup> November 2021. It was organized by Department of Geography, ASP College, Devrukh in collaboration with Department of Geography of Gogate-Joglekar College, Ratnagiri Shivaji College, Satara, Nagindas Khandwala College, Mumbai and M.G. College, Fatehgarh Sahib Punjab. Several experts in Geography and Research delivered lectures and enhanced students' knowledge on the same. All students attended the National Level Web Conference on 'Covid-19: Challenges and Opportunities' for Post Graduate Students organized by Nagindas Khandwala College on 18<sup>th</sup> February 2022. It was an enriching experience for them.



A Workshop on Dissertation was organized by Nagindas Khandwala College in association with Nya. Tatyasaheb Athalye Arts and Vid. Dadasaheb Pitre Science College [Autonomous] between 11<sup>th</sup> to 16<sup>th</sup> February 2022 through Google Meet. Experts from various research backgrounds delivered talks on aspects of research. All students participated with zeal and vigor. Three students are doing internship with a GIS and research firm since December, 2021. Overall, the year has been full of exposure to research oriented activities so that the students can prepare themselves for the upcoming dissertations.

**Prof. Dr. Moushumi Datta**

**I/c Principal & Coordinator of MA Geography**

## MA. PSYCHOLOGY

Ms. Pooja Makwana spoke on 'Social Emotional Learning, an intervention technique used with children for enhancing their personality and growth', on 18<sup>th</sup> September 2021. Students attended a National webinar on MHUW organised by the Department of Psychology, Radhabai Kale Mahila Mahavidyalaya, Ahmednagar in collaboration with Department of Clinical Psychology, Institute of Psychiatry, Kolkata on 21st October 2021. Dr. Avinash Desouza enlightened the students on the 'Roles and Responsibilities of Child Psychologist' on 29<sup>th</sup> January 2022.

**Asso. Prof. Dr. Vidyadayini Shetty**

## M. COM. (ACCOUNTANCY & MANAGEMENT)

The M.Com. programme offers two specializations i.e. Accountancy and Management. It provides the students an opportunity to sharpen their knowledge in their area of specialization. A workshop was organized for the M.Com. (Part-I) students from 2nd to 7th August 2021 on the 'Power of Gratitude'. The workshop was conducted by Ms. Geetha Krishnan, International Speaker and Trainer. The students were taught about the importance of giving back to society and the power of caring and sharing.

The College organized a National Level Web Conference on 'Covid-19: Challenges and Opportunities' on 18th February 2022. Ms. Tripti Singh of M.Com. (Part-I) presented a research paper on 'Perception of M.Com students related to digital learning during Covid-19 pandemic.' She was awarded the best research paper for the same. Another group of students i.e. Hasti Gada, Dhruvi Nandu, Nishi Shah and Niyati Thakker also presented a research paper on the topic 'A study on the online shopping -Pre & Post pandemic.'



A Workshop on 'Dissertation' was organized in association with Nya. Tatyasaheb Athalye Arts and Vid. Dadasaheb Pitre Science College [Autonomous] between 11th to 16th February 2022. Experts from various research backgrounds delivered talks on aspects of research. The workshop was organized with the purpose of sharpening the research skills of the students. The M.Com (Part-II) students undertook internship with vigour and enthusiasm. Their Viva voce was conducted on 5th February 2022 by an Industry expert Mr. Gaurav Popat (Head Internal Audit, Jio Payments Bank). The internship sharpened their understanding about the way the industry functions and enhanced their specialization knowledge.

**Asso. Prof. Dr. Mona Mehta**

**Vice Principal & M.Com Coordinator**



## MA. ECONOMICS

A guest lecture was organised on the topic 'Impact of Covid-19 on World Economies with Special Reference to Mauritius' on 20th December 2021. The Resource Person was Ms. Afroz Baig, Alumni and currently Faculty-Department of Economics, Mahatma Gandhi Institute, Vacoas, Mauritius. There were 40 participants. With the objective of experiential learning, students of MA - I and II attended the sessions on the 'Union Budget' organized by the Forum of Free Enterprise and various webinars and workshops on Gender, Finance, Food Security and other themes. They also participated in a one week Inter-Collegiate lecture series organized by Pragati College.

Safa Shaikh from MA II won the first prize in the National Level Essay Writing Competition organized by S B College, Shahpur on 16th December 2021. A Five Day Research Methodology Workshop was organized for the MA Economics students to train them in Data Analysis using Jamovi software. The resource person was Dr. Madhukar Dalvi -Faculty Department of Mathematics and Statistics. The Chief Guest of the Inaugural Session was Dr. Avinash Shendre - Vice Principal and Head-Department of Economics, Pragati College and Board of Studies Member, University of Mumbai. The Chief Guest of the Valedictory Session was Dr. Somnath Vibhute -Principal Gonsalo Garcia College and Board of Studies Member, University of Mumbai. He enlightened the students with his lecture on 'Writing A Research Report'. MA students also prepared and painted cloth bags as a part of the 'Say No to Plastic' campaign of the Gandhian Studies Centre.

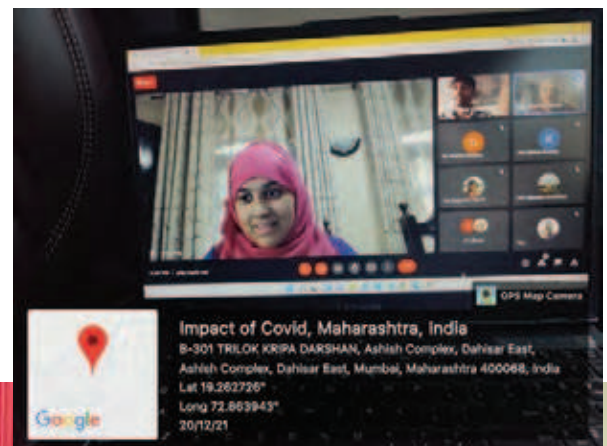
**Asso. Prof. Dr. Marina Pereira**

## M.SC. INFORMATION TECHNOLOGY

The academic year started in the online mode for the lectures and activities due to the pandemic. The lectures were held on Google Meet platform and the practical sessions were conducted on the virtual lab platforms. In view of the career opportunities in the IT industry and research, students were encouraged to take up internships and be a part in research activities.

Students of M.Sc. IT accepted the internship opportunities provided by our alumnus as well as through the online platforms. They have implemented research project as part of the curriculum and are in process of publication of the research outputs. National Level Web Conference on 'Covid-19: Challenges and Opportunities' for Post Graduate Students was organized.

**Asso. Prof. Dr. P.M. Sindhu**



# INTERNATIONAL INITIATIVES

Nagindas Khandwala College has entered into Memorandum of Understanding (MoU) with foreign universities to promote international and intercultural understanding and academic

cooperation and collaboration. The College has entered into an MOU with University of Fraser Valley, Vancouver, Canada for IT/CS students. It is a unique programs where the students can study for two years in Nagindas Khandwala College and two years at Fraser Valley University. The student will be awarded the under graduation degree from Fraser Valley University.

The college has also entered into MoU with Royal Roads University. This University offers a similar option of 2+2 for the Commerce students. An MoU is signed with the University of Canberra, Australia for 2+1+1 ½ years programme i.e. two years in Nagindas Khandwala College, one year in University of Canberra to complete the under graduation programme followed by 1 ½ year of MBA programme. The programme is applicable to commerce students.

Mann Hemant Maru was our first student with Royal Roads University. In this academic year 4 students have applied. **The details are as follows:**

## UNIVERSITY OF THE FRASER VALLEY (UFV)

Name of the Student	Class	University applied to
Anjali Singh	SYBAF	University of Canberra
Mansi Ramesh Tank	SYBMS	Royal Roads University
Khushi Ghanshyam Sutariya	SYBMS	Royal Roads University
Hitarch S.Jani	SYBAMMC	Royal Roads University

Asso. Prof. Dr. Mona Mehta

UFV is located in the beautiful Fraser Valley just east of Vancouver, British Columbia, Canada. The University of the Fraser Valley (UFV) is a fully accredited, Public University that enrolls approximately 15,000 students per year. UFV has campuses and locations in Abbotsford, Chilliwack, Mission, Hope and Agassiz, and a growing presence in Chandigarh, India.

Drive any direction and you are sure to find adventure. In less than an hour, you can get to ski hills, the ocean, or the city of Vancouver or drive five minutes to visit the USA. Even during the winter months, the Fraser Valley remains green, averaging only a few days of snow each year. You can enjoy nature all year-round, choosing from a range of fun activities including hiking, swimming, biking, rafting, golfing, fishing, snowboarding, skiing and more.

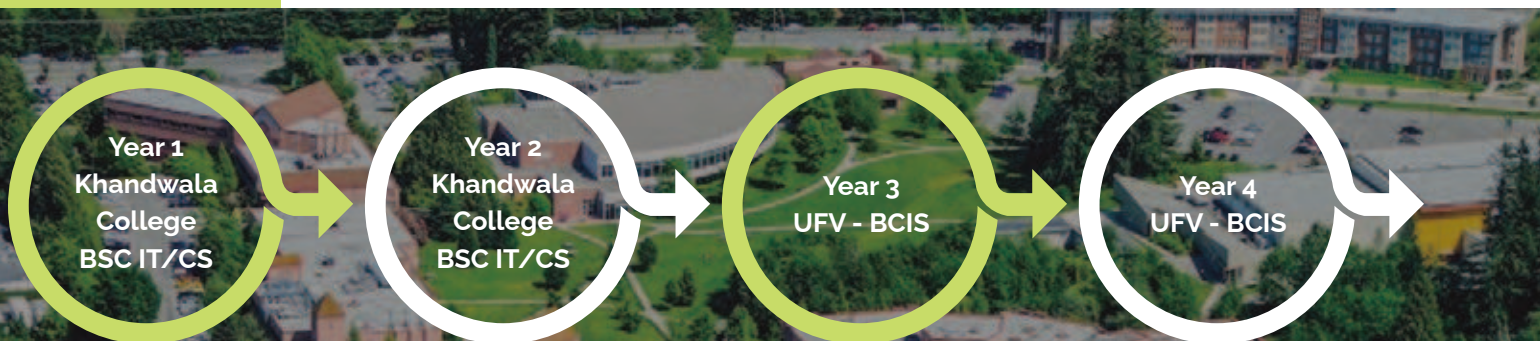
Program for B.Sc. Information Technology / Computer Science

Bachelor of Computer Information and Systems (BCIS)

### Specialization

- Software Development
- Systems and Networking
- Cyber Security

### Program Structure





### Career Expectations

- Software development
- Systems analysis and design
- User interface design and human factors
- Web and database design and programming
- Project Management
- Computer security
- Network design and administration
- End user support
- Management of technology

### Work Opportunities

- Off Campus Work Permit: 20 hours per week during the program
- Full time work during vacation- (May to August) - 4 months
- Post-Graduation Work Permit: eligible for equal duration of program up to 3 years
- Learn more at [www.cic.gc.ca](http://www.cic.gc.ca)

## ROYAL ROADS UNIVERSITY (RRU)

RRU is located in one of Canada's most beautiful National Historic Sites. Royal Roads University has a long history of excellence. In 2015, RRU celebrated 75 years of leadership and learning - 55 years as a military college and 20 years as a public applied research university.

RRU understands the need and aspiration of their students and have created options to deliver an educational experience beyond imagination. Their cohort model features group-based course work, providing a resource of like-minded peers ensuring the learners growth with their program.

Program for BMS & BAF

Bachelor of Business Administration in Sustainability & International Business (BBA)

### Program Structure



### Career Expectations

This degree will open up many career choices and paths in sustainability and related fields, including:

- Social and environmental entrepreneurs
- Business administrators and general managers
- Business specialists within small to medium sized enterprises in areas of green technology, sustainable energy, fair trade, etc.
- Government and non-governmental organizations (local and international) involved in economic development, business development and community planning.
- Sustainability specialists or sustainability trainers within larger organizations.

### Work Opportunities

- Off Campus Work Permit: 20 hours per week during the program
- Post-Graduation Work Permit: eligible for equal duration of program up to 3 years







# Social Activities

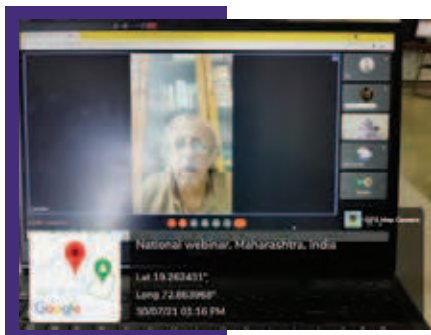
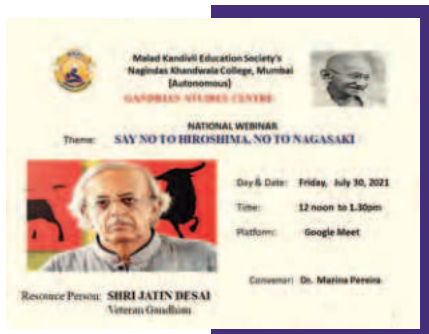
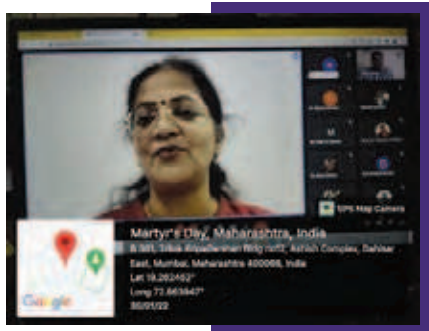
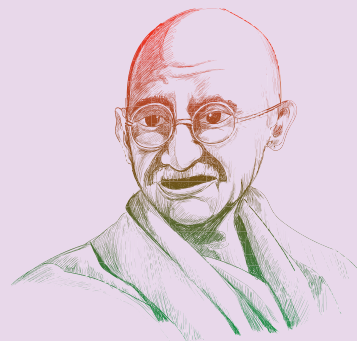


"There is no greater joy nor great reward than to make a fundamental difference in someone's life."

- Mary Rose McGeady



# Gandhian Studies Centre



The Centre organised a National Webinar on the theme, 'Say No to Hiroshima, No to Nagasaki' on 30th July 2021 with 70 participants. The resource person was Shri Jatin Desai, a Veteran Gandhian. The Pledge against Nuclear Weapons was taken during the webinar. An Essay Writing Competition with 30 participants was organised on 25th September, 2021 with the topics- 'Honesty is the Best Policy', 'Peace is Mutually Beneficial' and 'Be the Change you wish to see in the World'.

On 2nd October 2021, on the occasion of Gandhi Jayanti, an event, 'Gandhiji – Kal, Aaj Aur Kal' was organised. An Online Elocution competition and a PowerPoint Presentation competition were part of this event. The topics were 'Gandhian Values' and 'Bapu and India's Freedom Struggle'. A Just a Minute Competition was also held with 40 participants.

Cloth-Bag making and sale was undertaken by Certificate Course students during 'Springz' following the Covid protocol in December 2021 as a part of the 'Say No to Plastic Campaign'. On Martyrs' Day, January 30 2022, a webinar was organised with 55 participants on the theme 'Decoding Constructive Programmes of Mahatma Gandhi in Today's Times'. The resource person was Dr. Namita Nimbalkar, Associate-Professor, Department of Philosophy, University of Mumbai.

**Asso. Prof. Dr. Marina Pereira**





# National Cadet Corps



Enrolment of National Cadet Corps was conducted in the month of July-August 2021 from the various sections of the college for the different wings of the NCC. 17 cadets enrolled this year in NCC and two cadets even registered with NCC unit of Army, Navy or Air Force. Our most beloved Ex NCC cadet Mr. Bharat Velonde passed away due to Covid on 8<sup>th</sup> May 2021. Since 1997, Mr Bharat was associated with NCC activities in the college and at the unit level.

Independence day was celebrated on 15<sup>th</sup> August 2021 in college campus. 15 cadets performed in a parade and gave salami to the national flag. The college Principal and NCC unit invited the mother and wife of the Late Ex. Cadet Mr. Bharat Velonde on 16<sup>th</sup> October 2021. Principal Dr. (Mrs.) Ancy Jose gave a memento to the wife of Mr. Bharat, Mrs. Shilpa Velonde as well as his mother.

The NCC cadets on ,Martyr Day, i.e. 26<sup>th</sup> November 2021, gave tribute to the policemen, armed force personals and civilians who lost their lives during the terrorist attack on Mumbai in 2008. Prayers were offered by the member of Students' Council, teaching and non-teaching staff members, Vice-Principals and Principal on the college campus. On 7<sup>th</sup> March 2022, NCC and NSS students of our college along with the Malad Police Station organised 'Women Empowerment Awareness' rally from NL school to Malad police station. A total of 12 NCC cadets participated in this rally. They also performed a street play on the subject of women's safety on 8<sup>th</sup> March 2022 where 12 NCC cadets participated. The Best NCC cadet male was Mr. Aman Rampalat Pal (SYBCOM) and the Best NCC cadet female was Ms. Varsha Guman Singh (SYBCOM)

**Asso. Prof. Dr. Prakash Dongre**





# National Service Scheme



A Food Donation Drive was conducted by N.S.S Unit (B-28) for flood-affected areas in Konkan region on 26th July 2021. A Tree Plantation Drive was conducted on 31st July, 2021 by N.S.S Unit (B-28). A Youth Week was organized by the N.S.S Unit (B-28) from 12<sup>th</sup> to 18th August, 2021 where students and volunteers took part in various competitions like Creative Writing, Poster Making, Reel Making, Slogan Writing and Elocution Competition. The NSS Unit (B-28) conducted a 'Fit India Freedom Run 2.0' on 13<sup>th</sup> August 2021, where we encouraged students to run and exercise and record their videos covering a few moments of their activities. The NSS Unit (B-28) organized a Rakhi Distribution on 20<sup>th</sup> August 2021 of those rakhis which were made with bamboo by Adivasi Tribes.

The NSS Unit (B-28) conducted various activities like Quiz Competition, Slogan Writing, Poster Making and Best Out of Waste Competitions, from 1<sup>st</sup> to 4<sup>th</sup> October 2021, with respect to the theme 'Swachh Bharat'. The NSS Unit (B-28) in collaboration with Samarpan Blood Center organized a Blood Donation Drive on 2<sup>nd</sup> October 2021. The N.S.S. Unit (B-28) in collaboration with Municipal Corporation of Greater Mumbai (MCGM) - P North Ward organized a two-day Covishield Vaccination Drive on 28<sup>th</sup> and 29<sup>th</sup> October, 2021. Around 220 people got vaccinated. The NSS Unit (B-28) organized a Waste Management session on 30<sup>th</sup> October, 2021 in which plastic waste was collected to recycle.

The NSS Unit (B-28) took an oath on the occasion of National Unity Day to celebrate the birth anniversary of Sardar Vallabhbhai Patel on 31<sup>st</sup> October 2021. The NSS Unit (B-28) organized a Voter Id Registration Drive in collaboration with 'Mark Your Presence' from 22<sup>nd</sup> to 24<sup>th</sup> November 2021 and from 25<sup>th</sup> to 27<sup>th</sup> November 2021 in collaboration with 'Public Concern for Governance Trust'. The NSS Unit (B-28) arranged a Quiz Competition on 26th November 2021 to celebrate the National Constitution Day. The N.S.S. Unit (B-28), in collaboration with Rotary Club of Green City, Bombay, Lifeness Science Institute and Indian Development Foundation, organised a Vaccination Drive on 7<sup>th</sup> December, 2021. 100 recipients got vaccinated.



The N.S.S. Unit (B-28), in collaboration with Rotary Club of Green City, Bombay, Lifeness Science Institute and SRCC Children's Hospital organized a Vaccination Drive for individuals of 15-18 years of age on 12<sup>th</sup> and 25<sup>th</sup> January 2022 and 15<sup>th</sup> February 2022. A total of 721 students got vaccinated. The N.S.S. Unit (B-28), in collaboration with Municipal Corporation of Greater Mumbai (MCGM)- P North Ward organized a Vaccination Drive for individuals belonging to 15-18 years of age on 22<sup>nd</sup> January 2022 and 28<sup>th</sup> February 2022. A total of 173 people got vaccinated. The N.S.S. Unit (B-28), in collaboration with Rotary Club of Garden City Mumbai (RCGC), Rotary Club of Bombay Queen City, Lifeness Science Institute and SRCC Children's Hospital organized a Vaccination Drive for individuals belonging to age-group 15-18 years on 21st February 2022. A total of 191 recipients got vaccinated.

The N.S.S. Unit (B-28) of our College, in collaboration with Fortis Hospital, Mulund, organized a Blood Donation Drive on 24 September, 2021. 28 units of blood were collected. The N.S.S. Unit (B-28), in association with Bharat Ratna Dr. Babasaheb Ambedkar Hospital, organized a Blood Donation Drive on 16 December 2021. 30 units of blood were collected. The NSS Unit (B-28) along with Municipal Corporation of Greater Mumbai (MCGM) organized a Poster Making Competition on Swachata Abhiyan on 5<sup>th</sup> January 2022.

Hetvi Savla and Bhumika Agarwal from T.Y.B.A were given the award for Special Contribution to the N.S.S. Best N.S.S Leader award was bagged by Ms. Pooja Shah and Ms. Zalak Jogi from S.Y.B.A. Ms. Smriti Shah and Ms. Neha Parekh from S.Y.B.A were the best N.S.S volunteers for the year. Shriya Rumde from S.Y.B.M.S, Hema Rajput from T.Y.B.Com, Akshay Mahovia from F.Y.B.Com and Dhiraj Chaubey from S.Y.B.Sc. were the Enthusiastic N.S.S volunteers for the year.



SR NO.	DATE	TOPIC OF THE WEBINAR	SPEAKER NAME
1	13/08/2021	Organ Donation	Dr. Girish Trivedi
2	21/08/2021	Yoga	
3	21/09/2021	Energy Conservation	Mr. Avadhesh Pandya
4	28/08/2021	Rise Above Your Spirit	
5	30/08/2021	Waste Management	Mr. Ajay Rajpoot
6	31/08/2021-02/09/2021	Covid Care Immunity Booster	
7	09/09/2021	Sustainable Development Goals	Mr. Lalit Vashista
8	25/09/2021	Kavita ka Aaeena	Prof. Uttam Bhagat, Prof. Rahul Pandey
9	27/09/2021	Hindi ki Vartaman Dasha and Sambhavnaaye	Dr. Satyadev Tripathi
10	01/10/2021	Understanding Child Sexual Abuse	Mr. Rajnarayan Maurya
11	26/11/2021	Constitution of India	Prof. Yuvraj Dhas
12	23/12/2021	Two Wheels One Life	
13	24/01/2022	Nation Building and Girl Child	Dr. Anuradha Singh
14	26/01/2022	Building Characters and Career	Dr. Arun Deep Ahluwalia
15	27/01/2022	Facts on HIV/AIDS	Mr. Amit Patel
16	30/01/2022	Role of Pandit Madan Mohan Malviya in Indian National Movement	Dr. Anuradha Singh
17	13/02/2022	India: As built by Non-Indian, Indian Residents	Dr. Niranjana Srivastava
18	17/02/2022	Financial Market Quiz Training Programme	CA Mr. Deepak Vekaria
19	18/02/2022	Budget	Prof. Mihir Bhoir
20	19/02/2022	The Notion of Freedom and Chhatrapati Shivaji Maharaj	Prof. Liladhar Patil
21	21/02/2022-25/02/2022	Working of Stock Market under AKAM	Dr. Aditya Srinivas
22	07/09/2022-09/09/2022	First Aid Training	Dr. Manjeet Singh
23	18/01/2022	Resilient Education System	Dr. Manjeet Singh
24	01/02/2022	Emotional Stability	Prof. Amruta Sahasrabuddhe
25	02/02/2022	Listening Skills	Prof. Edwin Mathias
26	03/02/2022	English Grammar	Prof. Nita Dhote
27	04/02/2022	How to prepare for exams	Prof. Thomsan Thomas
28	05/02/2022	Competitive Exams	Prof. Bhusan Deshmukh
29	08/02/2022	Conversational Skills	Prof. Nandkishor Sonar
30	09/02/2022	7C's of Communication	Prof. Nelson Daniel
31	10/02/2022	Preparation Strategy for Competitive Exams	Dr. Ramesh Runawal
32	11/02/2022	How to use Google Maps	Prof. Suresh Shetkar
33	12/02/2022	Social Sensitization	Dr. Vivek Chaubey
34	28/01/2022	Certification Training Program on Addiction	Mr. Amit Patel, Mr. Sameer Patel, Dr. Rani Badlani



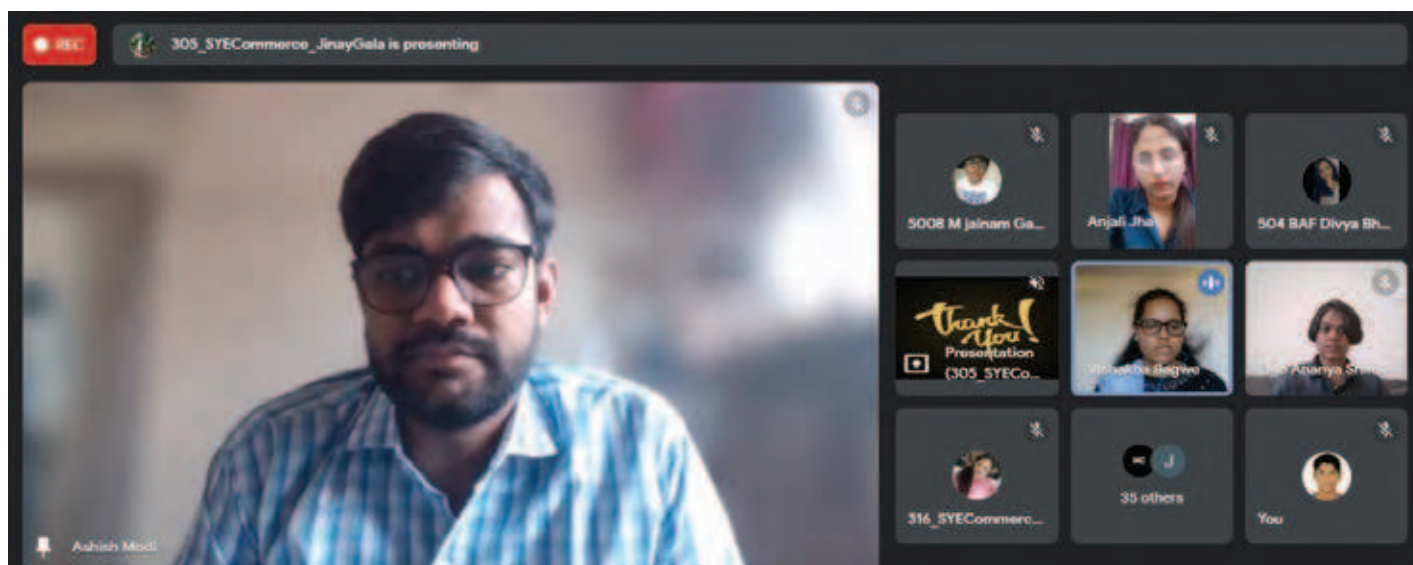


# NKare Social Cell

Nkare Social Cell has witnessed its eminent 12<sup>th</sup> year and it still stands strong on its tagline 'Working with a smile to bring back a smile'. Embracing young energetic volunteers and resourceful teachers, Nkare social cell works diligently towards building social norms for a better society. The academic year commenced with an exuberant guest lecture on the topic "Social Work- The need of the hour" in the month of August by Mr. Vyanktaesh Kut, Vice President and Ms. Anjali Jha, Associated Vice President of Vedika Education Trust. The event aimed to introduce various activities performed by Vedika Education Trust for societal purposes and to spread awareness regarding their campaigns among the young and visionaries of Nagindas Khandwala College.

Nkare has been helping Mumbai's traffic police in managing the crowd since 10 years during the 1<sup>st</sup>, 5<sup>th</sup> and 10<sup>th</sup> Visarjan days of Ganesh Chaturthi festival. In 2021 because of Covid restrictions, Nkare had only fully vaccinated volunteers at their side. NKare social cell conducted "Drops of Blood" a Blood donation drive in association with the Rotaract Club (Borivali-Kandivali) on 26<sup>th</sup> January, 2022 (Republic Day). We organised a vaccination drive in association with Surya Hospital on 30<sup>th</sup> January 2022 on the Customer bridge, Inorbit mall. Covaxin vaccine was used for the vaccination drive and the participants could either take the first or the second dose. Nkare social cell took an initiative to guide the school students (9<sup>th</sup> Class) on the modern-day essential topic of cyber security. Since the event was offline, every Covid related protocol was duly adhered.

Asst. Prof. Gargi Dubey



We managed 70+ events in complete online mode. The club President was Rtr. Preksha Shah. The 9<sup>th</sup> installation ceremony took place on 25<sup>th</sup> October 2022. A webinar on 'How to conserve this mesmerizing natural habitat around us' was addressed by Mr. Shardul Bajikar on 3<sup>rd</sup> September 2021. A workshop on 'Power and Consent' which empowered and well versed the students about consent and sexual abuse was conducted on 4<sup>th</sup> September 2021. The editorials team organized an event on 5<sup>th</sup> September 2021 i.e. Teacher's day where the participants had to send a photo with a teacher and a brief caption expressing their gratitude.



## Rotaract Club of Khandwala College



A webinar on, 'The importance of nutritious and balanced diet' by the health and wellness coach Ms. Shilpa Desai was organized and attended by 66 participants. The Editorials and Digitals committee put out a social media post about the happenings and reason of commemoration of the National Forest Martyrs Day. The club service avenue asked all the members to send a picture of them with their grandparents and a sweet caption expressing their love and gratitude on 12<sup>th</sup> September 2021 i.e. Grandparent's Day.

On World Positive Thinking day, the participants shared their playlist and the songs which lifts them up for the entire day. The Professional Development Avenue on World Engineers Day came up with an event where the participants were asked to showcase anything and everything they have ever created. All the participants were given a feature on social media. On World Dance Day i.e. 18<sup>th</sup> September 2021, a one minute recorded dance event was organized. On World Gymnastics Day i.e. 18<sup>th</sup> September 2021, the Club Service awarded the participants who flexed and covered the most breath taking pose with a social media feature and certificates were granted to the top 3 podium winners.

The Club members empowered the mute and portrayed support towards them by sending a video of them communicating in a sign language on 19<sup>th</sup> September 2021. An event was held on 25<sup>th</sup> September 2021 where the comic book lovers were asked to submit a short paragraph as to what made them love their favourite character so much and what inspired them the most. An event, on the World Tourism Day, was organized where the members were asked to send one of the most scenic pictures and a caption along with it. A webinar by Mr. Rahul Sangwan on the concept of LGBTQIA was organized the following day.





The participants made a delicious and healthy meal on the World Heart Day. An event was organized on the World Translation Day where the participants said a dialogue and translated it in 3 different languages. The month of October started with a webinar known as 'Page Turners' which focused on well versing the youth about the power that books behold. The digital's portrayed their support by posting a reel on 'How to recharge our mental health and tips on how to maintain it in harmony' on world Mental Health Day.



Zonal beach games were organised in October where various teams and district clubs participated. A fun event named 'Back to School' was organised on 11<sup>th</sup> November 2021 where the members had to perform a basic science experiment in a unique way. The Editorials organised an event where in the participants had to filter out the questions they would ask in case they accidentally came across their favourite celebrities. The one who could juggle the excitement as well as ask the most teeth biting questions was awarded a feature on Instagram and LinkedIn. The community service came up with a platform to provide voices to our members by asking them to bash a few stereotypes on men under the event 'Break the Chain' to celebrate International Men's Day.

The Bollywood lovers got the next one covered where in The Editorials organised an event where the participants were asked to imitate or write about a character which inspired them the most. 'A Beach CleanUp Drive,' with the B-foundation, was organised in the Aksa and Dana Pani beach of Malad. An event was organised on 22<sup>nd</sup> November 2021 where the members were asked to portray the right things in the quirkiest way. A webinar was conducted on 25<sup>th</sup> November 2021 on the topic 'The Last Puff' where in the participants were taught about the ways and the means to get out of the vicious loop of tobacco

addiction. The Community Service Avenue also covered the Thanksgiving Day on 25<sup>th</sup> November 2021.

The club organized a quiz on the Indian constitution on Instagram on the World Constitution Day i.e. 26<sup>th</sup> November 2021. An event was organised for the squid game fans where the participants presented their video of making dalgona candy under Red Light, Green Light. The Club Service Avenue organised a competition named 'If you dress for it' on World Rainbow Day where the participants were asked to dress in rainbow colours. A selfie event with a snapchat filter named 'Click it' was organised in November and the best selfie was awarded a social media feature.

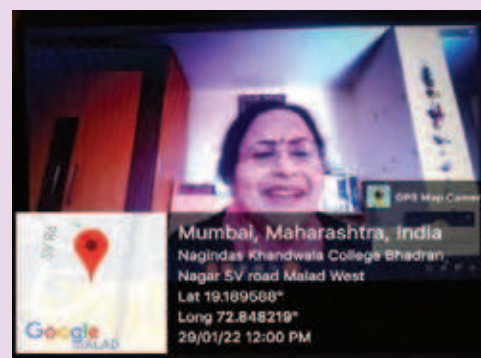
An event was organised by the Community Service Directors where all the members were asked to plant a sapling. A contemporary talk on the ways and tips to relieve women from cramps during menstruation was organised as the first event for the New Year. Under Code Red not only women but the boys too had a significant and attentive attendance. The academic year for RCK ended with a positive and vibrant religious energy by asking the participants to send a video of them reciting any shlok or mantra which utterly pumps their energy to the fullest.

Rtr. Meetali Jain (SYBMS), Rtr. Foram Parekh (S.Y.B.M.S.) and Rtr. Meet Prajapati (T.Y.B.M.S.) were the core members of the club. Rtr. Tanvi Shah (S.Y.B.A.) and Rtr. Paras Gada (S.Y.B.M.S.) were the outstanding Board of Directors. Rtr. Shrujal Desai (T.Y.B.M.S.), Rtr. Gotika Das (S.Y.B.A.M.M.C.) and Rtr. Bhakti Sumbad (S.Y.B.A.) need special mention for their commendable participation and support to RCK as members of the club.

**Asst. Prof. Meha Mandawewala**

## Women Development Cell

The WDC conducted a webinar on 'Walking on eggshells: A narrative of Violence and Abuse', on 24<sup>th</sup> July 2021. The speaker for the event was Ms. Mansi Bhadra, a research scholar in Psychology. WDC organised a webinar on 'Never too late to practice hygiene' on 27<sup>th</sup> November 2021. The students gained an insight into hygiene and ramifications due to lack of it. The speaker was Mr. Nikunj Rana, a senior executive in the hotel industry. The WDC organised a webinar on 'Women's Rights in India: The Present scenario', on 20<sup>th</sup> December, 2021. Speaker for the session was Dr. Sharmila Ghuge, an advocate by profession, and a ground level worker in tribal areas and poorer sections of women and a researcher in the field. The Women Study Centre and Women Development Cell released a book titled 'Re-inventing Sustainable Women Empowerment Strategies in Post-covid-19 Scenario' on 4<sup>th</sup> April 2022.



## Women Study Centre

The Women Study Centre and Women Development Cell organised a National webinar on 'Re-inventing sustainable women empowerment strategies in post-covid-19 scenario', on 29<sup>th</sup> January 2022. Imminent speakers were invited to address the participants. Professor Rekha Pande who has been the founding member of two centres for Women's Studies, one at Maulana Azad National Urdu University and the other at the University of Hyderabad. Professor Rekha Pande delivered the keynote address on 'Covid and its Impact on Education of Girls', in the inaugural session of the webinar. Keynote address was a detailed trajectory of how Covid -19 brought about a shift in the gender gap across the world. While countries like Mali and Korea achieved gender parity since the pandemic, it will take India 99 years to do so.

Ms. Swati Baruah is an Advocate practicing in Guwahati High Court and a transgender activist from Assam and founder of 'All Assam Transgender Association'. Advocate Baruah spoke on 'Gender Inequalities

portrayed in Literature'. She traced the development of patriarchy since vedic times in Indian society and literature, the status quo of women in medieval times, and the role of women in present day India.

Dr. Debjani Roy is the Asso. Prof. and Head of P.G Department of Geography, Nirmala College, Ranchi. She spoke on 'Gender challenges in lives and livelihood- Post Covid Scenario' The invisible glass ceiling prevents women from getting equal opportunities- men become doctors and surgeons while women become nurses and hospital staff. These 'softer skill paths' result in their becoming victims of a gender pay gap which is spread across the world. Original and unpublished research papers were invited for the webinar. The research papers were checked for plagiarism and peer reviewed. After the plagiarism and peer review 19 papers were accepted to be published post conference.

**Asso. Prof. Dr. Kavita Kalkoti**





# Youth with Vision



## 'Soaring High for Elevating Lives'

The sole aim of Youth with Vision (YWV) is to uplift the underprivileged. We continued with 5 of our existing projects – Project Patang, Project Poshan, Project Pehel, Project Pragati and Project Parivartan for elevating the poor and the underprivileged throughout the year.

### PROJECT PATANG – 'Making People Fly High'

The main objective of this project is to ignite a ray of hope to the orphans, physically challenged, senior citizens, destitute and mentally challenged people. On the occasion of Children's Day i.e. 14<sup>th</sup> November 2021, we visited Dayavihar Ashram. We played games and provided them snacks. Our team distributed clothes to the slums in Borivali and Kandivali on 30<sup>th</sup> November 2021. Our team distributed blankets to the needy people on streets. On the auspicious day of Makar Sankranti i.e. 14<sup>th</sup> January 2021, YWV gifted a wheelchair to a destitute handicap person. Another wheelchair was gifted on 14<sup>th</sup> March 2022. We distributed clothes to the Immanuel Mercy Home; home for the destitute on 29<sup>th</sup> April 2022.

### Project Poshan - Nourishing the Malnourished

Project Poshan focuses on nourishing the poor and the underprivileged and promoting a healthy living. Our team distributed grocery kits in Karambeliwadi, Raigad District, Pen Taluka on 3<sup>rd</sup> July 2021. We distributed grocery in Sulewadi, Raigad District, Pen Taluka on 7<sup>th</sup> July 2021. Our team visited the slums of Kandivali and Borivali and provided snacks and juice to the kids on 9<sup>th</sup> July 2021. We took an immediate initiative by providing help to the victims of the Chembur and Vikhroli landslide by providing groceries on 31<sup>st</sup> July 2021.

On the occasion of Children's Day i.e. 14<sup>th</sup> November 2021, we distributed lunch to the street kids. A lunch distribution drive was conducted from 1<sup>st</sup> December 2021 to 14<sup>th</sup> February 2022 on the streets of Mumbai City. We distributed more than 1000 lunch boxes over two months. We also distributed biryani to needy people on streets on 25<sup>th</sup> December 2021. 'Chaos Distribution Drive' was organized by the team from 1<sup>st</sup> April to 30<sup>th</sup> May 2022. A 'Grocery distribution drive' was organized in Karambeliwadi, Raigad District, Pen Taluka on 29<sup>th</sup> April 2022. We also cooked nutritious food for the village kids on the same day.

### Project Pehel - A step towards Humanity

Project Pehel is a 4 day camp at an Adivasi village adopted by our college – Karambeliwadi situated in Raigad District, Pen Taluka. Project Pehel was organized from 28<sup>th</sup> to 31<sup>st</sup> October 2021. Our team painted the school and also created educational and aesthetic artworks in Balwadi. On 28<sup>th</sup> October 2021, our team distributed 150 grocery kits in the village. Our Team gave oil massage to the old people in the village. We distributed stationery kit which included pen, pencil, pouch, water bottle, tiffin box, scale, eraser, sharpener and geometry kit to the kids of the village on 29<sup>th</sup> October 2021. Our team cleaned the whole village. They also collected clothes from old people's houses to wash them. Our team distributed clothes to the villagers on 30<sup>th</sup> October 2021. On 31<sup>st</sup> October 2021, Karambeliwadi school was inaugurated.

### Project Parivartan - School Reconstruction Project

School Reconstruction is the biggest milestone we have achieved this year. We reconstructed a school in an Adivasi village named Karambeliwadi with a view to give a better learning experience to the kids in the village. The reconstruction started in the month of September and culminated in the last week of October. The school was inaugurated on 31<sup>st</sup> October 2021 with an inauguration ceremony. We were honored to have our college dignitaries, Gram Panchayat and the school teachers in the ceremony. The college dignitaries were welcomed with the folk dance and they later inaugurated the school by cutting the ribbon. We had various cultural performances by the kids of the village followed by the folk dance. We had a felicitation ceremony for the dignitaries.

The team distributed sanitary pads to women and girls to help them understand the importance of menstrual health and promote a healthier living. In the afternoon, our team members and villagers together cooked 'Mahabhog' i.e. their traditional lunch, for the whole village. Sweets were distributed on the occasion of Diwali.

### Joy of Giving Festival

Our team went on the streets of Mumbai to distribute gift hampers to the kids. We covered each and every corner of Mumbai namely western, central and harbour line. We gifted 1200+ hampers to the kids from 25<sup>th</sup> to 31<sup>st</sup> December 2021.

Asst. Prof. Nelson Daniel

# Social Activities

Conducted by  
Youth with  
Vision

- 1000 Lunch boxes distributed from 1<sup>st</sup> Dec 2021 - 14<sup>th</sup> Feb 2022. Mumbai
- 1200+ New Gift Hampers distributed to street kids in Dec 2021. Mumbai
- Distributed grocery kits to the landslide victims of Chembur and Vikhroli
- School reconstructed at Karambeliwadi, Pen Taluka, Raigad District
- Donated old books to make a Library in Karambeliwadi School
- Distributed 150 Diwali sweet boxes at Karambeliwadi
- Chaas Distribution from 1<sup>st</sup> April to 31<sup>st</sup> May 2022, Mumbai
- Wheel Chairs distributed to handicapped. Mumbai
- 150 Stationery Kits distributed at Karambeliwadi
- Blanket Distribution Drive to the destitute, Mumbai
- Distributed sanitary pads, Karambeliwadi & Mumbai
- 150 Grocery Kits distributed at Karambeliwadi
- 150 Clothes Kit distributed at Karambeliwadi
- Visited old age home and orphanage, Mumbai
- Supported children affected with AIDS





# SCHOOL RECONSTRUCTION PROJECT



**Karambeliwadi  
Pen Taluka  
Raigad District**



# Khandwala Alumni Association

## CAA Committee 2021 -22



**Dr. (Mrs.) Ancy Jose**  
President



**Prof. Dr. Moushumi Datta**  
Vice President



**Asso. Prof. Vijay Suchak**  
Vice President



**Asso. Prof. Dr. Mona Mehta**  
Convener



**Asst. Prof. Nelson Daniel**  
Member



**Asst. Prof. Ashish Modi**  
Member



**Capt. Chintan Bhatia**  
Secretary



**Vishal Parekh**  
Asst. Secretary



**Nitin Mehta**  
Treasurer



**Vishal Prabhukhadpe**  
Committee Member



**Kavita Gosalia**  
Committee Member



**Hemil Chheda**  
Committee Member



**Pratik Vaishnav**  
Co-Opted Member



**Filoni Kkanani**  
Honorary Member



# Khandwala Alumni Association



KAA has successfully completed 15 strong years, and has been progressing year on year.

This year the mission was to strengthen the alumni network and their focus to be able to inculcate the feeling of togetherness.

Even though, we got a lot of requests to hold Nostalgia, the re-union event, due to covid restrictions, it was not feasible to do so.

However, 2022 looks bright and positive, so we will be focusing on re-strengthening of the community by Business Networking. Its time we utilize our own network to grow and create opportunities.

## Pitch Perfect – Startup Investment

We at KAA, believe, Investing in startups gives you a ringside seat to solutions for challenging problems or the development of new technologies.

We are looking to support startups which are backed by NK students and alumni.

*“Some days I wish I could go back in life. Not to change anything, but to feel a few things twice.”*

- **Raise from our network of investors and catalyze growth**
- **Get mentoring from top-level directors.**
- **Advisory setup for guiding you.**

If you are looking for

- **Growth potential**
- **Belief in a new idea**
- **Personal connections**
- **A sense of fulfillment**

Capt. Chintan Bhatia (Secretary KAA)

# Alumni Section



## WE RISE BY LIFTING OTHERS

Life has become so uncertain these days. Almighty has proved that above all there is a supreme power to take care of all of us. We are just mere human beings, and not the supremacy, Pandemic has proved to be a great teacher. We have learnt that "Gratitude is the best Attitude". When everyone helps each other, we prove to go far ahead than the rest.

We Rise by Lifting Others – Our souls grow and find happiness when we give to others. In fact, we are wired to be compassionate and kind. It is a genetic necessity for human survival. The trust, connection and cooperation engendered through giving, creates community, restores the lonely hearts and brings joy. We make a living by what we get but we make a life by what we give. There is something so natural about giving, when we actually do it that it makes one wonder why we can fall prey to the mind that champions self-centeredness as the route to peace and happiness. The mind tries to talk the heart out of generosity and kindness. Giving is the key to happiness. When you help others, your life starts to have meaning and purpose. Real joy comes not from material possessions but from people. When we give our hearts in kindness and love, we get the riches of the universe and the greatest of these is happiness. When you are generous with others, you feel abundant, your life feels fertile and rich with possibility. The fruits of generosity rub off as an abundance mind-set and support you to be wealthier in all areas of your life.

When you lose yourself in another's challenges, you trigger feelings of gratitude for your own life. The problems you are facing somehow lose their shine and you don't see them as major issues anymore. You feel grateful for your life as you support another with their life.

I strongly believe that even when we cannot help to support or give something to others, we must spread 'POSITIVITY'. Positivity brings unexpected changes and outcome. Positivity is not something which we need to go out and find it, it is always present in our souls which we just need to bring out. Humans have a blessing of being positive. Knowing that there is no guarantee of ourselves getting up in the morning, we still set the alarm being optimistic towards life. We are people of celebration, we find and enjoy small moments of life and that creates a celebration throughout human fraternity. Knowing life's uncertainty, we get the subscription for the whole year. These all optimistic features in us help us to grow.

We are much more deeply connected than we could ever imagine, and everything we do to others, we do to ourselves. As we encourage others or celebrate their success together, we are sending the same message to ourselves. There really is no 'other', we are all droplets of the same ocean, so we are really helping ourselves when we give to others.

-Parth Goswami



“Change is inevitable. Growth is optional.”

- John C. Maxwell



## CHANGING WORLD ORDER

The past two years will be remembered in history as the most challenging years for the entire world. Our generation has never heard and seen anything like this before. We all have shared the same experience, fear and challenges. We have heard stories that gave us chills. I don't even have to tell you what I am talking about. My question to you is, are you prepared for the new order of the changing world?

Don't be scared. All the recent studies show light on the concept of Digital work. It's no longer a secret that working from home or remote work is the new normal. You may ask me what difference it makes to you as a student. It makes a huge difference; it opens up a vast door of opportunity and creates a challenge by you competing for a role across India or the world. It also means that you will have to develop a new set of skills. Think of it as how the internet was unknown in the year 2000 and the students were new to the kind of jobs it created.

Working remotely changes a lot of things for you. You will have to perform at a different paradigm. I have written an article on my website titled 'Making Indian Youth more employable' where I have spoken about those skills in detail, and more than 1500 students have viewed them. The main takeaway from the article was that the human skills that you need to learn to work in a remote company are a bit different. You can either learn it on the job or learn it while you are still in college. The choice of shaping your career is with you. You can always pace your learning curve and craft your skills at your speed. The only thing you have to do is learn it by doing and not by reading about it. Reading is good to gather information, but if you want results, you must do something about it.

You can gain these skills faster if you have an online community of like-minded people and a mentor is ready to invest time in your development. In today's world, this is far easier to do. You only need a will to change along with the new world. You don't have the choice because otherwise, you may miss opportunities. Let me tell you my story. I am performing skills at work which didn't exist during my college time. I am a social seller, podcaster, digital marketer, data science enthusiast, etc. No one defined any of the job roles, and I had to navigate them while building my business. Some skills will define your growth at your workplace and you should start mastering them at a young age.

Your ability to navigate the internet to find the answer yourself will set you up for success. I have given a guest session to the students of our college about 10 Skills that you need to cultivate. Those are some of the human skills (soft skills) you may be aware of. The question is, "How are you going to apply it in the remote work environment?" My suggestion for you is to get some work that you can do, as a project or one-time guided work. The only condition is to do it from home. The learning can be from finding such jobs, completing them on time, taking feedback from the mentors and sharing your experience with the rest of the world.

If you think you cannot do it while in college, talk about this idea with your friends. Tell them that Vikram Shetty of 73bit has shared this idea which doesn't sound realistic. Do your own research by reaching out to business owners and startup founders on Twitter, LinkedIn or Instagram? Ask for some work that they think you can do it? Be very specific about how you can bring value to them? I am not a fan of free labour, so you set up some fees for your work. Start with small and see if you can find a job and learn some skills while working.

**Vikram Shetty,**  
Director/Co-Owner, [73bit.com](http://73bit.com)

# LIVE LIFE, BE HAPPY!

We all want to be happy. But our happiness are depended on conditions, other people in short on external circumstances. Majority of us tell ourselves, "If only things were different, then I'd be happy". The fact is those happy moments which are dependent on external circumstance are momentary just like soap bubbles.

## What does Happiness mean?

My take on happiness is; it's our mindset, the habits we practice, and the way we live each day. Do we look at the thorns of roses and be grumpy about it or are we mesmerized by its sheer beauty and appreciate the attitude of uploading themselves in midst of thorny bushes. It's the positive outlook towards life which creates the space for us to acknowledge the happiness in our lives.

I firmly believe and practice, 'Stay in charge of You, don't let the Outside world Control You'- Bob Proctor

## What are the ingredients for being happy?

Gratitude, Compassion, Hope, Empathy, Love, Creativity and Calmness. We all have these higher faculties innate in us, we just need to acknowledge them and practice it in our daily life. Apart from having these higher faculties active, one needs to engage themselves in 30mins of core physical activity, which will lead them to improve their immune system and help them to lower their stress and anxiety.

## How to create an Attitude of Happiness and Positivity?

- You can learn on how to develop strong higher faculties from professional life coaches
- You can start writing gratitude journal everyday
- You could enroll yourself for Self -Transformation programs
- Start learning new skills
- Identify a sound board where you can speak without the fear of being judged
- Have constructive feedback for your Self-Development
- Meditate and write affirmations
- Always surround yourself with positive people and content (Print/Radio/Television/ OTT/Movies)
- Stay away from gossips

-VishalPrabhukhadpe





# Alumni Achievements



Aditya Bharakhda

Webseries Crashh (Zee5 and Alt Balaji), Upcoming Webseries with Maddock Film's which will be streaming on Sony Liv App

TVC's TV ADs :

Flipkart TVC, Paytm AD, HSBC Life Insurance AD, VIVO IPL AD, Freefire Game AD (with MS Dhoni), Glance App AD, 1mg App AD (with Pankaj Tripathi), BlueDart India's largest courier service AD, Facebook IPL AD, Bumble App AD, ISL (Indian Soccer League) AD, Acko Insurance AD.

Our B.A.M.M.C. Alumna Komal Thoria being one of the youngest exhibitor at the India Art Festival, Delhi and got featured in Lokmat Times as a noted artist from Maharashtra displaying various art forms in Delhi.

My journey as an Artist has a special connection with our college. We are all living our life in phases. As I stepped into 'college life' I started developing interest in different verticals like drawing, singing, writing and classical dance. I was supported by teachers but I enjoyed drawing the most! My Junior College days were filled with enthusiasm and competitive spirit. I actively participated in Intra and Inter-Collegiate events. Being in college for fest preps and being into Fine Arts departments was memorable. I still remember I was featured in our College Magazine as 'The Dream Portraitist' which was the kickstart honestly.

Everybody questioned "Is there a Career Stability in Art, a scope in Art?" But I focused more on my capabilities. I started taking drawing seriously as a career and pursued a diploma in Applied Art. I am a Graphic Designer, Illustrator and I am working as a Freelancer associated with some great agencies. Simultaneously, my passion for drawing something handmade never kept me settled. I chose the humble pencil. While pursuing BMM at NK College, I gained more confidence and started opening up as a person. Along with college, I worked full time for Pencil Perceptions Academy. I funded my college fees by my own savings from my salary and freelance projects of designing and Content Writing. I really worked hard balancing my college, my family and my dreams and I am still working for everything in gratitude. It's been 7 years now. Today, I have Mentored 2000+ students and, I am working as an Art Assistant to an International Artist, Sadashiv Sawant.

I have been fortunate to be participating in National Art Exhibitions like Mumbai Art Fair, Pune Art Expo and India Art Festival (Delhi). Featured in the Lokmat Times, Hindustan Times, Tribal, etc, I have sold my artworks abroad to well-known entrepreneurs and art collectors. I get commissioned portraits from worldwide. I am working as a Core Member at an NGO to educate special children and underprivileged through Art. And like we say, do Good and Good will come to you. My consistent dedication to reach new heights into Hyper Realism using the humble pencil from my Guru, Sadashiv Sir has made me a part of an ongoing project with The Adani Group of Companies as an Artist, Assistant and being the amanuensis for the Art Process.



Komal Thoria



So? Is there a Career in Art? Scope in Art? The answer lies within you. I believe, it is just the start and I have realized the importance of having faith in oneself, perseverance, discipline and patience to let miracles work in your life.



# ALUMNI

**SPECIAL  
ACHIEVEMENTS**



**Indian Institute of Management  
Shillong**



**Sagar  
Rajeshbhai Gadhi**  
BMS Batch 2018-19

**Indian Institute of  
Management Shillong**

Umsawli, Shillong-793018  
East Khasi Hills District,  
Meghalaya, India.

To,

**Gadhi Sagar Rajeshbhai,**

Date : 23-05-2022 CAT-2021 Regn. No. :21031805

Dear Gadhi Sagar Rajeshbhai, Congratulations!

I am happy to inform you that you have been selected for admission to the Institute's Post Graduate Programme in Management (PGP 2022-24) for the session beginning from third week of June 2022; the registration is scheduled for 17th and 18th June, 2022. This admission offer is provisional and is valid subject to your fulfilling the requirements as mentioned in the Registration Brochure, made available in your dashboard. You are advised to go through the Registration brochure carefully and undertake appropriate measures to satisfy the admission requirements.

You must confirm your acceptance of the admission offer through the admission portal of IIM Shillong latest by 25-05-2022 End of Day (23:59 hrs.), failing which this offer will stand forfeited, and the seat will be offered to the next deserving candidate as per our list. Confirmation of admission also requires the payment of Acceptance Fees of Rs. 90,000/- (Rs. Ninety Thousand only) within the date and time mentioned above. You can access the admission portal by clicking the link provided below and log in with the credentials you had used earlier to log into the portal.

<https://www.iimshillong.ac.in/admissions-iimshl/login>

We would advise you to complete the process much before the last date in order to avoid any last-minute technical glitches. It may kindly be noted that no extension of this will be possible, even in case of any last moment technical issues.

Any communication related to this admission offer will NOT be entertained under any circumstances after the last date mentioned above.

To complete the admission process, you MUST be physically present at the Institute on 17th June, 2022 for registration. You must also pay the first term fee as mentioned in the Registration Brochure before the date of Registration.





**Sujata  
Anshuman Arora**  
BMS Batch 2021

**Indian Institute of  
Management Shillong**

Umsawli, Shillong-793018  
East Khasi Hills District,  
Meghalaya, India.



**Sumit  
Prashant Jethwa**  
BMS Batch 2021-22

**Indian Institute of  
Management Ranchi**

Suchana Bhawan, 5th Flr,  
Audrey House Campus,  
Meur's Road, Ranchi-834008.

To,

**Vora Sujata Anshuman,**

Date: 23-05-2022 CAT-2021 Regn. No. :21049684

Dear Vora Sujata Anshuman, Congratulations!

I am happy to inform you that you have been selected for admission to the Institute's Post Graduate Programme in Management (PGP 2022-24) for the session beginning from third week of June 2022; the registration is scheduled for 17th and 18th June, 2022. This admission offer is provisional and is valid subject to your fulfilling the requirements as mentioned in the Registration Brochure, made available in your dashboard. You are advised to go through the Registration Brochure carefully and undertake appropriate measures to satisfy the admission requirements.

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To complete the admission process, you must be physically present at the Institute on 17th June, 2022 for registration. You must also pay the first term fee as mentioned in the Registration Brochure before the date of Registration.

**Offer Letter\_IIM Ranchi\_MBA**

2022-24



Admission Office IIM Ra... 25 May  
to me



Dear Candidate,

<b>CAT Registration No.</b>	<b>21048694</b>
<b>Name</b>	<b>JETHWA SUMIT PRASHANT</b>

Congratulations!

We are pleased to inform you that you have been **provisionally selected** for admission to the **Two-Year Post Graduate Program in Management (MBA) of IIM Ranchi for the Session 2022-24.**

You are required to confirm the acceptance of this offer by making a payment of **Rs. 1,10,000/- (One Lakh Ten Thousand Only)** online as the **Acceptance Fee** through the payment gateway link given below:



**Indian Institute of Management  
Ranchi**

My leap in career is nothing but the mammoth construction on the roots which were grounded 15 years ago when I was a student of Nagindas Khandwala College. As it says, every step you take has a connecting story behind it whether it is good or bad, for me it is simply the best connecting story of learning, guidance and confidence which boosted during my college life. Academic life association with the college, in terms of mentorship, guest lectures, etc. from the likes of Mrs. Ancy Ma'am, Mrs. Ainapure Ma'am and Mr. Suchak sir has been a constantly infusing source of motivation to keep pushing my limits.

<https://brandequity.economictimes.indiatimes.com/news/the-people-report/samsung-ads-india-announces-four-appointments/90055054>

<https://www.campaignindia.in/article/samsung-ads-india-announces-key-appointments/476296>



Vikas Suthar, B.A.M.M.C., Nagindas Khandawala College 2020-21 wins the National Crown of Everyuth Times Fresh Face Season 13.

College had given me so many experiences from which I could shape myself and become a better person each day. The continuous collegiate performances gave me a thrill of wanting to experience more from this field. After I graduated, I went on to participate in Times Fresh Face Season 13. This time was my third year trying to participate. And I really feel my destiny wanted me to put forward the best version of myself for this competition. I went on to clear the 3 online rounds then the semi Finals and went on to win the Bombay City Finale.

I represented the city for the National Finale and won the title of Times Fresh Face Season 13 out of 35000 other contestants which was a different feeling. I received a scholarship for Anupam Khers Actor Prepares after winning the competition. From February to May 2022, I trained for 3 months to come out as a better actor.



Vikas Suthar





# Mindshare

"Self-belief and hard work will always earn you success."  
- Virat Kohli



## When I am bidding

*Adieu*

Asso. Prof. Vijay G. Suchak  
Vice-Principal and Head of the  
Department-Commerce



The very thought of saying 'Goodbye' has made me emotional and my spirits dampen at the very thought of it. With these emotions, I shall make an attempt to share the memories of my sojourn here with you all in the last 38 years. Having started my teaching career with MKES Junior College on 2<sup>nd</sup> July 1984, I was ushered into the MKES Parivar. I worked in the junior college for two years. Due to fewer classrooms, the Junior college lectures were conducted in two sessions in the space-crunched premises of the present Sheth N. L. School. Lectures were conducted in two classrooms alone and the office, Principal's Cabin and the Staff Room functioned from a third room. The adjacent small area on the ground floor was the canteen and its upper portion housed the library. However, within a period of six months, the college shifted its locale to the then newly constructed and the present main building. Initially it was a two-storied structure and gradually got modified into a four-storied building. After many years, two additional floors were constructed in the rear-side to accommodate more divisions.

My journey with the Degree College started in June 1986. It was MKES College then. However, in April 1987, the MKES College was renamed Nagindas Khandwala College. My tenure from June 1986 to May 2022 (36 Years) is truly a long one. During this period, I had the good fortune to work under three Principals namely, Late Mr. K. N. Tirodkar, Dr. (Mrs.) Ancy Jose and Prof. (Dr.) Moushumi Datta. The founder Principal late K. N. Tirodkar was a stalwart in Commerce. He was highly learned, very well read and a prolific writer and hence I had the privilege to learn a lot from him. When I joined, the former Principal, Mrs. Ancy Jose was my colleague from the Department of Mathematics. She has been with the college since its inception. She was appointed as the Principal in 1993 and held the post till October, 2021. Madam was the Principal of both the Junior

and Degree College for a period of twenty-eight years and during her tenure, the College has made remarkable progress.

Dr. (Mrs.) Ancy Jose has been the longest serving principals among the Colleges affiliated to the University of Mumbai. During her stewardship, the College has received many laurels and achieved many milestones. The College went for its first NAAC accreditation, way back in 2003, when it was not mandatory. I am a witness to the College for having successfully accomplished three cycles of NAAC Accreditation with 'A Grade' Certification and a series of audits for receiving the ISO 9001:2008 and 9001:2015 standardised Certifications. Besides, the college also won the Best College Award of Mumbai University and the prestigious IMC-Ramakrishna Bajaj National Quality Commendation Certificate in 2013.

Another prestigious moment came when the College was granted Autonomy in the year 2016 which is definitely a very important milestone in the educational world. As per The Education World Magazine's survey of autonomous colleges, our college was ranked 12<sup>th</sup> at All India level and 5<sup>th</sup> in Maharashtra. As per 'the Education World Grand Jury India Education Rankings 2021-22', our college was ranked first, under the category of New-Age Study Programmes. All these happened under the able guidance and proactive leadership of Dr. Ancy Jose. A very humble and kind-hearted human being, Ancy Madam has been a source of inspiration to me and many others. She has shown an exemplary charismatic and transformational leadership during her tenure as the Principal. I would cherish my long association of thirty-eight years with her, and consider her as one of the most revered persons in my life.

During the long and eventful journey of thirty-eight



years with the institution, I happened to interact with many members of the Managing Committee as well, who have spearheaded and shaped the institution to this level. I fondly remember Late Shri Navneetbhai Desai, Late Shri Purushottambhai Patel, Late Shri Jawaharbhair Shukla, Late Shri Ramanbhai Patel and Late Shri Pratapchand Guptaji. I can never forget the strong bond that I shared with Late Shri Hasmukhbhai Upadhyay. Similarly, I cherish the pleasure of having had worked with Late Shri Shantilal Choonilal, the former president of MKES. How humble and noble souls they were!

The present Managing Committee members too are very democratic and proactive in their approach and attitude. Under the able guidance of Shri Hasmukhbhai Rambhia, President of MKES, our college will surely attain the status of University in the near future and scale newer heights in the field of education. I express my sincere gratitude to the entire team of the Managing Committee and all the other members of the MKES Parivar for allowing me to contribute my bit and thereby recognising my work on the many occasions that we have together strived in enabling the college to attain its present fame and glory.

I also have fond memories of having had worked closely with many of my former colleagues Prof. V. G. Waradkar, Prof. D. K. Vora, Dr. G. K. Kalkoti, Prof. V. S. Manudhane, Prof. S. V. Kelkar and CA (Dr.) Varsha Ainapure, all of whom retired a few years ago. Some other friends with whom I worked closely many years ago include Prof. Radha Krishnamoorthy, Prof. Shailaja Sangle, Prof. G. V. Subramaniam, Prof. Mythri Ranganath and Prof. Prasanna Nair. With due respect, I owe tribute to two of my colleagues, Late Prof. Maria D'Souza and Late Prof. G. K. Upadhyaya with whom I have shared some good and worthwhile experiences on and off the campus during our association with the college. I also cherish the good times I had spent with Dr. Vinay Prabhu, Dr. B. M. Pithadia, Dr. Prakash Dongre, Dr. Ruchi Sagar and Dr. Kavita Shah who either took VRS or surged ahead to become Principals in other colleges of late. Here, I am also proudly reminded of Mr. Hanumanta Rao, a former student and colleague, who resigned a few years ago to take up a coveted post in the Examination Section of the Institute of Company Secretary, New Delhi.

I was designated as Professor-in Charge on 10<sup>th</sup> June, 2013 and appointed as the Vice Principal on 9<sup>th</sup> September 2014. I am grateful to the Management and Ancy Madam for placing their trust in me and considering me deserving for the post. I may not have done great things as a Vice Principal, but I can definitely state that the tasks assigned to me were

fulfilled in the best way possible. Two other prominent colleagues, with whom I have worked very closely as Vice-principal, for quite a number of years, are Dr. Mona Mehta and Prof. (Dr.) Moushumi Datta.

Dr. Mona Mehta, Vice Principal, Self-Finance Section, is a very energetic and a dynamic person. She is a good administrator and equally tech savvy. She is good in grooming the young faculties and moulding the students. She would always be remembered for her unique style in proposing the 'Vote-of-Thanks' for the numerous functions we have hosted. Prof. (Dr.) Moushumi Datta is yet another synonym for being vibrantly energetic. She is very meticulous and hard working. She is an epitome of research and has many national credentials to her name in the field of research. She has recently taken over as the In-charge Principal and would be leading the college as its Principal very soon. As an IQAC Co-coordinator, she has played a major and unparalleled role in preparing voluminous documents for NAAC, ISO, RUSA and many more institutional certifications. She has worked day and night on many occasions to complete the huge paper-work for these institutes.

With humbleness of heart, I highly appreciate and sincerely acknowledge the time spent with my other colleagues from the Aided and Self-Finance sections. I have learned many things from this college. I thank you all for your excellent co-operation that has helped me discharge my duties to the best of my abilities in the different capacities. I have served the institution - as a colleague, head of the department, M.Com. Co-ordinator and Vice Principal.

I remember Mr. Jiledar Rai, the former Vice Principal, Mrs. Anuja John, the present Vice Principal and Mr. Sanjay Joshi, Supervisor of The BSGDs' Junior College for extending their support to me in administration related matters. Similarly, I thank the Junior College staff members for the love and respect they have showered on me. The administrative staff is considered the backbone of any institution. And I would not have been able to discharge my academic and administrative duties without their support. I thank them all for being so supportive and co-operative. Similarly, I thank the library staff for being such wonderful people and assisting me whenever required.

A teacher cannot be complete without his students and I am no exception to this. I shall hold close to heart the memories of all my students (more than 20000), who made me a good teacher and a good human being. Their inquisitiveness always made me read and be well-prepared to impart better-quality teaching. At times, they were my teacher and I have learnt many a good things from them. I have evolved over the years

to remain relevant. My students have contributed a lot to make my life so enriching and meaningful. When I look back, I feel that I was a novice in this profession when I joined and now I have ripened over the years. I have the satiated feeling of having achieved a lot, thanks to this institution. This College has given me the recognition and the opportunity to earn respect as a teacher inside and outside the college. It helped me a lot to grow into a better person and thus realize my true potential. I have the fullest satisfaction of having chosen the right profession and selecting the right college to work in. I believe in destiny and it was in my destiny to be here and to be whatever I am today.

Our college would soon enter its fortieth year of existence. It has seen an exponential growth in a period of over three decades. Dr. (Mrs.) Ancy Jose has been appointed as the Director of the MKES Colleges and Prof. (Dr.) Moushumi Datta and Dr. Mona Mehta are the new powerhouses. The MKES management has always been very supportive in all the endeavours undertaken by the college and will continue to be so.

I am confident enough that our college would achieve greater heights under a proactive management and watchful eyes of Director Madam. Prof. Dr. Moushumi Datta as the Principal and Dr. Mona Mehta as the Vice Principal would always be ready to contribute their might in transforming Khandwala College into one of the most sought-after colleges by the learners. The college will set new milestones and become an autonomous university in the years to come. My best wishes to all !

## FAREWELL



## GRATITUDE

They say that 'All journey's that have begun, must also end'. My journey with Nagindas Khandwala College of 29 years 09 months and 03 days ended on 24th March 2022 but the memories, colleagues, friends and students I met along the way will always remain with me wherever I go. I would like to thank each one of you for adding value to my life and for giving me a bag full of memories. I express my sincere gratitude to all my students and send my best wishes for their future endeavours. I thank each and every one of you dearly for everything and ask for blessings for my journey ahead.

**Aso. Prof. Dr. Prakash Dongre**





# Embracing LIFE



"The life you want begins by embracing the life you have" – Rob Bell  
Asso. Prof. Dr. Mona Mehta

Life is a gift that we have and we must cherish it. Each day of being alive gives us an opportunity to discover something new about ourselves. Different situations that are thrown at us help us discover and understand ourselves in a better manner. There is so much to celebrate in life. India has an enriching culture which not only makes us appreciate the joy of being an Indian but teaches us to enjoy every moment.

It is not possible to experience success all the times. All of us experience failures too. Some of us are able to manage failures and bounce back whereas others may struggle. It is important to look at failure as a learning step in life. It is imperative to introspect what went wrong and where improvement is needed when you experience failure. A lot of us do not introspect and stop doing things which we were wrong at. Giving up things we like doing creates dissatisfaction in everything we undertake. We must have the courage to look at things, we find difficult, in the eye and tackle it. It is not possible to succeed in everything that we do, but definitely we can learn and grow from

the experiences that life has to offer.

With the pandemic, the perspective of looking at life has changed. The products that we thought we could not live without, we all learnt to manage without them. The positive side of the pandemic was that everyone at home learned to manage the workload at home and office. Each member of the family contributed to the household work while working. This was indeed a discovery for a lot of individuals that they can manage both the fronts. The gender divide also waded as no work was looked down upon. Infact, there was immense appreciation for the work homemakers were doing.

A new concept of 'Work from Home (WFH)' emerged. A few years ago nobody thought, that was possible. Online education grew, students and teachers made sure that learning did not stop. People became hygiene conscious and they made sure that their hands were clean, especially when having food. In difficult times like the Covid, each individual has a story to tell and each story had a different viewpoint of life. The most important thing is we all survived and have learnt a lot of new skills.

Life is a perspective and we must find happiness in everything we have and whatever we do. Learn to appreciate the small gifts of life and never forget to thank people who have contributed to your success. When you appreciate the little joys of life, a circle of positivity is created around you and you attract success. So don't be scared to try new things, discover your passion, meet new people and to live life to the fullest.

***When you embrace life, it embraces you back.***

## The Non-Cooperation Movement of 1920

### An Economic Analysis

Asso. Prof. Dr. Marina Pereira



Today when we talk of a self-reliant India, I strongly believe that its foundation was laid by the Father of our Nation, Mahatma Gandhi, years ago. The year was 1920 when he gave the call to start a Non-Cooperation Movement against the British Government for its faulty policies. There was public unrest against British governmental reforms and the prevailing economic crisis plaguing the nation. Famines and epidemics made the situation worse for the common man.

Under this movement, it was decided that foreign goods would be shunned and that the accent would be on the manufacture and business of Swadeshi articles. Foreign clothes were boycotted and a bonfire was made of such things at several places publicly. This movement is an important chapter in the fight for India's Freedom Struggle. With the Non-Cooperation Movement taking wings, it evoked feelings of nationalism in people who used to see only oppression. They also started feeling that come what may India would get freedom from British rule.

Gandhiji also exhorted students to boycott government-run institutions saying that "Education that does not impact character is of no use to anyone." He also requested lawyers and advocates to quit government courts. Big names like Motilal Nehru, M R Jaykar, Vallabhbhai Patel and others put their might behind this call of the Mahatma. Amidst feelings of nationalism and patriotism, Gandhiji gave the mantra of Swadeshi to the entire nation. 'Be Indian, Buy Indian' became the buzzword for oppressed Indians. I feel that even the foundation for the present Government programme 'Make in India' was laid during the Non-Cooperation Movement of 1920.

E F Schumacher in his book 'Small is Beautiful' has mentioned the importance of manufacturing products on a small scale which proves to be profitable. Although the economist John Maynard Keynes is well-known for his macroeconomic theory to solve the problem of unemployment, according to me, Bapu's contribution in this field is even more significant. He was a welfare economist with practical ideas. Gandhian economics always advocates the idea of small scale production in which there is no exploitation of workers and the environment and there is justice and equality. It gives importance to man and not to machines.

Gandhiji believed that the Charkha represented the Spinning Wheel of progress and always emphasized that the real India resides in the villages and not in the cities. A country progresses only if its villages are developed and self-reliant. The rural economy is the backbone of a country's economic development. The use of the Charkha became a tool for villages in achieving progress and self-reliance. Khadi products are considered environment-friendly and are highly sought after by people not only in India but also in foreign countries. The Charkha and Khadi brought a sea-change in the rural economic scenario. This self-employment tool for the marginalised laid the seeds of inclusive growth for the rural economy.

Bapu wanted people to lead simple lives and limit their needs. According to him, simplicity comes naturally, it cannot be cultivated. Mother Earth has enough for everyone's needs but not for their greed. The Non-Cooperation Movement of 1920 popularised Gandhian principles like Sarvodaya, Antyodaya, Self-Reliance and Non-possession for most Indians. It helped them spiritually and emotionally in dealing with several setbacks. Similarly hundred years later, when Covid-19 struck the world, Gandhiji's principles like simplicity, cleanliness and Swadeshi once again guided the nation in these difficult times. The Non-Cooperation Movement of 1920 may have started decades ago, but it taught valuable lessons not only to India, but the entire world. It inspires the world to face any difficult situation and overcome obstacles at any cost. His words "Be the change that you wish to see in the world" are still relevant and will continue to inspire generations.



## अमरपट्टा

माझ्या जन्माच्या ६० वर्षे आधी जिचा जन्म झाला. मला गाणी आवडून पाठ होण्याच्या वयापर्यंत जिने संगीताच्या विश्वात अढळपद मिळवलं होतं. तिच्या करोडो अरबो चाहत्यांपैकी मी एक ठिपका. पण हे जग सोडून जाताना तिने माझंही जग हलवून टाकलं. अगदी गदागदा. ती गेल्यापासून अनेक दिग्गजांनी तिच्यावर लिहिलेले लेख वाचले. (माझ्या)दुर्दैवाने 'मुघल-ए-आझम' मधली गाणी, अमिताभ च्या ७०-८० च्या दशकातील चित्रपटामधील मधली गाणी सोडली तर जुन्या हिंदी गाण्यांमध्ये मला फारशी रुची नाही ( आणि ज्यात आहे त्यात साम्राज्य आशाचेच!). पण ही मली मोठी पोकळी तिच्या जुन्या-नव्या मराठी गाण्यांनी भरून काढली. शाळेत असताना माझा आवाज अगदीच टाकारू नसल्याने समूहगीते म्हणताना आम्ही तिची अनेक गाणी पाठ केले. सहावीत असताना 'सागरा प्राण तळमळला' ही कविता होती. कविता पाठ पाहिजेत म्हणून आम्ही मराठीच्या तासापूर्वी कविता म्हणायचो. मी आमच्या जोगळेकर बाईंना आगाऊपणा करून विचारलं होतं.. 'ही कविता तर ओरिजिनल चालीतच म्हणू ना आम्ही?' बाईंनी 'वेड लागलंय का?' अशा अर्थाचं भलं मोठं प्रश्नचिन्ह चेहर्यावर आणत 'नको' म्हणून मला (मनातल्या मनात) कोपरापासून नमस्कार केला असावा!

शाळेतच एका समूहगीत स्पर्धेत आम्ही 'वेडात मराठे' हे गाणं म्हटलं होतं. त्यातून 'शिवकल्याण राजा' ची ओळख झाली आणि त्यातल्या एकापेक्षा एक दिग्गजांनी झपाटून टाकलं. स्वराज्यापूर्वीची भयंकर अवस्था वर्णन करताना 'माणसा. खावया. अन्न नाही'. म्हणताना तिचा स्वर आपलं काळीज कापत जातो. 'भगवन. भगवदगीता सार्थ कराया या' म्हणत शिवरायांना आळवणारे शब्द तिच्या तोंडून ऐकताना आपण हेलावून जातो. बाजीची अवस्था वर्णन करताना 'होय तनुची केवळ चाळण.. मिटल्या झाले अधीर लोचन' हे शब्द ऐकताना अंगावर आलेला शहारा माझ्या अजून लक्षात आहे.

'जयोस्तुते' आणि 'सागरा प्राण तळमळला' ऐकताना त्यातील चार बहिणींचा आवाज ओळखण्याचा अयशस्वी प्रयत्न मी खूप वेळा केला आहे! हिंदी जुनी गाणी फार ऐकली नसली तरी काही तिने आमच्या पिढीसाठी सुद्धा खूप दवेजंसहपं देऊन ठेवला आहे. हम आपके है कौन मधली माधुरीची गाणी कोणी कमअस्सल म्हणू शकेल का? रंग दे बसंती मधलं 'लुपाछुपी' लगान मधलं 'ओ पालनहारे' मी शक्यतो रेल किंवा बस मध्ये ऐकत नाही. आणि मी ऐकलंच तर मग माझे डोळे ऐकत नाहीत. लतादीदी एका पिढीच्या प्रतिनिधी आहेत. बाबासाहेब पुरंदरे, सुधीर फडके, सिंधुताई सकपाळ, मंगेशकर भावंडे अशा



-असिस्टंट प्रोफेसर अमृता सहस्रबुद्धे

ध्रुवतार्यांची चरित्रे हल्लीच्या पिढीच्या अभ्यासक्रमामध्ये आणली पाहिजेत. आज अशक्य कोटीचा वाटणारा सैयम, जिद्द, चिकाटी, जीवनमूल्यांवरची अढळ निष्ठा हे सर्व त्यांच्या जगण्याचे भाग होते. पारतंत्र्य, महायुद्ध, फाळणी स्वातंत्र्य आणि त्यातून जाणवणारा कटू विरोधाभास, पैशांची चणचण, रेशनिंग, दहशतवाद, अर्ध्या काय पाव हळकुंडाने पिवळी होणारी नवीन पिढी असे किती अनुभव ह्या नव्वदी गाठलेल्या मंडळींनी घेतले.. पण सगळ्यातून आनंद शोधत राहिले.. बाबासाहेब पुरंदरे म्हणायचे. 'मला लताला तिच्या शंभराव्या वाढदिवसाच्या शुभेच्छा घायच्यात!' कुठल्या मुशीतून घडलेली ही माणसे? आज वैयक्तिक स्वार्थाने दिशाहीन झालेली, छोटेसे ही अपयश न पचवू शकणारी कणाहीन पिढी पाहिली की ह्यांना काय वाटत असेल? दीदींच्या चरित्रातले अनेक प्रसंग वाचताना असं वाटतं. डोळ्यात अपरंपार माया आणि आवाजात अवीट गोडवा असणार्या ह्या बाईंमध्ये एक अपराजित योद्धा लपलेला होता. अनेक आव्हानांचं अत्तर अभिमानाने मिरवत आयुष्याच्या नजरेत नजर रोखून त्या प्रत्येक लढाई जिंकत गेल्या. एकेकाळी असलेलं वैभव, उगवत्या सूर्याला नमस्कार करून नंतर पाठ फिरवणारी कृतघ्न मंडळी, तेराव्या वर्षी अंगावर पडलेली जबाबदारी, 'पतला आवाज' म्हणून सुरुवातीला झालेली हेटाळणी ह्यातल्या कशाचंही भांडवल न करता ह्या फक्त लढत राहिल्या. बाजीप्रभूसारखीच आपल्या भावंडांची ढाल बनून. नियतीलाच शेवटी शस्त्र म्यान करावी लागली, सगळ्या मंगेशकरांना भरभरून द्यावं लागलं. अक्षय्यपदाला पोहोचणारं यश मिळवण्यासाठी झगडावं लागतं. टपबजपउ बंतक बनून मिळवलेलं यश त्यासारखंच आभासी आणि क्षणभंगुर!

आतासुद्धा हरली नियतीच.. लताला कुठे घेऊन जाणार? करोडो माणसांच्या आयुष्याचा भाग झालेले तिचे सूर अमरत्वाचा पट्टा ल्यालेले. तिचं निरागस हास्य, तिचं मंगल रूप, तिचे दैवी स्वर आमच्यासारख्या अनेकांच्या पंचेंद्रियांचे घटक झालेत. आणि तिला कधीच न पाहिलेल्या पुढील पिढीचेही होणार आहेत. आमची लतादीदी आमच्यात असणारच! अमूर्त पण तरीही अमर्त्य!

I want to share with my dear students few Life lessons I have been told by my Late Grandfather Shri Manubhai Upadhyay and my parents, Mr. Gaurang Upadhyay and Mrs. Alka Upadhyay. Even if I won't share life will definitely teach you, but at that time it might be too late and difficult to accept.



- 1) Life, Luck and death is known to none! So never think you have time, do whatever you want right away and live your life to the fullest.
- 2) If someone doesn't treat you well then don't get disheartened because only your parents will love you and care for you, except them anyone in this world can hurt you, so mentally be prepared for it.
- 3) There's nothing in this world you can't live without! Be it your favourite person or your favourite thing. Everything comes and goes but remember life goes on and on!
- 4) Life's short! So don't waste a single day. Procrastination is the thief of time! So utilize every second of your life!
- 5) Love is nothing but just a change of emotions, which keeps changing as per time and situations! So don't get too engrossed in someone's beauty nor get too worried in someone else's pain. If someone leaves you, then give time to help you move on, because time heals everything!
- 6) Unschooled or people who are weak in academics also become successful in life but that doesn't mean it always holds true! No other gift can be compared to the blessing of education, so at the time of your schooling, gain maximum knowledge
- 7) Your parents' responsibility is just to raise you as a good human being and give you education, what you do with rest of your life depends on you so choose wisely what you want to do with your life.
- 8) You be good to others, keep your promises but don't expect the same from others! Expectations hurt so if you want to stay happy be good but never expect anything in return.
- 9) Success often goes to those who dare and act, it seldom goes to timid! So never run away from hard work and making tough decisions in life.
- 10) Life's short, nobody knows what can happen next so spend maximum time with family and make memories for life, because kal ho na ho!

**-Asst. Prof. Bhoomi Upadhyay**





## ONLINE EDUCATION PORTALS



Online learning provides golden opportunity for anyone to continue their education and upgrade their skills. New era is of skilled education along with traditional education. This article will focus on information about few online education portals.

### 1. Udemy:

Udemy is an established personal learning portal that offers courses which are inexpensive. It offers a wide range of classes on traditional educational topics as well as specific business skills, like, specific ways to use Excel for financial analysis. Ratings are provided by the past students for all of these classes.

### 2. Coursera:

Coursera is the biggest name in online education and courses. It offers more than 3,900 specialized courses of various universities. Most of the services are available for free, or one can use it to earn an online degree from an accredited university. Software companies have also added many of their certification lessons and examinations to Coursera, which helps the learner with things like database management and using enterprise resource planning (ERP) tools.

### 3. Academic Earth:

Academic Earth is a collection of free online college courses from some of the world's leading universities and colleges. Information about specific courses in many subjects as well as search by university is available on this portal. It collects playlists and video groups which helps the learner to learn from many different services.

### 4. Bloc:

Bloc is a portal focused on web development. It is a more intensive option for those who want to learn quickly. It has this highly structured program running for 25 hours per week over several months instead of short term courses or lectures. It presently offers learning focused specifically on building skills in two areas: web design or web development.

### 5. Canvas Network:

Canvas Network provides educators access to professional development courses and programs. Some of its courses are also available for the public. One can sign up with just an email and access a wide range of content and lessons. Its content is also available under an open license. If anyone wants to ultimately create his- her own content and lesson plans, he/she can utilize what Canvas makes available in some cases. It offers courses and tools in a variety of languages.

### 6. Drawspace:

Drawspace offers full courses and individual lessons to the learners who are creative. It helps them to master different drawing techniques. It provides a mix of content that is free or paid. The learner can learn the basics of drawing and painting through advanced elements, drawing people, and even techniques such as creating art with tea bags or making their own colours. If anyone wants to become an artist, Drawspace includes some lessons which covers on working as a visual artist and even how to teach art to others.

### 7. Codecademy

Codecademy is dedicated to teaching people how to code. There are free courses as well as paid Pro Membership that offers more direct guidance and support for creating a real-world portfolio which you can use to jumpstart a freelancing career. It also offers courses on a number of languages, including PHP, Python and Ruby, and students are often already building and deploying projects by the time they finish their course.

### 8. Harvard Online Courses:

If anyone is interested in studying about business development or STEM (science, technology, engineering and mathematics), Harvard University has made some of its courses and special projects available online. Topics vary from the latest in

computing trends to learning how early explorers navigated using the stars or even real estate development for a post-Covid world.

Most courses include both lectures from Harvard professors and additional study materials. Every piece of audio or video content comes with a transcript to provide greater accessibility. Most courses have registration deadlines.

#### **9. General Assembly:**

General Assembly has campuses in more than 30 cities around the world with a comprehensive online education experience focusing on education in design, business, and technology. It also offers a mix of full-time and part-time classes online along with workshops, free training, and coding events. Traditionally, many of its offerings are in-person or are a mix of online and inperson options. It has added livestream and online options for every event due to the Covid-19 pandemic in 2020. It also livestreams popular lectures and provides real-time interaction with the faculty and other students. Costs varies depending on learner's choices pertaining to one-off lectures or multi-part workshops.

#### **10. GCF Global:**

The GCFLearnFree.org program is an educational tool from the Goodwill Community Foundation's (GCF) global initiative. It has been offering classes for nearly 20 years. It is primarily focused on essential business skills to help people find work. One can discover life skills around finances, freelance work, Internet and computer skills, and creative hobbies.

#### **11. Hack Design:**

Hack Design is a design course program designed to help the learner to create a career in design. Its main offering is a weekly design lesson delivered via email. Most content is free. It does not always follow a traditional course. Its faculties often come from design firms. Some lessons are put in the form of blog posts and other materials hosted on the websites of those firms. Learners can get access to talented thought leaders and new experiences, such as games to test the kerning ability.

#### **12. HTML Dog:**

HTML Dog is great platform to learn HTML. It offers free tutorials, techniques, and examples of web content in HTML, CSS, and JavaScript. HTML Dog is focused on helping the learner to get a website up and running. This option helps learner to polish the skills or get help with a specific issue experienced on a website. It doesn't dive deep into theory or feature long explanations of computer science in general.

#### **13. Instructables:**

This portal is designed specifically to showcase projects where people build physical items, including food. Learner will learn fundamental engineering and even advanced electronics. From turning old linens into ropes and old coins into rings to creating drones or coding a 3D game, there's plenty to discover.

#### **14. iTunes U:**

If learner have Apple products or an account, the company's iTunes U is a collection of courses and lectures from leading universities. With the help of part of the iTunes software courses, topic or university can be accessed. In many cases, it will be possible to get audio and video of lectures, have access to some books and materials, and even download quizzes with answer keys. Some schools now use iTunes U as part of their online classes, allowing people to ask questions and teachers to respond, plus submit work and receive grades.

#### **15. Iversity:**

Hailed as the 'Coursera of Europe', Berlin-based iversity has partnered with European and international universities to offer academic courses for free. The company has recently added certificates and verification of course completion for most of its classes, allowing students to verify course participation and learnings with an official document. Costs vary and there are a few free options as well. Companies can now partner with iversity for the training of their workforce.

#### **16. Open Culture:**

Open Culture is a website which collects online education materials and supports lifelong learning with free classes, audio, and video. The non-profit looks across the Internet to find free learning resources and gathers them so they're easy for you to browse, sort, and find something you want to learn. It currently lists more than 1,500 free courses, predominantly from universities.

#### **17. Skillcrush:**

Skillcrush is a coding-focused learning company which offers free and paid classes in the area of design, user experience, digital marketing, and HTML coding. It also offers an ongoing free coding bootcamp which helps learner to learn the basics and then charges for more in-depth classes. It also provide hands-on support. It is designed for people new to computer science and coding. So there is no requirement for prior experience or a coding knowledge.



### 18. Skillshare:

Skillshare is a community marketplace for new skills. It has sponsored your favorite independent artists, You Tubers or podcasters. Skillshare offers an online catalogue of video-based courses as well as in-person workshops in multiple cities pertaining to a broad range of different subjects.

### 19. Stanford Engineering Everywhere:

Stanford Engineering Everywhere (SEE) expands the Stanford experience to students and educators online with no charge. Classes can be streamed and also downloaded. Courses are focused on engineering and include the courses taken by the majority of Stanford's undergraduates. There are also advanced options on AI and linear system optimization.

### 20. Udacity:

Udacity is a platform which strongly focuses on technology with well-crafted selection of courses. If you're looking to break into data science, AI, or cloud computing, Udacity's data science program has an impressive roster of teachers from companies like Salesforce and Facebook. Udacity's pricing structure allows you to pay monthly for your courses as part of what it calls a 'nano degree'. Generally, these cost \$339 per month or you can pay for multiple months at a time to save a little. Classes come with real-world projects, tech support, and career services.

**Ms. Kalpana Divekar**  
IT Administration



Our globe is full of Women,

A woman is priceless and blessed, she has to be admired and idolized.

A true women's worth has to be held up in a very high-regard.

A woman is remarkable, she is the totality of who she is.

In order to pursue her dreams and live in a bigger version, she chooses to live in complete freedom, without any limitation and justification.

A woman is bold enough in making her own choice in anything and everything.

A woman is responsible enough for the choices that she has made – the right ones, and the ones that went wrong.

A woman is worth everything with all her imperfections.

No one can define a woman more than her own self, the journey that she's been going through, the best of experiences that she has had, the hardships, feelings, thoughts and emotions. This itself determines herself and the purpose of her life.

Women are resilient and courageous. Therefore,

A Woman is Worth Everything!

***"There are two powers in the world; one is the sword and the other is the pen. There is a third power stronger than both, that of women."***

— Malala Yousafzai

**Kasandra Gudinho**  
Library Staff



Scented serenity sanctifies soul.  
Silent surrounding sermons the peace.  
In my small town, I couldn't surmise for whom the Bell tolls.  
Listening distant sonorous radio song with plausible melodious tune of the past.  
Now the time has composed such a plangent song.  
Singing has become too difficult...  
I here at the wee hours, reminiscent  
Of the beautiful melodious song...  
Unfurling my old consciousness into wafting perfume of mind.

Like froth on the surface of the sea...  
Beautiful life just happened.  
Meandering among the trees...

Clinging, clasping, clapping with old attachments...  
Now only encapsulated existence.  
All anger, ego, lust, jealousy are foolish things.  
Polishing inner self.

Me purifying myself in the furnace of agonising mind.  
Benign covid air had crippled that vision.  
And distance has slackened my freewheeling spirit.

Tolerant mask is the only immunity.  
People with weight of gold over the chest  
Dying without oxygen.

Old people are digesting their experiences.  
Some people are still  
listening the music in the grave.

Beggars with their empty skulls are  
untouchables for the Covid virus.  
With hapless plight and gapless play-  
back  
Humanity is at play...  
Heart is at the service of Death.  
I am carrying my own corpse in my  
brain,  
Because land is very expensive  
nowadays.



**Asst. Prof. Nandkishor  
Damodar Sonar**





# Marital Blitz and the Way Forward – A Cinematic Gaze

Asso. Prof. Nita Dhote

Does a broken marriage empower the woman? This question comes to mind when one thinks of two landmark Hindi movies, Mahesh Bhatt's *Arth* (1982) and Govind Nihalani's *Drishti* (1990). Both are based on husband-wife relations. Marriage has always been sacred to Indians for centuries. Since India's independence, however, major changes took place in the family, social structure and in marriage as an institution. Joint families broke up into nuclear ones, giving more privacy to the couple. The mutual relations between the husband-wife changed. The notions of tolerance, patience, sacrifice, putting others' needs before oneself – these became passé. Urban couples (in particular) began to assert their freedom and dared to break the suffocating fetters. In the past, they used to fear society, their relatives, their neighbours and their elders. Now they broke free. They began to value personal goals, indulge in fantasies and seek private space in the marriage relationship.

For women, forging a career and retaining their newly found economic independence became important. The nuclear setup at home definitely helped. It gave them freedom to explore their passions and dormant talents. They dared to dream. All these changes were faithfully transported to screen by India's filmmakers. But just as cinema influenced the people, cinema also showed a mirror to society. Films were made on husband-wife relations even before the two movies of the eighties that I mentioned above: *Avishkaar*, *Abhimaan*, *Duvidha* (by Mani Kaul), *Aandhi*, *Tere Mere Sapne*, *Kaash*, *Dooriyan*, *Humkadam*, *Aap ki Kasam*, *Mahanagar* (in Bengali by Satyajit Ray). Though some did depict the rupture in the husband-wife relations, hardly did they show a spouse moving away from the family for self-gratifying or purely selfish reasons.

The cause lay in societal or other circumstances, sometimes brought about by the husband himself, which forced either the wife to walk out of the relationship or vice versa – usually for a temporary period.

Why *Arth* and *Drishti*? Because here, the reason for the rupture is different. It is engineered by the husband's conscious act of physical straying. Lust and unbridled passion are the reasons he walks out on the wife and consciously terminates the marriage bond. He wants more than what the legal tie of marriage can give him. The freedom to shack up with the woman who has caught his fancy though he has no complaint against his legally wedded wife. It is a question of 'Dil maange more'.

What are the plots of the two movies? In *Arth*, Pooja, an orphan, marries an ambitious film director, Inder Malhotra. Emotionally and economically dependent on him, she dreams of her own home. Inder gives her the keys of that dream house only to reveal later that he is leaving as he is having an affair with the affluent actress Kavita Sanyal – a schizophrenic, neurotic and possessive woman. Pooja begs – first her husband, and then Kavita – to stop the relationship, but in vain. After a public face-off with Kavita and Inder (for the first and only time) at a party where she sees them together; Pooja, in a drunken moment, calls Kavita a 'whore' for having robbed her husband. In a candid moment the following day, Inder returns to 'inform' Pooja that the house she is so proud of has actually been financed by Kavita. After this scathing revelation, refusing to live on the charity of her husband's mistress, Pooja decides to leave the house.

The sub theme is of Pooja's maid, a survivor of domestic violence with an alcoholic husband who has his own mistress. Despite all this, Bai (the maid) is trying to educate her little daughter in the hope of a better future. Her words encourage Pooja to leave her home and move to a women's hostel. Pooja gets

a job, and tries to make a life for herself. She finds a good friend in Raj, a ghazal singer, who she had met at the party. Her childhood friend Aparna and her lawyer husband Arvind too provide emotional support to Pooja. Though Inder and Kavita are in a live-in relation, she forces Inder to get a divorce. However, unable to bear the guilt of stealing him from Pooja, she undergoes a breakdown and eventually casts him off.

The maid, in the meanwhile, kills her alcoholic husband when she finds that he has stolen her money (a substantial amount) which she had been saving for her daughter's education - and surrenders to the police. She hands over her daughter to Pooja, asking her to educate the little one. Inder now returns to Pooja, begging for a second chance - which Pooja refuses. She no longer needs him. She has a job and a child to look after, and most importantly, her self-respect. Though Raj professes his love for her, Pooja refuses to settle down with anybody else. She recognises her identity as a complete woman - not a commodity any longer. She chooses to stay single & independent - and to mother her maid's daughter.

In *Drishti*, Sandhya and Nikhil are a happily married, urban, professional couple. Coming from middle-class families, they have risen in their professional life by virtue of merit and hard work. On their eighth wedding anniversary, they throw a party - at which, one of their friends brings his nephew Rahul, who is a classical singer. Sandhya is attracted to him and has a brief affair with him. She confides in her friend Prabha; but does not tell Nikhil about it. After a couple of months, the affair ends. Sandhya conceives. While she is confused whether to give birth to the child or not, Nikhil is quite clear he does not want an addition to the family. But there is a miscarriage. After about a year, Nikhil who has fallen in love with Vrinda (his office lab assistant), tells Sandhya about it and leaves her. Sandhya is shattered. Four years after the divorce they meet again, and Sandhya mentions her affair with Rahul. Why were these movies pioneering? Why did they break the mould and become epochs in their time? Arth definitely was a pathbreaker. Moreover, they won National Awards. There are close similarities between them (for obvious reasons) - both have husbands who jump the fence. Their subject matter is marriage and relationships outside it.

The protagonist pairs belong to affluent homes. Though they have worked their way up in life, they enjoy a particular standard of living. In the beginning, there is a slight tentativeness in both Pooja and Sandhya, which changes later. Both women crumble when they hear their husbands utter the devastating words. Pooja, a housewife who grew up as an orphan (with only her friend Aparna as a go-to person for the smallest problem), entirely depends on her husband for both, emotional and financial support. She evolves into a strong, independent and confident working woman cum adoptive mother only after her suburban marital bliss ends in a blitz. In contrast, Sandhya, is a working woman from the beginning. Though an editor in a publishing house, she also is appalled by her husband's firm and inflexible decision to exit from her life. But when he asks to return, on the eve of their divorce, she tells him she realised - rather slowly - that she was free of "the flotsam that had built" between them of "hatred, pain, (and) of displeasing" him. Her final stand "I am above thirty. I have a daughter. And this is the only reality for me" is too close to Pooja's words to Raj in the last scene, for a discerning viewer to miss. "I have got the opportunity to be a(n adoptive) mother. After having Malhotra legally removed from my name, I am now completely myself. The realisation that I belong only to myself is too strong and precious to let go. Your bond of love will make me weak again." (Pooja's words).

Both women are dreamers. Pooja dreams of owning her own apartment. Sandhya is imaginative and poetic, in that, the first rain showers always ignite her imagination and her refrain at both the beginning and the end of the movie is "Kitna sundar hai na?" (How beautiful it is). After plumbing the depths of despair, each female protagonist emerges as a woman of grit, mettle, and fortitude. Another common point between these movies is the fact that the ghost of the wife remains, as it were, between the infidelous husband and his mistress. Just as Pooja becomes the crease between the separate sides of a bed that Inder and Kavita share, in a frank moment of truth-sharing, Nikhil recalls T. S. Eliot's poem which talks about a third figure walking between a pair. He tells Sandhya that she is the third person ever present between Vrinda and himself. Thus, the infidelous pair can never shake off their guilt of how they have wounded another being.

A unique thread that runs through these movies is the bond of friendship. In Arth, Pooja has Aparna (her childhood friend) and her lawyer husband Arvind at first, to provide emotional succour. It is important to note that Inder does not enter this haloed circle. (not even



when he comes to apologise to Pooja; he opts to stay outside) It is Pooja's private reserve. Pooja is blessed to get yet another dependable friend, and admirer, in Raj - who subsequently proposes marriage. In her worst moments, he offers a crutch. He has seen her stoop to her lowest - when she throws dignity to the winds in the drunken moment at the party, Raj firmly hustles her out of the clutches of the pawing predators. He helps Pooja get a job and devises a home-made party for her on the day Inder callously asks her to sign the divorce papers - totally disregarding the fact that it is her birthday. Raj remains steadfast and understanding even when Pooja refuses his proposal and decides to foot it alone in life, armed with the new found confidence he had always urged her to garner.

Drishti offers a very unique take on friendship. Sandhya is blessed to have a confidante and true friend in Prabha whose marriage with Ramesh is also on the rocks. This pair provides a foil to Nikhil and Sandhya whose marriage seems on-track at that point in time. Prabha becomes Sandhya's inspiration when Nikhil leaves her. When her marriage also founders, Prabha starts a boutique on her own steam, taking not a penny from the niggardly and chauvinistic Ramesh who has scant respect for his wife. Their arranged marriage, though valid on paper, is a sham in reality. Whereas, Nikhil's relationship with Sandhya is markedly different. Even after exiting from her life, the two are bound by a unique tie of friendship. Over coffee, they converse with each other at length, discuss their marriage at every point, analyse why and where it went wrong, the confusions and suffocation they felt when they were with each other, how Nikhil could never reach out to 'that Sandhya' who had insulated herself from expressing her feelings - in other words, the mature and dependable wife versus the scared and vulnerable Vrinda (his invisible much younger mistress). Interestingly, when Nikhil meets her on the eve of obtaining the divorce, they have a fleeting intimate moment!! To his own utter amazement, in the course of these friendly discussions, Nikhil discovers why he strayed. He realises that Vrinda reminds him of the much younger Sandhya. Thus, he was looking for the younger Sandhya of their courtship days (which he sees in Vrinda.) The Sandhya of today is a mature version of the old youthful girl who has been left behind forever - nine years back in time.

Contrast the Pooja-Inder of Arth and this pair of Drishti. In that movie, there is no place for friendship between the couple, once Inder crosses the threshold of Pooja's dream house. Within eight years, from Arth (1982) to Drishti

(1990), Indian film makers showed that couples in India were looking at divorce from another lens. While Arth concentrated on the emancipation and self-esteem of the discarded wife, Drishti focussed on the notion that friendship is still possible in a fractured marriage. The signature on the divorce papers need not dent their friendship. This is a new possibility - a change in their relationship.

While Inder's friendship with Kavita is pure lust and unbridled passion, there is a similar transgression in Drishti, between Sandhya and Rahul. Sandhya too, is no saint. When she eventually tells Nikhil about her affair with Rahul, four years after her marriage ends, the audience wonders about the need for it. We also share Nikhil's doubt whether the foetus that Sandhya miscarried was really Nikhil's. After all, she too had transgressed. So, her indignation at what Nikhil did to her and his lack of understanding about it, seems hollow as she also has kept a secret from her husband. A transgression is a transgression - however brief and unimportant it may have been to Sandhya at that point of time. The question the viewer asks is if it was so unimportant to her why did she enjoy it so much as she is even telling Prabha about it. And why did she do it? Just like Kavita and Inder, Sandhya too did get carried away by unbridled passion - however brief. Her rationale is totally unconvincing.

The space that Nikhil and Sandhya keep talking about - that they had not had in their own marriage (because of too much honesty) seems to change its form - and become an eternal friendship between them even after their divorce. The audience notes that this pair has no objection with 'so much honesty' after their divorce which they did before! To the extent that the last scene of Drishti too shows the estranged couple feeling completely comfortable in conversing with each other. Though they have charted parallel lives for themselves, the desire to confide in the ex-spouse and share pictures, news and information, is a novel feature of Drishti. It showed that friendship is possible even in a failed marriage. They don't shut the door on friendship ever. Thus, Bollywood movies moved on in their depiction of how a marriage can end in the eighties' decade.

Reader is a person who reads something. In the print era, the information was available in paper format. A reader had to visit a library or a book store to get the required books. During that era, readers were eagerly visiting the library for reading purpose. They themselves had to check the catalogue card and select the title for reading. Then the reader could find the specific copy of the book. In today's era, newspapers are replaced by news applications. Readers get the news in just one click. But what about the books? Are they replaced? If yes, then how does that affect the reading habits of a reader?

No, Books are not replaced but they have changed their format. It is available in digital format. Readers can read it anywhere from any device at any time. Today's youth are more familiar with technology and other reading electronic devices. So, the librarians encourage them to read books not only in print format but also in the digital format. To fulfill the needs of the readers, libraries are subscribing to e-books, e-journals, databases and e-papers. Reading is said to be a cultural activity which just can't be replaced. Reading is a good habit that one needs to have in today's chaotic life. Reading works as a stress buster. It helps one in developing motivational and analytical skills. There is no better companion than a book. A book can help a reader to build good thinking, improve creativity and vocabulary.

During the pandemic, readers were not allowed to visit the library but they were provided with lots of information in the online mode. Digital world has come up with lots of opportunities. How the readers can grab the advantage of these opportunities effectively? A reader has to find a good book or an eBook for reading. Therefore, the reader can schedule the time for reading. A reader has to set the goal to read certain number of pages in a day. Reader can eliminate the distractions. If a reader gets free time, then he/she can start reading and discuss the contents of the book with friends and family. Readers can keep a log of the books that they have read. It is extremely satisfying to go back to the log and see all the great books they have read. They can keep a reading journal where they can note down the quotes they like. A reader can replace other forms of entertainment with reading.

**Librarian Sonali Vhatkar**



## Reading in Digital Era





## Indian Lady Saga

At the dawn, she opens her eyes,  
New beginnings and hopes arise!

Making meal boxes for her little one,  
Brooding her duties to check everything is done.

Seeking divine blessings, she leaves her abode,  
She relishes the nature's beauty on the green road.

Pondering over, what day has in store for her,  
Mismanagement is what she wants to deter!

Making a mental grocery list en route,  
Not missing any details acute.

9-6 she arduously works!  
When she leaves at 6, her male colleague's smirks.  
Naïve Colleagues don't know she still have long day indeed,  
Many mouths at home she has to feed!

With many bags in one hand, the little one clings on the other hand!  
With a forehead kiss she expresses her love,  
Seeing his little eyes her anxiety and stress has been shove!  
Chatter happens all the way with her love!

She cleans, cooks and dances on the family's tune  
Yet she hasn't fume!

Starry night has come and day has end,  
Yet minute for herself she hasn't spent,

To her family duties she has assent!  
Goddess Durga, Saraswati & Laxmi she represents!

Asst. Prof. Trupti Jain





Education is a process of imparting and acquiring knowledge. It's a two-way process where one person spreads knowledge about the subject and the other seeks knowledge. Education can be received from anywhere- classes, institutions, and nowadays from the Internet. The world has shifted to an online platform during the pandemic, and the best part is, that it never stopped. No one can stop anyone from imparting knowledge or receiving it. The perspective of education is very wide. It's not a narrow field where we can limit ourselves. There are ample number of theories and concepts that give knowledge about what one is learning.

It's been two years since Covid has disrupted the whole world. Everything came to a halt except education. Education did not stop, it just evolved. The world went from offline mode to online mode. It was difficult for all to adapt to the technology as it was new in the system. Teachers, Professors, and Academicians were the real heroes who learned the technology so that a million students could benefit and succeed in their lives. Though the job was difficult as change is not easy, all the academicians did a wonderful job not just by learning the technology but also by overcoming challenges like connectivity issues, making the teaching attractive, etc.

so that students do not get distracted. In some areas, teachers went out of their comfort zone by traveling miles just to get proper connectivity so that it won't affect the students. It was stressful for teachers and students as teachers could not understand whether the students are following or not.

On the other hand, students were trapped in their houses unable to meet their friends or go and enjoy the outside environment but we all overcame our obstacles and went through the online phase. However, the pandemic helped the schools, colleges, and institutions to adopt the digitalization and is even prepared for similar consequences if it happens again in the future. Now slowly all the schools, colleges and institutions are getting back to the offline mode. The empty chairs and tables are once again being occupied and the memories of friendship and the physical learning is once again back. Pandemic has taught all how to deal and cope with the changes in not only education but also in all the other fields .

**Asst. Prof. Vignesh Iyer**



# Students Farewell 2021-22









# Faculty Achievements



**“Learning is not a product of schooling  
but the lifelong attempt to acquire it.”**

- Albert Einstein

# FACULTY ACHIEVEMENTS



**Prof. Dr. Moushumi Datta**  
I/c Principal

## A. Major Research Project Completed :

'Study of Road Traffic Congestion in Greater Mumbai: Spatio-Social Dimension and Geo-Spatial Appraisal and Solutions', ICCSR-IMPRESS Scheme, submitted in July 2022.

## B. Publications In ISBN Book :

- 'Impact of Covid-19 on Tourism Industry' published in "Covid-19 Pandemic and World Tourism-Hospitality: Trends, Challenges and Future Prospects", Rajesh Publications, New Delhi, pp 10-20, 2021, ISBN: 978-93-93319-14-8
- Impact of Covid 19 on Health of Women - published in 'Reinventing Sustainable Women Empowerment Strategies in Post Covid 19 Scenario', Khandwala Publishing House, Mumbai, pp 10-21, 2022, ISBN: 978-81 954144-1-3

## C. Publications In ISSN

- **Impacts of Urban Expansion: Case Study of Alibag Tehsil**—"Multidisciplinary Research Journal by Nagindas Khandwala College" pp 18-27 Vol. 01, No. 1 March, 2022
- **Travel Behaviour in Selected Wards of greater Mumbai Tehsil** –"Multidisciplinary Research Journal by Nagindas Khandwala College" pp 18-27 Vol. 01, No. 1 March, 2022
- **Covid-19: Boon or bane for the Nutrition Segment in the Pharmaceutical Industry** – "Bengal, Past and Present: Journal of the Calcutta Historical Society" Vol. 117, No. III July-September, 2021
- **Digitalization in Land use Studies: Case of Greater Mumbai** – [publication awaited by Chetana College]
- **Analysis Of Pollution in Mumbai City District : Case of Ward 'A'** published in Journal of Positive School Psychology; <http://journalppw.com> 2022, Vol. 6, No. 4, 3156- 3163 (Scopus Publication)

## D. Reference Book Authored

**Geography of Resources**, Unicorn Publication Pvt. Ltd., Satara, 1st Edition, January, 2021, ISBN 978-81-931266-6-0

## E. Students Awarded Ph.D.

Two students viz. Ms. Amrita Agrawal and Ms. Jayeeta Datta have been awarded Ph.D. (Geography) in October 2021 and December 2021 respectively.

## F. As Editor:

1. Multidisciplinary Research Journal by Nagindas Khandwala College
2. "Reinventing Sustainable Women Empowerment Strategies in Post Covid 19 Scenario", Khandwala Publishing House.



## G. Resource Person

1	18-06-2021	Workshop for FYBA Geography Syllabus. "Migration"	University of Mumbai, Board of Studies & ICS College, Khed & Shri Panchm Khemraj College, Sawantwadi & Sunrrao More ASC College, Poladpur.	State Level
2	21-06-2021	Perfect format of a research Paper	Research Foundation of India	National Level
3	08-07-2021	Writing a Research Paper	Induction Programme - Nagindas Khandwala College (Autonomous)	College Level
4	12-07-2021	Literature Review	Ph.D Course Work	Ranchi University
5	14-07-2021	Citation & Referencing	Ph.D Course Work	Ranchi University
6	15-07-2021	Plagiarism	Ph.D Course Work	Ranchi University
7	16-07-2021	Format of Research Paper	Ph.D Course Work	Ranchi University
8	02-08-2021	"Introduction to Research (Literature review, identification of research gaps, setting of objectives and Hypotheses)"	Faculty Development Programme On "Innovative Teaching Learning Methods and Research in Law" Organised by : S & S Law College Indore, Madhya Pradesh Research Foundation of India & JHERF	National Level
9	22-12-2021	Experience Sharing: ISO 9001:2015	Mittal College	Local Level
10	13-01-2022	How to Write a Research Paper	UGC- Human Resource Development Centre Guru Dakshita – Faculty Induction Programme Ranchi University	National Level
11	15-01-2022	Research Ethics	UGC- Human Resource Development Centre Guru Dakshita – Faculty Induction Programme Ranchi University	National Level
12	02-02-2022	Spatio Temporal Representation of Pollution in Greater Mumbai	Maharshi Dayanand College of Arts, Science & Commerce	State Level
13	11-02-2022	Scientific Misconduct: Falsification, Fabrication and Plagiarism- FFP	University of Mumbai Research Publication and Ethics Course	State Level
14	23-02-2022	Ward wise Analysis of Air and Noise Pollution in Greater Mumbai	Kirti M. Doongursee College	State Level
15	10-03-2022	How to Write a Perfect Research Paper	UGC- Human Resource Development Centre Guru Dakshita – Faculty Induction Programme Ranchi University	National Level
16	26-03-2022	Paradigm Shift in Teaching Learning & Evaluation – Hybrid Teaching Strategies	G H Rasoni Institute of Engineering & Technology, Pune	National Level
17	04-04-2022	Journey Towards Autonomy	L.S. Raheja College of Arts & Commerce	Local Level



**Asso. Prof.  
Dr. Mona Mehta**

- Nominated as the University Nominee for Board of Studies of Mithibai College for 3 years from Academic Year 2021-22 to 2023- 24.
- Member of Board of Studies of Wilson College.
- Published a paper titled 'Impact of Covid-19 on Under-Graduate Students' in UGC Care List II, Journal, Web of Science: VB International Interdisciplinary Research Journal, ISSN: 2319-4979.
- Conducted an online faculty induction session on 'Effective Classrooms' on 24th December 2021 at UGC Human Resource Development Centre, University of Mumbai and Hansraj Jivandas College.
- Invited as the Keynote Speaker and Chairperson for Technical Session-I for the Multidisciplinary National Level Student Research E-Conference on 'Economic, Ecological and Entrepreneurial Innovations and Development in Post Pandemic Era : Issues, Challenges and Prospects' organized by S. M. Shetty College of Commerce, Arts and Management Studies on 31st January 2022 via Zoom platform.
- Invited as a Resource Person to speak on 'How to write and present a research paper' at Gurukul College of Commerce on 24th March 2022.
- Published a research paper titled 'Impact of COVID-19 on the Health of College Students: A case study' in the International Journal of Advance and Innovative Research with the ISSN: 2394-7780 having an Impact factor of 7.36.
- Selected for the prestigious National Level Thakur Awards for Excellence as 'Excellent Vice-Principal' on 27th March 2022 instituted by TCSC in association with TRCAC, TRCL and TRPS. This Award commemorates the Silver Jubilee Year of Thakur College of Science and Commerce.
- Invited as a Judge for 'Author's Talk' a PPT Competition at Smt. Kamaladevi Gauridutt Mittal College on 11 April 2022.

- Certificate of Achievement on completion of Reuters Training Programme on 'Introduction to Digital Journalism Communication' in June 2021.
- Delivered the Presidential Address for the inauguration of the Histrionics Club, History Department, Women's Christian College, Chennai, Tamil Nadu in July 2021.
- Published a Research Paper on 'A Study of Indian Advertisements that Promoted Transgender Inclusivity and Perception of Society Towards such Cause Driven Content' for a National Multi-Disciplinary Webinar on 'Reinventing Sustainable Women Empowerment Strategies in Post Covid -19 Scenario, organised by the Women Study Centre and Women Development Cell, Nagindas Khandwala College, in January 2022.
- Published a Research Paper on 'Advertising Swadeshi- In PR Independent India and in Covid-19 Bharat-A Comparative Study' in Multidisciplinary Research Journal by Nagindas Khandwala College, Khandwala Publishing House, Volume 1, Issue 1 in March 2022.
- Recipient of the Mid-Level Leadership Achievement Recognition as 'The Outstanding Coordinator of the Year - AKS Educational Awards' in February 2022.
- Delivered a speech at the Expert Talk segment at the AKS Awards Ceremony, Gurugram on 'The bounce back of the Covid Batch' in February 2022.
- Resource Person for Teachers of the Social Studies Department of Union Christian Matriculation School, Chennai on the topic 'Making Social Studies Fun and Relevant' in April 2022.



**Asst. Prof  
Preethi Rao**



- Appointed as Vice Chancellor's Nominee on the Board of Studies in Economics of Mithibai College (Autonomous).
- Appointed as Subject Expert on the Board of Studies in Economics of K.J. Somaiya College of Science and Commerce (Autonomous).
- Delivered a lecture as a resource person on the topic 'Lives to Livelihood Self Help Groups and Microenterprises in Covid Times' at the Online Intercollegiate Lecture Series organised by Pragati College on 24th February 2022.
- Delivered a lecture as a resource person on the topic '1920 Ka Asahayog Andolan: Ek Arthik Vishleshan' at the Online Lecture Series organised by Mumbai Sarvodaya Mandal on 3rd October 2021.
- Convenor of the National Webinar 'Say No to Hiroshima, No to Nagasaki' organised under the Gandhian Studies Centre on 30th July 2021 on account of Hiroshima Day with the resource person, Veteran Gandhian and Journalist, Shri Jatin Desai.
- Convenor of the webinar 'Decoding Constructive Programmes of Mahatma Gandhi in Today's Times' organised under the Gandhian Studies Centre on Martyrs' Day i.e. 30th January 2022 with Resource Person, Associate Prof., Department of Philosophy, Mumbai University, Dr. Namita Nimbalkar.
- Presented a Paper 'Gandhian Values in Times of the Covid Pandemic' at a One-Day National Level E-Conference on Gandhian Thoughts at Thakur College on 31st January 2022.



**Asso. Prof.  
Dr. Marina Pereira**

- Awarded Guideship for Ph.D. in Economics.
- Published a Research Paper ' Impact of Coronavirus on the Indian economy- A Case Study of the Challenges faced by Parents and Guardians of Learners in the Higher Education Sector' in the E- book 'Indian Economy: Impact of Coronavirus and the Road Ahead' edited by Dr. Eknath Mundhe, ISBN 978-93-5566-511-9 pp138-152.



**Asst. Prof. CA  
Hardik Thakkar**

- Invited as resource person twice to conduct seminars on 'Overview of budget and insights into personal finance' organised by IQAC, Nagindas Khandwala College, for Teaching and Non-teaching Staff.

- Appointed as member of Governing Body of Nagindas Khandwala College.
- Appointed as member of Academic Council of Nagindas Khandwala College.
- Invited to the Board of Studies of Accountancy in Self Finance section for BAF, BBI and BMS.
- Convenor of Gymkhana Committee.
- Convenor of Unfair Means Committee.
- Member of Gandhian Studies Centre and NSS.
- Convenor of Workshop under Department of Accountancy and Khandwala Accounting Study Centre.



**Asso. Prof.  
CA Haresh Godhia**



**Asst. Prof.  
Dr. Sindhu P. M.**

#### **Conferences and workshops:**

- Reviewed papers for 'Emerging Researchers Binational Conference on Computer Science, Mathematics and Information Technology (ERBC CSMIT2022)', organized by Institute of Distance and Open Learning, University of Mumbai held on 18th and 19th March 2022.
- Appointed as a program committee member for 11th Information and Communication Technologies (WICT'21) on 16th and 17th December 2021.
- Program Committee Member for the 21st Intelligent Systems Design and Applications (ISDA'21) from 13th to 15th December 2021 by MIR Labs, Washington.
- Attended a National Level Workshop on 'Curriculum Framework for Implementation of National Education Policy (NEP) 2020 in Universities, Engineering Colleges and Degree Colleges' organised by Institute for Academic Excellence in collaboration with Collegiate Education and Technical Education Department, Govt. of Telangana on 21<sup>st</sup> and 22<sup>nd</sup> March 2022.
- Attended a webinar on 'Technologies for Finance' organized by Commerce Association on 17th December 2021.
- Participated in one day International Webinar 'New Education Policy and Indian Languages' organized by Department of Languages, BMCC, Pune on 27th November 2021.
- Participated in 'Higher Education Conclave' organized by MasterSoft on 18th November 2021.
- Participated in the webinar 'National Education Policy 2020 – its Implication in Higher Education' organized by the IQAC of Nagindas Khandwala College on 9th October 2021.
- Participated in a webinar on 'Designing formative assessments for effective learning outcomes' by Turnitin on 8th October 2021.
- Participated in the workshop titled 'Multilingual and Code-Switching ASR Challenges for Low Resource Indian Languages(MUCS) 2021' held virtually on 12th and 13th August 2021.

#### **Audit :**

- Member of the Academic audit team to S. K. College of Science and Commerce, Nerul and executed the IT audit on 28th August 2021.

#### **Resource Person:**

- Resource Person for 5 days FDP on 'Train the Trainer – Hands on Workshop on MS Excel' organized by Department of IT and CS and IQAC in August 2021.
- Resource Person for Training Programme on 'Moodle - Learning Management System' organized by Department of IT and CS for the teachers of Nagindas Khandwala College.
- Resource Person for Short Term Course on 'Learning to Make Effective PPTs' with insights on 'Slide Master and Components of Review Tab' held in May 2021.

#### **Certifications:**

- NVIDIA DLI Certificate-Fundamentals of Deep Learning from NVIDIA Deep Learning Institute on 29th Jan. 2022.
- Certification of completion granted in recognition of successful participation in Virtualization for Beginners by Vmware IT ACADEMY on 5th November 2021.
- Certification of Completion in 'Cybersecurity Awareness Training' on 1st November 2021.





**Asst. Prof.  
Sonali Singh**

- Paper titled 'Education Rebooted: Analysing the Learner' s Perspective towards change in dissemination of Knowledge Post Covid -19 and impact of Covid 19 on their Education' was published in Khandwala Publishing House's Journal.
- Paper titled 'Analysing the perception of Female Consumers towards Femvertising considering the case study of Mumbai' was selected for publication in conference on 'Re-inventing Sustainable Women Empowerment Strategies in Post Covid-19 Scenario' organized by Women Study Centre and Women Development Cell of Nagindas Khandwala College.
- Selected as Research Scholar for Ph.D.

- Published a paper titled 'Aren't Management Leadership Styles same as our Three Promise Lands?' and participated in the International Conference on 'Hindu Philosophy: Exploration of Scriptures, History, Politics, Trade & Commerce, Economics, Sociology, Spirituality, Peace and Ecology' held on 25th and 26th February 2022.



**Asst. Prof.  
Bhoomi Upadhyay**



**Asst. Prof.  
Trupti Jain**

- Conducted an 'Aptitude Refresher Webinar' at Fr. Agnel Business School, Navi Mumbai.
- A Research Paper on the topic 'Impact of WhatsApp status marketing - Buyer's perspective (with respect to Mumbai area)' has been approved for publishing in International Journal of Advanced & Innovative Research (ISSN: 2394-7780) Impact Factor :7.36 at St. Joseph College of Arts, & Commerce.

- Published a Paper on the topic 'User Identification on Smartphone through Authentication Using Keystroke Dynamics' in the Turkish Online Journal of Qualitative Inquiry (TOJQI) ISSN 1309-6591, Scopus Journal between June and February 2022.



**Asst. Prof  
Pragya Vaishnav**

- Resource Person for Short Term Course on 'Learning to Make Effective PPTs with insights on Slide Master and Components of Review Tab' on 25th May 2021.
- Resource Person for Training Programme on 'Moodle - Learning Management System' organized for our Staff Members throughout academic year 2020-21.
- Resource Person for the Training Programme on 'Google Meet, Classroom and Form' organized by IQAC, Nagindas Khandwala College on 19th June 2021.
- Resource Person for imparting training on 'Concepts of Testing and its techniques' conducted on 19th June 2021 at TeleSys Software, Noida.
- Resource Person for 5 days FDP on 'Train the Trainer – Hands on Workshop on MS Excel' organized by Department of IT, CS and IQAC in August 2021..
- Published a research paper titled 'Cross-Domain Recommender System through Improvised Transfer Learning' in the National Conference on Emerging Challenges and Opportunities for Healthy Lifestyle held on 25th September 2021 in Rex Journal Volume 9 Issue -5, 2021. REX -ISSN 2321-1067.
- Certification of Completion in 'Cybersecurity Awareness Training' on 1st November 2021.
- Certification of Completion granted in recognition of successful participation in 'Virtualization for Beginners by VMware IT Academy' on 5th November 2021.
- Certification of Recognition achieved as 'Oracle Certified Foundations Associate' by Oracle Corporation on 4th January 2022.
- Published a research paper titled 'A Model For Early Prediction Of Heart Attack Using Machine Learning' in National Level Multidisciplinary E- Conference – 2022 on 'Changing Trends in Information Technology, Media and Management: Post Pandemic Challenges and Prospect' organized by Department of Information Technology, Mass Media and Management Studies on 12th February 2022 in International Journal of Advance and Innovative Research, ISSN 2394-7780 & Impact Factor 7.36.



Asst. Prof.  
Sweety Garg



Asst. Prof.  
Dr. Vaishali Ghodeswar

#### Publications :

- Published a paper on the topic 'Precarious Conditions in Juvenile Rehabilitation Centres : Need of the hour for reforms' in the Khandwala publishing house.
- Published a Paper on 'Prison Environment and youth perception towards rehabilitation of women prisoners in India: with reference to women undergone imprisonment' in a National conference organised by Women study and Women development Cell of Nagindas Khandwala College.





**Asst. Prof.  
Amruta Sahasrabuddhe**

- Served as a resource person in 'Soft Skills Development Program' organized by NSS Unit and Department of English of Nagindas Khandwala College and NSS Cell, University of Mumbai and took a session on 'Emotional Stability' on 1st February 2022.
- Published a research paper on 'Dealing with Remote Working by Different Work Cohorts in India' in Multidisciplinary Research Journal, Vol I, Issue I, by Nagindas Khandwala College in March 2022.

- Resource person for Short Term Course on 'Learning to Make Effective PPTs' on 18th, 20th and 24th May 2021 on the topic 'Introduction to MS PowerPoint, Design Themes, Transition and Recording Live Videos'.
- Successfully completed four weeks program on Azure Fundamentals and Azure Administrator by IFI Tech Academy (Microsoft Certified) from 28 th June to 23 rd July 2021.
- Resource Person for 5 days FDP on 'Train the Trainer- Hands on Workshop on MS Excel' organized by Department of IT, CS and IQAC of Nagindas Khandwala College in August 2021.
- Received Certificate of Completion on 'Cybersecurity Awareness Training' on 1st November 2021.
- Received Certificate of Completion on 'Virtualization for Beginners' by VMWare IT Academy on 19th November 2021.
- Co-authored the Paper 'Impact of E-Learning in Higher Education after Covid 19 published in Multidisciplinary Research Journal by Nagindas Khandwala College Volume I, Issue I on 8th March 2022.



**Asst. Prof.  
Vishakha Bagwe**

- Submitted Ph.D. thesis in English Literature on the topic, 'Puritanism and Providence in the novels of Daniel Defoe', July 2021, Department of English, University of Mumbai.
- Resource person for a webinar on 'Soft Skills Development Program' organized by NSS Unit and Department of English of Nagindas Khandwala College and NSS Cell, University of Mumbai on 9th February 2022.
- Panelist at Career Guidance for BMS E-Commerce organised by Education World Magazine.



**Asst. Prof.  
Nelson Daniel**



**Asst. Prof.  
Sherlin Rajan**

- Worked as the Organising Secretary in the webinar on 'National Education Policy 2020- Its implementation in Higher Education' dated 9th October 2020 organised by IQAC of Nagindas Khandwala College.
- Cleared SET exam to be qualified as Assistant Professor.



**Asst. Prof.  
Sheital Desai**

- Published a Research Paper on 'Resilience of Real Estate: A Real Asset' in the International Multidisciplinary half yearly research journal. Royal ISSN 2278:8158.
- Research Paper on 'Covid 19: A World shaking Pandemic' which was published in Khandwala Journal.



**Asst. Prof.  
Saswati Mohanty**

- Presented and published a paper titled 'Foreign Direct Investment (FDI) Into India during Covid-19 Pandemic' in the Journal of Research and Development, A Multidisciplinary International Level Referred and Peer Reviewed Journal on 20th July 2021, impact factor 7.265, ISSN:2630-9578, Volume-11, Issue-25.
- Submitted Ph.D. Thesis in November 2021.



**Asst. Prof.  
Swapnali Tandel**

- Certificate of Completion on 'Virtualization for Beginners' by VMWare IT Academy on 7th November 2021.
- Certificate of Completion on 'Cyber Security Awareness Training' on 1st November 2021.





**Asst. Prof.  
Niramaye Deshpande**

- Co-author of the research paper titled 'Multi-Participant Chat Analysis to identify the Participant's Engagement Score in the online lectures', published on 8th March 2022 in first Multidisciplinary Research Journal by Nagindas Khandwala College.
- Resource person for 'Short Term Course on Learning to Make Effective PPTs' on 21st May 2021.
- Resource person of 'Virtual lab training' for Junior College teachers in June 2021.
- Certificate of Completion on 'Virtualization for Beginners' by VMWare IT Academy on 10th November 2021.
- Certificate of Completion on Cyber Security Awareness Training on 1st November 2021.



**Asst. Prof.  
Vignesh Iyer**

- Published an article on 'Digital Payments: the Future of India' organized by the Research Foundation of India with the ISBN: 978-93-90975-31-0.
- Registered for Ph.D. in Economics at Mumbai University.



**Asst. Prof.  
Anisha Asirvatham**

#### **Papers Published:**

- 8th March, 2022: Published a paper on the topic 'Comparative study of Emotional Analysis of students during lockdown on a Social Networking Platform' in the Multidisciplinary Research Journal by Nagindas Khandwala College.

#### **Certifications:**

- Certificate of completion on 'OCI Foundations 2021 Associate' on 8th February, 2022.
- Certificate of Completion on 'Virtualization for Beginners' by VMWare IT Academy on 7th November 2021.
- Certificate of Completion on 'Cyber Security Awareness Training' on 1st November 2021.

#### **Resource Person:**

- Resource Person for 5 days at Maharshi Dayanand College of Arts, Science and Commerce to conduct Certificate Course on 'Digital Marketing' from 27th to 31st December 2021.
- Resource Person for 5 days FDP on 'Train the Trainer – Hands on Workshop on MS Excel' organized by Department of IT, CS and IQAC in August 2021.

#### **Workshop and Conferences Attended:**

- Participated in 'Programming in LaTeX in Social Scientific Document Presentation' organised by IQAC and Department of Mathematics, Statistics and Computers held from 30th November to 4th December 2021 at L.S.Raheja College of Arts and Commerce.



**Asst. Prof.  
Dr. Swapna Joshi**

- Published a Research Paper titled 'Employee Perception on Work from Home Policy in banking sector' in the Multidisciplinary Research Journal published by Nagindas Khandwala College.
- Submitted Minor Research Project to Nagindas Khandwala College on 1st April 2022 titled 'Impact of Parent's Perception on Career Decisions of Young Aspirants'.
- Research paper titled 'Participation of female academicians in equity market' was selected for publication by National Multidisciplinary Webinar on Reinventing Sustainable Women Empowerment Strategies in Post Covid-19 Scenario organized by Women's Study Centre and Women Development Cell of Nagindas Khandwala College.
- Attended Two-Day Faculty Development Programme on 'Autonomy in the Context of National Education Policy 2020' organized by IQAC – Utthaan on 5th and 6th August 2021 jointly organized by Smt. Maniben M. P. Shah Women's College of Arts and Commerce (Autonomous) with Centre for Educational Development Administration (CEDA).
- Successfully completed online one week Faculty Development Programme on 'Advanced Pedagogical Techniques' from 28th November to 4th December 2021 and obtained Grade A+ organized by Teaching Learning Centre, Ramanujan College, University of Delhi in collaboration with Lakhimpur Girls' College Khelmati under the aegis of Ministry Of Education Pandit Madan Mohan Malaviya National Mission On Teachers And Teaching.



**Asst. Prof.  
Kavita Rana**

- Resource Person for 5 days FDP on 'Train the Trainer- Hands on Workshop on MS Excel' organized by Department of IT, CS and IQAC of Nagindas Khandwala College in August 2021.
- Organised a webinar as a member of NKare Social Cell on the topic, 'Social Work – Need of the Hour' in association with Vedic Education Trust NGO on 28th August 2021.
- Received Certificate of Completion on 'Cybersecurity Awareness Training' on 1st November, 2021.
- Participated in Endeavour 2021 on 'Understanding & Preventing Burnout' on 11th December 2021.
- Organising committee member for National Webinar on 'Re-inventing Sustainable Women Empowerment Strategies in Post Covid-19 Scenario' conducted by Women Study Centre and Women Development Cell on 29th January 2022.
- Participated in the second edition of 'Disha-Showing the Way' organised by department of BMS in E-commerce operations on 29th January 2022.



### Papers Published:

- 4th September 2021: 'Ensemble Learning of Audio - Visual based Emotions on Multi-Modal Architecture: A Review' in the 7th International Multidisciplinary E-Conference on 'Sustainable Development: Environmental, Economic and Socio-Cultural Issues & Challenges' organized by Internal Quality Assurance Cell, ChanDrabhan Sharma College.
- 4th September 2021: 'Prediction of Facial Expression and Mood Recognition on Indian Videos' in the 7th International Multidisciplinary E-Conference on 'Sustainable Development: Environmental, Economic and Socio-Cultural Issues & Challenges' organized by Internal Quality Assurance Cell, ChanDrabhan Sharma College, Mumbai.
- 8th March 2022: 'Comparative study of Emotional Analysis of Students during lockdown on a Social Networking Platform' a Multidisciplinary Research Journal by Nagindas Khandwala College, .



**Asst. Prof.  
Elizabeth George**

### Certifications:

Certificate of completion on 'OCI Foundations 2021 Associate' on 8th February 2022; Certificate of completion on 'Coursera: Basics of Block chain' on 31st January 2022; Certificate of Completion on 'Virtualization for Beginners' by VMWare IT Academy on 7th November 2021; Certificate of Completion on 'Cyber Security Awareness Training' on 1st November 2021

### Resource Person:

Resource Person for 2 days National Level workshop on 'Foundations of Artificial Intelligence' with DBT Scheme Funded on 9th and 10th February 2022; Resource Person for 5 days FDP on 'Train the Trainer – Hands on Workshop on MS Excel' organized by Department of IT, CS and IQAC in August 2021



**Asst. Prof.  
Nandkishor Sonar**

- Participated in One Week FDP on New Education Policy in Higher Education from 1st to 7th July, 2021 organised by RUSA, and Joshi IQAC, Baedeker College and D.A.V College, Mumbai.
- Presented a Research Paper on the topic 'Bhagavad Gita: A Hindu Philosophy for a Meaningful Life' on 26th February 22 organised by University of Mumbai, Nagindas Khandwala College and other affiliating colleges.
- Convenor of the University Level University Level Soft-Skills Development Programme, organised by the NSS Cell, University of Mumbai, NSS Unit (B-28) and Department of English of Nagindas Khandwala College conducted between 1st and 11th February 2022.
- Published a research paper titled 'Savitribai Phule: A Voice of Voiceless' ISBN, Adhar Publication, Amravati.
- Published Research Paper titled, 'New Feminine Consciousness in That Long Silence' of Shashi Deshpande: A Critical Approach.in ISBN, Khandwala Publishing House, Malad, West, Mumbai
- Published Research Paper titled, 'New Education Policy and Swami Vivekananda's Educational Thought: An Ethical Perspective' in LangLit: An International Peer-Reviewed Open Access Journal (ISSN)



**Asso. Prof.  
Nita Dhote**

#### **Resource Person:**

- Delivered the lecture entitled 'Introduction to Communication: A New Approach' on 31st July 2021, at the Certificate Course in Business Communication 'Communication in the Contemporary Context' for students, organized by Department of Business Communication and Internal Quality Assurance Cell of S.I.W.S. N.R. Swamy College of Commerce and Economics; Smt. Thirumalai College of Science held between 27th July and 14th August 2021.
- Delivered a talk on the topic 'English Grammar' on 3rd February 2022 at the University Level Soft Skills Development Programme conducted jointly by the NSS Cell, University of Mumbai, and the NSS Unit and Dept. of English of Nagindas Khandwala College.

#### **B. Organising Committee Member:**

- Organising committee member for the national webinar on 'Re-inventing Sustainable Women Empowerment Strategies in Post-Covid-19 Scenario' conducted by Women Study Centre and Women Development Cell of Nagindas Khandwala College on 29th January 2022.

#### **C. Attended/ Participated:**

##### **I. Miscellaneous:**

- Attended a one week Faculty Development Programme (FDP) on New Education Policy in Higher Education – Context and Perspectives for Autonomous Colleges (Arts, Science and Commerce) in Maharashtra jointly organised by Rashtriya Uchchattar Shiksha Abhiyan (RUSA), Maharashtra, I.Q.A.C. of V.P.M.'s K.G. Joshi College of Arts and N.G. Baedeker College of Commerce (Autonomous) and I.Q.A.C. of Ramanand Arya D.A.V. College from 1st to 7th July 2021.

- Attended a training programme on 'Creation of Google Scholar Profile' organised by the Library and Information Centre and IQAC of Nagindas Khandwala College on 5th August 2021.
- Attended a one day Online Workshop on the revised syllabus of F.Y.B.A. Communication Skills in English organized by IQAC and the Dept. of English, A.V. College of Arts, K. M. College of Commerce and E.S.A. College of Science in collaboration with the Board of Studies in English, University of Mumbai on 13th August 2021.
- Attended an 'Extension Work Training Programme' for Extension Work Teachers and Student Managers in online mode hosted by the DLLE Unit of K J Somaiya College of Science and Commerce and University of Mumbai's Dept. of Lifelong Learning and Extension on 10th January 2022.
- Attended an Inter-Collegiate Festival 'Montage 22- Make a Better World' organized by Nagindas Khandwala College on 11th January 2022.
- Attended a talk on 'How to Write a Research Paper' conducted by Research Cell of Nagindas Khandwala College on 31st January 2022.
- Attended an online webinar on UGC's Seventh Pay Career Advancement Scheme (CAS) organized by R.K. Talreja College Ulhasnagar on 5th March 2022.

##### **II. National:**

- Attended a one day national webinar on 'Nurturing Entrepreneurial Ecosystem in Undergraduate Colleges' organized by IQAC and RUSA of N.K. College on 9th July 2021.
- Attended an online training programme on 'Gender, Disaster and Sustainable Communities' conducted by Women's Development and Empowerment Cell, KES' B K Shroff College of Arts and M H Shroff College of Commerce in association with National Institute of Disaster Management from 15th to 17th July 2021.
- Attended a three-day Interdisciplinary national webinar on 'Exploring the Intersection of Literary Studies, Film Studies and Gender Studies' organized by the Department of English, Shivaji University from 28th February to 2nd March 2022.

##### **III. International:**

- International Conference on 'Hindu Philosophy: Exploration of Scriptures, History, Politics, Trade, Commerce, Economics, Sociology, Spirituality, Peace and Ecology' of University of Mumbai's CHPS and Nagindas Khandwala College on 25th and 26th February 2022.



#### Ph.D. and M.Phil. Research:

- Two students, Jha Bishwanath, Sawant Neha, were under the guidance of Dr. Kavita Kalkoti for M.Phil. of University of Mumbai. Sawant Neha was awarded M Phil degree.
- Two scholars submitted Ph.D. Thesis for Commerce (Banking and Finance) to University of Mumbai under the guidance of Dr Kavita Kalkoti in January 2022. Both scholars are awaiting Viva for their Ph.D. degree.

#### Paper published:

- Published a research paper titled, 'Post Covid-19 Recovery of Indian Economy – Textile Industry A Forceful Engine', in the online Indian Journal of Natural Sciences, [www.tnsroindia.org.in](http://www.tnsroindia.org.in) ©IJONS Vol.12, Issue 67, August 2021, International Bimonthly (Print) with the ISSN: 0976 – 0997 on 9th July 2021.
- Published a research paper titled 'An Island of Calm in the Ocean of Turbulence- Vidur Neeti Maxims', accepted in international conference conducted by University of Mumbai, Center for Hindu Philosophical Studies (CHPS), International Conference, Webinar on 'Hindu Philosophy : Exploration of Scriptures, History, Politics, Trade, Commerce, Economics, Sociology, Spirituality, Peace and Ecology', on 25th and 26th February 2022.
- Published a research paper titled 'Cryptocurrencies the future of transactions – Prospects and Caveats' accepted for publication in the International Conference on 'Emerging Trends Issues in Field of Commerce, Management, Economics and Social Science' held on 19th February 2022.
- Research paper titled 'Tracking Career Expectations of Women Job Seekers' accepted for publication in ISBN book on Re-inventing sustainable women empowerment strategies in Post-Covid-19 scenario.

#### Organised conferences:

- Convenor of the organising committee for the National Webinar on 'Re-Inventing Sustainable Women Empowerment Strategies in Post-Covid-19 Scenario' on 29th January 2022 conducted by Women Study Centre and Women Development Cell of Nagindas Khandwala College.
- Organised a webinar on 'How to Write a Research Paper' for Post Graduate students on 31st January 2022.
- Convenor of the organising committee for National Level Web Conference on 'Beyond Pandemics: Reimagining the New Normal' conducted by the research cell for post graduate students on 18th February 2022.
- Vice Chancellors' nominee for Board of Studies for commerce at Sanskar Sarjan Education Society's Dhirajlal Talakchand Sankalchand Shah College of Commerce.



Asso. Prof.  
Dr. Kavita Kalkoti



Asst. Prof.  
Dishita Ratadia

Published a research paper on the topic 'A Study into the Impact of NSS activities on female NSS Volunteers' co-authored by Prof. Vivek Chaubey.

- Received a special mention of social work during covid pandemic in the book titled 'Covid Warriors Diaries' released by the august hands of His Excellency Shri Bhagat Singh Koshyariji, Governor of Maharashtra.
- Published a research paper on the topic 'Innovation In Agriculture and Information Technology' by VIVA Institute of Management and Research in one-day International Conference on 9th April 2022 with the ISBN: 978-81-953407-06 (VIVA IMR Publication House) and ISSN: 2394-7780 (International Journal of Advance and Innovative Research) having an Impact Factor 7.36 peer-reviewed journal.
- Organising committee member in the national webinar 'Say No to Hiroshima, No to Nagasaki' organised under the Gandhian Studies Centre on 30th July 2021 on account of Hiroshima Day with resource Person Veteran Gandhian and Journalist Shri Jatin Desai.
- Organising committee member in the webinar 'Decoding Constructive Programmes of Mahatma Gandhi in Today's Times' organised under the Gandhian Studies Centre on Martyrs' Day i.e. 30th January 2022 with the resource person Dr. Namita Nimbalkar, Associate Prof., Department of Philosophy, Mumbai University.
- Delivered a guest lecture on 'Impact of Covid-19 on world Economy with special reference to Mauritius' on 27th January 2022.
- Invited as a judge in 'Gandiji-Kal, Aaj aur Kal' for the Elocution, Power point presentation (PPT) and Just A Minute (JAM) competition organised under the Gandhian Studies Centre on 2nd October.
- Invited as a judge for the Poster making competition and Essay writing Competition organised by Planning Forum of the Department of Economics.
- Anchored a program organised by the 'Marathi Sanskrutik Mandal' on Marathi Bhasha Divas as a tribute to Bharatratna Lata Mangeskar on 28th February 2022.
- Conducted a 6 Days Jamovi Research Workshop for MA students of the Department of Economics.



**Asst. Prof.  
Sonu Rane**

- Facilitated participation of students to IMC YLF (Indian Merchant Chambers - Youth Leaders Foundation) in a 2 days national event which also included two minute speech competition.
- Incorporated syllabus change for Wealth management, Commodity Derivatives & Markets and Direct Tax of BMS Semester VI in Eleventh Board of studies held on 26th February 2022.
- Judging for NK's Best Entrepreneur event in Symphony 2021 organised by TEAM RAYS on 25th February 2022.
- Judging for the PPT presentation & elocution event organised by the BMS department under the theme 'Leaders of today's India' on 29th January 2022.
- Initiated and organised a webinar on 'Investor awareness program - Basics on Investment and depository service' for BMS department in association with CDSL on 17th August, 2021
- Initiated and organised a webinar on 'Technical analysis and CMT Association' for BMS department in association with Vantage Academy on 2nd March 2022.



**Asst. Prof.  
Wilson Nadar**



- Published an article, along with Mr. Kinjal Rambhiya, titled 'Impact of Covid 19 on Perceived Stress and Social Support during Lockdown' in the Indian Journal of Mental Health, Issue: 8 (3) from July to September 2021, pg. 313-318 with print ISSN: 2394 – 4579 and online ISSN: 2394 – 6652.
- Published an article, along with Anjali Shukla, titled 'Psychological well-being during Covid-19 Lockdown in Young adults' in the Multidisciplinary Research Journal by Nagindas Khandwala College, Vol. 1, Issue 1, Khandwala Publishing House.
- Published an article titled 'Psychological Distress and Life Satisfaction in Degree College Students in Mumbai'.
- Published an article titled 'Re-Inventing Sustainable Women Empowerment Strategies in Post Covid – 19 Scenario', Khandwala Publishing House.
- Published a research article titled 'Spirituality and Resilience in College Students', Centre of Hindu Philosophical Studies.



**Asso. Prof.  
Dr. Vidyadayini Shetty**



**Asst. Prof.  
Vivek Chaubey**

- Delivered an online lecture on 'Objectives and Activities under National Service Scheme (N.S.S.)' for the faculty and students of MKES College of Law on 12th October 2021.
- Delivered an online orientation lecture to N.S. S. Volunteers of Bhavans Junior College on 12th December 2021.
- Participated and presented a research paper entitled 'Caste Dynamics : Gandhi and Dr. B.R. Ambedkar on Inter-Caste Marriages' at the One Day Multidisciplinary International E-Conference on 'Mahatma Phule, Rajshri Shahu Maharaj and Dr. B. R. Ambedkar Thoughts and Works' organised by the IQAC Cell of Chhatrapati Shivaji Mahavidyalaya, Kalamb on 28th December 2021 which was published in Journal of Research and Development, a Multidisciplinary International Level Referred Journal, with the ISSN – 2230-9578 in December 2021.
- Participated and presented a Research Paper jointly with Ms. Dishita Ratadia entitled 'A Study into the Impact of National Service Scheme (N.S.S.) Activities on Female Volunteers' at National Webinar on 'Re-inventing Sustainable Women Empowerment Strategies in Post Covid -19 Scenario' held on 29th January 2022 organised by Women's Study Centre and Women Development Cell Nagindas Khandwala College.
- Delivered an online lecture on 'Social Sensitization' at university level Soft Skill Development Programme organised by N.S.S. Cell, University of Mumbai, N.S.S. Unit (B-28) and Department of English of Nagindas Khandwala College.
- Participated and presented a research paper titled 'The Epidemics and Pandemics Through the Lens of Ayurveda - The Science of Life' at International Conference on 'Hindu Philosophy: Exploration of Scriptures, History, Politics, Trade and Commerce, Economics, Sociology, Spirituality, Peace and Ecology' organised by Centre of Hindu Philosophical Studies, University of Mumbai on 25th and 26th February 2022.
- Authored a research paper, jointly with Dr. Vaishali A. Ghodeswar, entitled 'Precarious Conditions in Juvenile Rehabilitation Centres : Need of the Hour for Reforms' in Multidisciplinary Research Journal by Nagindas Khandwala College, Volume1, Issue 1, March 2022.

- Resource person for a short term course on 'Learning to Make Effective PPTs' organized by Department in May 2021.
- Successfully completed 4 weeks certification program on 'Azure Fundamentals and Azure Administrator' by IFI Tech Academy (Microsoft Certified) from 28th June to 23rd July 2021.
- Resource Person for 5 days FDP on 'Train the Trainer- Hands on Workshop on MS Excel' organized by Department of IT, CS and IQAC of Nagindas Khandwala College in August 2021.
- Received Certificate of Completion on 'Cybersecurity Awareness Training' on 2nd November 2021.
- Received Certificate of Completion on 'Virtualization for Beginners' by VMWare IT Academy on 19th November 2021.
- Appointed as Mentor at Exertions for guiding Aspirants in finding their Dream careers on 25th January 2022.
- Completed Online one week Faculty Development Programme on 'Advanced Pedagogical Techniques' from 28th November to 4th December, 2021 organized by Teaching Learning Centre, Ramanujan College, University of Delhi.
- Participated in National Conclave on 'Trends in Computing Technology - A Path Ahead' on 17th and 26th July 2021 organized by Mithibai College.
- Resource Person for the Training Programme on 'Google Meet, Classroom and Form' organized by IQAC on 19th June 2021.
- Member of organizing committee for 'Nurturing Entrepreneurial Ecosystem in Under Graduate Colleges' organized by NKC, IQAC and RUSA, Maharashtra on 9th July 2021.
- Member of organizing committee for 'One Week Induction Programme' organized by Internal Quality Assurance Cell (IQAC) from 5th to 10th July 2021.
- Co-Authored a paper titled 'Customer Churn Prediction in Bank' in National Level Multidisciplinary E- Conference 2022 on ' Changing Trends in Information Technology, Media and Management: Post Pandemic Challenges and Prospects' organized by Department of Information Technology, Mass Media and Management Studies on 12th February 2022, published in International Journal of Advance and Innovative Research with the ISSN: 2394-7780.
- Resource person in workshop on 'Cybersecurity' for IX standard students on 2nd February 2022 organized by Nkare Social Cell for MKES English School.



**Asst. Prof.  
Ashish Modi**



**Asst. Prof.  
Gargi Dubey**

- Completed online two week refresher course in 'Commerce and Management' from 25th June to 8th July 2021 with A+ grade from Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Ministry of Education of Pandit Madan Mohan Malaviya Mission on Teachers and Teaching.
- Conducted a Vaccination Drive in association with Inorbit Malls (India) Pvt. Ltd in Inorbit Mall on 30th January 2022 for people from 15 to 18 years of age.





**Asst. Prof.  
Poonam Popat**

- Attended an international webinar on 'Contemporary issues in accounting' organized by WIRC of ICAI and Indian Accounting Association (IAA) on 10th and 11th June 2021.
- Attended a National Level webinar on 'Investor Awareness Program' conducted by Ambition Learning Solutions held on 4th July 2021.
- Attended a one day national webinar on 'Nurturing Entrepreneurial Ecosystem in undergraduate Colleges' organized by IQAC and RUSA of Nagindas Khandwala College on 9th July 2021.
- Attended a webinar on 'Building your resume besides your academic qualification' organized by B-section of Nagindas Khandwala College on 17th July 2021.
- Attended a webinar on 'Awareness about Eye Hygiene' organized by B-section of NK College on 31st July 2021.
- Participated in a two days FDP on 'Autonomy in the context of National Education Policy 2020' organized by IQAC-Utthan of Smt. Mahila M. P. Shah Women's College with CEDA on 5th and 6th August 2021.



**Asst. Prof.  
Meha Mandawewala**

- Published a research paper in the International Conference at Shri JYT University on 'Ethical Marketing on Social Media in the Digital Era'.
- Published a research paper in the Multidisciplinary Journal published by Khandwala Publishing House on 'Brand Recall for Personal Hygiene Products through Surrogate Advertising During and Post Pandemic Time'.

- Attended one day Inter-Collegiate seminar 'KIRAN 2021' with Mr. Ashok Ramachandran and Mr. Kuntal Joisher on 2nd September 2021.
- Attended a national webinar on 'Mutual Fund: A tool for retirement planning' organized by Nagindas Khandwala College in association with AMFI on 3rd September 2021.
- Participated in Endeavour 2021 on 'Understanding and Preventing burnouts' by Ms. Debasmita Sinha organized by IQAC and Self finance section of Nagindas Khandwala College on 11th December 2021.
- Attended a webinar on 'Technologies for Finance' organized by the Commerce Association of Nagindas Khandwala College on 17th December 2021.
- Participated in five days online FDP on 'Research Proposal Drafting for Ph.D. Aspirants' organized by Chandrabham Sharma College and University of Mumbai.
- Attended a Masterclass titled 'Positivity: your armour to deal with difficult people' conducted by BAF/BBI/BFM department of Nagindas Khandwala College on 16th December 2021.
- Attended FDP on 'Overview of Financial Markets' organized by Cosmopolitan's Valia College and BSE Brokers Forum from 3rd to 11th January 2022.
- Attended a Masterclass on 'Fact Verification and Fighting Fake News Together' held on 3rd February 2022 by BMM department of Nagindas Khandwala College.
- Attended five days online workshop on 'Research Methodology' conducted by IQAC of Shailendra College on 1st and 5th January 2022.
- Published a research paper on 'A study on banking and payment pattern of people during COVID-19 with special reference to Western Suburbs of Mumbai' in a multidisciplinary research journal by Nagindas Khandwala College, Volume 1, Issue I in Khandwala Publishing House in the month of March 2022.



**Librarian  
Sonali Vhatkar**

- Participated in National Mutli-Disciplinary webinar on 'Re-Inventing Sustainable Women Empowerment Strategies' in Post COVID - 19 scenario.
- Published a research paper titled 'Measures and Initiatives adopted by Women Library Professionals during COVID-19 Pandemic' in the book 'Re-Inventing Sustainable Women Empowerment Strategies in Post COVID - 19 Scenario'.
- Delivered a lecture on 'Reading in the Digital Era' organized by Library and Information Centre of Nagindas Khandwala College on 30th June 2021.
- Delivered a lecture on 'Creation of User Profile on Google scholar' organized by the Internal Quality Assurance Cell (IQAC) and Library and Information Centre of Nagindas Khandwala College on 5th August 2021.
- Delivered a lecture on 'How to Write a Book Review' organized by Department of Foundation Course on 5th January 2022.
- Successfully completed one week workshop on 'Scholarly Writing and Publishing' conducted by Digital University of Kerala from 7th to 12th February 2022.
- Attended a webinar on 'Technologies for Finance' organised by the Commerce Association on 17th December 2021.
- Attended a webinar on 'National Education Policy 2020 - Its Implementation in Higher Education' organised by the Internal Quality Assurance Cell (IQAC).
- Attended a webinar on 'Protecting Personal Information Online' organised by Dosti House: Your American Space and SHPT School of Library Science on 1st February 2022.
- Attended webinar on 'Countering Disinformation: Identifying real Information' organised by Dosti House: Your American Space and SHPT School of Library Science on 15th February 2022.



**Asst. Prof. CA  
Sindhu Menon**

Published a research paper 'A review of Whistle Blowing Mechanism in India' in the Multidisciplinary Research Journal by Nagindas Khandwala College, Volume 1, Issue 1 published by Khandwala Publishing House.



**Asst. Prof.  
Urvi Samant**

Written and published an article/ research paper on 'Study on Indian Economy's Fiscal Deficit and Macro-Variables' on 22nd March 2022 in the International Research Journal of Management, Sociology and Humanities in the Vol 13, Issue 3.





**Asst. Prof.  
Dr. Preeti Tripathi**



**Asst. Prof.  
Furqan Shaikh**

- Registered as a Research Scholar for the Ph.D. program in the subject of 'Business Management' at Nagindas Khandwala College.
- Invited as the resource person for 'Content Development' in the subject of 'Operations Management' at NMIMS University of Mumbai.

#### **Papers published:**

- Published a research paper titled, 'Mumbai Retail At 'Get Set And Go' Position For Global Competition' in the online Indian Journal of Natural Sciences, [www.tnsroindia.org.in](http://www.tnsroindia.org.in), ©IJONS Vol.12, Issue 67, August 2021, International Bimonthly (Print), ISSN: 0976 – 0997 which was accepted on 9th July 2021.
- Research paper titled 'Krishna's advice to arjuna - pearls of wisdom and torch bearer to strategic management', was accepted in international conference conducted by University of Mumbai, Center for Hindu Philosophical Studies (CHPS), International

Conference, Webinar on, 'Hindu Philosophy: Exploration of Scriptures, History, Politics, Trade, Commerce, Economics, Sociology, Spirituality, Peace and Ecology', on 25th and 26th February 2022.

- Research paper titled 'Proactive strategies to counter trend of digital migration among youth' was accepted for publication for the International Conference on, 'Emerging Trends and Issues in Field of Commerce, Management, Economics & Social Science' held on 19th February 2022.
- Research paper titled 'Reading the Pulse of online browsing and purchases by women' was accepted for publication for the National Webinar on 'Re-Inventing Sustainable Women Empowerment Strategies in Post-Covid-19 Scenario' on 29th January 2022.

#### **Organised conferences:**

- Convenor of organising committee for the National Webinar on 'Re-Inventing Sustainable Women Empowerment Strategies in Post-Covid-19 Scenario' on 29th January 2022 conducted by Women Study Centre and Women Development Cell of Nagindas Khandwala College.
- Convenor of Commerce Association and organised a webinar on 'Technologies for Finance' on 17th December 2021, addressed by Mr. Suresh Mhatre, Former Vice President, TCS Limited.
- Organised a webinar on 'Business and Human Rights' on 13th January 2022 addressed by Prof. Dr. Shashikala Gurple, Fulbright scholar, Jean Monnet Chair Professor, Director and Dean.
- Organised an online guest lecture on 'Branding in Advertising' on 28th March 2022 for the S.Y.B.Com and S.Y.B.A. students by Mr. Keshavan Satashiv.



**Asso. Prof. CA  
Dr. Reena Desai**

- Granted recognition as Ph.D. guide w.e.f May 2021 in the subject of Business Management by University of Mumbai.
- Submitted a Minor Research Project funded by Nagindas Khandwala College and CA Ankita Jagetiya, in December 2021, titled 'Impact of COVID-19 on Indian Automotive Industry'.
- Published a paper titled 'Impact of COVID-19 on Financials of FMCG- A Case Study on Segmental Results of ITC Ltd.' in a Multidisciplinary Journal published by Khandwala Publishing House.
- Published a paper titled 'Mitigating Financial Risks in the Tractor Industry -A Case Study on Post Covid-19 Recovery in Escorts Ltd.' in a UGC CARE Approved Journal – IJOMC – Special Issue on Current Research Trends in Management, Science and Technology , Volume 7, Number 1, January –March 2022 published by Asian Publication Corporation (India) with the ISSN ; 2456-8937
- Published a research paper titled 'Aftermath of Covid-19 and Economic Sustainability Strategies' published in Journal of Positive School Psychology 2022, Vol. 6, No. 4, 3142 – 3148, scopus publication, <http://journalppw.com>.
- Published a paper titled 'Awareness about Systematic Investment Plan (SIP) among Women Investors' with the ISBN 978-81-954144-1-3 in a book published by Khandwala Publishing House.

- Published a research paper on 'An Analysis on an Individual's Preference of online Investment Platform in the Western Suburbs of Mumbai' in Journal of Education: RabinDra Bharati University, ISSN: 0972-7175, Vol.: XXIII, No.:8(II), 2021, UGC CARE Approved, Peer Reviewed and Referred Journal.
- Published a research paper on 'A Study on Impact of Covid-19 on Financial Health of Salaried Individuals in the City of Mumbai' in Multidisciplinary Research Journal published by Nagindas Khandwala College, Volume 1, Issue 1.
- Presented a research paper on 'Evaluation of Impact of Covid-19 on Work Life Balance amongst IT Professionals in Mumbai' at the International Management Research Conference on Socio-Economic Impact of COVID-19 on Global Business Practices organised by Alkesh Dinesh Mody Institute for Financial and Management Studies on 3rd and 4th September 2021.
- Organised one day National Webinar on 'Mutual Fund – A tool for retirement planning' for faculties and students as an organising secretary in association with AMFI on 3rd September 2021.
- Attended two days FDP on 'Autonomy in the Context of National Education Policy 2020' organised by Centre for Education Development and Administration and Smt. Maniben M. P. Shah Women's College Of Arts And Commerce on 5th and 6th August 2021.
- Attended FDP on 'Overview of Financial Markets' organised by IQAC of Cosmopolitan's Valia College of Commerce in association with Bombay Stock Exchange Broker's Forum from 3rd January 2022 to 11th January 2022.



**Asst. Prof.  
Poonam Shah**



# Annual Prize Distribution Ceremony

The Annual Prize Distribution Function was held on 22<sup>nd</sup> April 2022 in the College Auditorium. Dr. Ancy Jose, Director, MKES delivered the welcome address. Vice Principal of Degree College, Mr. V.G. Suchak gave a brief introduction of the college. Prof. Dr. Moushumi Datta, I/c Principal, presented an elaborate report of the college activities during the year. Shri Digant Upadhyay, Trustee, MKES, delivered the Presidential Address and announced the ambitious plans of the college for the future. Dr. Madhukar Dalvi, Convenor of the Prize Distribution Function, introduced the Chief Guest Prof. CA Pradeep D. Kamthekar, Finance & Accounts Officer, University of Mumbai. In his address to the students, Prof. Kamthekar emphasised on the importance of hard work and encouraged the students to conquer all obstacles to achieve success. He congratulated the prize winners and gave away the prizes and certificates to them.

Ms. Hetvi Savla, T.Y.B.A. received the Best Student of the Year award and spoke on her journey towards achieving the much-coveted prize. Mr. Monikantan Nair, Associate Professor, Department of Economics and Mrs. P.M. Sindhu, Co-ordinator, IT/CS Department were felicitated for acquiring doctorate degrees. Dr. Mona Mehta, Vice Principal of Self-Finance Section, delivered the Vote of thanks. The event was compered by Mr. Edwin Mathias, Assistant Professor, Department of English.

Asst. Prof. Dr. Madhukar Dalvi





The Degree Certificate Distribution Ceremony was held on 30<sup>th</sup> April 2022. The Chief Guest for the function was Prof. S. Mali, Former Vice Chancellor, KBC North Maharashtra University, Jalgaon. Prof. S. Mali was the former Head of the Department of Chemistry, Savitribai Phule University of Pune, he is renowned for his work in Chemistry and his contribution in research is impeccable.

Shri Hashmukh Rambhia delivered the presidential address. Shri Rambhia spoke about how important it is to be a lifelong learner and also spoke about the future plans of the management for the growth of the College. The College aims to become a University in years to come and the Management is working very hard to achieve this dream, these thoughts were shared by Shri Rambhia with the students which received a very positive response from the audience. Honorary Secretaries, Shri Digant Upadhyaya and Shri Shantilal Patel were present for the ceremony.

Prof. S. Mali gave a very inspiring and motivating address to the Under-Graduate and Post Graduate students. Some excerpts from his address are as follows:

- Consistency is the key to success. To achieve your goals in life you must work hard and not be scared of failures.
- He emphasised that it is important to learn new skills. In today's times, skills are very important for the holistic growth of students.
- Prof. Mali stressed on how important it is to have values in life. Honesty in all work undertaken is the mantra for success.
- Prof. Mali told the teachers that they have to be mentors to students and motivate them to be independent learners.

510 students were awarded degrees in the function. The efforts of the organizing committee was appreciated by all the stakeholders.

**Asso. Prof. Dr. Mona Mehta**









# Sports Achievements



## Gymkhana



National Sports Day, in collaboration with NSS Junior College, was celebrated in memory of Major Dhyanchand on 29<sup>th</sup> August 2021. On the occasion, Vice Principal V. G. Suchak addressed the students about the legendary Major Dhyanchand's expertise in the field of Hockey. Vice Principal Dr. Mona Mehta was also present for the occasion. Students showcased their PPT on Major Dhyanchand and also presented the star performers for 2019-20 which included Kinjal Furia (Thai Boxing Gold medalist and selected for International championship), Poorna Rao Rane ( Shotput – Gold Medalist – and selected by University in US with 100% Scholarship and pursuing her career in US since January 2021), Shubham Patekar ( Long Jump – Gold Medalist), Anamika Walia – Taekwondo Bronze Medalist All India level), Sakshi Parmar ( Javelin Throw – Gold Medalist), Yash Tiwari (Badminton- Gold Medalist in Inter-Collegiate), Girls Volleyball Team of Nidhi Harsora, Snehal Mishra, Jaya Pandey, Krishna Suru, Kriti Varia, Khushi Mehta , Vinita Jadhav, Hemnagi Nishar and Radhika Patnam (2<sup>nd</sup> place in University of Mumbai), Sagarika Yadav ( Shotput Jr College), Harsh Choudhary ( Tang Soo Do – Jr. College ) Zhil Manek ( Wushu – Jr. College) and Krish Solanki ( Long Jump- Jr. College ).

PPT was also presented in recognition of coaches who guided our students. Coach Dcruz Sir, Mr. Santosh Ambre (Athletics), Mr. Sudhir (Football), Mr. Shialesh Tiwari (Boxing) and Mr. Nilesh Thakkar (Volleyball) were mentioned and their contribution was recognized by Gymkhana. Our meritorious students participated in various tournaments inspite of the Covid 19 restrictions and all the protocols. They were called for selection at University and state level by the University of Mumbai. Further our team of Volleyball players of Junior and Degree College, together were runners up in the tournament held at Painsur Gymkhana on 6<sup>th</sup> March 2022.

Sr. No	Events	Name/Team	Level of Tournaments
1.	Volleyball	Nidhi Harsora T.Y.B.F.M	Selected for West Zone Inter- University Volleyball (Women) Tournament 2021-22 to be held at Sanjivani College of Engineering, Kopargaon from 19th to 24th December 2021.
2.	Hockey	Naidu Shruti Hari F.Y.B.M.S-SM	Selected for West Zone Inter-University Hockey (Women) Tournament 2021-22 to be held at Jiwaji University, Gwalior from 26th to 30th December 2021.
3.	Badminton	Karandikar Anagha F.Y.M.S.M	Selected for West Zone Inter- University Badminton (Women) Tournament 2021-22 to be held at Rajiv Gandhi Proudयोगिकी Vishwavidyalaya, Bhopal from 5th to 8th January 2022.
4.	Archery	Aherkar Hardik Satish S.Y.B.Sc	Selected for All India Inter-University Archery (Men & Women) Championship 2021-22 to be held at Chandigarh University, Mohali (Punjab) from 18th to 22th January 2022.

**Shri Vikas Maurya (In-Charge, Junior College)**  
**Asso. Prof. CA Haresh Godhia (In-Charge, Degree College)**





**"You are never  
a loser until you  
quit trying."  
- Mike Ditka**







# Administration Section

Non-teaching Staff members are not merely people working behind the screen but they are as important as the others are in the smooth functioning of any educational institution. The support of management and hardwork put in by all the non-teaching staff under the able guidance of I/c. Principal Prof. Dr. Moushumi Datta made us to organize various seminars, workshops and hands on training for Non-teaching Staff members in the year 2021-2022.

Hands on training also was organized for non teaching staff covering the topics of 'Cloud based Inward Outward System' and 'Staff service record system'.

The following staff members participated in 3 Day offline workshop organized by B. K. Shroff College of Arts and M. H. Shroff College of Commerce Kandivli, Mumbai conducted from 3<sup>rd</sup> to 5<sup>th</sup> January 2022.

Sr. No.	Name of the Participant	Designation
1.	Ms. Bhakti M. Valia	Junior Clerk
2.	Mrs. Prachiti P. Narvekar	Junior Clerk
3.	Ms. Rutuja Surve	Junior Clerk



The following staff members participated in an E-Workshop organized by SIES (Nerul) College of Arts, Science & Commerce, Navi Mumbai on National webinar for Administrative staff "DAKSH: The essence for effective office management" held on 13<sup>th</sup> January 2022.

Sr. No.	Name of the Participant	Designation
1.	Mrs. Lopa S. Barot	Office Superintendent
2.	Ms. Rutuja Surve	Junior Clerk
3.	Ms. Aditi Lad	Junior Clerk



Seminar was organized for non-teaching staff by IQAC covering the topic of 'Overview of Budget and Insights into Personal Finance' on 28<sup>th</sup> February 2022.



Sr. No.	Name of the Participant	Designation
1.	Mrs. Lopa S. Barot	Office Superintendent
2.	Mrs. Kalpana S. Divekar	Junior Clerk
3.	Ms. Aditi Lad	Junior Clerk
4.	Ms. Tanvi Gujar	Junior Clerk

The following staff members participated in an E-Workshop organized by Bharat College of Arts and Commerce, Badlapur on 'Quality Management System for Administration, a NAAC Perspective' held on 15<sup>th</sup> March 2022.

Ms. Aditi Lad participated in an Inter Collegiate Online Elocution Competition under an event, 'Tarang', organized by Shri. M. D. Shah Mahila College on the topic of 'Social, Economical and Psychological Effect of COVID 19' on 28<sup>th</sup> February 2022.

Library and Information Centre of the college organized a Book Mark Competition for Teaching and Non-Teaching staff.

Name of the Winners :

First Prize :

**Mrs. Prachiti P. Narvekar**

Second Prize :

**Mrs. Kalpana S. Divekar and Mr. Sanjay Lakeshree**

Non-Teaching staff also organized the Saraswati Pujan, Satyanarayan Mahapuja and Makar Sankranti Haldi kumkum for entire staff of the college. Our management has adopted a village namely 'Karambeliwadi' and also constructed a primary school. Our staff has donated books and internet modem for Karambeliwadi School. Our staff has also donated Edible oil for the Diwali celebrations of Karambeli wadi villagers. Our administrative staff members have made these events a grand success with team spirit and enthusiastic approach.

**Mr. Santosh Akhade**  
Registrar



# English Section

## The Mixed Feelings

Mixed feelings are quite complicated for a few people in the world. They just learn to struggle, compromise, sacrifice and just live for the sake of other people. Mixed feelings is not like a mixed fruit jam which is sweet and tasty with every meal. Mixed feelings are full of varieties i.e happiness, sadness, love, care, sympathy, empathy, hatred, anger, fear, doubtful perspective, etc. Everybody have their own mixed feelings which may be true from outside and false from inside and vice versa.

In case of some people, mixed feelings is all about sacrificing, compromising, loving, trusting and overthinking about the happiness of other people. They hurt themselves for other people in the world and just keep struggling till the end and never think about their own happiness. They never think or act in a way that will make their own soul happier. These are all qualities of a human being which is kind-hearted and never live their life for the sake of their own happiness.



Why is this so?\_Hahhhh! Just to make other people alive.... Right? We are all human beings and we all have our own life and rights to do whatever we wish to achieve in a right way and in a sincere manner. We get to live only for once in which we must live our life happily and without any stress. If the stress comes more than you expect then believe me you are going to achieve something great and unexpectable. Just have faith in yourself. We should live our life

prestigiously by heart and not by our wealth! Earn money that makes you happy in your way. We should sing, dance, read, write, paint and always keep learning new things that can make us better today than what we were yesterday!

One should believe in themself and then no one will make you a puppet according to their wish and will. No one can make you live or dream what other people want. Always keep in your mind that you should live for your dreams, your own happiness and for your own success. Never depend on others for any aspect of our life. Take your own decision and live your life with pride!

If someone gets hurt by your decision or by your life then you make them understand in a very peaceful manner. Never let violence destroy your own inner peace!

Always keep your heart like a clean and huge healthy ocean! Face every challenge and criticism with open heart and a big smile.

***"Make yourself happy first  
To make others happy"***

**Patil Aakanksha Laxmikant**  
TYB.Com.

## The Broken Glass

Who is a hero? Many of you might be thinking that it is a person who saves others? Or something else as it's subjective! For me, a hero is a person who knows his actual purpose of life and tries to fulfill it. This is something that can be said for 'a broken glass'. It tries to fulfill its purpose but it fails because its broken. It is thrown away and is treated like a villain but people fail to understand that 'A villain is a broken hero'. The same thing happens with humans, a broken person i.e. a depressed, stressed or tensed person etc who happen to make errors or mistakes often end up being ignored(thrown away) by people.

There are 3 types of people in life. First are the ones as mentioned above who tend to ignore the 'broken glass'. It is quite easy to find the first category but the other two are rare. The second one do not discard the glass but place their finger on the broken part and use the glass. They may not be able to help the 'broken' person but make sure that do not end up hurting them. The third one are the ones who mend the broken glass and these are the ones who can actually be called a real hero.



**Vipul Hirve**  
F.Y.B.F.M



## Mother

Mother - the most holy word,  
The person behind this carries a lot of load,  
From planning the daily routine,  
To flourishing her child,  
Her day starts with a cup of tea,  
And ends with buried dreams.  
Yesterday she fought for her family,  
Today she fights for her children,  
But forgets to stand for herself.  
She wipes her tears, She dwells immense strength,  
But we forget to acknowledge ...  
Her efforts, her strength, her tolerance,  
And in the end we forget to acknowledge "Her"  
But she is the real person who- rises and shines everyday.



**Labdhi Fifadra**  
TYBAF



## Pain, Life and Existence

(Excerpt from *Beyond the Gloomy Skies*)

Indeed the world is a cruel place, my dear  
A place your heart will dare to fear,  
It will open your gut and tear its shear,  
It will break you until your eyes shed tears,  
It will make you wonder why you are here,  
It will put you through storms and nightmares you  
cannot bear,

But the day you face your fears,  
The day you don't give up while shedding your tears,  
That's the day the storms and nightmares will clear,  
Your shedding tears will begin to stop,  
You will soon find a way to get back to the top,  
The way to the top won't be easy again,  
You will be imparted through a lot of pain,  
But don't stop until it gives you the gain,  
You will have to work your heart and brain,  
And when you do that,

You will explore the unexplored lands,  
Those lands will be full of happiness and joy,  
But remember, you will have to know pain before  
knowing joy!

**Vedant Ranadive**  
S.Y.B.A



## Judgement-

### A TORTURE THAT IS NOT PHYSICAL

Being judgemental – A toxic attitude which alienates people, ruins relationships and destroys mental health of people. The basic meaning of the word 'Judgement' is – The power of making strong decisions and sensible conclusions. However, the power of judgement is highly misused. Misused to demotivate, misused to isolate people, etc. What do we get in return after intoxicating ourselves by being judgemental? Some satisfaction for a few minutes? And what about the victim who was judged? They go through isolation, suffer inferior complexity, anxiety, depression, etc. The victim forgets their own charm, they start disliking themselves eventually adapting a fake lifestyle and developing a fake personality. They are scared to go out and try to fit in the society. There are even worse cases where the victims can take some extremely wrong steps.

There are many people around us who are constantly judged by their looks, clothes, friend circles, behavior and financial conditions which leads them into devastating situations. The problem is, we are not ugly neither characterless nor uneducated. The problem is that we are born in a judgemental society! Hence, we should not judge people in any ways what so ever. We should put ourselves in their shoes and try to co-operate with them, Give their own space to them and respect them to stop this mental torture so called as 'Being Judgemental'.

**Divya Shah**  
F.Y.B.M.S.



## A word for a bully, voice for the bullied!



When life knocks you hard, it depends on 'you' whether to lay down or fight back! I know most of you might have heard this and those who haven't might be considering this as another success quote that we all encounter each day! We get pumped up, we create a bubble and before we even reach the end of the day that bubble bursts! Right? Isn't that subtly true! But today let's look at the other side of the picture.

What if you really get knocked out and this time you lay down straight, you realise the blow delivered was so lethal that there is no chance that you get back up. I hope you know what I mean! Do you feel terrified? Well, you aren't alone. 1 out of 5 people reading this would be terrified. No, no not because of my hypothetical scenario! It is because they were harshly persuaded to do something which they didn't want to. Because they were coerced too often. Because they lacked (according to others!) some physical attributes and thus they were considered as an object of fun. They were constantly made to realise that they are worthless!

Before we move forward, recall the moment where I told you that the blow is lethal and you are unable to sustain it. This is the same case where a blow by bully hits deep and it impacts so much that the victim ends up taking a step which he/she shouldn't have! If I only take into consideration the student aspect then out of 1200 students

the number sums up to 84 and if you double that number you will get those students who were about to commit suicide. Imagine the lives and voices of almost 84 students every year, just gone.

The wall which is created by bullies to smash the confidence level of those whom they think are weaker, can be broken even by a single person! The only thing that we all have to do in order to support the people who are bullied is to simply confront the bully blatantly! In a survey by Bloomberg, more than 57% of the bullies stepped back whenever there was peer intervention. It's pretty simple, raise your voice if you see someone in trouble. I think that sums up in almost all scenarios! Now, it's the turn of victims, I know you are having a hard time but remember one thing 'never evade'. Evading will make the bully feel empowered and this immense pleasure is what they feed on. People choose to evade a lot of times, majority of the times in cyberbullying they disable all of their social networking profiles! Disabling or disappearing isn't the solution, you are killing your own digital self which is similar to suicide but in a virtual environment! There is one more prominent thing which most of the victims are unable to do and that is speaking. If you think there will be none to hear then remember that there will always be someone who will listen! We all have to stringently draw this thin line between hearing

and listening as this what will kill or save a life. I also have something for the bullies, you are the real ones who are worthless but I believe just like everybody, you all too deserve a fair second chance and thus you all just have to create a chain of 5. This pragmatically means that five good affirmations will eventually impact another bad bully in a good way and thus will alter that guy too into a better individual!

The wall in the above saying is abstract and subjective! Yet most of the people who are reading this are the real walls, an interesting and the most disgusting eye-opener is that these are the same people who once bumped into such walls and now are creating the same one for others. From today onwards if someone asks me for a paradigm of 'viciously stupid people' this will surely be the statement I hand them!

In the end, my final message to the victims in all sorts of bullying is that you people are just an ear away and if you are really going through a tough phase then remember the way how oppression plays a role in transcending a coal into a diamond!

**Meet Prajapati**  
TYBMS





## Why are friends important in life?

Jay and Viru, Krishna and Arjun, Doraemon and Nobita, Munna bhai and Circuit, Rohit and jadoo, Leonard and Sheldon, Chandler and Joey, Timon and Pumba, Harold and Kumar, Otis and Eric, Sherlock and Watson, Steve rogers and Bucky barns, Bruce Wayne and Kal-el, what is common in all of them? Friendship you say but who is a friend?



Is it the person you like? Or is it a person you know since childhood? Maybe it is a person who you share your secrets with or it's a person who is as crazy as you. Do you talk to them when you have a bad day or when you hear something interesting? Do you meet them often or just show up at their house. Did you meet them in school or did you find them in college? Did you dislike them at first but now are an inseparable part of your life? You see friends are everywhere, you just have to find them. In college, some come thinking of a fresh start to reach their goal, some see freedom, some see fests, most see career but almost all search for friends. Why?

Let me tell you all a small story, it's about a guy who was bullied a lot in school. He never had any friends, he would often cry himself to sleep and would often fail exams. But when he came to college, his life changed. He set goals for his career and would be sincere in class, he would attend all lectures but still wouldn't manage to get good scores. One day he met a boy sitting in the library reading the newspaper he wanted. He went towards him and asked if he could sit with him and read the paper together. After some time, they started talking. They both found that they were from the same class and had never met. They talked about their exam scores which weirdly enough gave them a topic to talk about. They got to know each other and started studying together. They saw a consistent increase in their marks. The moral of this story is that there is potential in each and every one of us, it's just a matter of fact who pushes and motivates us towards our goal.

Friends are like family so the next time when you score less call your friends, next time when you have some gossip call your friends, want to plan a trip call your friend because a friend is someone with whom who can enjoy and still get motivated towards your goal.

**Naitik Chheda**  
S.Y.B.A.

## A Lie of Truth?

It's a question we rarely ask  
Because we know its just a mask,  
Ofcourse you have this society to thank,  
To let you pull this judgemental prank.

I have lost all my confidence,  
Seing all my incompetence,  
Fighting for my recognition,  
Still finding where is my passion?

Your efforts are always at par,  
But their comments are still really sour,  
What and How and who they are,  
Stopping you to think that you are a star.

Should I care enough to cry,  
Or should I be strong enough to let it die,  
What would be the best reply,  
To let the lie stay a lie.

**Hiral Joshi**  
T.Y.B.F.M.



People wrap up their sweet memories of the sunny daylight and twinkling moonlight,  
Into the cartons called 'poetry' with warmth and delight.

People restore the jars of their boundless void,  
With cookies of heartstrings and emotions through pungent phrases and syllabus joined.

People mould their beautiful, happy and innocent childhood times,  
Into adorable layouts of free-verse stanzas or few strands of rhymes.

People alter the deary moments of the gloomy gray clouds and skies,  
Borrowing metaphors and paradoxes from the striking colors of butterflies.

People express their bundle of dilemmas and confessions,  
By combining fancy adjectives and conjunctions.  
People create art with the assistance of eloquent words,  
That deliver broad smiles, sudden tears and genuine comforts.



**Keyuri Patel**  
T.Y.B.Com

## My Parents : My Inspiration



Throughout our life we come across various people who leave a very strong, influential impact in our lives. But when it comes to whom I look upon to be like, it's my "Parents". Being a parent is definitely not easy. It comes with lots of responsibilities, sleepless nights, endless sacrifices, a lot of patience, love and many more things. My parents are my pillars of strength. They are my guide and give me the courage to fight all the battles in life. They are the ones who always gave but never asked anything in return. Whenever I fell, they were the ones who picked me up. My mother being a working professional manages everything so perfectly and efficiently. She is the strongest women who I know. From being a working woman to a daughter, wife and a mother, she is amazing. My father used to go to work but never failed to ask me if I needed his help in studies.

During my 10<sup>th</sup> boards, when I was upset, he was the one who had faith in me and said, "I know my girl has the capability to do even more and she will do it". Those words will stay with me forever and will motivate me each day to do even better in life. More than a father-daughter bond, we shared a bond of friendship. My parents always smile, no matter how many difficulties are there or whatever are the circumstances and that gives me the strength to have a positive attitude towards life. They have always taught me to love, care, help others and never make fun of others who are less privileged than us. They always said "We were not able to do everything we wanted in life but we want you do whatever you want like further studies, acquiring various skills, etc. Just don't worry about anything". Words will fall short to describe them. In fact, no words are enough to describe parents love for their children. This is something which we call "unconditional love".

Whenever I am sad or I feel low, they just come to know instantly and I always think how do they even come to know. They always tell me that in life whether you earn a lot of money or not, it doesn't matter but always be good to others and do good to them. People will remember you for that even after you die. And I noticed this after my father passed away. So many things I came to know about him which I never knew earlier. So many people said such good things about him, about the kind of person he was. And I feel as a human that this is called a real achievement in life. Whatever I am today and will be in future is because of my parents' faith, support and love. No amount of money can repay the love and kindness they have showered upon me. Lastly I would like to conclude saying, "No one in the world can ever love you like your parents do".

**Nidhi Karkera**  
F.Y.B.M.S



## How does Fasting work?

Does fasting help to lose weight? How long should I do it? Can I get the result in 1 month? These are the least questions that pop up when your mind thinks about fasting. Let's know it bit by bit! Now, there are many variations in fasting like juice fasting, vegetable fasting, intermittent fasting, and so on... But the main aim of fasting is to give time to your wonderful body to detoxify, cleanse, and heal itself. This process of detoxifying, cleansing and healing will only happen after the body is done digesting your food. Why should you give time to your body? Your sleeping time should be enough, right? Wrong!

Digestion time varies among individuals and between men and women. After you eat, it takes about six to eight hours for food to pass through your stomach and small intestine. Food then enters your large intestine (colon) for further digestion, absorption of water, and, finally, elimination of undigested food. It takes about 36 hours for food to move through the entire colon. In all, the whole process — from the time you swallow food to the time it leaves your body as feces — takes about two to five days, depending on the individual. Oh, so longggg, that's the truth! Think of fruits as bikes (easily digested), vegetables as cars (average time required), and heavy foods like grains, pulses, beans, meat as trucks (more time required) on a highway.

Today it has become a new normal to eat in excess, having 5-6 meals, snacking aimlessly, doing food challenges just to feel pleasure but your stomach hates it... Generally, human stomachs have a volume of about one litre and can stretch up to 4 litres but please don't abuse your stomach, you'll need it for a long time! If fasting is difficult for you as it is more than 24 hours and it can



go long, you can start with a juice fast having only vegetable juices (not fruit juice), then move toward intermittent (partial day) fasting where you have an eating and fasting window, it can be '10 hours eating:14 hours fasting' or '8 hours eating: 16 hours fasting', there are many variations to it. It is not a mammoth task at all because if you're sleeping for 8-10 hours, you're already fasting and gradually you can add more hours to it till you can fast full-fledged for 24 hours or more.

Anyone can say it easily, right? But action speaks louder than words. I've been doing intermittent fasting for more than 18 months now. Not to lose weight, not to look attractive, not to impress others but I wanted to get rid of the consistent headache problem that I had... that lead me to discover this amazing lifestyle and I can't even think of giving up the idea of fasting! I love it because it gives me the willpower to refuse the food when not necessary, it makes me feel confident and it helps to grow minimalism in me.

I extremely extend my gratitude to those who shared their knowledge with the world on YouTube and let others too experience it. I don't do fasting as I comparatively eat in less quantity so I have extended Intermittent Fasting (IF) hours every day. I rarely go for 1 day unless required. And ideally, fasting can be done once in a fortnight or week but there is no risk in doing IF every day. It's an individual's choice. Please do consult your, physician, before! Don't rush with anything, it takes time for your body to adapt to new habits and lifestyles. I forgot to tell you one more thing, it makes you learn patience! Happy Fasting.

**Sumitha Nadar**  
F.Y.B.M.S



## Let Go

I'm wondering how come letting things go has been more difficult for us as compared to achieving them even after knowing its toxic. Maybe! Back there it holds some good memories and attachments too, but if you'll constantly keep on looking back maybe you will miss what's waiting right in front of you.

I understand, it happens at times that intentionally or unintentionally people try messing up with you and ruin your things that leads them to invade your peaceful space, but once that is done on the scale of time it's not at all wise to hold it on in our mind because more than half of the damage is done by us overthinking on it and holding grudges towards it. At some point or the other in life we are supposed to let things go if it's not worthy of having any possession on present or even on ourselves. Because at time we hold onto things even of which we ourselves don't carry a valid justification of! Just because of our emotional attachment and we think that we are supposed to hold on tight on the stem of the rose to not loose upon the petals, which will ultimately get you bleeding because of its thorns. And even those petals will shed off by the end of the day! It's nothing but self-created illusion, because what are you longing for?

Often, we end up building attachments, and we are humans, that's our nature but at the same time, shouldn't we be aware when to get detached from it when it's needed? Memories are shackles and the rope that connects you with it, is attachment. Memories don't move forward with you in life, they'll be wherever they are but if you want to grow and move ahead, you have to break that rope of attachments. We need to understand just like us, things have their own nature and their own roles to play, more you set boundaries for them and more you will lose the essence of it. Give things enough space to unfold themselves. You never know, maybe it will turn out to be something far better that what you expected. And in any case if someone or something is not meant for you, letting it go can be the wisest choice. Until you won't let the wrong go, you won't allow the right to enter.

Wrong things always do not mean they are inappropriate or toxic, it just means they are not compatible enough to you or your nature. For an instance if you try to make your leg fit in a shoe smaller than your size, you'll ultimately end up hurting yourself and it doesn't mean there is something wrong with the shoe, it's just not meant for you, it's not your right fit. Letting go doesn't only get you relief, but also to the things you are letting go, and at the same time you let those things and people fall in their right place and make your own space empty for right things and the right ones. There will even be a day when you'll have to let go the body that you have lived your whole life in and even the mind out of which you made your living. I know it sounds a bit harsh but once you embrace this fact, it won't anymore and that's the fundamental nature of life. If you feel that by holding on to people and things, you can defy and go against the nature of life, then you are wrong. Don't forget that even you are just another form of life.

**Smeet Boricha**  
T.Y.B.M.S



## Little Things

A smile can do wonders and sometimes it can even save lives. I experienced this myself when my little sister had her sudden encounter and narrow escape with death. It was a normal day. My curly haired and freckled faced sister had completed six months of part-time job in a chicken hub. I was baking her favourite cake and an ambrosial whiff danced around the house. I was unaware that a bolt from the blue was waiting for me and I would almost lose my sister - my only family.

When she didn't return home I called her umpteen times and finally set out on a frantic search. After nearly three hours of calling her friends, searching probable places and approaching the police, I reached her work place. It was a three storey building which seemed vacated except for a security guard at the gate. He was an old man approaching his retirement age but had vigil eyes and latent power. When I described my sister and asked her whereabouts, he immediately recognised her with a smile on his face but did not recall seeing her leaving the building after work. With zero other options, I went up to the food court accompanied by the now worried uncle.

What I saw was incredulous! Her bag was still lying on the counter. I dashed off to the washroom to check if she was locked but returned dejected. Uncle then suggested that we should check the freezer room where the food was preserved. It was a far shot, nevertheless I accompanied him into the huge freezer room. And then I saw her! Frostbitten and nose bleeding, lying lifeless on the floor in a room with a temperature of  $-18^{\circ}\text{C}$ . I cradled her in my arms and uncle enveloped her with his jacket. She was cold as ice. We hit the roads running and rushed her to the hospital just before she had the last stage of hypothermia. After hours which felt like infinities, she was out of danger.

Her courage and will kept her alive but what saved her life was kindness. According to the security uncle, no one ever took notice of him even after he had served for a decade but my loving sister always smilingly greeted him 'Good Morning' and 'Good Night'. We could save her only because the uncle was sure of not seeing her leave the building. "Her smile was beautiful", he said.

No act of kindness and love is ever wasted. It blesses the receiver and blesses the giver, forever. Send me the warmth of a secret smile to show me you haven't forgot. For always and ever, now and forever. Little things mean a lot.

**Anjali Mishra**  
S.Y.B.Com.



## Rove for Success

People often say, "Days that breaks you, are the days that make you".  
Rather I would say, Days that compel you, are the days that propel you.

People will always contempt you for your attempt,  
But you have to tempt and not let it exempt.

Don't sprint for anything,  
There's stint for everything.

God will not let your efforts skint  
And will make you Ebert and aglint.

Don't halt even if you get assault,  
To fail doesn't mean you're frail,  
It just prompts you to be like a gale.

Recall, being alone is the only motive to be grown,  
And could let you be at the throne.  
Don't call a day and be ready allay.



**Kajal Tiwari**  
FY B.Sc. CS





# Hindi Section

## शुक्रिया

इस मतलबी से दौर मे, मुझे राह दिखाने का शुक्रिया।

बेहद लंबे, मुश्किल भरे थे रास्ते उस रास्ते को आसान बनाने का शुक्रिया ॥

मेरी छोटी-छोटी गलतियाँ, तेरी नसीहतों से सुधर गई ।

कभी भूल गई मैं पहचान तो, 'मैं क्या हूँ' ये बताने का शुक्रिया ॥

चारदीवारी में थी सिमटी हुई, अंजान जगह, हर शख्स अजनबी ।

मुझे पतझड़ से निकाल कर, कुछ हसीन मंजर दिखाने का शुक्रिया ॥

माना वो इक दौर था, खेल-खेल में बढ़ गई रंजिशें।

हार-जीत तो विधान है, कहकर गले लगाने का शुक्रिया ॥

मैं खामखां परेशान थी, जब टूट कर दिल बिखर गया।

मेरे गम को साझा करने का, दो घूंट पिलाने का शुक्रिया।

जब रूत थी इम्तिहानों की, परीक्षा या कुछ करके दिखाने, की क्या कुछ

हो सकता है इक रात में, वो जादू ही तो था, ये जादू सिखाने का शुक्रिया ॥



दीपा विश्वकर्मा

एस. वाय. बी. कामें.

## दोस्त

दोस्त ये शब्द बहुत गहरा है,

इसे सुनकर दिखता एक चेहरा है,

शायद ये तेरा है,

जो मुझपर दे रहा पेहरा है ।

इस दोस्त की दोस्ती में कुछ खास बात है,

शायद इसीलिए ये अभी तक मेरे साथ है ।

इसके प्यार में हम इतने पिघल गए,

जाने कितने दिन ठल गए ।

इसके साथ वक्त बिताना मुझे अच्छा लगता है,

क्योंकि वो मुझे हमेशा सच्चा लगता है ।

हम कभी अपनी यादें बनाने के लिए अपनी या एक दूसरे की तस्वीर नहीं खींचते,

असलियत तो ये है की हम एक दूसरे के मन में है बसते ।

वो दोस्त ही क्या जो अपने साथ ना खड़ा हो,

वो गम ही क्या जो उससे ना पता हो ।

दोस्त बनाए नहीं जाते बस बन जाते हैं.

चाहे हम भले उनके पहले दुश्मन ही क्यों ना हो,

वो कभी ना कभी याद आ ही जाते हैं ।

दिन हो या रात ये हमें सुनने तैयार होते हैं,

इसीलिए तो हम इन्हें यार कहते हैं ।

करीब रहकर भी हम न मिल सके ये कैसी अजीब यारी है,

दोस्त तेरे बिना यह जिंदगी गुजारनी बड़ी भारी है ।

दोस्त वो नहीं जिनसे हम रोज बात करते हैं या मिलते हैं,

दोस्त वो है जिनसे हम कभी- कभी मिलते हैं और मिलते ही एक दूसरे को बहुत कुछ कह जाते हैं ।

हीया चौहान

एस. वाय. बी. कामें.



## पापा

जिसे पढ़ते पढ़ते सारी उम्र बीत जाए

वो नायाब किताब हो आप ॥

इस मतलब की दुनिया में,

बेमतलब सा प्यार हो आप ॥

झूठी मोहब्बत की दुनिया में,

मेरे दिल के सबसे करीब हो आप ॥

मेरे बेजवाब ऐहसासो को,

जो कोई ना समझ सके

वो समझाने वाले सबसे पहले

मेरे पापा हो आप ॥



साक्षी मेहता

एस. वाय. बी. कामें.

## दूसरों के प्रति अनुमान न करें

किसी व्यक्ति को आंकना यह परिभाषित नहीं करता कि वे कौन है यह परिभाषित करता है कि आप कौन हैं। बहुत से लोग किसी व्यक्ति को जज करके उसके बारे में गलत छवि बनाते हैं लेकिन वास्तविकता को देखने के लिए आपकी एक अलग धारणा होनी चाहिए। जो अनुमान लगते हैं वह कभी नहीं समझेंगे और जो समझते हैं वह कभी अनुमान नहीं लगाते। आप जो देखते हैं उससे दूसरों को आंकना बंद करें, क्योंकि आप जो देखते हैं, वही वह आपको दिखाना चाहते हैं। लोगों को सिर्फ इसलिए अनुमान लगाना बंद करें क्योंकि वह आपके जैसे नहीं है। हमें किसी भी परिस्थिति को समझे बिना उसका अनुमान नहीं लगाना चाहिए ।

आर्या वीरा

टी. वाय. बी. एस. सी. सी. एस.



## जियो तो स्वर्ग ना जियो तो नर्क है जिंदगी

खुशियों में डूबकर उन्हें बांटना है जिंदगी,  
मुस्कराहटों को बटोरने का जरिया है जिंदगी,  
जियो तो स्वर्ग ना जियो तो नर्क है जिंदगी ।

मिठ्टी की खुशबू में महक जाना है जिंदगी,  
चेहेके चेहेकाते खिलखिलाना है जिंदगी,  
जियो तो स्वर्ग ना जियो तो नर्क है जिंदगी ।

मां-बाप के बदौलत नायाब है जिंदगी,  
अपने और अपनों के लिए जीना यही तो है जिंदगी,  
जियो तो स्वर्ग ना जियो तो नर्क है जिंदगी ।

बस दो पल का ख्याब है जिंदगी,  
अपने सपनों को जी पाना है जिंदगी,  
जियो तो स्वर्ग ना जियो तो नर्क है जिंदगी ।

दुनिया में भागते हुए खुद के लिए वक्त चुराना है जिंदगी,  
बस कुछ पलकों की झंकार में सिमटी हुई है जिंदगी,  
जियो तो स्वर्ग ना जियो तो नर्क है जिंदगी ।

गुमनामी के इस जमाने में खुद को पहचानना है जिंदगी,  
जिंदगी का सच्चा मतलब समझना यही तो है जिंदगी,  
जियो तो स्वर्ग ना जियो तो नर्क है जिंदगी ।

पर्व शाह

एफ. वाय. बी. एम. एस.



## माँ

ममता का सागर है माँ  
स्नेह का झरता झरना है माँ  
आंचल की खुशी बच्चों को लुटाती है माँ  
प्रेम और त्याग की मूर्ति है माँ  
नये जीवन की शुरुआत हे माँ,  
घर खुशियों से भर देती है माँ  
हमें जीवन देती है माँ  
हर कदम पर साथ देती है माँ  
मन भावना से जब कोई पुकारे माँ  
ममता का सागर है माँ  
स्नेह का झरता झरना है माँ  
जीवन की परिभाषा है माँ  
हर चीज जिसके बिना कोरी है माँ  
आपने आप मे पूरी है माँ  
माँ तो माँ है  
ममता का सागर है माँ  
स्नेह का झरता झरना है माँ  
आर्या नारकर  
एफ. वाय. बी. बी. आई.



## सब कुछ आसान नहीं है,

आज समय भी मेरा रुका-सा है,  
मुश्किलों की बाढ़ में चटटान-सा अड़ा है ।  
दुनिया की निर्दयी बातों और तानों में,  
सपनों को हकीकत करने की जिदब पे डटा-सा है ।

रुक जाऊँ, थोड़ा थम जाऊँ,  
आगे बढे कदम, पीछे रख लूँ  
मैं अक्सर खुद के ही ख्यालों से लड़ाई पे डटी सी हूँ ।  
इस लंबे सफर पे, अकेले जाने से, थोड़ी डरी -सी हूँ ।

मैं जानती हूँ, एक दिन मैं सपनों को हकीकत कर दूँगी ।  
मैं जानती हूँ, मुश्किलों को आसन कर दूँगी ।  
मैं जानती हूँ, मैं खुद से भी जीत जाऊँगी ।  
मैं जानती हूँ, कि मैं कुछ भी कर सकती हूँ ।

ये हौसले मेरी पहचान है,  
पर अक्सर, ये कभी टूट जाते हैं ।  
अपने घावों पे मरहम लगाते हुए हार जाते हैं ।  
लेकिन मैं जानती हूँ, मैं एक दिन, सपनों को हकीकत कर दिखाऊँगी ।

माना, मंजिल बहुत दूर है,  
रास्ते भी कठिन हैं, और ना कोई हमराही है ।  
अकेले इस सफर में मेरी पहचान भी मिट सकती है ।  
लेकिन, मैं मेरे कदम पीछे नहीं लँगी ।

बस आगे, और अआगे बढ़ते जाऊँगी ।  
और सपनों को हकीकत कर दिखाऊँगी ।  
यकीन है खुद पे, खुद से ही जीत जाऊँगी ।

किर्ति पटेल

टी. वाय. बी. कामॅ.



## हमें सफलता से प्रेम करने की आवश्यकता है ।

अपने दृष्टिकोण में बदलाव करके हम अपने जीवन की दिशा और दशा दोनों में बदलाव कर सकते हैं ।

हमें सफलता से प्रेम करने की आवश्यकता है। अपने जीवन को एक अच्छी दिशा प्रदान करना हमारा कर्तव्य होना चाहिए। अपने आप को हर परिस्थिति में उत्साह से परिपूर्ण होकर ही हम खुद को आगे बढ़ा सकते हैं ।

सफलता उनको ही मिलती है जो इससे बेइंतहा मोहब्बत करते हैं। जिस तरह हम आपस में प्रेम करते हैं। अपने माता-पिता, अपने बच्चों और दोस्तों से प्यार करते हैं ठीक उसी तरह हमें अपनी महत्वाकांक्षाओं से भी प्रेम करने की आवश्यकता है । अपने दृष्टिकोण में बदलाव करके हम अपने जीवन की दिशा और दशा दोनों में बदलाव कर सकते हैं। जीवन को ज्यादा संघर्ष और कठेरता से गुजरने की कोई आवश्यकता नहीं है। संतुलन बनाना हमारे अपने हाथ में ही होता है। सफलता हासिल करना एक शानदार उपलब्धि होती है ।

वाडिया वैष्णवी  
टी. वाय. बी. ए.







## नन्ही चिड़िया

नन्ही सी एक चिड़िया जन्नत से आ गई थी,  
वो नन्ही सी कली थी, जो मां को अभी मिली थी ।  
कुछ साल बीते....

बाबा की गुड़िया अब बड़ी हो गई थी,  
खुले आसमानों और वादियों के बीच पली- बड़ी,  
कुदरत के इन नज़ारों से उसकी दोस्ती सी हो गई थी ।

वक्त कुछ तेज़ चला,  
बदल गई उसकी दुनिया,  
मन मोहिनी सी मैना कुछ रोज़ चहचहाई,  
लेकिन हवा यहां की उसको ना रास आयी ।

मां की दुलारी, बाबा की गुड़िया,  
छोड़ जानी थी उसे ये दुनिया।  
उंगली छोड़कर अपनों की जाना था उसे किसी और ही दुनिया ।

बागों में खेलते हुए एक दिन चकरा कर गिर पड़ी थी,  
अंजाम से अपने वो बिल्कल ही बेखबर थी ।

वक्त ने फिर कुछ करवट ली,  
छीन ली उसकी सारी हंसी,  
जानलेवा मर्ज में लिपटी उसके चेहरे की लाली,  
बिल्कुल झुलस गई थी ।

वक्त कम था, सासे कम थी,  
अपने आखिरी पल में भी वो प्यारी बच्ची मुस्कुरा रही थी ।  
और फिर छूट ही गया उसका इस दुनिया से रिश्ता ।

वो जो छोटी सी कली थी,  
जो सालों पहले खिली थी,  
वो जो सब के दिल की परी थी,  
अब इस धरती की गोद से वो जा मिली थी ।

अब ना वो है,  
ना उसकी परछाईयां।  
ये आसमान ये वादियां  
सब ने उसे भुला दिया,  
ये धरती जिस की बाहों में खेला करती थी ।

आज समा गई है इसमें ही कहीं दूर,  
चली गई छोड़कर ये दुनिया ।

शेख कुलसुम

एस. वाय. बी. ए.



## ‘जिंदगी बड़ी होनी चाहिए, लम्बी नहीं ।’

जिंदगी का सफर आप कितना भी चाहो, हमेशा छोटा ही रहेगा, हमें यह याद रखना है कि यह सफर हमेशा एक चीज़ करने के लिए नहीं बना है, हमें अपनी मंजिल खोजनी पड़ेगी। जब मैं कॉलेज में पहली बार आया था तब मैं भी थोड़ा डरा हुआ हुआ था। मुझे लगा के मैं सिर्फ पढ़ाई करके औरकुछ दोस्त बनके अपने रास्ते चलते अपना सफर खत्म करूंगा। पर मुझे यह नहीं पता था कि यह सफर ने मेरे लिए कुछ और चुना था। मेरे दोस्तोंके सहयोग से मुझे प्रेरणा मिली कि मैं अलग अलग परिस्थिति का सामना करूँ और जिज्ञासु प्रकृति के कारण मुझे अलग-अलग स्तरों पर काम करने का मौका मिला ।

इसके कारण मैं आज इस मोड़ पे आ पाया हूँ! मुझे लगता है सबमें जिज्ञासा होनी चाहिए और अलग-अलग विकल्प खोजने की आदत होनी चाहिए। विनम्रता एक ऐसा वरदान है जो हर इंसान को आगे बढ़ने का बड़ा मौका देता है। यह सब गुणों को अगर आप अपने जीवन में धारण करलोगे तो आप सफलता की ओर आसानी से पहुंच पाओगे ।

“राह पर चलते रहे हम तो मंजिल अपने आप मिल जाएगी,  
अगर इरादे हो नेक तो जो ना चाहा वो भी मिल जाएगा।”

वेदांत जैन

टी. वाय. बी. एफ. एम

## जिंदगी एक इनायत

जिंदगी ने हमें यह तोहफा दिया  
हंसाया रुलाया और यह मौका दिया।

सिखाया की सफर जारी रहना चाहिए,  
सिखाया की आंसुओं को मेहनत के समुंद्र में भर देना चाहिए,  
रास्ते भले ही अकेले पर मंजिल तय कर लेनी चाहिए ।

बन जा चकोर और भर ले उड़ान,  
कर खुदके इरादे फौलाद,  
करले अपने सोच, ख्वाबो को भी आजाद,  
गुलज़ार जिंदगी को बना बेबाक ।

फूलो को भी तो पानी की ज़रूरत है ,  
हीरे को भी तो जोहरी की ज़रूरत है.  
तुझे तेरी ज़रूरत है,  
तुझे तेरी ज़रूरत है ।

जिंदगी ने हमें ये तोहफा दिया,  
तो भर ले उड़न क्योंकि इसीने मौका दिया,  
क्योंकि इसीने मौका दिया ।

बबीता चौधरी

एफ. वाय. बी. एस. सी. आय. टी.



## यह तस्वीरें झूठ कहती हैं ।

यह तस्वीरें झूठ कहती हैं  
बताती हैं कि इसमें प्यार है बड़ा,  
और बड़ी इज्जत सी है, की मुस्कुराते हैं दो लोग,  
और दुनिया सुकून सी है,  
मगर यह तस्वीरें बड़ी झूठी हैं,  
हर एक तस्वीर अलग सी चीज कह जाती है,  
पास में बैठे हैं मगर दूर सी दिख जाती है,  
मुस्कुरा तो रहे हैं,  
मगर फिर भी क्यों गम नजर आ रहा है,  
हर एक चेहरे के पीछे क्यों गिला शिकवा नजर आ रहा है,  
आंखें तो कमाल ही कर जाती है,  
बड़े ही आसान से झूठी रोशनी दिखा जाती है,  
जब सामने है सिर्फ अंधेरा छाया,  
पर फिर भी झूठी छांव की आशा दी जाती है,  
यह तस्वीरें बड़ी झूठी कह जाती हैं ।  
अवनी जोशी  
एस. वाय. बी. ए.



## असफलता सफलता से कहीं ज्यादा महत्वपूर्ण हैं ।

सभी के जीवन में एक समय ऐसा आता है जब सभी चीजों  
आपके विरोध में हो रही हों और हर तरफ से निशाना मिल रही  
हो। चाहे आप एक प्रोग्रामर हैं या कुछ और, आप जीवन के  
उस मोड़ पर खड़े होते हैं जहां सब कुछ गलत हो रहा होता है।  
अब चाहे ये कोई सॉफ्टवेयर हो सकता है जिसे सभी ने रिजेक्ट  
कर दिया हो, या आपका कोई फ़ैसला हो सकता है जो बहुत  
ही भयानक साबित हुआ हो ।

लेकिन सही मायने में, विफलता सफलता से ज्यादा महत्वपूर्ण  
होती है । हमारे इतिहास में जितने भी बिजनेसमैन, साइंटिस्ट  
और महापुरुष हुए हैं वो जीवन में सफल बनने से पहले लगातार  
कई बार फेल हुए हैं। जब हम बहुत सारे काम कर रहे हों तो ये  
ज़रूरी नहीं कि सब कुछ सही ही होगा। लेकिन अगर आप इस  
वजह से प्रयास करना छोड़ देंगे तो कभी सफल नहीं हो सकते ।

हेनरी फ़ोर्ड, जो बिलियनेर और विश्वप्रसिद्ध फोर्ड मोटर कंपनी  
के मालिक हैं । सफल बनने से पहले फ़ोर्ड पाँच अन्य बिजनेस  
मे फेल हुए थे । कोई और होता तो पाँच बार अलग अलग  
बिजनेस में फेल होने और कज़े में डूबने के कारण टूट जाता  
लेकिन फ़ोर्ड ने ऐसा नहीं किया और आज एक बिलियनेर  
कंपनी के मालिक हैं ।

अगर विफलता की बात करें तो थॉमस अल्वा एडिसन का  
नाम सबसे पहले आता है। लाइट बल्ब बनाने से पहले उसने  
लगभग १००० विफल प्रयोग किए थे ।

अल्बर्ट आइनस्टाइन जो ४ साल की उम्र तक कुछ बोल नहीं  
पता था और ७ साल की उम्र तक निरक्षर था । लोग उसको  
दिमागी रूप से कमजोर मानते थे लेकिन अपनी थ्योरी और  
सिद्धांतों के बल पर वो दुनिया का सबसे बड़ा साइंटिस्ट बना ।

अब ज़रा सोचो कि अगर हेनरी फ़ोर्ड पाँच बिज़नेस में फेल होने  
के बाद निराश होकर बैठ जाता, या एडिसन ९९९ असफल  
प्रयोग के बाद उम्मीद छोड़ देता और आइनस्टाइन भी खुद को  
दिमागी कमजोर मान के बैठ जाता तो क्या होता ?

हम बहुत सारी महान प्रतिभाओं और अविष्कारों से अंजान रह  
जाते हैं । तो मित्रों असफलता सफलता से कहीं ज्यादा महत्वपूर्ण है....

असफलता ही इंसान को सफलता का मार्ग दिखाती है ।

कालिंदी सिंह  
टी. वाय. बी. बी. आई.



## वो पहला दिन

वो इतनी सारी कॉलेज की यादें,  
एक परफेक्ट यारी की चाहते,  
वो एडमिशन होने पर रहते,  
हमें याद रहेंगे मुझे वो पहले दिन की घबराहट ।  
वो पहले दिन पर एक अजनबी के सामने  
थोड़ा झिझकते हुए मुस्कुराना,  
और अंत में उसी आंखों में बिछड़ते हुए आंसू देखना,  
हमेशा याद रहेंगी मुझे  
वह दोस्तों के साथ वाली बेफिजूल बातें ।  
वो असाइनमेंट एक्सचेंज करना,  
एक दूसरे के नए-नए नाम रखना  
एक टिफिन के १० हिस्से होना,  
और वो टिफिन ब्रेक के अलावा हर लेक्चर में खाना,  
हमेशा याद रहेगी मुझे  
हमारी हर बार जुंड माई वॉशरूम जाने की आदतें ।  
वो कोड लैंग्वेज में बातें,  
जो मजाल है हमारे अलावा किसी को समाझ में आती,  
वो एक वक्त पर सेम पिच करके भगना,  
और फिर पागलो की तराह हंसना,  
हमेशा याद रहेगी मुझे वो बचकानी हरकतें  
हीरल जोशी  
टी. वाय. बी. एफ. एम.



# Marathi Section



## ऑनलाईन+ऑफलाईन = उद्याचे शिक्षण

ऑनलाईन आणि ऑफलाईन यांचे सुयोग्य मिश्रण असलेली 'संमिश्र शिक्षण पद्धत' (Blended Learning) ही भविष्यातील महत्वाची शिक्षण पद्धत असे आजचे चित्र आहे. सध्या कोरोनाच्या जागतिक संकटामुळे शाळा बंद आहेत. शाळा सुरु करण्याजोगी परिस्थिती कधी निर्माण होईल, हे आज सांगता येणे कठीण आहे. शाळा सुरु झाल्याच तरी, सामाजिक अंतराचे नियम काय असतील आणि ते पाळून शाळा पूर्ववत चालवता येतील का, हेही सांगता येणे कठीण आहे. सरकारने शाळा 'ऑनलाईन' सुरु करायला परवानगी दिली आहे. अनेक शाळांनी कोणत्या ना कोणत्या पद्धतीचे, ऑनलाईन उपक्रम सुरु देखील केले आहेत. पण, या सार्याची पुढील दिशा काय असेल? याचा विचार गांभीर्याने करायला हवा. आपल्याकडे मोबाईल, लॅपटॉप अशी उपकरणे वापरून, आपण अनेक गोष्टी करतो. पण या माध्यमांचा वापर करून शाळा किंवा कोणत्याही प्रकारचे शैक्षणिक उपक्रम चालवणे, हे आपल्यासाठी पूर्णपणे नवीन आहे. कोरोनामुळे लादल्या गेलेल्या सक्तीच्या सुट्टीमुळे हे ऑनलाईन शिक्षणाचे माध्यम एकाएकीच वपरात आले. पण या ऑनलाईन शिक्षणाची आजची परिस्थिती काय आहे? त्यासाठी कोणते पर्याय उपलब्ध आहेत? ते आज कोणत्या प्रकारे वापरले जात आहेत? या सगळ्यांचे भविष्य काय असेल? या प्रश्नांचा उद्‌हापोह करताना, सर्वात महत्त्वाचे म्हणजे या सार्यातून आपल्याला नक्की काय साध्य करायचे आहे? ते समजून घ्यायला हवे.

### शिक्षणाचे घटक

साधारणतः शिक्षणाचे तीन प्रमुख घटक असतात. अध्यापन (teaching), अध्ययन (learning) आणि मूल्यमापन (evaluation) या तीन घटकांसाठी शिक्षणप्रक्रिया राबविली जाते. आता हे तीनही घटक या नव्या ऑनलाईन पद्धतीत कसे आकार घेतील ते पाहूया. अध्यापन (training)- शिक्षक वर्गात येते शिकविताने ते अध्यापन. यामध्ये शिक्षकाचे व्यक्तिगत कौशल्य, वक्तृत्व, विषय मांडण्याची आणि समजावून सांगण्याची कला हे अंतर्भूत असते. अध्ययन (learning) - विद्यार्थी स्वतःच्या प्रयत्न आणि आकलनाने जे शिकतात ते अध्ययन. यामध्ये शिक्षकांनी सांगितलेली अभ्यास सामग्री (study material) वाचणे, संबंधित अध्ययन साधने (learning resources) बघणे / अनुभवणे, दिलेला गृहपाठ (homework/assignments) करणे यांचा समावेश असतो. मूल्यमापन (evaluation) -

अध्यापन आणि अध्ययनातून विद्यार्थी किती शिकला आहे, याची पडताळणी करणे म्हणजे मूल्यमापन. यामध्ये गृहपाठाची तपासणी करणे, घटक चाचण्या घेणे आणि परीक्षा घेणे यांचा समवेश असतो. ऑनलाईन शिक्षणाचा विचार करताना, हे तीनही घटक ऑनलाईन माध्यमांमधून पूर्ण करता येतील अशी व्यवस्था किंवा प्रणाली वापरायला हवी.

### सध्याची परिस्थिती

सध्याची परिस्थिती बघता बहुसंख्य शाळा अथवा शिक्षक फक्त 'अध्यापन' ऑनलाईन करण्यावर भर देत आहेत, असे दिसून येते. झूम किंवा गूगल मीट सारखे तंत्रज्ञान वापरून शिक्षक आणि विद्यार्थ्यांचा व्हिडियो कॉल सेटअप करणे आणि त्यात शिक्षक वर्गात शिकविताने, त्याप्रमाणे शिकवणे अशी सध्याच्या बहुसंख्य ऑनलाईन वर्गांची परिस्थिती दिसत आहे. काही कल्पक शिक्षक आपल्या लेक्चरचे पॉवरपॉइंट प्रेझेंटेशन करून, ते व्हिडियो कॉलवर दाखवतात आणि विषय समजावून सांगतात. काही शिक्षक फळा समोर ठेवून, त्यावर वर्गात शिकवत असल्यासारखे खड्डे मुद्दे लिहून शिकवतात. शिक्षकांचे सर्व प्रशिक्षण हे वर्गात शिकवण्याच्या दृष्टीने झालेले असताना आणि वर्गात शिकवण्याचा अनुभव त्यांच्यापाशी असताना अचानक ऑनलाईन अध्यापन करावे लागणे, हा त्यांच्यासाठी प्रचंड मोठा बदल आहे. यासाठी त्यांचे प्रशिक्षण झालेले नाही (किंवा अगदी कमी वेळात तशी तयारी त्यांना करावी लागली आहे).

दुसऱ्या घटकाचा, अध्ययनाचा, विचार केला, तर त्यासाठी आज प्रामुख्याने पारंपारिक साधने आणि पद्धतीच वापरल्या जात आहेत. अध्ययनाचे पारंपारिक साधन म्हणजे पाठ्यपुस्तक आणि पद्धत म्हणजे पुस्तकातले धडे वाचून त्याखालची प्रश्नोत्तरे सोडवणे. खरेतर कोणताही विषय शिकण्यासाठी आजच्या ऑनलाईन जगात प्रचंड मोठ्या प्रमाणावर रिसोर्स स उपलब्ध आहेत. युट्यूबवरचे व्हिडियोज, विकिपीडियासारखे माहितीचे संग्रह इथपासून ते अनंत ब्लॉगज आणि माहितीचे संकलन करणार्या वेबसाईट्स उपलब्ध आहेत. असे असताना अध्ययनासाठी फक्त पाठ्यपुस्तकावर अवलंबून रहाणे, हे शिक्षण मर्यादित चाकोरीमध्ये अडकवून ठेवण्यासारखे आहे. काही शाळांमध्ये काही शिक्षक, अशी साधने (रिसोर्सस) वापरायला मुलांना प्रोत्साहन देत आहेत, मात्र बहुसंख्य ठिकाणी ऑनलाईन माध्यमाचा प्रभावी वापर करून, अध्ययन पाठ्यपुस्तकापलिकडे नेण्याचा प्रयत्न होणे गरजेचे आहे.

मूल्यमापनाची पारंपारिक पद्धत म्हणजे वेळोवेळी घेतल्या गेलेल्या चाचण्या आणि परीक्षा. छोट्या चाचण्यांसाठी ऑनलाईन माध्यमांमध्ये स्पर्धा (Quiz), सर्वेक्षण (Survey) किंवा मतचाचणी (Polls) सारखी तंत्रे वापरता येऊ शकतात किंवा गूगल फॉर्मस वापरून मुलांकडून प्रश्नोत्तरे मागवता येऊ शकतात. सध्या मात्र मूल्यमापनासाठी कागद-पेन या पारंपारिक साधनांचाच वापर होताना दिसत आहे. शिक्षकांनी प्रश्नोत्तरे स्कॅन करून पाठवणे, त्याचा प्रिंटआउट काढून त्यावर ती सोडवणे आणि ते स्कॅन करून शिक्षकांना परत पाठवणे किंवा वहीत प्रश्नोत्तरे लिहून, त्याचा फोटो शिक्षकांना पाठवणे हे बहुसंख्य ठिकाणी केले जाताना दिसत आहे. एकूणतः, अध्यापन, अध्ययन आणि मूल्यमापन या शिक्षणाच्या तीन अंगांपैकी प्रामुख्याने अध्यापन ऑनलाईन केले जाताना दिसत आहे.

### ऑनलाईन शिक्षणाचे फायदे

ऑनलाईन शिक्षणाच्या प्रणालीची अत्यंत प्रभावीपणे अंमलबजावणी झाली तर, त्याचा अनेक स्तरांवर फायदा होऊ शकतो. ज्ञानदानासाठी किंवा क्षमताविकासनासाठी, एका शारिरीक वयाच्या ५०-१०० मुलांना एका छताखाली रोज जमवून, त्यांना एकाच पद्धतीचे शिक्षण देणे ही औद्योगिक काळाची (Industrial Age) ची गरज होती. केवळ त्याच पद्धतीने शिक्षण देणे तेव्हा शक्य होते. पण अगदी कोरोना येण्यापूर्वीपर्यंत या परिस्थितीत काहीसा फरक पडला नव्हता. कोरोनाच्या या झटक्याने आपण अचानक नव्या पद्धतीत आलो आहोत.

भविष्यात या नव्या ऑनलाईन शिक्षण पद्धतीत प्रत्येकासाठी व्यक्तिगत शिक्षणाचे नियोजन (लर्निंग प्लॅन), शिक्षणाचा मार्ग (लर्निंग पाथ) असू शकतात. वयानुसार आणि व्यक्तिगत क्षमतेनुसार त्या नियोजनामध्ये लवचिकता येऊ शकते. म्हणजे दहा वर्षांचे एक मूल त्याच्या नैसर्गिक क्षमतेनुसार, चौथीचे तर दुसरे मूल त्याच्या क्षमतेनुसार सातवी-आठवीचे गणित शिकू शकते. हे आज घडत नाही, पण उद्या कदाचित असे घडू शकेल. प्रत्येकजण आपापल्या क्षमतेनुसार आणि आवडीनिवडीनुसार आपल्या शिक्षणाचा मार्ग निवडू शकेल.

शाळा चालवण्यासाठी शाळेच्या इमारती, मैदाने यांचे इन्फ्रास्ट्रक्चर लागते. शहरांपासून ते खेड्यांपर्यंत प्रत्येक मुलाच्या घराजवळ शाळा हवी असेल तर त्यासाठी लागू शकणार्या इन्फ्रास्ट्रक्चरसाठी महाकाय गुंतवणूक करावी लागते. शाळा घराजवळ नसेल तर, मुलांच्या वाहतुकीची व्यवस्था आणि त्यासंबंधी इन्फ्रास्ट्रक्चर लागते. वाहतुकीमध्ये मुलांचा जाणारा वेळ आणि त्या दरम्यानच्या त्यांच्या सुरक्षिततेचा प्रश्न ही देखील एक मोठी समस्या असते. अत्यंत प्रभावीपणे चालवल्या गेलेल्या ऑनलाईन शिक्षणामुळे या समस्यांचे निराकरण होऊ शकते. शाळांच्या इन्फ्रास्ट्रक्चरमध्ये मोठ्या प्रमाणावर गुंतवणूक न करता, शिक्षण सर्वदूर पोहोचवता येऊ शकते.

### ऑनलाईन शिक्षणाच्या मर्यादा

शाळांमध्ये मुले पारंपारिक शिक्षणासोबत सामाजिक वर्तन (सोशल स्किल्स) सुद्धा शिकत असतात. कोणत्याही व्यक्तीच्या जडणघडणीमध्ये तो जिथे शिकतो तिथल्या वातावरणाचा, संगतीचा आणि सोशल स्किल्सचा अत्यंत महत्वाचा वाटा असतो. पूर्णपणे ऑनलाईन असलेल्या शिक्षण पद्धतीमध्ये मुलांनी आपल्या समवयीन मुलांमध्ये गटाने एकत्र रहाणे, एकमेकांशी मैत्री करणे, मैदानात एकत्र खेळणे, दंगामस्ती करणे इत्यादी गोष्टी घडत नाहीत. या सगळ्यातून आपोआप शिकले जाणारे सामाजिक वर्तनाचे नियम, सामाजिक शिस्त आणि संबंधित सोशल स्किल्स ही ऑनलाईन शिक्षणातून देता येत नाहीत. ऑनलाईन शिक्षणाची ही सगळ्यांत मोठी मर्यादा आहे.

शालेय शिक्षणात काही उपक्रम हे प्रत्यक्ष उपस्थित राहून आणि शिक्षकांच्या देखरेखीखालीच करावे लागतात. प्रयोगशाळांमध्ये केलेले प्रयोग हे याचे ठळक उदाहरण आहे. अशा प्रकारचे प्रयोगशाळांमधून दिले जाणारे शिक्षण ऑनलाईन माध्यमांमधून देता येणे अत्यंत अवघड, कदाचित अशक्य आहे. याचबरोबर, ऑनलाईन शिक्षणासाठी शिक्षक आणि विद्यार्थी दोघांकडेही पुरेशा क्षमतेची तांत्रिक उपकरणे (स्मार्टफोन्स, टॅब्लेट्स, लॅपटॉप्स इत्यादी)

आणि पुरेशी बँडविडथ असलेले आणि सतत सुरु असलेले हाय स्पीड इंटरनेट असणे गरजेचे असते. यातली पुरेशा क्षमतेची तांत्रिक उपकरणे सर्व विद्यार्थी आणि शिक्षकांकडे असतातच, त्यांना ती परवडतातच असे नाही. ग्रामीण भाग, शहरी कनिष्ठ आणि निम्नमध्यमवर्ग सोडा, अगदी मध्यमवर्ग आणि उच्च मध्यमवर्गातही मुलांना त्यांच्या मालकीचा स्मार्टफोन किंवा लॅपटॉप देणे सगळ्यांनाच शक्य नसते. याच बरोबर सर्वदूर पोहोचलेली, सदैव उपलब्ध असलेली पुरेशी इंटरनेट कनेक्टिविटी ही आपल्याकडची मोठी समस्या आहे. मोबाईलच्या 3G/4G सेवा काही ठिकाणी जोमात चालतात तर काही ठिकाणी केवळ नावाला उपलब्ध असतात. वायर्ड ब्रॉडबँड आणि फायबर ऑप्टिक जिथे आहेत तिथे कमालीचे चालतात, जिथे नाहीत तिथे कधी पोचतील सांगता येत नाही. म्हणजे ऑनलाईन शिक्षण ज्यावर मिळतं ती उपकरणे हातात नाहीत आणि ज्याद्वारे मिळते त्या कनेक्टिविटीची खात्री नाही, अशी बहुसंख्य विद्यार्थ्यांची अवस्था आहे.

संमिश्र शिक्षण हीच भविष्याची दिशा

ऑनलाईन शिक्षण व्यवस्था ही काळाची गरज आहे. अत्यंत कमी खर्चात प्रत्येक विद्यार्थ्यांपर्यंत पोहोचू शकेल, आणि प्रत्येकाला आपापल्या आवड आणि क्षमतेनुसार घेता येईल असे शिक्षण खरोखर महत्वाचे आहे. मात्र, ऑनलाईन शिक्षणाच्या काही महत्वाच्या मर्यादांमुळे पारंपारिक शालेय शिक्षण आणि शाळांना तो संपूर्ण पर्याय ठरेलच असे नाही. संमिश्र शिक्षण पद्धत (Blended Learning) ही भविष्यातली महत्वाची शिक्षण पद्धत असेल. जे विषय ऑनलाईन शिकता येणे शक्य आहे त्यांचे अध्यापन-अध्ययन ऑनलाईन होणे. जे विषय प्रत्यक्ष एकत्र येऊनच शिकावे लागतात त्यासाठी शाळांसारख्या संस्थांमध्ये एकत्र येणे, अशा दोन्ही पद्धतींचा वापर घेणाऱ्या काळात करावा लागेल. त्याचबरोबर मूल्यमापनाच्या पद्धतीमध्ये प्रमाणीकरण करून त्या ऑनलाईन पद्धतीने राबवल्या तर देशातल्या कोणालाही कुठूनही हत्या त्या अभ्यासक्रमाची परीक्षा देता येणे शक्य होईल.

या सर्व एखाद दुसऱ्या वर्षात घडणार्या गोष्टी नाहीत. वर्षानुवर्षे अनेक सरकारी आणि खासगी संस्थांनी एकमेकांशी समन्वय साधत प्रयत्न केले तर संपूर्णपणे आधुनिक आणि सर्वांना उपलब्ध अशी नवी शिक्षण व्यवस्था आपण उभी करू शकू.

आदित्य कदम

एफ. वाच. बी. एम. एस.



## निसर्ग

निसर्गाचे स्वतःचे सौंदर्य आहे,  
ते जतन करणे हे मानवाचे कर्तव्य आहे,  
पण नकळत आपण उध्वस्त करतो,  
जसे लहान मूल आपले खोळणे .  
विशाल आणि विस्तीर्ण आकाश  
आपल्याला विचार करायला सांगते.  
आणि जसे पक्षी उंच असतात तसे,  
तसा माणसाला पंख उघडले पाहिजेत.  
अवाढव्य विस्तीर्ण वृक्ष,  
आपल्याला निस्वार्थी होण्याचा संदेश देतात.  
ज्या पद्धतीने आपल्या फांद्या पसरतात  
माणसाने ज्ञानाचा प्रसार केला पाहिजे.

शांत आणि थंड पाणी,  
आमच्या डोळ्यांना ते अगदी शांत आहे.  
पण तरीही ते आपली शक्ती दाखवते  
आणि हिंसक होत खडकावर आदळते.  
निसर्ग आपल्याला प्रत्येक स्वरूपात  
तत्वाला वापरण्याची परवानगी देतो.  
पण मानवाने थोडी काळजी घेतली पाहिजे,  
अन्यथा विश्वाला सर्वात  
मोठ्या वादळाचा सामना करावा लागेल.

अखिला कण्णन

टी. वाच. बी. ए. एम. एम. सी.





## जीवनाची लय

जेम्स क्लिअर यांनी आपल्या 'अटोमिक हॅबिट्स' या पुस्तकात म्हटले आहे की, आपल्या सवयींच्या गुणवत्तेवर जीवनाची गुणवत्ता अवलंबून असते. या सवयी मुख्यत्वे त्या गोष्टींवर आणि ज्यांच्याबरोबर तुम्ही राहता त्या लोकांवर अवलंबून असतात. समकालीन युगात भौतिकवादी गोष्टींना इतके महत्त्व प्राप्त झाले आहे की, आपण सहसा कौतुक, प्रेम आणि कळकळीला पात्र असलेल्या गोष्टींकडे दुर्लक्ष करतो. 'यूरेल्फ' साजरा करा आणि तुमचे गुण आणि सवयी तुम्हाला आयुष्यात कुठे घेऊन जातील ते पाहा. चढ-उतार हे अडथळे नाहीत, आपली जीवनायात्रा किती सांगीतिक असेल हे ठरवणारी ती जीवनाची लय आहे .

नैसर्गिक आनंद आणि आत्म-प्रेमाच्या आहारी जाण्याची इच्छा मागे टाकून जग अत्यंत स्पर्धात्मक बनले आहे. जेव्हा प्रेम आधीच आपल्याबरोबर राहत असते तेव्हा आपण बर्बाद इतरांमध्ये प्रेम शोधू लागतो. आपण गुणांऐवजी राशीवर लक्ष केंद्रित केल्यामुळे जीवनाचे स्वर आता मधुर राहिलेले नाहीत. तुम्ही 'एकट्याने स्वतःला किती आनंद देईल' यापेक्षा 'इतर काय म्हणतील किंवा विचार करतील' यावर लक्ष केंद्रित करता. हे खरे आहे की लोक न शोधलेल्यांचा शोध घेण्यासाठी आणि लपलेल्या गोष्टींचा उलगडा करण्यासाठी उंदरांची शर्यत चालवतात आणि सीमांच्या पलीकडे जाऊन सहज उपलब्ध नसलेल्या किंवा प्राप्त न झालेल्या गोष्टींची खात्री देतात. पण हेही खरं आहे की, इतरांना खूश करण्यासाठी आपण आपल्या भावना आणि विशिष्ट गुणांकडे दुर्लक्ष करतो. हीच ती वेळ आहे जेव्हा तुम्ही स्वतःला विचारलं पाहिजे, 'मी खूश आहे का? इतरांची कामगिरी अधिक चांगली करण्याचा उत्साह मला मिळेल का?' जर उत्तर 'होय' असेल, तर आपण यशस्वीरित्या स्वतः वर, आपल्या आनंदावर लक्ष केंद्रित केले आहे आणि शक्य तितके सर्वोत्तम बाहेर आणले आहे. देवाने प्रतिस्पर्ध्यांना तुमच्यातील सर्वोत्तम गोष्टी बाहेर काढण्यासाठी बनवले आहे, तर मग शेवटचा परिणाम इतका समाधानकारक असेल की तुम्ही कायमचे जगू शकाल.

अंकिता कंदाडे  
टी. वाय. बी. एम. एम.



## इंटरनेट - एक वरदान

निसर्गाने दिलेल्या शक्तीचा वापर हा माणसाच्या मतावर आणि त्याच्या माणुसकीवरच अवलंबून आहे. भौतिक सुख प्राप्त करण्याकरिता मनुष्याने केलेल्या अविरत मेहनतीचे फळ म्हणजेच आजच्या भौतिक सुधारणा होय. त्यांपैकी इंटरनेट हे सुद्धा एक आहे. हे दिव्य ज्ञान आता वरदान आहे हे खालील मुद्द्यांवरून मी स्पष्ट करू इच्छितो.

इंटरनेटचा वापर मुख्यत्वे संकेतस्थळांवर (वेबसाईट) साठवलेल्या माहितीची देवाणघेवाण करण्याकरिता होतो. इंटरनेटच्या माध्यमातून आपण काही गोष्टींचा उत्कृष्ट वापर करू शकतो. जसे श - बँकिंग, श - कॉमर्स, श - मेल इत्यादी. आज इंटरनेटचा वापर ही नित्याची बाब झाली आहे. इंटरनेटला मेलच्या (संदेशाच्या) माध्यमातून जनसामान्यांपर्यंत पोहोचवण्याचे कार्य भारतीय वंशाच्या अमेरिकेत वास्तव्यास असणार्या 'साबैर भारतीया' या युवकाने 'हॉटमेल'चा शोध लावून केले. सध्या न्यूयॉर्क शिकागो, पॅरीस इत्यादी ठिकाणी अनेक कंपन्यांची 'माहिती साठवणूक केंद्रे' आहेत व त्या माध्यमातून भूस्थिर उपग्रहाच्या साहाय्याने संकेतस्थळांचा वापर करून हवी ती माहिती इंटरनेटवरून मिळवता येते.

देशोदेशीविषयीची माहिती उपलब्ध असल्याने देशांना संपर्क करण्यास व त्यातून सांस्कृतिक, राजकीय, आर्थिक देवाणघेवाण करण्यास मदत होते, हा अतिशय मोठा फायदा आहे. आर्थिक व्यवहार हे वेळेच्या मर्यादित झाले तर फायदेशीर असतात. इंटरनेटच्या माध्यमातून आर्थिक फायदा मोठ्या प्रमाणावर होतो (शेअर मार्केट). कित्येक जणांनी इंटरनेटच्या माध्यमातून लग्नसुद्धा जुळवली आहे. मन जुळली आहेत, लोक जवळ आले आहेत, विभिन्न देशांतील संस्कृतीचा परिचय एकमेकांस झाला... एकूणच जग अतिशय लहान झाले आहे तर आपण याला खरोखर इंटरनेट वरदानच होय.

अनमय राणे

एफ. वाय. बी. एफ. एम.



## मैत्री

मैत्री हे एक नाते आहे. देव आपल्याला भाऊ/बहीण देतो ते कसेही असोत आपल्याला ते नाते आपल्याला मान्य करावे लागते. पण मैत्री हे असे नाते आहे जे आपण स्वतः ठरवून रक्ताच्या नात्यापेक्षाही अधिक घट्ट बनवू शकतो. मैत्रीत स्त्री - पुरुष हा भेदही नसतो. मैत्री हे एक अनमोल नाते आहे. प्रेमापेक्षा मैत्री महत्त्वाची असते, कारण प्रेम तर सगळ्यांना एकदा तरी रडवते आणि मैत्री ही दुःखातही हसवते.

मित्र आपला जवळचा आणि आपल्याला समस्या जाणून घेणारा असावा. आपण निराश असताना त्याने आपल्याला हसवण्याचा प्रयत्न करावा.

आयुष्य, प्रेम, मैत्री थोडक्यात व्याख्या अशी असते.

जे प्रत्येक क्षणाला पुढे जाते ते "आयुष्य"  
जो प्रत्येक क्षणाला जळत राहतो तो "प्रकाश"  
जे प्रत्येक क्षणाला फुलत राहत ते "प्रेम"  
जी कधीही साथ सोडत नाही ती "मैत्री"

जयेश साबळे.  
(शिक्षकेतर कर्मचारी)





## कष्टाचे फळ

नागपुर नगरात अमन नावाचा एक मुलगा आईबरोबर राहत होता. तो अतिशय हुशार व स्वामिमानी होता. अमन दहावीत असतानाची गोष्ट, असनबद्दल आई, शिक्षक व मित्र सगळ्यांना खात्री होती की, दहावीत उत्तम गुण मिळवून अमन आपल्या शाळेचे नाव सर्वत्र पसरवील, पण झाले ले भलतेच अमन अचानक आजारी पडला. त्याला टायफॉइड नावाचा आजार झाला. प्रथम सत्रात परीक्षा जवळ आली होती त्याला पहिला नंबर जाऊ द्यायचा नव्हता. आईला निराश करायचे नव्हते. परीक्षा संपली निकालाचा दिवस उजाडला मनासारखा अभ्यास न झाल्याने अमनला प्रथम क्रमांकाची आशा नव्हती, तो अगदी जेमतेम पास झाला होता. त्याला दुःख झाले. आईला ही बातमी कळली. ती अमनवर रागावली नाही. ती म्हणाली 'जीवनात चढ उतार, यश अपयश येतात. निराशा झटक बरा हो व अभ्यासाला लाग खरी परीक्षा पुढे आहे. अमनने स्वतः चे वेळापत्रक तयार केले. खूप मेहनतीने अभ्यासाला सुरुवात केली. पूर्वपरीक्षेत जरी त्याला प्रथम क्रमांक मिळाला नाही तरी तो चांगल्या गुणाने पास झाला होता. आईने व शिक्षकांनी त्याला योग्य मार्गदर्शन केले व मदत केली. मार्च महिना उजाडला. दहावीची बोर्डाची परीक्षा सुरु झाली. आता अमनची पूर्ण तयारी झाली होते. आईचा व शिक्षकांचा आर्शिवाद घेऊन अमनने अत्यंत आत्मविश्वासाने परीक्षा दिली. त्याला खूप समाधान वाटले २० जूनला निकाल जाहीर झाला. त्या दिवशी सकाळीच एस. एस. सी. बोर्डाची तार आली. अमन शालांत परीक्षेत सर्वप्रथम आल्याची बातमी होती. अमनला, त्याच्या आईला, शिक्षकांना तसेच मित्रांना सर्वांनाच अत्यानंद झाला. मित्रांनी तर अमनला उचलूनच धरले. त्याचा जयजयकार झाला. पत्रकार आले, फोटो झाले. अमनचे व शाळेचे नाव सर्वत्र झाले. अमनचे स्वप्न साकार झाले. तात्पर्य: जिद्दीने व आत्मविश्वासाने कार्य केल्यास यश नक्कीच प्राप्त होते.

संकलन : सूरज दुबे

एफ. वाय. बी. एफ. एम.

## तरुणाईने स्वसंरक्षणाचे धडे घेणे ही काळाची गरज

ह्या वेळेचा लेख थोडा तिखट आहे पण हा तिखटपणा गरजेचा आहे.कुणाला हा लेख वाचून पोटदुखी होईल तर कुणी खडखडून जाणं होऊन खालील विषयावर विचारमंथन करेल. जे विचारमंथन करतील त्यांच्यासाठीच हा लेख.

आजची परिस्थिती अशी की दररोज येणार्या वर्तमानपत्रात मुलींवर होणार्या वेगवेगळ्या पातळीवरील अत्याचाराबद्दल एकतरी बातमी असतेच आणि दुःखाची बाब ही की, असे प्रकार हे आजकाल इतक्या प्रमाणात होत आहेत की आपण सरसरळ अश्या बातम्यांकडे दुर्लक्ष करून सोडून देतो.

ज्या भारतवर्षात स्त्रीच्या सन्मानासाठी विध्वंसक युद्ध झाली, अनेक वीर योद्ध्यांनी रुद्रतांडवासम संहार करून स्त्रीसत्वाचे-स्त्री सन्मानाचे रक्षण केले. त्याच भारतभूमीत आपण स्त्रियांवर नव्हे, तर लहान लहान मुलींवर ज्या प्रकारचे अत्याचार होत आहेत ते पाहून त्याकडे सपशेल दुर्लक्ष करत आहोत. यापेक्षा उपेक्षेची आणखी बाब कोणती?

आपण आपल्या बहिणीला, सोबत असणार्या मैत्रिणीला, कधी तिने तिच्या स्व-संरक्षणासाठी सक्षम बनावं अगदी कितीही आणीबाणीचा प्रसंग असला तर तिला तिचं रक्षण करता यावं यासाठी काही प्रयत्न केलेच नाहीत. ना कधी अश्या प्रसंगाला सामोर जाण्यासाठी आपण त्यांना तयार केलं; मानसिक पातळीवर ही नाही, आणि शारीरिक पातळीवर ही नाही. ना कधी तशी संधी त्यांना उपलब्ध करून दिली. पण काही संस्था मात्र असे कुप्रकार घडवून आणण्यासाठी युद्धपातळीवर काम करत आहेत, त्यांच्या तरुणांना ह्या गोष्टी घडवून आणण्यासाठी प्रोत्साहन दिलं जातं, पैश्याच अमिश दिलं जातं, पारितोषिके दिली जातात आणि आपण बसलोय निद्राधीन होऊन. आज वर्तमानपत्रातील प्रसंगामध्ये जी मुलगी आहे तिच्या जागी उद्या तुमच्या घरातील मुलगी असू शकते, तुमची बहीण असू शकते, मैत्रीण असू शकते, तिच्या सोबत असं काही घडलं तेव्हा काय करालं?

या विषयावर आपण सर्वांनी विचार करायला हवा आपल्या घरातील स्त्री-मुलगी स्वतःच रक्षण करण्यासाठी सक्षम आहे का ?

देव ना करो पण असा प्रसंग जर आला तर ती स्वतः तिचं रक्षण करू शकेल? नाही? तर मग तिला स्वतःच रक्षण करता यावं यासाठी; तसं प्रशिक्षण मिळावं यासाठी आपण काही केलंय का?

करतोय का? यावर खरंतर विचार करण्याची आज ही वेळ आहे. अन त्याप्रमाणे आपण आपल्या कार्याची पुढची दिशा ठरवली पाहिजे, कुठल्याही परिस्थितीत तश्या प्रशिक्षणाची संधी त्यांना उपलब्ध करून दिली पाहिजे. दर रक्षाबंधनाला जसे आपण मोठ्या अभिमानाने आपले राख्यांनी भरलेले हाथ जगभर दाखवत फिरतो, पण जर खरंच आपल्या बहिणीला, आपल्याच बहिणीला नव्हे तर कुठल्याही स्त्रीला अशा प्रसंगातून बाहेर काढण्यासाठी आपण सक्षम आहोत का? हा प्रश्न आपण तरुणांनी स्वतः ला विचारला पाहिजे. त्यासाठी आपण तरुणांनी ही हे प्रशिक्षण घेतलं पाहिजे. खरंतर माझ्यामते प्रत्येक तरुणाने-तरुणीने असं प्रशिक्षण घ्यायला हवंचं,

जेणेकरून उद्या असा प्रसंग आपल्या आजूबाजूला होत असेल तर तो थांबवण्यासाठी आपण सक्षम असू म्हणूनच जेव्हा संधी मिळेल तेव्हा मुलांनी स्वतः अश्या प्रशिक्षणात भाग घ्यायला हवा अन आपल्या बहिणीला-मैत्रिणीला ही त्यासाठी प्रोत्साहीत करायला हवं. नाहीतर आपल्याला काहीही हक्क नाहीये त्यांच्याकडून राखी बांधून घेण्याचा किंवा नेहमी संरक्षणासाठी सोबत राहू अशी पोकळ वचनं देण्याचा!

कल्पेश फुले

एस. वाय. बी. बी. आय.





किती छोटा शब्द ना जो श्वासाप्रमाणे जपणे आवश्यक आहे. तोच विश्वास असतो, आणि म्हणूनच त्याला विश्वास म्हणत असावे. कदाचित जशी श्वासाची हमी नाही कि तो केव्हा बंद होईल तसेच हल्ली विश्वासाचे झालेले आहे, कोण कधी तुमचा विश्वास तोडेल याचा ही काहीच नेम नाही. आपण एखाद्यावर विश्वास ठेवतो म्हणजे काय करतो, तर ही व्यक्ती मला कधीच फसवणार नाही, कधी आणि कुठल्याच परिस्थितीत दगा देणार नाही, याची आपल्या मनाशी खुणगाठ बांधून ठेवतो, आपण विश्वास ठेवतो म्हणजे आपणसम रेच्याच्या तुम्ही जेव्हा या जगाचा निरोप घ्याल तेव्हा तुमच्या आयुष्यातल्या अशा व्यक्तीची संख्या मोजा, ज्यांनी तुम्ही विश्वास हे विविध वस्तूंनी, व्यक्तींनी, अन्य प्राण्यांशी, विचारप्रणालींशी, मूल्यांशी, तत्वांशी किंवा अद्भूत, कल्पित मानल्या जाणाऱ्या विषयांशीही जडणारे भावनात्मक नाते आहे. 'ईश्वराच्या अस्तित्वावर माझा विश्वास आहे'. 'त्या माणसाच्या प्रामाणिकपणावर माझा विश्वास आहे', 'तुम्ही निश्चितपणे विजयी व्हाल, असा मला विश्वास वाटतो', अशी वा अशा प्रकारची विधाने दैनंदिन जीवनात आपण अनेकदा ऐकतो. त्यांचा आशय लक्षात घेतला, तर 'विश्वास' ह्या शब्दाचा अर्थ 'खात्री', 'श्रद्धा' ह्या शब्दांच्या अर्थाजवळ येतो. असे दिसून येईल. विशेषतः ईश्वराच्या अस्तित्वावरील विश्वासाला 'श्रद्धा' हाच शब्द सामान्यतः वापरला जातो.

विश्वास निर्माण करणारे काही घटक व्यक्तिमत्त्वाच्या बाहेरचे, तर काही व्यक्तिमत्त्वातले असतात. व्यक्तिमत्त्वाच्या बाहेरचे जे घटक असतात, त्यांत निरनिराळ्या स्रोतांपासून मिळालेली माहिती हा घटक विशेष महत्त्वाचा होय. उदा. दूरदर्शन, नभोवाणी, वर्तमानपत्रे ह्यांसारख्या प्रसारमध्यामांतून जे संदेश पुन्हा पुन्हा दिले जातात, ते त्यांच्या प्रभावी सूचनक्षमतेमुळे त्यांच्यावरील विश्वास उत्पन्न करतात. उदा. दूरदर्शनवरील विविध उत्पादनांच्या जाहिराती. त्या पाहून ती उत्पादने अत्यंत दर्जेदार आणि खात्रीलायक गुणवत्तेची असली पाहिजेत असा विश्वास कित्येकांच्या मनात निर्माण होऊ शकतो. तसेच वर्तमानपत्रांतून प्रसिद्ध झालेली वृत्तेही शंभर टक्के विश्वसनीय म्हणून अनेक लोक स्वीकारित असतात.

प्रत्यक्ष अनुभवांमुळेही विश्वास निर्माण होतो. एखाद्या व्यक्तीच्या प्रामाणिकपणावरील इतरांचा विश्वास हा त्या व्यक्तीच्या प्रामाणिकपणाचा नेहमीच अनुभव येत गेल्यामुळे निर्माण झालेला असतो. अशा व्यक्तींनी पुरविलेल्या माहितीवरही विश्वास टाकला जातो. तथापि कधी कधी वृत्त पुरविणारी

व्यक्ती वा माध्यम खात्रीलायक नसतेही. परंतु त्या स्रोतांपासून वा सूत्रांपासून मिळालेली माहिती ज्यांच्या सोयीची असते, त्यांचा तिच्यावर त्वरित विश्वास बसतो. काही व्यक्तींची एक विशिष्ट प्रतिमा निरनिराळ्या प्रसारमाध्यमांतून निर्माण करण्यात आलेली असते. त्या व्यक्ती प्रत्यक्षात कशा आहेत, ह्याचा काहीच अनुभव नसताना तीच प्रतिमा विश्वासाहून म्हणून स्वीकारण्याची सर्वसामान्य माणसांची वृत्ती असते. एखादी राजकीय विचारप्रणालीही प्रसारमाध्यमांद्वारे केल्या जाणाऱ्या परिणामकारक प्रचारातून लोकहिताची कशी आहे हे दाखवून तिच्यासंबंधी लोकांचा विश्वास निर्माण केला जातो.

अनेक लोक दीर्घकाळ जे करीत आले, ते इष्ट असले पाहिजे ह्या विश्वासांमुळेच अनेक पारंपरिक चालीरीती कोणतीही चिकित्सा न करता स्वीकारल्या जातात. धर्मग्रंथांतील प्रत्येक वचनावरील विश्वास हा ह्याच पद्धतीने निर्माण झालेला असतो.

विश्वास निर्माण करणारे काही घटक व्यक्तिमत्त्वाच्या बाहेर जसे असतात, तसे काही व्यक्तिमत्त्वातही असतात. आपल्या परिसरातील घटकांना सर्व व्यक्ती सारख्याच पद्धतीने प्रतिक्रिया देत नाहीत. व्यक्तीचे वय, तिची मानसिक वाढ, तिचा अनुभव, तिच्या व्यक्तिमत्त्वातील परिपक्वता अशा अनेक घटकांवर त्या - त्या व्यक्तीची प्रतिक्रिया अवलंबून असते. त्यामुळे विविध व्यक्तींच्या विश्वासांचे जगही वेगवेगळे असते. उदा. आईवडील, शिक्षक ह्यांची मते लहान मुले चिकित्सा न करता खरी म्हणून विश्वासाने स्वीकारतात. त्याचप्रमाणे विचार करण्याची जबाबदारी टाळणारे काही प्रौढही इतर जे काही सांगतात, ते सर्व विश्वासाहून मानून त्यांच्या मतांवर विश्वासाने अवलंबून राहतात. मानसिक रुग्णांच्या मनात वस्तुस्थितीशी विसंगत अशा प्रकारचे अनेक विश्वास निर्माण होतात. तथापि ह्या प्रकारच्या विश्वासाला संभ्रम ही संज्ञा योग्य ठरते. काही मनोविकृत स्वतःला राजा, सर्वसत्तावंत, परमेश्वर मानतात. तर काही मनोरुग्ण स्वतःला पापी, गुन्हेगार समजतात.

विश्वास ठेवणे आणि शास्त्रीय पुराव्यांनी सिद्ध झालेल्या वस्तुस्थितीचा स्वीकार करणे ह्यांत फरक करावा लागेल. उदा., 'पृथ्वी गोल आहे, ह्यावर माझा विश्वास आहे' असे म्हणणे चमत्कारिक ठरेल. 'विश्वास' हा वाय-फायसारखा असतो. दृष्टीस पडत नाही, दिसत नाही, पण तो तुम्हाला जे पाहिजे आहे, त्याच्याशी जोडून देतो. विश्वास म्हणजे काय? एखादी व्यक्ती आपल्याला कधीही फसविणार नाही, आपले वाईट चिंतणार नाही, करणार नाही, आपल्याशी नेहमी प्रामाणिक असेलही त्या व्यक्तीविषयीची भावना म्हणजे

'विश्वास'. ती व्यक्ती आई, वडील, बहीण, भाऊ, मित्र-मैत्रीण, नातेवाईक कोणीही असू शकते. अगदी नोकर्सुद्धा. आपल्याला असलेली एक वाईट सवय म्हणजे, घरातील एखादी अगदी कुल्लूक वस्तू जरी सापडत नसेल तर ती नोकरीने उचलली असेल, हा संशय मनात प्रथम येऊन जातो. ते बरेचदा खोटे ठरते. एका अतिशय श्रीमंत कुटुंबात सरुमावशी अठरा एकोणीस वर्षे काम करत होती. आपल्या चार वर्षांच्या मुलाला कडेवर घेऊन काम शोधणाऱ्या सरुला या कुटुंबाने काम दिले, थारा दिला. सुरुवातीला तिच्यावर प्रत्येक जण लक्ष ठेवून असायचा. अनोळखी बाई काय करेल याचा नेम नाही, हाच विचार असायचा. सरुची सरुमवशी झाली तिने सर्वांना खूप प्रेम दिले. अंग मोडून काम केले. घर सर्व दृष्टीने सांभाळले. मालकांनी पण तिच्या मुलाला शिकवले. हळूहळू व्यवसाय शिकवला. सगळं काही छान सुरु असताना कपाटातील काही दागिने नाहीसे झाल्याचे घरातील सुनेच्या लक्षात आले. सरुमावशीची चौकशी झाली, पण तिने दागिन्यांना हात लावला नाही याची सर्वांना खात्री होती. कोणीही तिच्यावर अविश्वास दाखविला नाही. दागिने कोणी नेले असतील हे तिनेच घरच्यांना सांगितले. सगळे अवाकब झाले. तरी चोर सापडायलाच हवा होता म्हणून अचानक संशयित व्यक्तीची झडती घेतली. तिने खूप आकांडतांडव केले. 'माझ्यापेक्षा जास्त विश्वास तुमचा सरुवर आहे' वगैरे बोलून रडारड केली. दागिने तिच्याकडे सापडले. 'तुम्ही माझ्याबरोबर मुलाचे आयुष्य घडविले, तुमचा विश्वासघात मी जिवावर बेतले तरी करणार नाही,' असे बोलून सरुमावशींनी सर्वांची मने पुनः एकदा जिंकली.

एका रोग्याचा डॉक्टरांवरचा विश्वास वेगळाच असतो. एका रुग्णाची शस्त्रक्रिया होती. महिनाभर उपचार झाल्यानंतर शस्त्रक्रियेकरिता फिट असलेला तो रोगी आयत्या वेळी ठेपाळला. त्याला नैराश्य आले. 'ऑपरेशन करताना मी मरून जाईन' असे म्हणू लागला. शल्यचिकित्सकाने त्याचा हात धरला. डोक्यावरून हात फिरवला. म्हणाले, 'मी आहे. मनातील वाईट विचार काढून फेक.' या एका वाक्याने जादू केली. रुग्ण म्हणाला, 'मला या स्टेजपर्यंत यशस्वीपणे आणलंत, पुढे नक्कीच न्याल.' रोगी ठणठणीत बरा झाला हे सांगायला नकोच! हे सर्व झाले विश्वासांमुळेच. खरोखर विश्वासाला तोडूच नाही.

**वृष्टी पारेख**

एस वाय बी एम एस



# Gujarati Section



## મનલી રમત

(મનની શક્તિ - સકારાત્મકતા) (માનો કે ના માનો)

મનની તાકતની ઓળખ કરવા માટે મન ની રમત સમજવી જરૂરી છે. જ્યારે દિલ અને મન બન્ને એક સાથે જે વિચારે છે. એજ જીવન મા થાય છે. તમારો તમારા પર નો વિશ્વાસ, તમારા વિચારો, તમારી ભાવના ઓ તમને એક સફળ માણસ બનાવે છે. કણ કણ મા ભગવાન છે. તમારા મા પણ ભગવાન વસે છે. આ હકીકત છે. તમે તમારા આત્મવિશ્વાસ થી તમારી જીંદગી શાણગારી શકો છો. તમારા મનના વિચારો અને વિશ્વાસ થી તમારી જીંદગી બદલી શકો છો. તમે કોઈ દિવસ વિચાર કર્યો કે તમે જે વિચારો છો એવું જ તમારી સાથે ઘણી વાર થાય છે.

આપણે પથ્થર ની મૂર્તિ ને ભગવાન માની પૂજા કરીએ છે. પુરા મન થી શ્રદ્ધા થી પ્રાર્થના કરીએ છે. આપણી ઈચ્છાઓ પુરી કરવા માનતાઓ માનીએ છે. અને એ ઈચ્છાઓ પુરી પણ થાય છે. તો શું ત્યારે ભગવાન પોતે નીચે આવી તમારી ઈચ્છાઓ પુરી કરે છે ? 'ના'. એ ઈચ્છા તમારા મન ની શક્તિ, દંડ વિશ્વાસ અને દિલ ની ઈચ્છા જેના થકી તમારી મનોકામના પૂરી થાય છે.

તમે જોયું હશે ઘણા ને છાપામાં છપાતા ભવિષ્ય. આજ નુ મા વિશ્વાસ હોય છે અને એમની સાથે એજ થાય છે જે એમણે છાપા મા આજ નુ ભવિષ્ય વાંચીયું હોય છે. કારણ કે એનો દંડ વિશ્વાસ છે એ વાંચેલી વાતો મા. કહે છે ને કે

**પુરી સિદ્ધત સે અગર લુમ કુછ ચાહો તો,  
પુરી કાયનાત ઉરસે મિલાને કી સાજુસ કરતી હૈ.**

બસ એજ રીતે.

તમારો વિશ્વાસ જો મજબૂત હોય તો, તમે એ ઈચ્છા ને પુરી કરી શકો છો. પછી એ ભણતર માટે હોય, પૈસા માટે હોય કે પછી પ્રસિદ્ધિ માટે હોય. દંડ નિશ્ચય અને મન થી પોતાનો પરનો વિશ્વાસ એજ તમારી સફળતાની સિડી છે.

તમે એ તો જાણતા જ હશો, પરિવર્તન લાવવા માટે, લોકો ને બુરાઈ ઉપર સચ્ચાઈ ની જીત કોને કેવાય એ સમજાવવા, ભગવાને મનુષ્ય અવતાર લઈ ધરતી પર જન્મ લેવો પડેલો. સફળતા મેળવવા માટે પોતાના પરનો વિશ્વાસ એ સૌથી મોટું હથિયાર છે. બ્રહ્મવિદ્યા, બ્રહ્મકુમારી દાદા ભગવાન, જીતેન્દ્ર અદિયા નુ Mind Power (મન ની શક્તિ) અને કથા પુરાણ. આ બધું એક જ વાત કહે છે. ભગવાન તમારી અંદર છે. ફક્ત એને જાગૃત કરવાની જરૂર છે. અને એ જાગૃત કરવા તમારી શ્રદ્ધા અને મનનો વિશ્વાસ જરૂરી છે. તમારા દંડ વિશ્વાસ થી સફળતા તમારા કદમ ચુમે છે. તપસ્યા, ધ્યાનવસ્થા, દંડ વિશ્વાસ તમને તમારા ભગવાન બનાવે છે. સાચા દિલ થી સકારાત્મક વિચાર કરો અને મનથી વિશ્વાસ કરો તો, ઈચ્છા પુરી કરવા રસ્તા આપો આપ ખુલી જાય છે.

મન ચંચલ છે અને મનુષ્ય કમજોર છે. પોતાને જે જોઈએ છે એ શક્ય નથી, મારી પાસે તો પૈસા નથી, કામ તો થવાનું નથી, ઘણું મુશ્કેલ છે જેવા નકારાત્મક વિચારો થી એ પોતાના પર નો વિશ્વાસ ખોઈ બેસે છે. મનુષ્ય ને પોતાની શક્તિ નો અણસાર નથી. પણ જ્યારે એવું વિચારીએ કે આપણને શું જોઈએ છે. એ આપણ ને મળી ને રહેશે કે પછી મળી જ ગયું એવો અહેસાસ અને દંડ નિશ્ચય ની સાથે શરૂ કરેલું કામ સફળ થાય છે.

ટુંક માં જણાવવું તો તમારી ઈચ્છા ઓ પુરી થશે જ એ વિશ્વાસ થી અને પૂરી શ્રદ્ધા થી કોઈ પણ કામ કરો, એ કામ જરૂર થી પુરું થાય છે. મન ને સકારાત્મક વિચારો ના કાબુમા લાવી, દિલ થી વિશ્વાસ કરો તો તમે જ તમારા ભગવાન બની શકો છો. માનો કે ના માનો.

માણસ જો પોતાના ઉપર ભરોસો રાખી સાચા હૃદયથી પ્રયત્ન કરે તો એ જરૂર થી પૂરી થાય છે. શ્રદ્ધા ને વિશ્વાસ મહત્ત્વનું છે.

ભગવાને દરેક મનુષ્ય ને એટલી શક્તિ આપી છે જે નો એ સદ્ભાવ થી ઉપયોગ કરે તો જીવન સફળ થાય છે.

**હેમા દેસાઈ**

એડમીનીસ્ટ્રેશન ડિપાર્ટમેન્ટ





## એક અભીષો પ્રસ્તાવ

કિષ્ના માટે આજે બહુ મહત્વનો દિવસ છે. આજે એના જીવન ના રૂપ વર્ષ પુરા થઈ ગયા છે. એની પાસે સારી નોકરી છે. એ ખૂબ મન લગાડીને કામ પણ કરે છે. એ એક સમજદાર સ્ત્રી તરીકે ઓળખાય છે.

કિષ્ના કોઈની જવાબદારી લેવા માંગે છે. અને એ જ બાબતે આજે એ એના મમ્મી-પપ્પા સામે પ્રસ્તાવ મુકવાનું નક્કી કર્યું છે. એ બાળપણથી તેના મમ્મી-પપ્પાની મેહનત જોતી આવી છે. કિષ્ના ને સારી જીંદગી આપવા ખૂબ કામ કર્યું છે. બીમાર હોય તો પણ દવા ની ટીકડીઓ લઈ કામે જતા જોયાં છે.

કિષ્ના તેના મમ્મી-પપ્પાને શાંતિ થી પલંગ પર બેસાડે છે. થોડી વાર ઘર માં એકદમ થી શાંતિ પસરાય જાય છે. શાંતિ તોડતા કિષ્ના થોડી ગંભીર થઈ કહે છે કે, મમ્મી-પપ્પા મારે કોઈની જવાબદારી લેવી છે. એ મારું જીવન છે. હું તેમને ખૂબ પ્રેમ કરું છું. તેમને હું બાળપણથી ઓળખું છું. તેમનું દિલ મારા દિલ સાથે જોડાયેલું છે. ઘડકન ભલે મારી છે. પણ દિલ પર તેમનો જ હક છે. તે મારા જીવનનો મહત્વનો ભાગ છે. મને જ્યારથી યાદ આવે છે, ત્યારથી તે મારી સાથે છે. જ્યારે જ્યારે હું દુઃખી હોવ ત્યારે તે મને મનાવે છે. મને ખુશ રાખવા પ્રયત્ન કરે છે. મારું ધ્યાન રાખે છે. મારા ઉપર એનો હક મારા થી પણ વધારે છે. મને વાગે છે તો દુઃખ તેને થાય છે. હંમેશા મારી ચિંતા કરે છે. હું કોઈ બાબતે પાછી પડું તો, તે મને આગળ વધવા નું પ્રોત્સાહન, પ્રેરણા એક નવો જોશ આપે. મારે જે જોતું હોય તે માંગ્યા પહેલા પ્રસ્તુત કરી દે. તે મને સમજે છે. આટલું કહી કિષ્ના શાંત થઈ જાય છે. એના મમ્મી-પપ્પા નાં ચહેરા પર ચિંતા ના ભાવ, મન માં લાખો સવાલ જોઈ કિષ્ના થોડી હસે છે ને કહે છે કે, તમને લાગતું હશે કે આ પ્રેમ પ્રસ્તાવ છે. તો હા આ એક પ્રેમ પ્રસ્તાવ જ છે. પણ મારા તરફથી મારા મમ્મી-પપ્પા માટે મારી જવાબદારી સમજી, મમ્મી-પપ્પા હું તમારી જવાબદારી લેવાનો પ્રસ્તાવ મુકુ છું. આજ સુધી તમે મારું ધ્યાન રાખ્યું છે હવે મારો વારો છે તમારું ધ્યાન રાખવાનો.

આટલું કહી કિષ્ના પાછી ચુપ થઈ જાય છે. પણ આ વખતે તેના મમ્મી-પપ્પા નાં ચહેરા પર ખુશી દેખાય છે. મમ્મી ની આંખો માં ખુશી ના આંસુ છે. પપ્પા ની આંખો માં ગર્વ છે.

જેમ નિઃસ્વાર્થ પ્રેમ માતા-પિતાએ તેમના બાળકોને આપ્યો તેમજ બાળકો નું પણ કર્તવ્ય છે કે સમય આવતા સામેથી આવો પ્રસ્તાવ મુકી, માતા-પિતા ને ખુશી આપવી જોઈએ. જો દરેક બાળક આ પ્રસ્તાવ તેમના વડીલો ની સામે મૂકે તો આ ફક્ત એક પરીવાર ના નહીં પણ આપણા દેશ ભારત ના સંસ્કાર પણ દર્શાવે છે.

ઘણી વાર બોલી ને પોતાની ભાવના દર્શાવી જરૂરી હોય છે. કારણ બોલવા થી દિલ ની વાત સીધી દિલ સુધી પહોંચી જાય છે. કોઈપણ શંકા વગર.

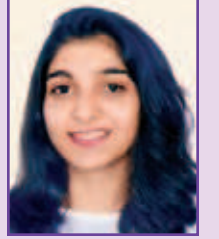
ધ્રુવી સાખવાલા  
એસ. વાય. બી. કોમ.



## મમ્મી

આ શબ્દ જેટલો નાનો છે, એટલો જ ઊંડો છે. ખાલી આ શબ્દ સાંભળવાથી, અડધી તકલીફ ભૂલી જવાઈ છે. જાણે કોઈ જાદુ હોઈ, જે હૃદયમાં ખુશી નું અનુભવ કરાવી જાય છે. આ વિચારીને એક પ્રશ્ન મને કાયમ આવે છે, કે આ શબ્દમાં મીઠાશ અને લાગણી છે તો, જે વ્યક્તિ આ પાત્ર નિભાવતો હશે, એનામાં તો સ્વયં આખો સંસાર હશે ને? ઈ વ્યક્તિ છે મમ્મી! મમ્મીનો પ્રેમ તો સાગરના પાણીથી પણ વિશાળ અને ઊંડો હોઈ છે. મમ્મીની લાગણી એટલે તો સ્વર્ગની કોઈ પરીનું જાદુ છે. મમ્મીનો ગુસ્સો એકદમ વરસાદ જેવો હોય છે. આવે ત્યારે ધોધમાર આપણા પર વરસી જાય પણ એક વાર જવા માંડે, પછી જેમ માટી ની સુગંધ માં સંતુષ્ટી હોઈ ઈજ આનંદ મમ્મી ના ગુસ્સા પાછળ સંતાયેલો પ્રેમ માં હોઈ છે. જે માણસે ક્યારે નથી માની એના કામ થી હાર, જે માણસ ઉઠાવે છે આખા સંસાર નો ભાર, એ મમ્મી ને ખૂબ ખૂબ આભાર, અને દિલ થી ખુશીયો નો ઉપહાર.

ઝલક જોગી  
એસ. વાય. બી. એ



## કેવા લાગશો ?

આંખો સારી હશે તો દુનિયા સારી લાગશે, જીભ સારી હશે તો દુનિયાને તમે સારા લાગશો. પોતાનું દુખ ભૂલીને બીજાને સુખી કરશો, તો બાવળ હશે તોય તુલસીના ક્યારા લાગશો. ભલે તકલીફ પડે તોય સત્યનો પક્ષ લેશો, તો તમારા દુશ્મનોને પણ બહુ પ્યારા લાગશો. જીંદગીમાં જે રોલ મળે એ ખૂબીથી ભજવશો, તો તમારી ફિલ્મના ચમકતા સિતારા લાગશો. બંધ મનના લોકોની વચ્ચે ખુલ્લું મન રાખશો, તો નીચા મકાનો વચ્ચે ઊંચા મિનારા લાગશો. અન્યાયની સામે અવાજ તમે બુલંદ કરશો, તો મુછ નહીં હોય તોય મરદ મુઠાળા લાગશો.

હેતા શાહ  
ટી. વાય. બેફ.



## બાળપણના દિવસો

## બોબ મુતરો

બાળપણના દિવસો ખજાનો હતો અમારો  
જેને જરૂર નથી વિચારવાની  
જેને જરૂર છે માણવાની,  
વશ હતો અમારામાં એના સમજણનો,  
ચક્રો, ગંજુ જે પણ હોય,  
પેરો અને રખડો મેદાનમાં,  
બાળપણના દિવસો ખજાનો હતો અમારો  
ના કોઈ ટેન્શન, ના કોઈ કામ,  
જુંદગી જીવવાનો અનોખો સંગમ,  
ના મોબાઈલ, ના લેપટોપ,  
મેદાનની રમતોનો ધ્યાર હતો ટીપટોપ,  
બાળપણના દિવસો ખજાનો હતો અમારો  
દફતર હતું પણ બોજ નહિ,  
પ્રેમ હતો પણ નફરત નહિ,  
દોસ્ત હતા પણ દુશ્મન નહિ,  
આનંદ હતો પણ સ્વાર્થ નહિ,  
બાળપણના દિવસો ખજાનો હતો અમારો  
નવી આશાનો ઊગતો સૂરજ,  
ના કોઈ લક્ષ્ય ના કોઈ ઉમ્મીદોનો પહાડ,  
સૂરજદાદા આથમે, ચાંદામામા આવે,  
નવા સપનાઓ સાથે સુવડાવે,  
બાળપણના દિવસો ખજાનો હતો અમારો  
ટેન્ક જુગલ  
એફ. વાય. બીકોમ



બોબ મુતરો કેનેડીયન આઈસ હોકીની નેશનલ ટીમના ખુબ સારા પ્લેયર હતા. નેશનલ ટીમમાંથી નિવૃત્તિ લીધા બાદ સામાજિક સેવાઓ કરવા માટે યુનોમાં જોડાયા અને આફ્રિકામાં એમની સેવાઓ આપી રહ્યા હતા.

એક દિવસ બોબ મુતરો એમની કારમાં બેસીને આફ્રિકામાં આવેલી દુનિયાની સૌથી મોટી ઝૂંપડપટ્ટી પાસેથી પસાર થઈ રહ્યા હતા. મથારે ખૂબ મોટા વિસ્તારમાં ફેલાયેલી ઝૂંપડપટ્ટી છે. બોબ મુતરોએ જોયું તો ખુબ મોટી સંખ્યામાં યુવકો એકઠા થયેલા હતા અને બધા કંઈક પકડવા માટે મથામણ કરી રહ્યા હતા. બોબ મુતરોએ એમની ગાડી ઉભી રાખી એમણે જોયું કે આ બધા યુવાનો ફુટબોલ રમી રહ્યા હતા. ફુટબોલ કાપડના ટુકડામાંથી બનાવેલો અને રમવાવાળાની સંખ્યા એટલી મોટી હતી કે કોઈ ફુટબોલને પગથી લાત મારે એ પહેલા તો બીજો યુવક એમને લાત મારીને નીચે પાડી દે.

બોબ મુતરોએ યુવાનોને પોતાની પાસે બોલાવ્યા. યુવાનો ચારે બાજુથી એમને ઘેરી વળયા. બોબે પોતાની પાસેના એક પેક્લેટમાં રહેલ ફુટબોલનું ચિત્ર યુવાનોને બતાવીને કહ્યું, તમે જે બોલથી રમો છો એ બોલ ન ચાલે ફુટબોલ રમવા માટે આવો બોલ જોઈએ. હું તમારા માટે કાલે આવો બોલ લઈ આવીશ બધા યુવાનો ખુબ રાજી થયા.

બીજા દિવસે બોબ મુતરો આ યુવાનો માટે થોડા ફુટબોલ લઈને આવ્યા. બોલ યુવાનોને આપતા પહેલા કહ્યું, તમારે આ બોલથી રમવું હોય તો એના માટે સારું મેદાન જોઈએ એટલે ગંદગી સાફ કરીને મેદાન તૈયાર કરો. યુવાનોને તો ફુટબોલથી રમવું હતું એટલે એમણે ઝૂંપડપટ્ટીની આસપાસની ગંદકી સાફ કરીને ફુટબોલ માટેના મેદાનો બનાવ્યા. નિયમમુજબ જ ફુટબોલ રમાય એ માટે ૧૯૮૭ની સાલમા મથારે ફુટબોલ ક્લબની સ્થાપના કરવામાં આવી. આ ક્લબના સભ્ય બનવું હોય તો એ માટે ફરજિયાત ભણવાનું એટલે યુવાનોએ ભણવાનું પણ શરૂ કર્યું.

ધીમે ધીમે ઝૂંપડપટ્ટીની ગંદકી સાફ થવા લાગી. યુવાનોએ ભણવાનું ચાલુ કર્યું એટલે એમના વિચારો પણ બદલાવા લાગ્યા. બોબ મુતરોની નાની એવી શરૂઆતથી ગજબનું પરિવર્તન આવ્યું. હજારો યુવાનો મથારે ફુટબોલ ક્લબમાં જોડાયા અને સૌથી આશ્ચર્યની વાત એ છે કે બોબ મુતરોને ૧૯૮૭માં આ કાર્યની શરૂઆત કરી અને ૪ વર્ષ બાદ ૧૯૯૧માં કેનેડીયન ફૂટ બોલ ટીમના તમામ ૧૧ ખેલાડીઓ મથારે ઝૂંપડપટ્ટીના યુવાનો હતા.

મિત્રો, પરિવર્તન રાતોરાત ન આવી જાય. પરિવર્તન તરફનું પ્રથમ પગલું ખૂબ નાનું હોય પણ સમય જતાસાચી દીશામાં ઉઠાવેલું પગલું કલ્પના પણ ન કરી શકાય એવું મોટું પરિવર્તન લાવી દે છે.

સ્વયં ભોસ્લે  
એફ. વાય. બેફ.



## હા મોજ હા !!!

જુંદગી માં દુઃખ ને Delete કરો, સુખ ને Save કરો,  
દોસ્ત ને Enter કરો, દુશ્મન ને Hide કરો,  
મોજ-મસ્તી ને Share કરો, બધાની હમેશા Care કરો,  
સાથે રહેવાની Wish કરો, ઝગડા ને Finish કરો  
સફળતા મેળવવા Effort કરો, પોતાના પર Trust કરો  
જ્ઞાન-ગમ્મત ને Load કરો, મીઠી યાદો ને Upload કરો  
સાચા મનને Love કરો, અપશબ્દો ને Avoid કરો ચલો,

હવે થોડી Smile કરો  
અને પછી જુઓ  
જુંદગીનું કોમ્પ્યુટર ક્યારેય Hang નહિ થાય  
સંકલન : જીનલ શેલડિયા  
ટી. વાય. બેફ.





રાખીશું આપણે જો કુદરતનો મલાજો,  
તો કુદરત પણ રાખશે આપણો મલાજો.

પર્યાવરણનો અર્થ માત્ર આસપાસનો નથી. તેમાં હવા, પાણી અને આપણી નજીકની જમીન અને તેમના આંતરસંબંધોનો પણ સમાવેશ થાય છે. પર્યાવરણ અને વિકાસ એકબીજાની વિરુદ્ધ જઈ શકતા નથી. તેઓ એકબીજાના પૂરક હોવા જોઈએ.

જ્યારે વિકાસ રહેવાસીઓના લાભ માટે કરવામાં આવે છે, ત્યારે પર્યાવરણ પણ એટલું જ મહત્વનું છે. જો પર્યાવરણને ધ્યાનમાં લીધા વીના વિકાસ કરવામાં આવે તો તેની પર્યાવરણ પર નકારાત્મક અસર પડી શકે છે. જો વૈશ્વિક વૃદ્ધિના વર્તમાન પ્રવાહો યથાવત રહે, તો પછીની સદીમાં પૃથ્વી પરનો વિકાસ ઔદ્યોગિકીકરણ, પ્રદૂષણ, પોષણ સમસ્યાઓ અને સંસાધનોના અવક્ષય સુધી મર્યાદિત છે. તેના સંભવિત પરિણામો છે, કે વસ્તી અને ઔદ્યોગિક ક્ષમતા બંને ખૂબ જ ઝડપથી અને અનિયંત્રિત રીતે ઘટશે. જો પૃથ્વી પરના તમામ સંસાધનોને સાચવવાનો વિચાર કર્યા વિના વિશ્વના વિકાસ માટે ઉપયોગ કરવામાં આવે, તો ટૂંક સમયમાં પૃથ્વી એક નિર્જન સ્થળ બની જશે.

રાષ્ટ્રના વિકાસ માટે, મોટી માત્રામાં જમીન સંપાદિત કરવામાં આવે છે જેના પરિણામે વૃક્ષો કાપવામાં આવે છે. વિકાસના પરિણામે, અશ્મિભૂત ઈંધણ, પાણી અને ખનિજો જેવા બિન-નવીનીકરણીય સંસાધનો ફરી ભરાય તે પહેલાં તેનો ઝડપથી ઉપયોગ થાય છે. ગ્લોબલ વોર્મિંગ અને સંસાધનોની અવક્ષય વિશ્વના રહેવાસીઓને અસર કરે છે, જેના માટે તેઓ વિકાસનો લાભ મેળવી શકતા નથી. પૃથ્વીના ઘણા અમૂલ્ય સંસાધનો ખતમ થવાના છે, હવાની રચના ક્ષીણ થઈ રહી છે અને લોકો પહેલાથી જ જોખમમાં છે, કુદરતી રહેઠાણોને ઉલટાવી ન શકાય તેવું નુકસાન થઈ રહ્યું છે, અને આરોગ્યપ્રદ સેટિંગમાંથી કુવાઓ નીકળી રહ્યા છે. પર્યાવરણીય વિનાશના માર્ગો આર્થિક વિકાસ અને ઔદ્યોગિકીકરણ છે.

સરકાર અને લોકોએ વાતાવરણના ઉત્સર્જનને ઘટાડવા માટે યોગ્ય પગલાં લેવા જોઈએ. તેઓએ ઔદ્યોગિકીકરણ,



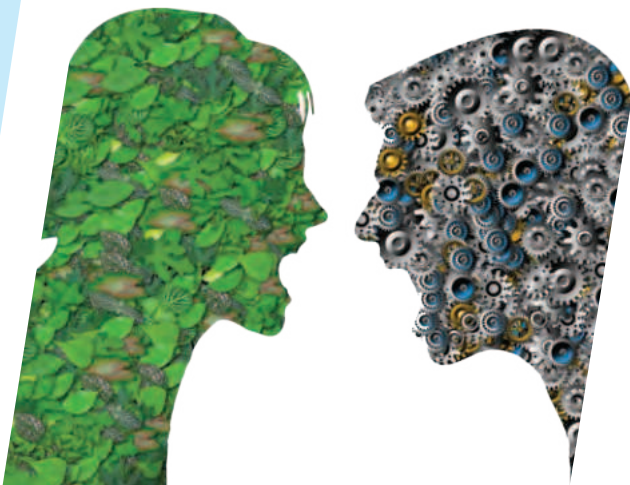
ખાણકામ અને અન્ય સમાન કામગીરીની પર્યાવરણીય અસરોને ઘટાડવાના હેતુથી નીતિઓનો અમલ કરવો જોઈએ. વર્તમાન કૃષિ ટેકનોલોજીની ખામીઓ વૈજ્ઞાનિક અભ્યાસમાં સુધારો કરીને ઉકેલવી જોઈએ.

આમીણ અને શહેરી બંને વિસ્તારોમાં પર્યાવરણીય અધોગતિનું જોખમ સૌ પ્રથમ ગરીબોને છે. જો ગરીબોને આ નુકસાન અસમાન વિતરણ સાથે થશે, તો સામાજિક અને રાજકીય સ્થિરતા દ્વારા આર્થિક વિકાસનો પાયો ગંભીર રીતે નબળો પડી જશે. રાષ્ટ્રના વિકાસ માટે આર્થિક વિકાસ ખૂબ જ જરૂરી છે. એક રાષ્ટ્ર વિકસિત માનવામાં આવે છે. જો તે ત્યાંના રહેવાસીઓ માટે પૂરતી નોકરીની તકો પૂરી પાડે છે અને ગરીબી સાથે સંઘર્ષ કરવાને બદલે તેમને વધુ સારું જીવન પ્રદાન કરે. આ પ્રકારનો વિકાસ આવકની અસમાનતા ઘટાડવામાં મદદ કરે છે. રાષ્ટ્રની ઉચ્ચ આર્થિક વૃદ્ધિ પણ કરની આવકમાં વધારો અને બેરોજગારી અને ગરીબી સંબંધિત કલ્યાણ પરના સરકારી ખર્ચમાં ઘટાડો તરફ દોરી જાય છે.

#### નિષ્કર્ષ :

વિકાસના લાભોનો સંપૂર્ણ આનંદ માણવા માટે, પર્યાવરણનું સંરક્ષણ જરૂરી છે. વિકાસને પ્રાથમિકતા આપવામાં આ હકીકતની અવગણના કરવામાં આવી હોવા છતાં, તાજેતરના સમયમાં માનવજાતમાં જાગૃતિમાં વધારો થયો છે. આજના યુવાનો ગ્લોબલ વોર્મિંગ અને તેના પરિણામો વિશે જાગૃતિ ફેલાવવા માટે તેમના શ્રેષ્ઠ પ્રયાસો કરી રહ્યા છે. એવા ઘણા લોકો છે જેઓ ઈન્સ્ટાગ્રામ, ફેસબુક અને અન્ય સોશિયલ મીડિયા હેન્ડલ્સ જેવા વિવિધ માધ્યમો દ્વારા જાગૃતિ ફેલાવે છે. આજની પેઢી વન નાબૂદીની ખરાબ અસરોથી સારી રીતે વાકેફ છે અને તેઓ પર્યાવરણના બગાડને રોકવા માટે શ્રેષ્ઠ પ્રયાસો કરે છે. ટકાઉ વિકાસ કરવા માટે, પર્યાવરણને બચાવવા માટે જરૂરી સાવચેતી રાખવી જોઈએ આ બદલામાં, વર્તમાન વસ્તી તેમજ આવનારી પેઢીઓને લાભ કરશે. પર્યાવરણને પૂરતું મહત્વ આપીને આપણે સૌ લાંબા સમય સુધી વિકાસનો લાભ ઉઠાવી શકીશું

ભક્તિ સુંબદ  
એસ. વાય. બી. એ.



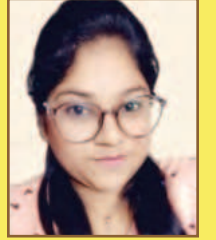
## એ વાત યાદ છે ને ?

બાળપણ ની એ વાત યાદ છે ને,  
મિત્રો સાથે નો એ વિવાદ યાદ છે ને,  
વાત વાત માં થતાં ઝઘડાં ની યાદ,  
અને ઝઘડાં પછી થતી વાતો ની મીઠાશ યાદ છે ને.  
એકની પાછળ બધાની માર યાદ છે ને,  
ઈ નાસમજ ને બચાવા કરાયેલા બધા અટપટાં કામ યાદ છે ને,  
એક જ ડબ્બા માં થી કરાયેલા ત્રણ ભાગ યાદ છે ને,  
આજે મારે નથી ખાવું કહીને તેમનું મનાવું યાદ છે ને,  
એના ખાતર બૂલવું યાદ છે ને,  
બધાં હોવા છતાં એનેજ સાંભળવું યાદ છે ને,  
એક ની પ્રીત ખાતર બધાનું સમજાવું,  
એને સાથ આપવા ક્યારેક એની જ પ્રીત નું નાટક કરવું યાદ છે ને  
એના આંસુ પર અમારું રડવું, એના ખાતર પોતાના ઓ થી લડવું, જુદું બોલીને એને બચાવું, યાદ છે ને  
એકજ બેન્ય પર સાથે બેસવું,  
એકના ના આવા પર શિક્ષક નું બોલવું, જ્યાં જાવું સાથે રેવું,

નાની વસ્તુ ખાતર ટોળે મળવું યાદ છે ને  
એની ખુશી માટે અમારૂં પાટલો જેવું કામ કરવું,  
તેના ના આવા પર તેના ઘરે જઈ સમજાવવું,  
એમના સાથે વીતેલી સુંદર યાદો,  
અને મારી કવિતા ના મુળ વ્યક્તિ છે ઈ,  
મારી આંખો નું કાજલ છે ઈ,  
મારા સપનાઓના સાક્ષી છે ઈ,  
મારી જય નું શ્રી છે ઈ,  
મારી હાર માં પણ અપાયેલો સાથ છે ઈ, મારા આ પુષ્પ રૂપી જીવન ની સુંદર અને મનોરમ મહેક છે ઈ,  
આજે તમે પણ એમને યાદ કરો છે ને, જીવન ના ઈ સુંદર પળો ને વાગોળો છો ને, જે તમને કેતા હંમેશા કે સાથે રેશું,  
એ મિત્રો યાદ છે ને ?

બાળપણ ની એ વાત યાદ છે ને,  
મિત્રો સાથે નો એ વિવાદ યાદ છે ને

કશિશ ગોહિલ  
એસ. વાય. બીકોમ.



## મારા ગમતા દિવસો

નાના હતા અને ઉનાળાનું વેકેશન પડે એટલે સવાર સવારમાં ગિલ્લી ઠંડા, ભર બપોરે પત્તા, સાંજે ક્રિકેટ. સતોડિયું અને ઘંટડી વાગે એટલે બરફનો ગોળો અને રાત પડે એટલે ફરી રમતો ચાલુને ચાલુ. પંદર-વીસ જણાના ટોળેટોળા, બારીઓમાં ચારેબાજુ અવાજ અવાજ અને વચ્ચે ૨૦-૨૫ દિવસ મામા, માસી, કાકા, ફઈને ત્યાં રહેવા જવાનું અને ત્યાં પણ એવી ટોળકીઓ...

બપોરે એકબાજુ ઘરે ઘઉં સાફ થતા હોય અને સાંજ પડે ત્યાં મરચું ખંડાતું હોય. ત્યારે તો એ.સી. શું એ પણ ખબર નહોતી અને રાત્રે થાક્યા પાક્યા ઉપર અગાસીમાં ઠંડી પવનની લહેરો વચ્ચે બહાંડના તારાઓને જોઈને એકદમ આશ્ચર્ય પામતા પામતા સૂઈ જતા કે આ સામે આકાશમાં દેખાય છે એ ખરેખર છે શું ? આ તારાઓ આપણી ઉપર પડતા કેમ નથી ? આ ચંદ્ર આટલું બધું અજવાળું કેવી રીતે આપતો હશે ? આ બધાના વૈજ્ઞાનિક કારણો ગમે તે હશે પણ કલ્પનાઓ કરવાની બહુ મજા આવતી...

નાનપણની ખરી મજા ઉનાળા એ જ આપી છે. એ પછી કેરીઓ ખાવાની હોય કે રમવાની હોય. અત્યારે નોકરી, ઘંઘા પર બેઠા પછી ગરમી કાળઝાળ લાગે છે પણ એ વખતે તો આ ઉનાળો જ સૌથી પ્રિય લાગતો કારણકે જુદગીની સૌથી અમૂલ્ય ઢાણો એમાં જ કોતરાયેલી હતી. મોટા થયા હવે ખાલી નોટો ગણ ગણ કરી છે અને નાના હતા ત્યારે હવે સ્કુલ ખૂલવામાં કેટલા દિવસ બાકી બસ એની જ ગણતરીઓ થતી હતી. કાશ આ પૈસાની થોકડીઓ એ નાનપણ પાછું લાવી આપતું હોત.

શરીર પર ગમે એટલા ઘા લાગતા તો રૂજ આવી જતી હતી પણ એ ઉંમરે દિલ પર ઘા લાગતા જ ના હતા. લુચ્ચાઈ શેને કહેવાય એ ખબર જ ના હતી. માણસોનું બીજું સ્વરૂપ જાયેલું જ ના હતું. દુનિયા એકદમ નાની પણ એકદમ સુંદર અને ભવ્ય હતી. દફતર લઈને દોડવું અને તૂટેલી ચપ્પલનું જોડવું.

નાસ્તાના ડબ્બાઓ અને શર્ટ પર સહીના ઘડબાઓ. ખોબે-ખોબે પીવાતું પાણી અને રીસેસની વિશેષ ઉજાણી. બેફામ રમાતા પકડ દાવ અને ઘૂંટણ એ પડતા આછા ઘાવ. બાયો થી લૂંછતા ચેહરા અને શેરીઓમાં અસંખ્ય ફેરાં. ઉતરાણની રાત જાગી અને પકડાયેલા પતંગની ભાગી. ભાડાંની સાચકલનાં ફેરા અને મહોલ્લાના ઓટલા પર ડેરા. મંજુની રેલમ છેલ અને ગીલ્લી ડંડાનો એ ખેલ. ચાર ઠીકડીને આટા પાડા અને લાઈટના થાંભલે ગામગપાટા. વરસાદે ભરપૂર પલળવું અને ખુલ્લા પગે રખડવું. બોર આમલીનાં ચટાકા અને પીઠ પર માસ્તરના ફટાકા. બિન્દાસ્ત ઉજવાતું વેકેશન અને ના ટ્યુશનનું ટેન્શન. હવેની પેટીના નસીબમાં આ બધું નથી.

લોગસ છેડા  
એફ.વાય.બી.એમ.એસ.







# COLLEGE ACHIEVEMENTS

- ☛ Ranked 1<sup>st</sup> as Promising Future Ready Institution
- ☛ Recognised as New-Age Study Program Leader
- ☛ Ranked 1<sup>st</sup> All India under the category of New-Age Study Programmes  
Leader in the Education World Grand Jury India Education Rankings 2021-22
- ☛ Ranked 12<sup>th</sup> all over India amongst India's top Autonomous colleges  
by Education World Magazine
- ☛ Ranked 5<sup>th</sup> in Maharashtra amongst top Autonomous Colleges by Education World Magazine
- ☛ Awarded Autonomous status in the year 2016
- ☛ Re-Accredited by NAAC in 3rd Cycle with A Grade
- ☛ ISO 9001:2015 Certified
- ☛ Best College Award 2012 by University of Mumbai
- ☛ Educational Excellence Award by Indus Foundation, USA
- ☛ I.M.C. Ramkrishna Bajaj National Quality Commendation Certificate, 2013
- ☛ Best Educational Quality Enhancement Team President Award, 2013
- ☛ Best College Award for Quality in Education by Indo Global Chamber of Commerce

*“A dream becomes a goal  
when action is taken towards its Achievements.”*

- Bo Bennett

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- Bachelor of Management Studies (BMS)
- B.Com. (Accounting and Finance)
- B.Com. (Banking and Insurance)
- B.Com. (Financial Markets)
- Bachelor of Arts in Multi Media And Mass Communication (BAMMC)
- Bachelor of Science in Computer Science (B. Sc. CS)
- Bachelor of Science in Information Technology (B. Sc. IT)
- B.A. Honours in Apparel Design And Construction (Fashion Designing)
- B. Com. Honours in International Accounting
- B.M.S. in Sports Management
- B.Sc. (Honours) in Integrative Nutrition & Dietetics
- Bachelor of Interior Design
- Bachelor of Tourism and Travel Management (BTTM)
- Bachelor of Management Studies (E-Commerce Operations)
- B.B.A. in International Martial Arts
- B.B.A. (Honours) in Business Administration
- B.B.A (Honours) in Marketing Management
- B. Sc.(Honours) Computer Science – (Specialization In Artificial Intelligence & Machine Learning)
- B. Sc. (Honours) Computer Science – Specialization in Cloud Technology and Information Security (CTIS)
- Bachelors of Sports Management (Hons.) in Global Sports Management
- BBA (Hons.) in Professional Accountancy and Financial Management
- BBA(Hons.) in Education Management
- BBA (Hons.) in Entrepreneurship

## Post Graduate Programmes

- Master of Arts in Psychology
- Master of Science in Information Technology
- M.A. (Economics)
- M.A. (Geography)
- M.Sc. in Geoinformatics
- M.Com. in Accountancy
- M.Com. in Management
- M.Sc. Computer Science (M.Sc – CS)
- M.Sc. Computer Science – Specialization In Cybersecurity
- M.Sc. Computer Science – Specialization in Artificial Intelligence
- M.Sc. in Interior Design (MID)
- Masters of Tourism and Travel Management (MTTM)
- M.Sc. in Integrative Nutrition & Dietetics
- Master of Sports Management (Global Sports Management)
- Master of Arts in Luxury and Fashion Brand Management

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